

Prolific ID

What is your Prolific ID?

(Please note that this response should auto-fill with the correct ID)

Condition 1 (no intervention)

Most people agree that losing weight is not easy. It is true that some people who try to lose weight do succeed and are able to maintain a healthy weight. But many others who try either fail to lose weight, or if they do lose weight, quickly regain it.

Do you think obesity should be thought of as a medical disorder?

Definitely not

☐☐☐

Maybe

☐☐☐

Definitely yes

☐

Consider individuals who generally have good self-control. For example, people who get their work done on time, are able to keep their emotions under control, and are good with money.

If all you knew about someone was that they had good self-control in other areas of life, do you think it is more likely than average that they would be a healthy weight?

Not at all more
likely

☐☐☐

Somewhat more
likely

☐☐☐

Much more likely

☐

To what degree, if any, do you think individuals are able to control whether or not they maintain a healthy weight?

No control

☐☐☐

Moderate control

☐☐☐

Complete control

☐

Not everyone who attempts to lose weight is able to do so successfully. To what extent does each of the following impact whether or not individuals lose weight?

Individual differences in eating habits

No impact

☐☐☐☐☐☐

Extremely high
impact

☐

Individual differences in motivation to lose weight

No impact

☐☐☐☐☐☐

Extremely high
impact

☐

Individual differences in biology

No impact

☐☐☐☐☐☐

Extremely high impact

☐

Individual differences in willpower

No impact

☐☐☐☐☐☐

Extremely high impact

☐

Individual differences in activity levels

No impact

☐☐☐☐☐☐

Extremely high impact

☐

There are laws that can require companies to pay to improve accessibility for individuals with disabilities, such as impaired vision. Do you think these laws should apply equally to requiring accessibility improvements for individuals with obesity?

Definitely not

☐☐☐

Maybe

☐☐☐

Definitely yes

☐

Condition 2 (medication with mechanism)

Most people agree that losing weight is not easy. It is true that some people who try to lose weight do succeed and are able to maintain a healthy weight. But many others who try either fail to lose weight, or if they do lose weight, quickly regain it.

There are medications that research shows often help with weight loss. For example, Ozempic is one such drug, which has been available since 2021. Ozempic works by mimicking GLP-1 hormone, a chemical that the body uses to slow down digestion and to regulate eating behavior, causing people to eat less.

Do you think it is generally a good idea for people to have access to this type of medication?

Definitely not

☐☐☐

Maybe

☐☐☐

Definitely yes

☐

Do you think obesity should be thought of as a medical disorder?

Definitely not

☐☐☐

Maybe

☐☐☐

Definitely yes

☐

Consider individuals who generally have good self-control. For example, people who get their work done on time, are able to keep their emotions under control, and are good with money.

If all you knew about someone was that they had good self-control in other areas of life, do you think it is more likely than average that they would be a healthy weight?

Not at all more likely

☐☐☐

Somewhat more likely

☐☐☐

Much more likely

☐

To what degree, if any, do you think individuals are able to control whether or not they maintain a healthy weight?

No control

Moderate control

Complete control

Not everyone who uses weight loss medications such as Ozempic loses weight. To what extent does each of the following impact whether or not individuals lose weight with these medications?

Individual differences in eating habits

No impact

Extremely high impact

Individual differences in motivation to lose weight

No impact

Extremely high impact

Individual differences in biology

No impact

Extremely high impact

Individual differences in willpower

No impact

Extremely high impact

Individual differences in activity level

No impact

Extremely high impact

There are laws that can require companies to pay to improve accessibility for individuals with disabilities, such as impaired vision. Do you think these laws should apply equally to requiring accessibility improvements for individuals with obesity?

Definitely not

Maybe

Definitely yes

Condition 3 (experiential intervention with details)

Most people agree that losing weight is not easy. It is true that some people who try to lose weight do succeed and are able to maintain a healthy weight. But many others who try either fail to lose weight, or if they do lose weight, quickly regain it.

There are support groups in which people struggling with weight get together to talk with one another, and research shows that these groups often help with weight loss. Support groups allow people to share their experiences, exchange weight loss strategies, and provide both encouragement and empathy.

Do you think it is generally a good idea for people to have access to this type of support group?

Definitely not

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Maybe

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Definitely yes

☐

Do you think obesity should be thought of as a medical disorder?

Definitely not

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Maybe

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☐

Definitely yes

☐

Consider individuals who generally have good self-control. For example, people who get their work done on time, are able to keep their emotions under control, and are good with money.

If all you knew about someone was that they had good self-control in other areas of life, do you think it is more likely than average that they would be a healthy weight?

Not at all more
likely

☐
☐
☐

Somewhat more
likely

☐
☐
☐

Much more likely

☐

To what degree, if any, do you think individuals are able to control whether or not they maintain a healthy weight?

No control

☐
☐
☐

Moderate control

☐
☐
☐

Complete control

☐

Not everyone who uses support groups loses weight. To what extent does each of the following impact whether or not individuals are able to lose weight?

Individual differences in eating habits

No impact

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☐
☐
☐
☐
☐

Extremely high
impact

☐

Individual differences in motivation to lose weight

No impact

☐
☐
☐
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☐

Extremely high
impact

☐

Individual differences in biology

No impact

☐
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Extremely high
impact

☐

Individual differences in willpower

No impact

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Extremely high
impact

☐

Individual differences in activity level

No impact

Extremely high impact

There are laws that can require companies to pay to improve accessibility for individuals with disabilities, such as impaired vision. Do you think these laws should apply equally to requiring accessibility improvements for individuals with obesity?

Definitely not

Maybe

Definitely yes

Demographics

Outside of this study, how familiar are you with weight loss medication such as Ozempic?

Not at all familiar

Moderately familiar

Very familiar

What is your height?

Feet

Inches

What is your weight (in pounds)?

To what extent do you have personal experience with efforts to lose weight?

No experience

Some experience

Extensive experience

If you have any comment or encountered a problem with this survey, feel free to let us know below.

Block 5

Thank you for taking part. Click the proceed button to be redirected back to Prolific...