**Team Storytelling Exercise**

## [Purpose](#_[Name_of_Chapter)

To break the ice, get to know one another, and begin identifying shared goals and priorities for going through ERB. Team members will respond to story prompts to relate their experiences with community resilience. Storytelling is a means of creating commonality and understanding other perspectives. It strengthens social ties and provides information in a way that statistical data cannot. Check out the Resources tab to learn more about storytelling.

## What you will need

**Who:** core team with the following identified: activity lead/facilitator, recorder

**Where:** in-person or virtual meeting

**How long will it take:** 1-1.5 hours, depending on how long it takes everyone to get organized, how many story prompts they do, and how much discussion the stories generate

**Materials:** copies of this document for everyone, pens/ pencils

## Instructions

1. Before beginning, the activity lead takes time to create a space where people feel comfortable sharing openly and listening attentively. Team members should feel free to opt out of the activity.
2. Break up into groups of three. Each person takes on a role, switching with each turn:

**Storyteller:** Share an experience that addresses one of the prompts.

**Notetaker**: Write down notes on important points of the story.

**Listener:** Listen. After the storyteller is done, ask follow-up questions.

1. Give everyone 5 minutes to prepare their stories using the prompts below.
2. Each group of 3 takes turns sharing, listening, and writing notes on each other’s stories.
3. If there is time, go through a new round of prompts.
4. The activity lead facilitates discussion on the questions on the next page.
5. The recorder uploads team storytelling results to My Portfolio

## Storytelling prompts

Select the prompt that resonates most with you, to tell a ***5-minute story*** about:

1. What is one way you have seen your community build resilience?
2. What is one way you have helped build resilience in your community?
3. Share an experience that illustrates how resilience and *equitable* resilience differ.
4. What does a resilient community look like? What do you want your community to look like in 10, 20, or 30 years?

## Scratch pad to help the storyteller prepare

## Space for the listener to jot down questions they have

## Space for the notetaker to take notes on the story they heard

## Discussion prompts

One option to spark discussion is to visualize key themes using a word cloud.

1. What did the storytelling tell you about resilience issues in your community?
2. What stands out as key aspects of building resilience? Of equitable resilience?
3. What are some factors that drive your community towards or away from resilience?

## What to do next

The recorder collects notes from everyone who gives permission.

Go back to the next page in ERB on How to Use Storytelling.