DECO3500 EZ-DIET

Problem space: Difficulties in food choices for construction workers with diabetes when faced with job changes.

Target group: Construction workers with diabetes

EZdiet aims to reduce and control the risk of diabetes in construction workers by helping to monitor the amount of sugar in their daily diet.

INSULIN
Injection
104

Main features

Nearby restaurant recommendations: EZ-diet will recommend nearby restaurants based on the location of the construction workers.

Food Recommendations: EZ-diet will recommend healthy meals to them.

Food Sugar Intake Calculator: EZ-diet calculates sugar intake based on their food choices and gives them feedback.

Food Ranking: EZ-diet will place an order based on the number of times the food is ordered.

Learn about diabetes: EZ-diet also provides knowledge on controlling and mitigating diabetes.

Stakeholders

- Construction workers
- Construction workers' families
- Society