

Australian Construction Workers' Dietary Habits Survey

Dear Participant,

We are conducting research on the dietary habits of Australian construction workers to develop a mobile application aimed at providing healthier eating recommendations. We appreciate you taking the time to answer the following questions.

A. What are your job responsibilities? (For example: welder, bricklayer, carpenter, etc.)

B. How would you describe the intensity of your work on a daily basis?

C. What type of food do you typically prefer on your working days?

D. How do you believe your diet during work hours affects your work efficiency?

E. On working days, do you think your eating habits are healthy? Why or why not?

F. What features or recommendations would you like to see in a dietary mobile application?

G. Aside from diet, are there other lifestyle habits you'd like to improve?