

Introduction to Survival Data/Analysis

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General outline

- What is time-to-event (survival) data?
- Common quantities in survival analysis
- Basic inference (based on these common quantities)
- Regression modeling via Cox model

What is time-to-event (survival) data?

Working example: Primary Biliary Cirrhosis.

- Mayo Clinic trial in primary biliary cirrhosis (PBC) of the liver conducted between 1974 - 1984;
- Randomized control trial of the drug D-penicillamine;
- Recorded various demographic and clinical covariates;
- Outcome of interest: Death (Time-to-death)

What characterizes time-to-event data

Survival data are data where the *outcome of interest* is quantified as a “time-to-event”.

NOTE: In what follows, we will focus on the *continuous* time setting.

Survival data arise in a number of applied fields:

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In public health/preventive medicine we often refer to time-to-event data as survival data (e.g. time-to-death).

Treating the event as binary

Question: Can we treat the event of interest (eg. dead/alive) as a binary outcome?

- Yes, there is nothing wrong with treating the endpoint as a binary outcome.
- Analyses can be performed using χ^2 tests, logistic regression, etc.
- However, modeling the endpoint as a time-to-event outcome over a binary outcome can increase power.
 - Ref: van der Net et al. (2008)
 - Ref: Hughey et al. (2019)
- Key: More information and less assumptions when modeling the endpoint as a time-to-event outcome.

Treating the time-to-event as continuous

Question: Can we treat the time-to-event as (non-negative) continuous data?

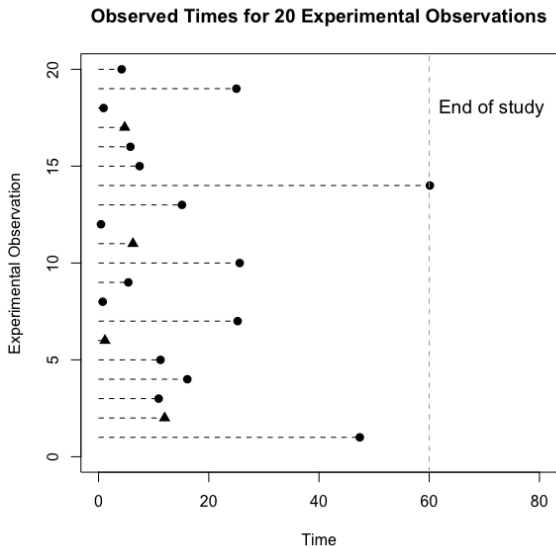
- Analyses can be performed using t-tests, ANOVA, linear regression etc.
- However, we may only know that events have occurred only within certain intervals.
 - Event may have occurred prior to the start of the study.
 - Event may have not yet occurred by the end of the study.
 - Event may have occurred but we do not know exactly when it occurred.
- These are all examples of *censoring*.
 - Not taking censoring into account (appropriately) will lead to biased inference.

Censoring

Survival data present a challenge not seen in typical data.

- **Censoring:** When event times of a subject are not *fully* known.
 - Right censoring
 - Left censoring
 - Interval censoring
- Censoring must be adequately accounted for when analyzing survival data.
- We will focus on right censoring, which is the most common censoring in biomedical applications.

Toy example



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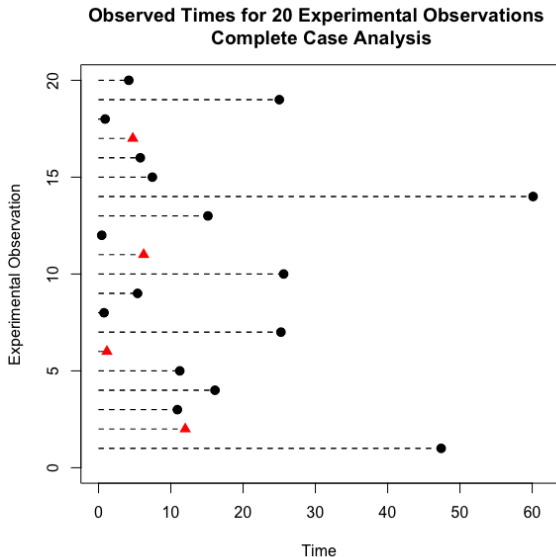
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Question: So how do we deal with right censoring?

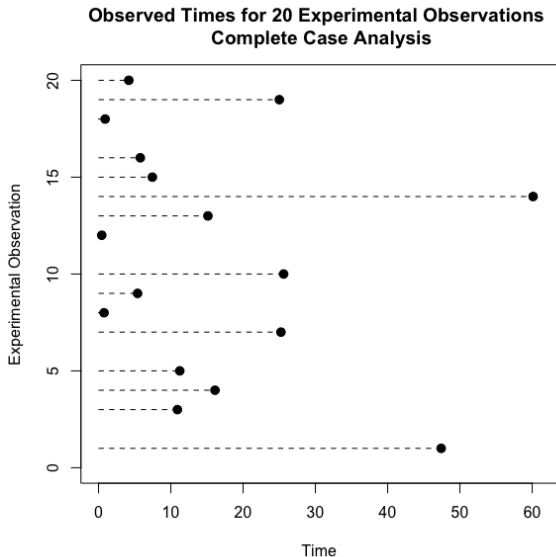
Three “out-of-the-box” solutions

- ① Complete case analysis: Remove subjects who are censored
- ② Last observation as event: Assume that the observed event time is the true event time
 - Example: If the last available follow up for an individual was 1 year, we assume that the individual died at 1 year.
- ③ Last observation carried forward: Assume that the individual survived until the end of study.

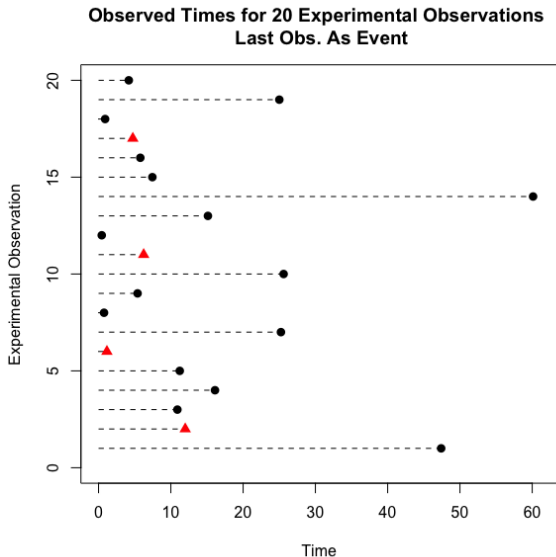
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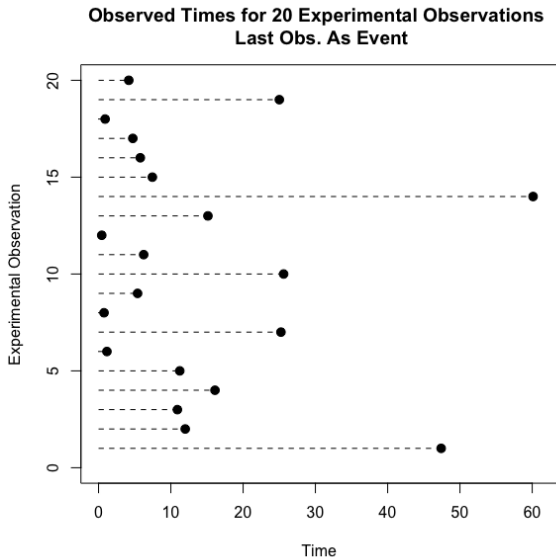
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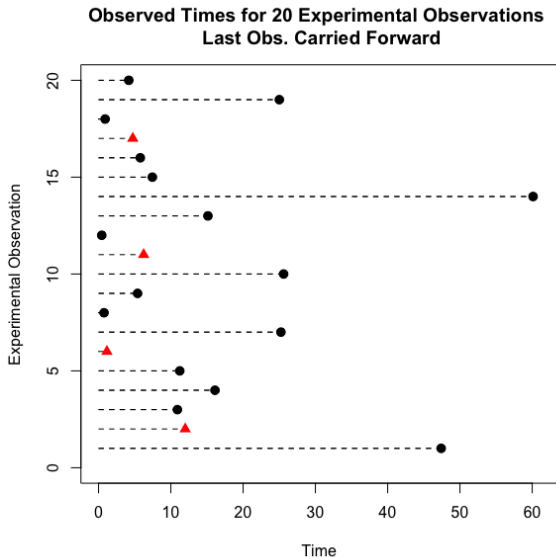
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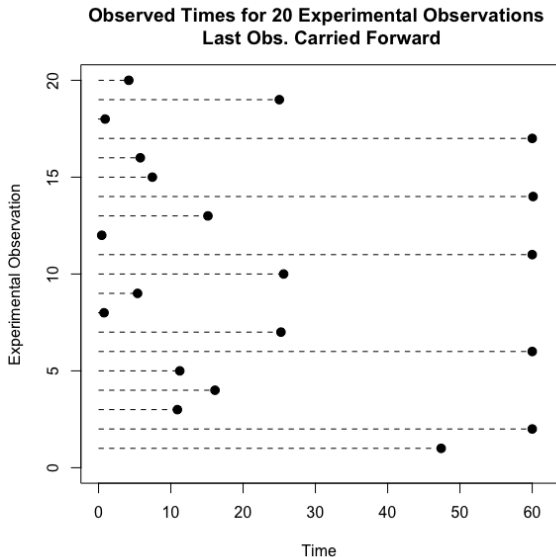
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NOTE: Censoring must be appropriately handled to ensure valid statistical inference

Basic quantities in survival analysis

Basic quantities in survival analysis

List of some common quantities in survival analysis

- The Survival Function: $S(t)$
- The Hazard Function: $h(t)$

The Survival Function

- For a nonnegative random variable T , the survival function is defined as

$$S(t) = \Pr(T > t).$$

i.e. “The probability of an individual experience the event of interest after time t ”.

- For right censored data,
 $CIF(t) = \Pr(T \leq t) = 1 - \Pr(T > t) = 1 - S(t)$ where $CIF(t)$ is the cumulative incidence function at time t (cumulative probability of experiencing the event of interest by time t).

The Hazard Function

- Also known as the “intensity function” in stochastic processes or the “age-specific failure rate” in epidemiology.
- The hazard function (rate) is defined as

$$h(t) = \lim_{\Delta t \rightarrow 0} \frac{\Pr(t \leq T \leq t + \Delta t | T \geq t)}{\Delta t}$$

- If T is continuous,
 - $h(t) = \frac{f(t)}{S(t)} = -\frac{d}{dt} \log[S(t)]$
 - Cumulative hazard: $H(t) = \int_0^t h(s) ds$

The Hazard Function: Some notes

- By construction, $h(t) \geq 0$.
- $h(t)$ is NOT a probability.
- However, $h(t)\Delta t$ can be viewed as the “approximate” probability of an individual of age t experiencing the event in the next instant.

The Kaplan-Meier Estimator

- The objective of the Kaplan-Meier (KM) estimator is to estimate the population survival curve from a sample.
- The KM estimator is also often referred to as the “product-limit” estimator and is defined as

$$\hat{S}(t) = \begin{cases} 1 & \text{if } t < t_1 \\ \prod_{t_i \leq t} [1 - d_i/Y_i] & \text{if } t_1 \leq t \end{cases}$$

where

- $t_1 < t_2 < \dots < t_D$ are the D distinct event times;
- d_i is the number of events at time t_i ;
- Y_i is a count of the number of individuals with a study time $\geq t_i$ (generally referred to as the “risk set”).

Some notes on the KM estimator

- The KM estimator is a non-parametric estimator of the survivor function.
- The KM estimator is a step function with jumps at the D observed event times.
- The size of the jumps depends on both the number of observed events at time t_i and the pattern of the censored observations prior to t_i .
- For $t > t_{max}$, the largest observation time, the KM estimator is not well defined.
- Side note:
 - The KM estimator can also be used to estimate the cumulative hazard $H(t)$ since $H(t) = -\log S(t)$;
 - An alternative, with better finite sample performance, is the Nelson-Aalen estimator (not covered here).

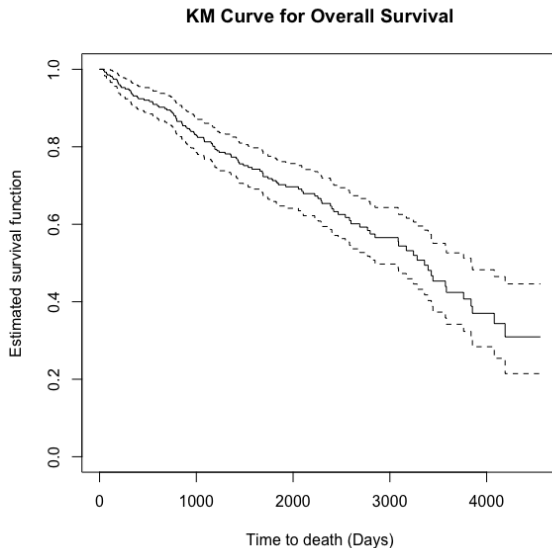
PBC Data Revisited

- Outcome of interest: Death
- Subjects who receive a liver transplant no longer participate in the study.
- Censoring: Alive at study time or received a transplant.

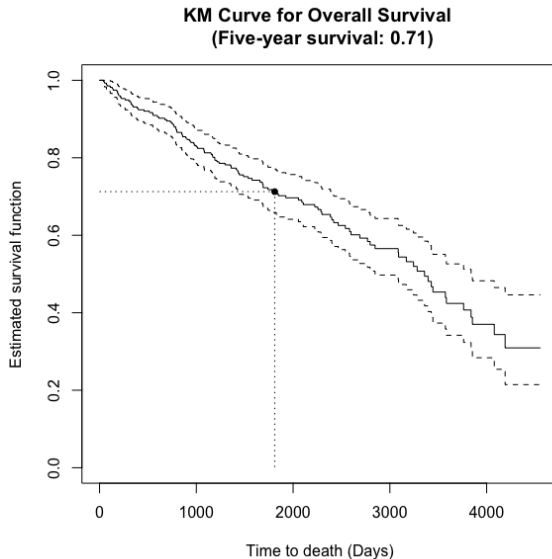
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- Outcome of interest: Death
- Subjects who receive a liver transplant no longer participate in the study.
- Censoring: Alive at study time or received a transplant.
- Some questions of interest:
 - What is the estimated probability of death?
 - How variable are these estimates?
 - What is the five-year survival probability?
 - What is the median survival time?
 - How does survival differ by gender or by cancer stage?

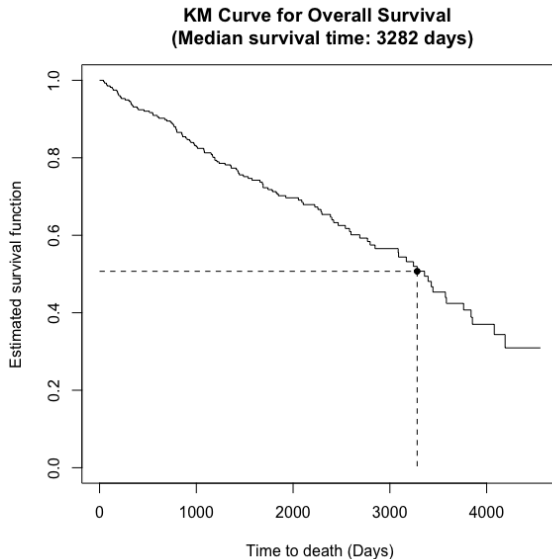
PBC Data: KM Curve



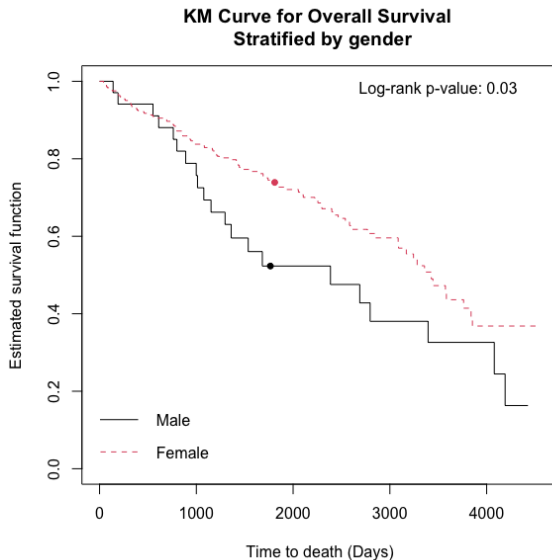
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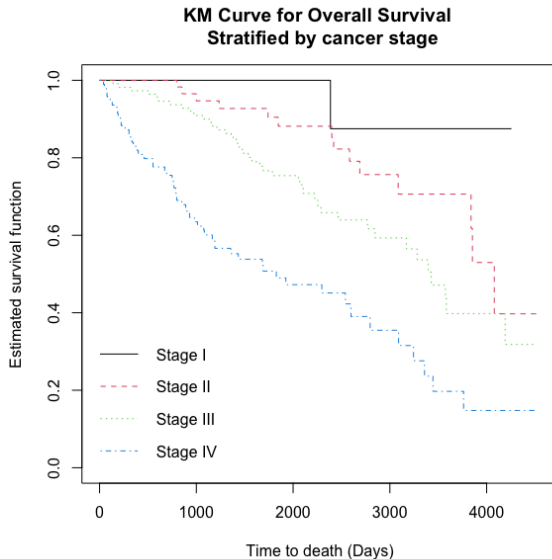
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Formal statistical inference

Statistical inference can be used to:

- Compare times and curves against some *a priori* values/distributions;
- Compare survival times (point wise) between two different groups;
- Compare if the survival curves between two (or more) groups are different;
- Compare survivor quantiles (not covered)
- Model covariate effects on survival.

	Continuous	Binary	Survival
Display	Histogram/Box plots	$R \times C$ table	KM Curve
K -sample test	t -test/ANOVA	Fisher's exact test/ χ^2	Log-rank test
Regression	Linear	Logistic	Cox PH

Modeling time-to-event data via the Cox proportional hazards model

Regression modeling

- Oftentimes we are interested in quantifying the relationship between the time to event and a set of explanatory variables.
- One of the most widely used regression models for right-censored data is due to Cox (1972):

$$h(t|Z) = h_0(t) \exp(Z\beta),$$

where $h_0(t)$ is an unspecified baseline hazard, Z is an $n \times p$ design matrix, and $\beta = (\beta_1, \dots, \beta_p)$ is a p -dimensional parameter vector.

- This model is often referred to as: The Cox proportional hazards (PH) model.

Interpreting β

Assume that $z \in \{0, 1\}$. The Cox model assumes,

$$h(t|z) = h_0(t) \exp(z\beta)$$

- Therefore

$$\frac{h(t|z=1)}{h(t|z=0)} = \frac{h_0(t) \exp(\beta)}{h_0(t) \exp(0)} = \frac{\exp(\beta)}{1} = \exp(\beta).$$

- Individuals with $z = 1$ have a hazard that is $\exp(\beta)$ times the hazard for individuals with $z = 0$.
- β is often referred to as the “log hazard ratio”.
- Multivariate setting: hazard ratio is conditional on the values of the other covariates in the model.

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Proportional hazards

IMPORTANT NOTE: The hazard ratio is constant!

$$\frac{h(t|z=1)}{h(t|z=0)} = \frac{h_0(t) \exp(\beta)}{h_0(t) \exp(0)} = \frac{\exp(\beta)}{1} = \exp(\beta).$$

For any $t > 0$, we assume that the hazard ratio is $\exp(\beta)$.
We assume that the effect of z is *proportional* across t .

Relation to survival

- Mathematically, $S(t) = \exp\{-H(t)\}$, where $H(t) = \int_0^t h(s)ds$.
- Under the Cox model, $h(t|z) = h_0(t) \exp(z^T \beta)$.
- Therefore, $\hat{S}(t|z) = \hat{S}_0(t)^{\exp(z^T \beta)}$, where $S_0(t) = S(t|z = 0)$.
- Note that if $z \in \{0, 1\}$ then $\hat{S}(t|z = 0) = \hat{S}_0(t)$ and $\hat{S}(t|z = 1) = \hat{S}_0(t)^{\exp(\beta)}$.
- If $\beta > 0$, then $\hat{S}_0(t) > \hat{S}_0(t)^{\exp(\beta)}$ (Lower survival)
- If $\beta < 0$, then $\hat{S}_0(t) < \hat{S}_0(t)^{\exp(\beta)}$ (Higher survival)

Working example: Primary Biliary Cirrhosis.

Covariates of interest: Treatment, age at study entry, sex, cancer stage, serum bilirubin (bili), serum albumin (albumin), serum cholesterol (chol), platelet count, triglycerides (trig)

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Covariates of interest: Treatment, age at study entry, sex, cancer stage, serum bilirubin (bili), serum albumin (albumin), serum cholesterol (chol), platelet count, triglycerides (trig)

	coef	exp(coef)	se(coef)	z	Pr(> z)	
trt	-0.1290490	0.8789309	0.2076922	-0.621	0.5344	
age	0.0228666	1.0231300	0.0111791	2.045	0.0408	*
sex	-0.5715253	0.5646635	0.2809864	-2.034	0.0420	*
factor(stage)2	1.0786363	2.9406667	1.0417370	1.035	0.3005	
factor(stage)3	1.5921009	4.9140621	1.0211162	1.559	0.1190	
factor(stage)4	2.0841263	8.0375659	1.0266754	2.030	0.0424	*
bili	0.1404800	1.1508260	0.0190757	7.364	1.78e-13	***
albumin	-1.1185769	0.3267445	0.2704679	-4.136	3.54e-05	***
chol	0.0002802	1.0002802	0.0004151	0.675	0.4996	
platelet	-0.0006750	0.9993252	0.0010939	-0.617	0.5372	
trig	-0.0011835	0.9988172	0.0012659	-0.935	0.3498	

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Conclusion

What we went over:

- Why is survival analysis a necessary sub field of statistics (esp. in biomedical settings)
- Basic quantities in survival analysis
- The Cox proportional hazards model

Thank You!
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Appendix: Intuition behind KM estimator

Recall: $\Pr(A \cap B) = \Pr(A) \times \Pr(B|A)$

- For any time $t \in [t_1, t_2)$,

$$S(t) = \Pr(T > t) = \Pr(\text{survive in } [0, t_1)) \times \Pr(\text{survive in } [t_1, t) | \text{survive in } [0, t_1))$$

$$\hat{S}(t) = 1 \times \frac{Y_1 - d_1}{Y_1} = 1 - \frac{d_1}{Y_1}$$

- For any time $t \in [t_2, t_3)$,

$$S(t) = \Pr(T > t) = \Pr(\text{survive in } [t_1, t_2)) \times \Pr(\text{survive in } [t_2, t) | \text{survive in } [t_1, t_2))$$

$$\hat{S}(t) = \left(1 - \frac{d_1}{Y_1}\right) \times \left(1 - \frac{d_2}{Y_2}\right)$$

\vdots