Anti- Addition System

Background: In recent times, there has been a discernible uptick in teenage gaming addiction. As digital games become more sophisticated and engaging, many teenagers are finding it hard to strike a balance between entertainment and their daily responsibilities

Harmful Effects of Gaming Addiction
1. Physical Health Decline:
Extended gaming leads to sedentary behavior, risking obesity and muscle weakness.

2. Sleep Disruption:

Late-night gaming affects sleep patterns, causing fatigue and concentration issues.

3. Social Isolation:

Excessive gaming limits real-world interactions, hindering social skills development.

4. Mental Health Concerns:
Overindulgence can cause anxiety,
depression, and decreased academic
performance.



1. Login System:

- Overview: Secure user-specific accounts. Each account links to a personal database with data storage spanning over three weeks.

2. Addiction Calculation System:

- Weekly Analysis:
- Track and categorize user's weekly gaming behavior into four levels: Normal, Mild, Moderate, and Severe.



3. Database and Interface:

- User Dashboard:
- Visual representation of a player's weekly gaming duration.
- Daily gaming duration breakdown with a focus on unhealthy gaming times.
- Customizable settings for weekly gaming limits with notifications for overruns.

4. Friend System:

- Social Features:
- Location-based friend recommendations.
- Notifications for close proximity between friends.
- Add friends, create voice chat groups, and share personal updates.

Login

Game







Mine Page



Add Friend



Chart