**Core Team Storytelling Exercise**

**Why storytelling**

Storytelling is a means of sharing experiences. It strengthens social ties. It provides information in a way that statistical data cannot. Check out our storytelling resource in ERBpedia to learn more.

This exercise is design for your team to break the ice, get to know one another, and begin to identify common goals and priorities for going through ERB.

**Team storytelling prompts**

Select the prompt that resonates most with you, to tell a ***5-minute story*** about:

1. What does equitable resilience mean to you?
2. What's one way you’ve seen your community build resilience?
3. What’s one way you’ve helped build resilience in your community?

**Instructions**

Break up into groups of 3. Each person takes on a role, switching roles with each turn:

**Storyteller:** Share an experience that addresses one of the topics

**Notetaker**: Take notes on important points of the story

**Listener:** Listen; after the storyteller is done, you may ask follow-up questions

Give everyone 5 minutes to prepare their stories. Then take turns sharing, listening, and taking notes.

If you have time, go through a second round of prompts in the same or different groups.

**Notetaking space**

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**Wrap-up and synthesis**

Group discussion prompts:

* What are similarities and differences in how people think about resilience and equity?
* What stands out as key aspects of how to successfully build resilience?
* What are important resilience issues in your community?

One person can input key words or phrases into the ERB word cloud to visualize themes. Make sure storytellers are okay with that and leave out identifying details.