# VHS

To convert a VHS to a digital format, take the VHS to The Studio on the second floor of Hodges. Give the attendant your student id for them to sign you in to a computer station. Be aware in advance that the VHS must play in real time.

**Process**:

* 1. Insert the VHS into the VCR
     + Rewind if necessary
  2. Open iMovie HD
  3. Select the Video Camera icon [image 1]
     + If iMovie starts importing from the camera instead of the VCR, Studio staff can help switch to the correct settings: “all” / “svideo” / DV **not** HDV
  4. Press Play on the VCR and click **Import** on the iMovie screen
     + If there is static, or if the “Tracking” bar remains at the bottom of the screen even after the video starts playing, try playing the movie **WITHOUT** clicking Import, then rewind to the start (without stopping – just rewind it)
     + Then play the movie + click **Import**
  5. When the movie ends, click **STOP**
  6. Stop your VHS and rewind it
  7. Save the **dv** file that is saved in the iMovie > Events folder
  8. If you need to edit the **dv** file, beware of using iMovie – when I used iMovie to export an edited **dv**, there was a noticeable decrease in video quality
     + Try editing with Final Cut

**1.**