**Team Storytelling Exercise**

## [Purpose](#_[Name_of_Chapter)

To break the ice, get to know one another, and begin identifying shared goals and priorities for going through ERB. Team members will use questions (or prompts) to share stories about their experiences.

Storytelling is a means of sharing experiences. It strengthens social ties. It provides information in a way that statistical data cannot. Use the storytelling resource in the Resources tab of the ERB toolkit to learn more.

## What You Will Need

**Who:** core team. You will need an activity lead and a recorder.

**Where:** in-person or virtual meeting

**How long will it take:** 1 hour

**Materials:** copies of this document for everyone, pens, or pencils

## Instructions

1. Break up into groups of three. Each person takes on a role, switching roles with each turn:

**Storyteller:** Share an experience that addresses one of the topics

**Notetaker**: Take notes on important points of the story

**Listener:** Listen; after the storyteller is done, you may ask follow-up questions

1. Give everyone 5 minutes to prepare their stories using the prompts below.
2. Take turns sharing, listening, and taking notes on each other’s stories.
3. If you have time, go through a second round of prompts in the same or different groups.
4. The activity lead facilitates discussion on the questions on the next page.

## Storytelling Prompts

Select the prompt that resonates most with you, to tell a ***5-minute story*** about:

1. What is one way you have seen your community build resilience?
2. What is one way you have helped build resilience in your community?
3. Share an experience that illustrates the differences between resilience and *equitable* resilience.

## Scratch pad to help the storyteller prepare

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## Space for the listener to jot down questions they have

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## Space for the notetaker to take notes on the story they heard

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## Discussion Prompts

1. What did the storytelling tell you about resilience issues in your community?
2. What stands out as key aspects of building resilience? Of equitable resilience?
3. What are some factors that drive your community towards or away from resilience?

## What to Do Next

The recorder collects notes from everyone who gives permission and inputs key words or phrases into the ERB Word Cloud to visualize themes, which you will use in setting goals. Make sure storytellers are okay with this and leave out identifying details.

Go back to the next page on Setting Goals in ERB.