



Maria

Age: 16

Location: Idaho

Occupation: High school student

About

Maria has started her first relationship with a classmate. Lately, her boyfriend has been pressuring her to be physically intimate with him but she's worried about getting pregnant. Their school only lectured them on abstinence and showed a stigmatizing, medically inaccurate video on fetal development. Maria feels guilty at the thought of engaging in sexual activities but also isn't sure how to turn down her boyfriend's demands.

Frustrations

- feels uncomfortable with sharing her true thoughts and feelings to her boyfriend
- lacks relationship experience and the ability to say no to him
- concerned about being judged for being sexually active
- doesn't know how to safely have sex without becoming pregnant

Goals

- learn ways to prevent pregnancies
- feel less ashamed with discussing topics related to sex
- learn how to safely and honestly communicate with her boyfriend
- ensure both of them provide consent before engaging in sexual activities

Needs

- accurate information on contraception, anatomy, consent, and healthy relationships
- a non-judgemental, supportive space to learn
- practice on how to communicate with her boyfriend in different scenarios



Will

Age: 18

Location: Texas

Occupation: High school student

About

Will is questioning his sexual orientation and thinks he's developing feelings for a friend who's the same gender as him. However, his teacher has been emphasizing that homosexuality is unacceptable during their health class, making him feel ashamed about his feelings. His peers have also shared stigmatizing STD myths they saw online, which further scares him away from pursuing a relationship.

Frustrations

- doesn't understand his romantic feelings or what his sexual orientation is
- can't figure out what's true or false about the sexual myths he hears
- worried about being rejected and ostracized for expressing himself

Goals

- become more media literate to identify false information about sex-ed topics
- figure out his identity and come to terms with it
- wants to feel less alone and find a welcoming community that he can relate to

Needs

- correct information about STDs/STIs and debunked myths
- resources to comfortably connect with people going through similar experiences
- a safe space to learn more about sexual orientations and gender identities