

Interview1

1. Q: Are you a student at UQ?

A: Yes.

2. Q: Do you think your diets are healthy? Why?

A: Not really. Because my three meals a day is not regular due to time constraint, and my diets are usually lack of vegetables.

3. Q: What is your usual dining style? For example, cooking yourself or eating in a restaurant?

A: Eating in a restaurant, this makes me save time instead of self-cooking.

4. Q: How do you get this information above? For example, how do you know nearby restaurants or where to buy ingredients for cooking?

A: Restaurant are sometimes recommended by social media or from friends' words, then I will go and try it as my meal.

5. Q: Do you have the habit of buying fruits and vegetables nearby?

A: Yes, I do, fruits and vegetables are daily necessities for people, although I buy them not so frequently.

6. Q: Are you willing to share your diet with friends around you?

A: No really, as above mentioned, my diet for one day usually may not consist of 3 regular meals, sometimes even 1 meal a day based on my own time managements

Q: "Are you inclined to share your dietary habits and experiences on social media platforms?"

A: No, I don't think so, my dietary habits and experience may lead potential negative effects to those young people if I would share on social media.

Q: "Do you ever seek advice or opinions from your social network before trying a new restaurant or recipe?"

A: Yes of course, although everyone has their own opinion and taste, the comments from majority are relevant.

7. Q: If your friends are sharing good restaurants or bad restaurants, would you like to join the discussion? Why?

A: It depends. If I would try these restaurants, I will also share my own opinions whether there is good or bad. If I would not try, I probably will not say something more about these, cuz I believed that everyone's appetite and taste flavor has difference.

Q: "Would you be interested in participating in social events focused on food

and nutrition, like group cooking classes, food tasting events, or nutrition workshops?"

A: Most probably I will, since I am a food enthusiast, I am interested in this field.

8. Q: Are you willing to try new styles of food or not? Why?

A: Absolutely, if you just blindly pursue or taste one single style of food, I am afraid it will be too boring.

9. Q: Do you think dining with friends is fun?

A: Definitely, dining with friends is quite better than eating alone, cuz chitchatting or even gossiping with friends makes me in a good mood, then the food becomes yummier with eating in a good mood.

Interview2

1. Q: Are you a student at UQ?

A: Yes, I am studying for my undergraduate degree at UQ.

2. Q: Do you think your diets are healthy? Why?

A: My current diet is a bit unhealthy, mainly because I don't have the extra energy to focus on my diet due to my heavy school workload.

3. Q: What is your usual dining style? For example, cooking yourself or eating in a restaurant?

A: My current diet is mostly based on eating fast food (instant noodles) as well as ordering takeaways.

4. Q: How do you get this information above? For example, how do you know nearby restaurants or where to buy ingredients for cooking?

A: My favorite cooking ingredients are usually available at various supermarkets and the map will show all the supermarkets nearby. In addition, I also use food review apps, including Xiaohongshu, Tripadvisor and Uber Eats for eating out.

5. Q: Do you have the habit of buying fruits and vegetables nearby?

A: Yes, I would buy fruits as well as vegetables for vitamin supplementation in my body.

6. Q: Are you willing to share your diet with friends around you?

A: I rarely share my diet on a daily basis and on social media, unless it's a meal that impresses me. I usually check out the ambience, reviews and recipes on the internet before dining at a restaurant I've never been to.

7. Q: If your friends are sharing good restaurants or bad restaurants, would you like to join the discussion? Why?

A: Most of the time I choose to listen rather than discuss when my friends are discussing restaurants, while taking notes on whether the restaurant is good or bad. I would prefer to discuss rather than listen unless it's a restaurant or food I'm interested in.

8. Q: Are you willing to try new styles of food or not? Why?

A: I would be partial to trying new styles of food, as I think all delicious food is experimented with through taste buds.

9. Q: Do you think dining with friends is fun?

A: Of course, dining with friends allows for sharing not only the food but also the joys of life.

Interview3

1. Q. Are you a student at UQ?

A. Yes.

2. Q. Do you think your diets are healthy? Why?

A. Yes, always cook with different meat and vegetables

3. Q. What is your usual dining style? For example, cooking yourself or eating in a restaurant?

A. usually cooking, sometimes eat out

4. Q. How do you get this information above? For example, how do you know nearby restaurants or where to buy ingredients for cooking?

A. apps like Uber eats, but ingredients from market

5. Q. Do you have the habit of buying fruits and vegetables nearby?

A. Yes.

6. Q. Are you willing to share your diet with friends around you?

A. Yes.

Q. "Are you inclined to share your dietary habits and experiences on social media platforms?"

A. No.

Q. "Do you ever seek advice or opinions from your social network before trying a new restaurant or recipe?"

A. Yes.

7. Q. If your friends are sharing good restaurants or bad restaurants, would you like to join the discussion? Why?

A. Yes, to have more options and ideas for having food in restaurants

Q. "Would you be interested in participating in social events focused on food and nutrition, like group cooking classes, food tasting events, or nutrition workshops?"

A. Yes.

8. Q. Are you willing to try new styles of food or not? Why?

A. yes, food from different culture always attracts me

9. Q. Do you think dining with friends is fun?

A. Yes.

Interview4

1. Q. Are you a student at UQ?

A. Yes.

2. Q. Do you think your diets are healthy? Why?

A. No, because too much junk food.

3. Q. What is your usual dining style? For example, cooking yourself or eating in a restaurant?

A. Mostly cooking by myself but occasionally go to restaurants.

4. Q. How do you get this information above? For example, how do you know nearby restaurants or where to buy ingredients for cooking?

A. Sometimes order take away foods and go to nearby supermarkets for ingredients.

5. Q. Do you have the habit of buying fruits and vegetables nearby?

A. Yes.

6. Q. Are you willing to share your diet with friends around you?

A. Yes.

Q. "Are you inclined to share your dietary habits and experiences on social media platforms?"

A. Sometimes.

Q. "Do you ever seek advice or opinions from your social network before trying a new restaurant or recipe?"

A. Yes.

7. Q. If your friends are sharing good restaurants or bad restaurants, would you like to join the discussion? Why?

A. Yes, because I am interested in a variety of different foods.

Q. "Would you be interested in participating in social events focused on food and nutrition, like group cooking classes, food tasting events, or nutrition workshops?"

A. Yes, I often watch videos on how to make delicious food and if I have a chance, I am willing to participate.

8. Q. Are you willing to try new styles of food or not? Why?

A. Yes, because I can try new and unique foods.

9. Q. Do you think dining with friends is fun?

A. Yes.

Interview 5

1. Q. Are you a student at UQ?
A. Yes.
2. Q. Do you think your diets are healthy? Why?
A. I often skip breakfast because I'm rushed or lazy, which leads to unhealthy eating habits. I also tend to eat irregularly because studying or other things make me miss mealtimes. Plus, I admit to sometimes opting for takeout or junk food, especially when I'm busy or stressed. These foods are often high in fat, sugar, salt, and often lack healthy nutrients.
3. Q. What is your usual dining style? For example, cooking yourself or eating in a restaurant?
A. My dining style is quite varied, depending on my schedule and personal preferences. Sometimes, I choose to cook for myself, especially on weekends or when I have more free time. Sometimes when I am busy in the study, I will choose takeout, which provides me with convenience and time-saving. Occasionally, though not often, I opt for fast food or junk food.
4. Q. How do you get this information above? For example, how do you know nearby restaurants or where to buy ingredients for cooking?
A. I usually use location-based apps and services like Google Maps, Uber Eats, etc. Google Maps lists nearby restaurants, including name, address, phone number, menu, and hours of operation. I can check the reviews and reviews, which can help me choose the right restaurant.
5. Q. Do you have the habit of buying fruits and vegetables nearby?
A. Supermarket shopping is relatively convenient and I can buy fresh fruits and vegetables whenever I want. This makes it easier for me to maintain healthy eating habits.
6. Q. Are you willing to share your diet with friends around you?
A. I'm happy to share my eating habits and experiences with my friends. I think sharing is a great way to inspire each other and get new food advice. As for sharing on social media, I don't usually do that very often. While I understand that sharing food and eating experiences can create connections on social media, I prefer to share those experiences with close friends or discuss them in private. When I want to try a new restaurant or recipe, I check social media for reviews and suggestions. However, there is a lot of advertising and promotional content on social media these days, so I would be careful with this information so as not to be influenced by marketing. I prefer to get advice from friends or approved food lovers because I believe their opinions are more authentic and reliable. This way, I can better avoid "stepping on thunder" and try delicious food.

7. Q. If your friends are sharing good restaurants or bad restaurants, would you like to join the discussion? Why?

A. Yes, I would be happy to join the discussion, both good and bad restaurants. This is because sharing restaurant experiences can help us better understand which places offer delicious food and which places may need to be avoided. This discussion also allows us to explore taste preferences, menu choices, and the atmosphere of various restaurants to better meet our needs and preferences. In addition, I would like to participate in social events related to food and nutrition, such as group cooking classes, food-tasting events or nutrition lectures. Food and nutrition play an important role in our lives, and understanding how to eat healthier can improve our quality of life. These social events not only allow me to learn more about diet and health but also to network with other food lovers and share experiences and tips. Through these activities, I can constantly expand my food horizons, try new ingredients and cooking methods, as well as raise health awareness. So, I'm very interested in these social events.

8. Q. Are you willing to try new styles of food or not? Why?

A. Yes, I am open to trying new food styles and cooking styles. Trying new foods can be a challenge and allow me to discover new preferences and tastes. I like to explore all kinds of different foods, including spicy, sweet and sour, hot and sour and so on.

9. Q. Do you think dining with friends is fun?

A. Absolutely fun! Dining with friends is a particularly enjoyable and fulfilling social experience. During the meal, we can explore new cuisines together and talk together, which is usually accompanied by laughter, a relaxed and pleasant atmosphere. It allows us to relax and forget our daily worries.