

Midwifery Proficiencies required to achieve each year.

NMC Proficiencies for midwives (2019)

**3 year BMidwifery programme
3 year MMidwifery programme**

Proficiencies in LILAC are to be completed in Year 1

Proficiencies in PEACH are to be completed in Year 2

Proficiencies in PALE GREEN to be completed in Year 3

Antenatal care

Antenatal proficiencies for midwives	Year 1 Able to <i>participate</i> under direct supervision and direction	Reference to evidence	Year 2 Able to <i>contribute</i> with decreasing supervision and direction	Reference to evidence	Year 3 Able to <i>demonstrate proficiency</i> with appropriate supervision	Reference to evidence
	Practice supervisor signature and Date	Student completion	Practice supervisor signature and date	Student completion	Practice supervisor signature and date	Student completion
Continuity of care and carer						
Relationship building						
A1 The student midwife is able to promote and provide continuity of care and carer in the antenatal period. Demonstrated by:						
A1.1 discussing with women, and their partners and families as appropriate, information on the available options for the place of birth, supporting the woman in her decision; and regularly reviewing this with the woman and with colleagues						
A1.2 ensuring safe continuity of care by identifying and communicating effectively with colleagues from the appropriate health and social care settings or agencies						
A1.3 promptly arranging for the effective transfer of care for the woman, when there are changes in care needs						
A2 The student midwife demonstrates the ability to build kind, trusting, respectful relationships with women, partners and families advocating for the woman's needs, views, preferences and decisions, working in partnership during the antenatal period. Demonstrated by:						
A2.1 providing evidence-based information on all aspects of health and well-being of the woman and newborn infant to enable informed decision-making by the woman, and partner and family as appropriate						
A2.2 managing the environment to ensure that it is welcoming for the woman and her partner/family to maximise safety, privacy, dignity and well-being						
A2.3 showing compassion and sensitivity when women or their partners/family members are emotionally vulnerable and/or distressed						

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A2 The student midwife demonstrates the ability to build kind, trusting, respectful relationships with women, partners and families advocating for the woman's needs, views, preferences and decisions, working in partnership during the antenatal period. Demonstrated by:						
A2.4 recognising and responding to any adjustments that may be required to support women with a physical disability						
A2.5 recognising and responding to any adjustments required to support women with a learning disability						
A2.6 initiating sensitive, individualised evidence-informed conversations with women that explore how they feel about sexuality, pregnancy and childbirth, infant feeding, relationship building and parenting whilst valuing different cultural contexts and traditions						
A2.7 promoting and encouraging the woman's confidence in her own body, health and well-being, and in her ability to give birth, feed and build a loving relationship with her baby						
A2.8 including and valuing the woman's self-assessment of her health and well-being, recognising her ability and confidence to self-care and her expertise of any pre-existing conditions						
A2.9 promoting and protecting the physical, psychological, social, cultural, and spiritual safety of all women and recognising and responding when this is being compromised						

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A3 The student midwife is able to communicate and share information with women and their families with respect, kindness and compassion, taking into account their individual needs, views, preferences and decisions in the antenatal period. Demonstrated by:						
A3.1 actively listening, recognising and responding appropriately to cues, using prompts and positive reinforcement						
A3.2 using appropriate non-verbal communication techniques including touch, eye contact and respect of personal space						
A3.3 using clear language and appropriate open and closed questioning, responding to women's questions, concerns, views, preferences and decisions checking for understanding						
A3.4 identifying when any alternative communication techniques are required, making adjustments to facilitate use of personal communication aids or access to services such as translation and interpretation						
A3.5 providing timely and accurate information to women and their partners/families when there are complications or when additional care needs are identified						
A3.6 maintaining effective and kind communication techniques with women, partners and families in challenging and emergency situations, including breaking bad news						

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A4 The student midwife demonstrates the skills of effective assessment, planning, implementation and evaluation to provide universal care in partnership with women during the antenatal period to anticipate and prevent complications. Demonstrated by:						
A4.1 accurately recognising the signs and symptoms of pregnancy						
A4.2 accurately assessing, recording and responding to maternal mental health and well-being						
A4.3 providing evidence based information which supports women and their partners/family to make individualised choices and decisions about screening and diagnostic tests						
A4.4 measuring and recording the woman's vital signs using manual and technological aids where appropriate, accurately recording findings and implementing appropriate responses and decisions						
A4.5 undertaking venepuncture and appropriate blood sampling, interpreting the results of routine tests						
A4.6 accurately recording weight and height including calculation of Body Mass Index (BMI)						

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A4 The student midwife demonstrates the skills of effective assessment, planning, implementation and evaluation to provide universal care in partnership with women during the antenatal period to anticipate and prevent complications. Demonstrated by:						
A4.7 appropriate examination of the woman's abdomen and palpation of her uterus, explaining and documenting findings						
A4.8 auscultation of the fetal heart, using a Pinard stethoscope and technical devices as appropriate, including cardiotocograph (CTG), interpretation and documentation of the findings accurately including fetal heart patterns						
A4.9 appropriately discussing the findings of all tests, observations and assessments with women and their partner/family						
A4.10 recognising normal vaginal loss and deviations from normal, recognition of spontaneous rupture of membranes						
A4.11 recognising and responding to oedema, varicosities, and signs of thromboembolism						

Antenatal proficiencies for midwives Universal care (cont.)	Year 1 Able to <i>participate</i> under direct supervision and direction	Reference to evidence	Year 2 Able to <i>contribute</i> with decreasing supervision and direction	Reference to evidence	Year 3 Able to <i>demonstrate proficiency</i> with appropriate supervision	Reference to evidence
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A4 The student midwife demonstrates the skills of effective assessment, planning, implementation and evaluation to provide universal care in partnership with women during the antenatal period to anticipate and prevent complications. Demonstrated by:						
A4.12 supporting the woman when nausea and vomiting occur, recognising deviations from normal physiological processes and providing care that optimises the woman's nutrition and hydration						
A4.13 assessing, planning and providing care that optimises the woman's bladder and bowel health and function						
A4.14 applying the principles of infection prevention and control, following local and national policies and protocols, sharing information with women and their partner/family as appropriate						
A4.15 developing and providing parent education and preparation for birth and parenthood that is tailored to the context, needs, views, and preferences of individuals and groups						
A4.16 recognising the signs that indicate the onset of labour						

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A5 The student midwife demonstrates the ability to conduct person-centred conversations with women, their partners and families to support public health, health promotion and health protection across the life course, depending on relevance and context during the antenatal period. Demonstrated by:						
A5.1 discussing sensitive issues relating to sexual and reproductive health: including pre-conception, contraception, unintended pregnancy, abortion and sexually transmitted infections						
A5.2 sharing up to date information regarding food safety and nutrition						
A5.3 providing appropriate weight management and exercise information						
A5.4 sensitively exploring the issues of smoking, alcohol intake and substance use as appropriate						
A5.5 sharing information regarding the importance of immunisation in pregnancy for both the woman and her unborn baby						
A5.6 discussing sources of valid health information including the potential impact of the overuse of social media						

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Public health (cont.) Medicines administration						
A5 The student midwife demonstrates the ability to conduct person-centred conversations with women, their partners and families to support public health, health promotion and health protection across the life course, depending on relevance and context during the antenatal period. Demonstrated by:						
A5.7 sharing information about the importance of human milk and breastfeeding on short and long term physical and emotional health and well-being for both the woman and her baby						
A5.8 identifying resources relevant to the needs of women and support and enable women to access these as needed						
A6 The student midwife demonstrates the ability to work in partnership with the woman to assess and provide care and support that ensures the safe administration of medicines in the antenatal period. Demonstrated by:						
A6.1 knowing the various procedural routes under which medicines can be prescribed, supplied, dispensed and administered; and the laws, policies, regulations and guidance that underpin them						
A6.2 carrying out initial and continued assessments of women and their ability to self-administer their own medications						
A6.3 understanding and applying the principles of safe remote prescribing and directions to administer medicines, including safe storage, transportation and disposal of medicinal products						

Antenatal proficiencies for midwives Medicines administration (cont.)	Year 1 Able to <i>participate</i> under direct supervision and direction	Reference to evidence	Year 2 Able to <i>contribute</i> with decreasing supervision and direction	Reference to evidence	Year 3 Able to <i>demonstrate</i> <i>proficiency</i> with appropriate supervision	Reference to evidence
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A6 The student midwife demonstrates the ability to work in partnership with the woman to assess and provide care and support that ensures the safe administration of medicines in the antenatal period. Demonstrated by:						
A6.4 performing accurate drug calculations for a range of medications						
A6.5 safely supplying and administering medicines listed as midwives exemptions in the Human Medicines Regulations Schedule 17 (and any subsequent legislation), utilising the most up to date list						
A6.6 exercising professional accountability in the safe administration of medicines to women according to local policy and managing equipment appropriately. Range of routes to include:						
• intramuscular						
• subcutaneous						
A6.7 recognising and responding to adverse or abnormal reactions to medications for the woman and understanding how this may have an impact on the fetus						

Antenatal proficiencies for midwives Record keeping Interdisciplinary collaboration	Year 1 Able to <i>participate</i> under direct supervision and direction	Reference to evidence	Year 2 Able to <i>contribute</i> with decreasing supervision and direction	Reference to evidence	Year 3 Able to <i>demonstrate proficiency</i> with appropriate supervision	Reference to evidence
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A7 The student midwife demonstrates the skills required to record, keep and share information effectively and securely in the antenatal period. Demonstrated by:						
A7.1 clearly documenting care provision, changing care needs, referrals and the woman's understanding, input, and decisions about her care						
A7.2 presenting and sharing verbal, digital and written reports with individuals and/or groups, respecting confidentiality appropriately						
A7.3 storing all information securely according to local and national policy						
A8 The student midwife can work effectively with interdisciplinary and multiagency teams and colleagues; recognise, assess, plan, and respond to pre-existing and emerging complications and additional care needs acting as the woman's advocate supporting her needs, views, preferences, and decisions in the antenatal period. Demonstrated by:						
A8.1 communicating complex information regarding a woman's care needs in a clear, concise manner						
A8.2 communicating effectively with interdisciplinary and multiagency teams and colleagues in challenging and emergency situations , using appropriate tools						

Antenatal proficiencies for midwives Interdisciplinary collaboration (cont.)	Year 1 Able to <i>participate</i> under direct supervision and direction	Reference to evidence	Year 2 Able to <i>contribute</i> with decreasing supervision and direction	Reference to evidence	Year 3 Able to <i>demonstrate</i> proficiency with appropriate supervision	Reference to evidence
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A8 The student midwife can work effectively with interdisciplinary and multiagency teams and colleagues; recognise, assess, plan, and respond to pre-existing and emerging complications and additional care needs acting as the woman's advocate supporting her needs, views, preferences, and decisions in the antenatal period. Demonstrated by:						
A8.3 informing and updating interdisciplinary and multiagency colleagues about the social, physical or psychological well-being of the woman or her unborn baby, escalating any concerns						
A8.4 collaborating effectively to support women with complex social circumstances including lack of family and community support, poverty, homelessness, those in the criminal justice system, refugees, asylum seekers and victims of trafficking and modern slavery						
A8.5 collaborating effectively to support women with complex psychological circumstances and mental illness including alcohol, drug and substance misuse/withdrawal, stress, depression and anxiety						
A8.6 collaborating effectively to support women who have had traumatic experiences including tocophobia, birth trauma and its sequelae including post-traumatic stress disorder, pre-term birth, perinatal loss and bereavement						

Antenatal proficiencies for midwives Interdisciplinary collaboration (cont.)	Year 1 Able to <i>participate</i> under direct supervision and direction	Reference to evidence	Year 2 Able to <i>contribute</i> with decreasing supervision and direction	Reference to evidence	Year 3 Able to <i>demonstrate</i> <i>proficiency</i> with appropriate supervision	Reference to evidence
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A8 The student midwife can work effectively with interdisciplinary and multiagency teams and colleagues; recognise, assess, plan, and respond to pre-existing and emerging complications and additional care needs acting as the woman's advocate supporting her needs, views, preferences, and decisions in the antenatal period. Demonstrated by:						
A8.7 remaining calm, demonstrating effective de-escalation skills considering and taking account of the views and decisions made by others						
A8.8 appropriately challenging the views and decisions made by others that compromise women's needs, views or preferences, escalating concerns regarding the behaviour or vulnerability of colleagues						
A8.9 recognising and responding to signs of discriminatory behaviour and unconscious bias in self and others						
A8.10 recognising and responding to signs of all forms of abuse and exploitation, including female genital mutilation and the subsequent need for safeguarding						
A8.11 arranging a safe environment and appropriate support if acute mental illness, violence or abuse is identified						

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A9 The student midwife is able to implement some first-line emergency management of complications and/or additional care needs for the woman and/or fetus when signs of compromise and deterioration or emergencies occur until other help is available. Demonstrated by:						
A9.1 recognising the signs of infection, premature labour, blood loss including haemorrhage and meconium stained liquor, promptly calling for assistance and escalation as necessary						
A9.2 participating in first line management and immediate life support for the woman until help is available, monitoring the woman's condition						
A9.3 undertaking tasks for the woman as delegated in emergency situations						

Antenatal care

Intrapartum Care

Intrapartum proficiencies for midwives Continuity of carer Relationship building	Year 1 Able to <i>participate</i> under direct supervision and direction	Reference to evidence	Year 2 Able to <i>contribute</i> with decreasing supervision and direction	Reference to evidence	Year 3 Able to <i>demonstrate proficiency</i> with appropriate supervision	Reference to evidence
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IP1 The student midwife is able to promote and provide continuity of care and carer in the intrapartum period. Demonstrated by:						
IP1.1 consistently planning, implementing and evaluating care that considers the needs of the woman and newborn infant together; encouraging and promoting close and loving relationships between babies, their mothers and families						
IP1.2 ensuring safe continuity of care by identifying and communicating effectively with colleagues from the appropriate health and social care settings or agencies when there are changes in care needs and arranging for the effective transfer of care for the woman if required						
IP2 The student midwife demonstrates the ability to build kind, respectful relationships with women, partners and families advocating for the woman's needs, views, preferences and decisions, working in partnership during the intrapartum period. Demonstrated by:						
IP2.1 managing the environment to ensure that it is welcoming for the woman and her partner/family to maximise safety, privacy, dignity and well-being and optimise the physiological processes of labour and birth, creating the conditions needed for a gentle birth avoiding or minimising Trauma						

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Relationship building (cont.)						
IP2 The student midwife demonstrates the ability to build kind, respectful relationships with women, partners and families advocating for the woman's needs, views, preferences and decisions, working in partnership during the intrapartum period. Demonstrated by:						
IP2.2 ensuring that women are fully involved in planning their care and providing the appropriate evidence-based information to facilitate informed decision-making, taking into account different cultural contexts and traditions						
IP2.3 showing compassion and sensitivity when women their partners/family members are emotionally vulnerable and/or distressed						
IP2.4 knowing how to recognise and respond to any adjustments required to support women with a physical disability						
IP2.5 knowing how to recognise and respond to any adjustments required to support women with a learning disability						
IP2.6 promoting the woman's confidence in her own body and in her ability to give birth, providing ongoing support and feedback						
IP2.7 including and valuing the woman's self-assessment of her health and well-being, recognising her ability and confidence to self-care and her expertise of any pre-existing conditions						
IP2. 8 promoting and protecting the physical, psychological, social, cultural, and spiritual safety of all women, recognising and responding when this is being compromised						

Intrapartum proficiencies for midwives Communication	Year 1 Able to <i>participate</i> under direct supervision and direction	Reference to evidence	Year 2 Able to <i>contribute</i> with decreasing supervision and direction	Reference to evidence	Year 3 Able to <i>demonstrate</i> proficiency with appropriate supervision	Reference to evidence
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IP3 The student midwife is able to communicate and share information with women and their families with respect, kindness and compassion taking into account their individual needs, views, preferences and decisions in the intrapartum period. Demonstrated by:						
IP3.1 actively listening, recognising and responding to appropriately to cues						
IP3.2 using appropriate non-verbal communication techniques including touch, eye contact and respect of personal space						
IP3.3 using clear language and appropriate open and closed questioning, responding to women's questions, concerns, views, preferences and decisions checking for understanding						
IP3.4 the ability to identify when alternative communication techniques are required, making adjustments to facilitate use of personal communication aids or access to services such as translation and interpretation						
IP3.5 providing timely and accurate information to women and their partners/families when there are complications or when additional care needs are identified, including breaking bad news						
IP3.6 maintaining effective and kind communication techniques with women, partners and families in challenging and emergency situations						

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Universal care during labour and birth						
IP4 The student midwife demonstrates the skills of effective assessment, planning, implementation and evaluation to provide universal care during the intrapartum period to optimise normal physiological processes and to anticipate and prevent complications. Demonstrated by:						
IP4.1 providing safe, continuous, one-to-one care for the woman in labour and at birth						
IP4.2 accurately recognising the onset of labour and assessing the effectiveness of contractions and progress in labour						
IP4.3 accurately assessing and responding to the woman's behaviour, appearance psychological and emotional needs						
IP4.4 providing care and support when the woman experiences pain, responding to her need for pain management using evidence-based techniques including comfort measures, non-pharmacological and pharmacological methods						
IP4.5 discussing the potential impact of practices and interventions in labour and at birth on the establishment of breastfeeding						
IP4.6 recognising and responding to the need for mobility, encouraging changes in maternal position to achieve optimal positions in labour and birth to facilitate normal physiological processes						

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Universal care during labour and birth (cont.)						
IP4 The student midwife demonstrates the skills of effective assessment, planning, implementation and evaluation to provide universal care during the intrapartum period to optimise normal physiological processes and to anticipate and prevent complications. Demonstrated by:						
IP4.7 providing care that optimises the woman's hygiene needs and skin integrity						
IP4.8 measuring and recording the woman's vital signs using manual and technological aids where appropriate, accurately recording findings and implementing appropriate responses and decisions						
IP4.9 appropriate examination of the woman's abdomen and palpation of her uterus, explaining and documenting findings						
IP4.10 accurately assessing fetal well-being by auscultation of the fetal heart using a Pinard stethoscope and technical devices as appropriate, including cardiotocograph (CTG) interpretation, responding appropriately and documenting findings with reference to fetal heart patterns						
IP4.11 undertaking a vaginal examination appropriately with the woman's consent, recognising and responding to the findings						
IP4.12 appropriately discussing the findings of all tests, observations and assessments with women and their partner/family						

Intrapartum proficiencies for midwives Universal care during labour and birth (cont.)	Year 1 Able to <i>participate</i> under direct supervision and direction	Reference to evidence	Year 2 Able to <i>contribute</i> with decreasing supervision and direction	Reference to evidence	Year 3 Able to <i>demonstrate</i> <i>proficiency</i> with appropriate supervision	Reference to evidence
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IP4 The student midwife demonstrates the skills of effective assessment, planning, implementation and evaluation to provide universal care during the intrapartum period to optimise normal physiological processes and to anticipate and prevent complications. Demonstrated by:						
IP4.13 recognising normal vaginal loss and deviations from normal, recognition of spontaneous rupture of membranes						
IP4.14 assessing, planning and providing care that optimises the woman's nutrition and hydration including effective fluid balance management, supporting the woman when nausea and vomiting occur						
IP4.15 assessing, planning and providing care that optimises the woman's bladder and bowel health and function						
IP4.16 responding to the woman's preferences to guide her safely as she gives birth, using evidence-based approaches appropriately to avoid and minimise trauma						
IP4.17 safely manage a breech birth						
IP4.18 assessing when an episiotomy is required and responding appropriately						

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Universal care during labour and birth (cont.)						
IP4 The student midwife demonstrates the skills of effective assessment, planning, implementation and evaluation to provide universal care during the intrapartum period to optimise normal physiological processes and to anticipate and prevent complications. Demonstrated by:						
IP4.19 recognising and responding to the position of the umbilical cord during birth appropriately, managing the cord after birth according to the best available evidence and the woman's preferences						
IP4.20 recognising and responding to deviations from normal physiological processes, including the need to expedite birth, referring to interdisciplinary colleagues as appropriate						
IP4.21 assessing the progress of the third stage of labour, using evidence informed techniques to safely and appropriately support the woman to birth the placenta and membranes, followed by an examination of the placenta and membranes to assess completeness and health						
IP4.22 examining the woman's perineum, labia, vagina, cervix and anus for birth injuries, responding and referring appropriately						
IP4.23 undertaking perineal repair including episiotomy and 1 st and 2 nd degree tears						

Intrapartum proficiencies for midwives Universal care during labour and birth (cont.) Universal care in the immediate postnatal period	Year 1 Able to <i>participate</i> under direct supervision and direction	Reference to evidence	Year 2 Able to <i>contribute</i> with decreasing supervision and direction	Reference to evidence	Year 3 Able to <i>demonstrate</i> <i>proficiency</i> with appropriate supervision	Reference to evidence
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IP4 The student midwife demonstrates the skills of effective assessment, planning, implementation and evaluation to provide universal care during the intrapartum period to optimise normal physiological processes and to anticipate and prevent complications. Demonstrated by:						
IP4.24 undertaking appropriate cannulation, venepuncture and blood sampling, interpreting the results of standard tests						
IP4.25 applying the principles of infection prevention and control, following local and national policies and protocols, sharing information with women and their partner/family as appropriate						
IP5 The student midwife is able to demonstrate skills of effective assessment, planning, implementation and evaluation to provide universal care during the immediate postnatal period to optimise normal physiological processes and to anticipate and prevent complications. Demonstrated by:						
IP5.1 conducting an immediate assessment of the newborn infant at and after birth to assess initial adaptation to extra-uterine life including appearance, heart rate, behaviour, response, neurological tone, reflexes and respirations identifying the need for neonatal life support if respiration is not established.						
IP5.2 enabling immediate, uninterrupted, and ongoing safe skin-to-skin contact between the mother and the newborn infant, and positive time for the partner and family to be with the newborn infant and each other, preventing unnecessary interruptions						

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Universal care in the immediate postnatal period (cont.) Medicines administration						
IP5 The student midwife is able to demonstrate skills of effective assessment, planning, implementation and evaluation to provide universal care during the immediate postnatal period to optimise normal physiological processes and to anticipate and prevent complications. Demonstrated by:						
IP5.3 observing, assessing, and promoting the woman's immediate response to the newborn infant (and partner's response as appropriate), and their ability to keep the newborn infant close and be responsive to the cues for love, comfort and feeding (reciprocity)						
IP5.4 assessing the infant's ability to respond to cues for food, love and comfort and the ability to suck, swallow and breathe at the first breastfeed or bottle feed						
IP6 The student midwife demonstrates the ability to work in partnership with the woman to assess and provide care and support that ensures the safe administration of medicines in the intrapartum period. Demonstrated by:						
IP6.1 knowing the various procedural routes under which medicines can be prescribed, supplied, dispensed and administered; and the laws, policies, regulations and guidance that underpin them						
IP6.2 carrying out initial and continued assessments of women and their ability to self-administer their own medications						

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Medicines administration (cont.)						
IP6 The student midwife demonstrates the ability to work in partnership with the woman to assess and provide care and support that ensures the safe administration of medicines in the intrapartum period. Demonstrated by:						
IP6.3 understanding and applying the principles of safe remote prescribing and directions to administer medicines, including safe storage, transportation and disposal of medicinal products						
IP6.4 performing accurate drug calculations for a range of medications						
IP6.5 safely supplying and administering medicines listed as midwives exemptions in the Human Medicines Regulations Schedule 17 (and any subsequent legislation), utilising the most up to date list						
IP6.6 exercising professional accountability in the safe administration of medicines to women, according to local policy , managing equipment appropriately. Routes to include:						
• intramuscular						
• intravenous						
• per vaginum						
• other (please stipulate)						

Intrapartum proficiencies for midwives Medicines administration (cont.)	Year 1 Able to <i>participate</i> under direct supervision and direction	Reference to evidence	Year 2 Able to <i>contribute</i> with decreasing supervision and direction	Reference to evidence	Year 3 Able to <i>demonstrate</i> <i>proficiency</i> with appropriate supervision	Reference to evidence
	Practice supervisor signature and date	Student completion	Practice supervisor signature and date	Student completion	Practice supervisor signature and date	Student completion
IP6 The student midwife demonstrates the ability to work in partnership with the woman to assess and provide care and support that ensures the safe administration of medicines in the intrapartum period. Demonstrated by:						
IP6.7 undertaking accurate checks, including the transcription and titration, of any direction to supply and administer a medicinal product						
IP6.8 recognising the potential impact of medicines on the unborn baby and breastmilk and the establishment of breastfeeding, providing information and support to the woman referring to interdisciplinary colleagues as appropriate						
IP6.9 knowing how to recognise and respond to adverse or abnormal reactions to medications for the woman and understanding how this may have an impact on the unborn baby						
IP6.10 safely administering medicines in an emergency including the transfusion of blood and blood products according to local policy						
IP6.11 safely manage intravenous infusions using infusion pumps and devices according to local policy						

Intrapartum proficiencies for midwives Record keeping Interdisciplinary working	Year 1 Able to <i>participate</i> under direct supervision and direction	Reference to evidence	Year 2 Able to <i>contribute</i> with decreasing supervision and direction	Reference to evidence	Year 3 Able to <i>demonstrate proficiency</i> with appropriate supervision	Reference to evidence
	Practice supervisor signature and date	Student completion	Practice supervisor signature and date	Student completion	Practice supervisor signature and date	Student completion
IP7 The student midwife demonstrates the ability to record, keep and share information effectively and securely in the intrapartum period. Demonstrated by:						
IP7.1 clearly documenting care provision, changing care needs, referrals and the woman's understanding, input, and decisions about her care						
IP7.2 presenting and sharing verbal, digital and written reports with individuals and/or groups, respecting confidentiality appropriately						
IP7.3 accurately completing specialist proformas such as emergency scribe sheets						
IP8 The student midwife can communicate effectively with interdisciplinary and multiagency teams and colleagues; acting as the woman's advocate supporting her needs, views, preferences, and decisions in the intrapartum period. Demonstrated by:						
IP8.1 communicating complex information regarding a woman's or her newborn infant care needs in a clear, concise manner						
IP8.2 communicating effectively with interdisciplinary and multiagency teams and colleagues in challenging and emergency situations						

Intrapartum proficiencies for midwives Interdisciplinary working (cont.)	Year 1 Able to <i>participate</i> under direct supervision and direction	Reference to evidence	Year 2 Able to <i>contribute</i> with decreasing supervision and direction	Reference to evidence	Year 3 Able to <i>demonstrate</i> proficiency with appropriate supervision	Reference to evidence
	Practice supervisor signature and date	Student completion	Practice supervisor signature and date	Student completion	Practice supervisor signature and date	Student completion
IP8 The student midwife can communicate effectively with interdisciplinary and multiagency teams and colleagues; acting as the woman's advocate supporting her needs, views, preferences, and decisions in the intrapartum period. Demonstrated by:						
IP8.3 informing and updating interdisciplinary and multiagency colleagues about the social, physical or psychological well-being of the woman or her newborn infant escalating any concerns						
IP8.4 collaborating effectively to support women who have had traumatic experiences including birth trauma and its sequelae including post-traumatic stress disorder, pre-term birth, perinatal loss and bereavement						
IP8.5 remaining calm, demonstrating effective de-escalation skills considering and taking account of the views and decisions made by others						
IP8.6 appropriately challenging the views and decisions made by others that compromise women's needs, views or preferences, escalating concerns regarding the behaviour or vulnerability of colleagues						
IP8.7 recognising and responding to signs of all forms of abuse and exploitation, and need for safeguarding						

Intrapartum proficiencies for midwives	Year 1 Able to <i>participate</i> under direct supervision and direction	Reference to evidence	Year 2 Able to <i>contribute</i> with decreasing supervision and direction	Reference to evidence	Year 3 Able to <i>demonstrate</i> <i>proficiency</i> with appropriate supervision	Reference to evidence
	Practice supervisor signature and date	Student completion	Practice supervisor signature and date	Student completion	Practice supervisor signature and date	Student completion
Additional care IP9 The student midwife is able to implement first-line interventions and emergency management when additional care needs or complications occur for the woman and/or fetus, including when signs of deviation from physiological processes, compromise, deterioration or emergencies occur in the postnatal and neonatal periods. Demonstrated by:						
IP9.1 promptly calling for assistance and escalation as necessary, implementing immediate emergency actions for the woman and newborn infant until help arrives						
IP9.2 conducting a speculum examination and high and low vaginal swabs to test for signs of infection and preterm labour						
IP9.3 undertaking amniotomy and applying a fetal scalp electrode						
IP9.4 responding to meconium-stained liquor, signs of infection, sepsis and blood loss including haemorrhage						
IP9.5 safely managing shoulder dystocia						
IP9.6 conducting manual removal of the placenta						
IP9.7 monitoring deterioration using evidence-based early warning tools						
IP9.8 undertaking delegated tests for woman, fetus and newborn infant						

Intrapartum proficiencies for midwives Additional care (cont.)	Year 1 Able to <i>participate</i> under direct supervision and direction	Reference to evidence	Year 2 Able to <i>contribute</i> with decreasing supervision and direction	Reference to evidence	Year 3 Able to <i>demonstrate</i> <i>proficiency</i> with appropriate supervision	Reference to evidence
	Practice supervisor signature and date	Student completion	Practice supervisor signature and date	Student completion	Practice supervisor signature and date	Student completion
IP9 The student midwife is able to implement first-line interventions and emergency management when additional care needs or complications occur for the woman and/or fetus, including when signs of deviation from physiological processes, compromise, deterioration or emergencies occur in the postnatal and neonatal periods. Demonstrated by:						
IP9.9 organising a safe environment, immediate referral, and appropriate support if acute mental illness, violence or abuse is identified						
IP9.10 providing care for women who have experienced female genital mutilation						
IP9.11 providing care for women and newborn infants before, during, and after medical interventions such as epidural analgesia, fetal blood sampling, instrumental births, caesarean section and medical and surgical interventions to manage haemorrhage, collaborating with colleagues as appropriate						
IP9.12 obtaining cord blood samples and interpreting the results						

Postnatal care

Postnatal proficiencies for midwives Continuity of care and carer Relationship building	Year 1 Able to <i>participate</i> under direct supervision and direction	Reference to evidence	Year 2 Able to <i>contribute</i> with decreasing supervision and direction	Reference to evidence	Year 3 Able to <i>demonstrate</i> proficiency with appropriate supervision	Reference to evidence
	Practice supervisor signature and date	Student completion	Practice supervisor signature and date	Student completion	Practice supervisor signature and date	Student completion
P1 The student midwife is able to promote and provide continuity of care and carer in the postnatal period. Demonstrated by:						
P1.1 consistently planning, implementing and evaluating care that considers the needs of the woman and newborn infant together						
P1.2 arranging for the effective transfer of care for the woman if required and when midwifery care is complete						
P2 The student midwife demonstrates the ability to build kind, respectful relationships with women, partners and families advocating for the woman's needs, views, preferences and decisions, working in partnership during the postnatal period. Demonstrated by:						
P2.1 providing evidence-based information on all aspects of health and well-being of the woman and newborn infant to enable informed decision-making by the woman, and partner and family as appropriate						
P2.2 providing a welcoming environment for the woman, partner, and family						
P2.3 managing the environment to ensure that the safety, privacy, dignity and well-being of the woman and her partner/family are maximised						
P2.4 showing compassion and sensitivity when women or their partners/family members are emotionally vulnerable and/or distressed						

Postnatal proficiencies for midwives Relationship building (cont.)	Year 1 Able to <i>participate</i> under direct supervision and direction	Reference to evidence	Year 2 Able to <i>contribute</i> with decreasing supervision and direction	Reference to evidence	Year 3 Able to <i>demonstrate</i> <i>proficiency</i> with appropriate supervision	Reference to evidence
	Practice supervisor signature and date	Student completion	Practice supervisor signature and date	Student completion	Practice supervisor signature and date	Student completion
P2 The student midwife demonstrates the ability to build kind, respectful relationships with women, partners and families advocating for the woman's needs, views, preferences and decisions, working in partnership during the postnatal period. Demonstrated by:						
P2.5 recognising and responding to any adjustments required to support women with a physical disability						
P2.6 recognising and responding to any adjustments required to support women with a learning disability						
P2.7 initiating sensitive, individualised conversations with women that explore how they feel about infant feeding, relationship building and parenting whilst valuing different cultural contexts and traditions						
P2.8 promoting the woman's confidence in her own body, health and well-being, and in her ability to nurture, feed, love, respond to and build a loving relationship with her baby						
P2.9 including and valuing the woman's self-assessment of her health and well-being, recognising her ability and confidence to self-care and care for her newborn including her expertise of any pre-existing Conditions						
P2.10 promoting and protecting the physical, psychological, cultural, and spiritual safety of all women and recognising and responding when this is being compromised						

Postnatal proficiencies for midwives	Year 1 Able to <i>participate</i> under direct supervision and direction	Reference to evidence	Year 2 Able to <i>contribute</i> with decreasing supervision and direction	Reference to evidence	Year 3 Able to <i>demonstrate</i> <i>proficiency</i> with appropriate supervision	Reference to evidence
	Practice supervisor signature and date	Student completion	Practice supervisor signature and date	Student completion	Practice supervisor signature and date	Student completion
P3 The student midwife is able to communicate and share information with women and their families with respect, kindness and compassion taking into account their individual needs, views, preferences and decisions in the postnatal period. Demonstrated by:						
P3.1 actively listening, recognising and responding appropriately to cues and using appropriate non-verbal communication techniques including touch, eye contact and respect of personal space						
P3.2 providing opportunities for the woman, and partner as appropriate, to discuss the birth and responding to any questions they may have						
P3.3 identifying when alternative communication techniques are required, making adjustments to facilitate use of personal communication aids or access to services such as translation and interpretation						
P3.4 providing timely and accurate information to women and their partners/families when there are complications or when additional care needs are identified, including breaking bad news						
P3.5 maintaining effective and kind communication techniques with women, partners and families in challenging and emergency situations						
P3.6 providing information about and promoting access to community-based facilities and resources as needed						

Postnatal proficiencies for midwives	Year 1 Able to <i>participate</i> under direct supervision and direction	Reference to evidence	Year 2 Able to <i>contribute</i> with decreasing supervision and direction	Reference to evidence	Year 3 Able to <i>demonstrate</i> <i>proficiency</i> with appropriate supervision	Reference to evidence
	Practice supervisor signature and date	Student completion	Practice supervisor signature and date	Student completion	Practice supervisor signature and date	Student completion
P4 The student midwife demonstrates the skills of effective assessment, planning, implementation and evaluation to provide universal care for the woman during the postnatal period to optimise normal physiological processes and to anticipate and prevent complications. Demonstrated by:						
P4.1 assessing mental health and well-being through discussion about appetite, energy levels, sleeping pattern, ability to cope with daily living, mood, anxiety and depression and family relationships						
P4.2 implementing care that meets the woman's psychological needs after birth through ongoing assessment, support and care for all aspects of the woman's mental health and well-being, encouraging referral if there are concerns about the partner's mental health						
P4.3 demonstrating the ability to conduct and respond to the findings of a holistic assessment of physical health for the woman including vital signs, uterine involution, vaginal loss, perineal health, breast tenderness or engorgement and hygiene and mobility needs						
P4.4 assessing, promoting, and encouraging the development of the mother-newborn infant relationship, and opportunities for attachment, contact, interaction, and relationship building between the woman, newborn infant, partner and family						

Postnatal proficiencies for midwives Universal care (cont.) Infant feeding	Year 1 Able to <i>participate</i> under direct supervision and direction	Reference to evidence	Year 2 Able to <i>contribute</i> with decreasing supervision and direction	Reference to evidence	Year 3 Able to <i>demonstrate</i> <i>proficiency</i> with appropriate supervision	Reference to evidence
	Practice supervisor signature and date	Student completion	Practice supervisor signature and date	Student completion	Practice supervisor signature and date	Student completion
P4 The student midwife demonstrates the skills of effective assessment, planning, implementation and evaluation to provide universal care for the woman during the postnatal period to optimise normal physiological processes and to anticipate and prevent complications. Demonstrated by:						
P4.5 respond to the woman's experience of and response to pain and the need for appropriate pain management						
P4.6 using effective skills of infection prevention and control						
P5 The student midwife demonstrates the ability to work in partnership with the woman and her partner/family to assess and provide care and support for all aspects of infant feeding. Demonstrated by:						
P5.1 using strategies to work within the World Health Organisation International Code of Marketing of Breastmilk Substitutes and subsequent World Health Assembly resolutions						
P5.2 utilising knowledge of breast anatomy and physiology of lactation to enable breastfeeding mothers to successfully establish and maintain breastfeeding and evaluate effectiveness						
P5.3 responding to breastfeeding challenges including breast tenderness, pain, engorgement and the need for pain management recognising when referral to infant feeding specialists and peer supporters is required						
P5.4 supporting women to safely express and feed their baby breastmilk, including teaching the skills of hand expression, safe storage, warming of milk and safe feeding methods						

Postnatal proficiencies for midwives Infant feeding (cont.) Public health	Year 1 Able to <i>participate</i> under direct supervision and direction	Reference to evidence	Year 2 Able to <i>contribute</i> with decreasing supervision and direction	Reference to evidence	Year 3 Able to <i>demonstrate</i> proficiency with appropriate supervision	Reference to evidence
	Practice supervisor signature and date	Student completion	Practice supervisor signature and date	Student completion	Practice supervisor signature and date	Student completion
P5 The student midwife demonstrates the ability to work in partnership with the woman and her partner/family to assess and provide care and support for all aspects of infant feeding. Demonstrated by:						
P5.5 supporting women to maximise breastmilk production and breastfeeding when they wish to combine this with formula milk, supporting them to feed responsively and as safely as possible.						
P5.6 supporting women and their partners who are separated from their babies due to maternal physical or mental illness to maximise breastfeeding (if appropriate) and facilitate responsive feeding and secure attachment						
P6 The student midwife demonstrates the ability to conduct person-centred conversations with women, their partners and families to support public health, health promotion and health protection during the postnatal period. Demonstrated by:						
P6.1 discussing sensitive issues relating to sexual and reproductive health: including contraception and sexually transmitted infections						
P6.2 sensitively exploring the issues of smoking, alcohol intake and substance use as appropriate						
P6.3 discussing attachment relationships and very early childhood development and the impact on the woman's own and the infant's health and emotional wellbeing						

Postnatal proficiencies for midwives Public health (cont.)	Year 1 Able to <i>participate</i> under direct supervision and direction	Reference to evidence	Year 2 Able to <i>contribute</i> with decreasing supervision and direction	Reference to evidence	Year 3 Able to <i>demonstrate</i> <i>proficiency</i> with appropriate supervision	Reference to evidence
	Practice supervisor signature and date	Student completion	Practice supervisor signature and date	Student completion	Practice supervisor signature and date	Student completion
P6 The student midwife demonstrates the ability to conduct person-centred conversations with women, their partners and families to support public health, health promotion and health protection during the postnatal period. Demonstrated by:						
P6.4 appropriately sharing evidence-based information with all women and partners on how to minimise the risks of sudden infant death syndrome						
P6.5 sharing evidence-based information regarding immunisation						
P6.6 discussing sources of valid health information including the potential impact of the overuse of social media and the potential for addiction						
P6.7 sharing information about the importance of human milk and breastfeeding on short and long term health and well-being outcomes of the woman and her baby						
P6.8 sharing information with women and families about national and local information networks that are available to support women in the continuation of breastfeeding						
P6.9 identifying resources relevant to the needs of women and support and enable them to access these as needed						
P6.10 engage women, partners, and families in understanding and applying principles of infection control and antimicrobial stewardship						

Postnatal proficiencies for midwives	Year 1 Able to <i>participate</i> under direct supervision and direction	Reference to evidence	Year 2 Able to <i>contribute</i> with decreasing supervision and direction	Reference to evidence	Year 3 Able to <i>demonstrate</i> <i>proficiency</i> with appropriate supervision	Reference to evidence
	Practice supervisor signature and date	Student completion	Practice supervisor signature and date	Student completion	Practice supervisor signature and date	Student completion
P7 The student midwife demonstrates the ability to work in partnership with the woman to assess and provide care and support that ensures the safe administration of medicines in the postnatal period. Demonstrated by:						
P7.1 knowing the various procedural routes under which medicines can be prescribed, supplied, dispensed and administered; and the laws, policies, regulations and guidance that underpin them						
P7.2 carrying out initial and continued assessments of women and their ability to self-administer their own medications						
P7.3 understanding and applying the principles of safe remote prescribing and directions to administer medicines, including safe storage, transportation and disposal of medicinal products						
P7.4 recognising the potential impact of medicines on the establishment of breastfeeding, providing information and support to the woman referring to interdisciplinary colleagues as appropriate						
P7.5 discussing which medicines may impact on breastfeeding and knowing where to find information to support the mother to make an evidence based decision about her care. When breastfeeding is contraindicated, know how to access donor human milk						

Postnatal proficiencies for midwives Medicines administration (cont.)	Year 1 Able to <i>participate</i> under direct supervision and direction	Reference to evidence	Year 2 Able to <i>contribute</i> with decreasing supervision and direction	Reference to evidence	Year 3 Able to <i>demonstrate</i> proficiency with appropriate supervision	Reference to evidence
	Practice supervisor signature and date	Student completion	Practice supervisor signature and date	Student completion	Practice supervisor signature and date	Student completion
P7 The student midwife demonstrates the ability to work in partnership with the woman to assess and provide care and support that ensures the safe administration of medicines in the postnatal period. Demonstrated by:						
P7.6 knowing how to safely supply and administer medicines listed as midwives exemptions in the Human Medicines Regulations Schedule 17 (and any subsequent legislation), utilising the most up to date list						
P7.7 performing accurate drug calculations for a range of medications						
P7.8 exercising professional accountability in the safe administration of medicines to women, via a range of routes according to local policy , managing equipment appropriately						
• oral						
• intramuscular						
• subcutaneous						
• intradermal						
• intravenous						
• per rectum						

Postnatal proficiencies for midwives Medicines administration (cont.)	Year 1 Able to <i>participate</i> under direct supervision and direction	Reference to evidence	Year 2 Able to <i>contribute</i> with decreasing supervision and direction	Reference to evidence	Year 3 Able to <i>demonstrate</i> proficiency with appropriate supervision	Reference to evidence
	Practice supervisor signature and date	Student completion	Practice supervisor signature and date	Student completion	Practice supervisor signature and date	Student completion
P7 The student midwife demonstrates the ability to work in partnership with the woman to assess and provide care and support that ensures the safe administration of medicines in the postnatal period. Demonstrated by:						
P7.9 knowing how to recognise and respond to adverse or abnormal reactions to medications						
P7.10 undertaking accurate checks, including the transcription and titration, of any direction to supply and administer a medicinal product						
P7.11 safely administering medicines in an emergency or when clinical complications arise, according to local policy , including:						
<ul style="list-style-type: none"> management of intravenous fluids 						
<ul style="list-style-type: none"> transfusion of blood and blood products 						
<ul style="list-style-type: none"> management of infusion pumps and devices 						

Postnatal proficiencies for midwives	Year 1 Able to <i>participate</i> under direct supervision and direction	Reference to evidence	Year 2 Able to <i>contribute</i> with decreasing supervision and direction	Reference to evidence	Year 3 Able to <i>demonstrate</i> <i>proficiency</i> with appropriate supervision	Reference to evidence
	Practice supervisor signature and date	Student completion	Practice supervisor signature and date	Student completion	Practice supervisor signature and date	Student completion
P8 The student midwife demonstrates the ability to record, keep and share information effectively and securely in the postnatal period. Demonstrated by:						
P8.1 clearly documenting care provision, changing care needs, referrals and the woman's understanding, input, and decisions about her care						
P8.2 presenting and sharing verbal, digital and written reports with individuals and/or groups, respecting confidentiality appropriately						
P8.3 accurately completing an infant feeding assessment with the woman including plans of care, challenges encountered, and referrals made						
P8.4 storing all information securely according to local and national policy						

Postnatal proficiencies for midwives Interdisciplinary working	Year 1 Able to <i>participate</i> under direct supervision and direction	Reference to evidence	Year 2 Able to <i>contribute</i> with decreasing supervision and direction	Reference to evidence	Year 3 Able to <i>demonstrate</i> proficiency with appropriate supervision	Reference to evidence
	Practice supervisor signature and date	Student completion	Practice supervisor signature and date	Student completion	Practice supervisor signature and date	Student completion
P9 The student midwife can communicate effectively with interdisciplinary and multiagency teams and colleagues; acting as the woman's advocate supporting her needs, views, preferences, and decisions in the postnatal period. Demonstrated by:						
P9.1 communicating complex information regarding a woman's care needs in a clear, concise manner						
P9.2 communicating effectively with interdisciplinary and multiagency teams and colleagues in challenging and emergency situations						
P9.3 informing and updating interdisciplinary and multiagency colleagues about the social, physical or psychological well-being of the woman or her baby, escalating any concerns						
P9.4 collaborating effectively to support women who have had traumatic experiences including tocophobia, birth trauma and its sequelae including post-traumatic stress disorder, pre-term birth, perinatal loss and bereavement						
P9.5 remaining calm, demonstrating effective de-escalation skills considering and taking account of the views and decisions made by Others						

Postnatal proficiencies for midwives Interdisciplinary working (cont.) Additional care	Year 1 Able to <i>participate</i> under direct supervision and direction	Reference to evidence	Year 2 Able to <i>contribute</i> with decreasing supervision and direction	Reference to evidence	Year 3 Able to <i>demonstrate</i> proficiency with appropriate supervision	Reference to evidence
	Practice supervisor signature and date	Student completion	Practice supervisor signature and date	Student completion	Practice supervisor signature and date	Student completion
P9 The student midwife can communicate effectively with interdisciplinary and multiagency teams and colleagues; acting as the woman's advocate supporting her needs, views, preferences, and decisions in the postnatal period. Demonstrated by:						
P9.6 appropriately challenging the views and decisions made by others that compromise women's needs, views or preferences, escalating concerns regarding the behaviour or vulnerability of colleagues						
P9.7 recognising and responding to signs of all forms of abuse and exploitation, and the subsequent need for safeguarding						
P10 The student midwife is able to implement first-line interventions and emergency management when additional care needs or complications occur for the woman in the postnatal period. Demonstrated by:						
P10.1 recognising when women, children and families are at risk, organising a safe environment, immediate referral and appropriate support if acute mental illness, violence or abuse is identified						
P10.2 promptly calling for assistance and escalation using appropriate tools and implement first line interventions and/or emergency management						
P10.3 recognising signs of infection, sepsis and blood loss including haemorrhage, escalating appropriately, monitoring and responding to signs of deterioration						

Postnatal proficiencies for midwives Additional care (cont.)	Year 1 Able to <i>participate</i> under direct supervision and direction	Reference to evidence	Year 2 Able to <i>contribute</i> with decreasing supervision and direction	Reference to evidence	Year 3 Able to <i>demonstrate</i> proficiency with appropriate supervision	Reference to evidence
	Practice supervisor signature and date	Student completion	Practice supervisor signature and date	Student completion	Practice supervisor signature and date	Student completion
P10 The student midwife is able to implement first-line interventions and emergency management when additional care needs or complications occur for the woman in the postnatal period. Demonstrated by:						
P10.4 recognising and responding to oedema, varicosities, and signs of thromboembolism						
P10.5 monitoring and managing fluid balance						
P10.6 undertaking delegated tests for woman as appropriate						
P10.7 understanding and implementing the principles of safe and supportive postnatal care to women who have experienced genital tract trauma (perineal, labial, vaginal, cervical, anal trauma including female genital mutilation)						
P10.8 providing midwifery care for women after assisted and caesarean births						
P10.9 providing support and care for women with pre-existing conditions						
P10.10 understanding and implementing the principles of safe and supportive postnatal care to women who are experiencing urinary or faecal incontinence						

Postnatal proficiencies for midwives Additional care (cont.)	Year 1 Able to <i>participate</i> under direct supervision and direction	Reference to evidence	Year 2 Able to <i>contribute</i> with decreasing supervision and direction	Reference to evidence	Year 3 Able to <i>demonstrate</i> proficiency with appropriate supervision	Reference to evidence
	Practice supervisor signature and date	Student completion	Practice supervisor signature and date	Student completion	Practice supervisor signature and date	Student completion
P10 The student midwife is able to implement first-line interventions and emergency management when additional care needs or complications occur for the woman in the postnatal period. Demonstrated by:						
P10.11 supporting women and their partner/family where separation from their baby occurs as a result of physical and mental maternal illness, facilitating care which maximises the time the woman and her partner spend with their baby in order to build positive attachment behaviours						
P10.12 providing support to women/families with a newborn infant (s) in the neonatal unit, facilitating them to be partners in care and build a close and loving relationship, optimising skin-to-skin/kangaroo care, breastfeeding and/or use of donor milk where appropriate/possible						
P10.13 caring for women and families undergoing surrogacy or adoption						
P10.14 working in partnership to provide compassionate, respectful, empathetic and dignified care and follow up for women and/or families experiencing perinatal loss or newborn infant death						
P10.15 supporting the bereaved woman with lactation suppression and/or donating her breastmilk if wished						

Postnatal proficiencies for midwives Additional care (cont.)	Year 1 Able to <i>participate</i> under direct supervision and direction	Reference to evidence	Year 2 Able to <i>contribute</i> with decreasing supervision and direction	Reference to evidence	Year 3 Able to <i>demonstrate</i> proficiency with appropriate supervision	Reference to evidence
	Practice supervisor signature and date	Student completion	Practice supervisor signature and date	Student completion	Practice supervisor signature and date	Student completion
P10 The student midwife is able to implement first-line interventions and emergency management when additional care needs or complications occur for the woman in the postnatal period. Demonstrated by:						
P10.16 providing culturally appropriate, compassionate, respectful, empathetic and dignified midwifery palliative or end of life care and/or following maternal death, including the needs of partners and families						
P10.17 ensuring that the partner/parents/family spend as much private time as they wish with a woman or newborn infant who is at the end of life or who has died						
P10.18 arranging the provision of appropriate pastoral and spiritual care according to the cultural/faith needs and requirements of the woman and her partner/family						
P10.19 providing care and support required by parents who have more than one baby and experience both loss and survival at the same time, recognising the psychological challenge of dealing with bereavement while also adapting to parenthood						
P10.20 providing clear information and support regarding any possible post-mortem examinations, registration of death and options for funeral arrangements/memorial service						

Neonatal care

Neonatal proficiencies for midwives	Year 1 Able to <i>participate</i> under direct supervision and direction	Reference to evidence	Year 2 Able to <i>contribute</i> with decreasing supervision and direction	Reference to evidence	Year 3 Able to <i>demonstrate</i> <i>proficiency</i> with appropriate supervision	Reference to evidence
	Practice supervisor signature and date	Student completion	Practice supervisor signature and date	Student completion	Practice supervisor signature and date	Student completion
N1 The student midwife demonstrates the skills of effective assessment, planning, implementation and evaluation of care for the newborn infant during the neonatal period to optimise normal physiological processes and to anticipate and prevent complications. Demonstrated by:						
N1.1 undertaking a full systematic physical examination of the newborn infant in line with local and national evidence-based protocols						
N1.2 conducting ongoing holistic assessments of the physical health of the newborn infant including monitoring of weight, feeding, age appropriate urine output and stool, growth and development						
N1.3 assessing parental confidence in handling and caring for the newborn infant, including responses to crying and comfort measures						
N1.4 developing an individualised, evidence informed care plan in partnership with the woman, based on the ongoing assessment of the health and well-being of the newborn and woman together, actively listening and appropriately responding to any questions or concerns						
N1.5 providing evidence based information which supports women and their partners/family to make individualised choices and decisions about screening and diagnostic tests and ensuring that tests are carried out appropriately						

Neonatal proficiencies for midwives	Year 1 Able to <i>participate</i> under direct supervision and direction	Reference to evidence	Year 2 Able to <i>contribute</i> with decreasing supervision and direction	Reference to evidence	Year 3 Able to <i>demonstrate</i> <i>proficiency</i> with appropriate supervision	Reference to evidence
	Practice supervisor signature and Date	Student completion	Practice supervisor signature and date	Student completion	Practice supervisor signature and date	Student completion
Universal care (cont.)						
Infant feeding						
N1 The student midwife demonstrates the skills of effective assessment, planning, implementation and evaluation of care for the newborn infant during the neonatal period to optimise normal physiological processes and to anticipate and prevent complications. Demonstrated by:						
N1.6 appropriately discussing the findings of all tests, observations and assessments with women and their partner/family						
N1.7 using clear language and appropriate resources, to optimise women and their partner's/family's understanding of their newborn infant's health and well-being						
N1.8 using skills of infection prevention and control, following local and national policies and protocols						
N2 The student midwife demonstrates the ability to work in partnership with the woman and her partner/family to assess and provide care and support for all aspects of infant feeding. Demonstrated by:						
N2.1 evaluating the effectiveness of feeding practices through active listening, evaluation and observation, and monitoring the newborn infant's weight, growth and development to inform the development of care plans in partnership with the woman						
N2.2 effectively implementing, reviewing and adapting an individualised infant feeding care plan						

Neonatal proficiencies for midwives	Year 1 Able to <i>participate</i> under direct supervision and direction	Reference to evidence	Year 2 Able to <i>contribute</i> with decreasing supervision and direction	Reference to evidence	Year 3 Able to <i>demonstrate</i> <i>proficiency</i> with appropriate supervision	Reference to evidence
	Practice supervisor signature and Date	Student completion	Practice supervisor signature and date	Student completion	Practice supervisor signature and date	Student completion
N2 The student midwife demonstrates the ability to work in partnership with the woman and her partner/family to assess and provide care and support for all aspects of infant feeding. Demonstrated by:						
N2.3 assessing the effectiveness of breastfeeding through observation of the baby's position and attachment at the breast, infant behaviour at the breast including co-ordination and effectiveness of sucking and swallowing, effective milk transfer and milk production, responsive feeding and age appropriate stool and urine output						
N2.4 supporting parents who are using a bottle to feed their baby formula or breastmilk to do so responsively, limiting the number of care givers and pacing the feeds and evaluating their confidence with this method						
N2.5 ensuring that parents who are using bottles to feed their baby formula or breastmilk are aware of how to safely sterilise feeding equipment						
N2.6 working with parents who are formula feeding to ensure the appropriate use of formula and safe preparation of feeds						
N2.7 enabling newborn infants in the neonatal unit to receive human milk/be breastfed when possible, including access to and use of donor milk						

Neonatal proficiencies for midwives	Year 1 Able to <i>participate</i> under direct supervision and direction	Reference to evidence	Year 2 Able to <i>contribute</i> with decreasing supervision and direction	Reference to evidence	Year 3 Able to <i>demonstrate proficiency</i> with appropriate supervision	Reference to evidence
	Practice supervisor signature and Date	Student completion	Practice supervisor signature and date	Student completion	Practice supervisor signature and date	Student completion
N3 The student midwife demonstrates the ability to work in partnership with the woman to assess and provide care and support that ensures the safe administration of medicines for their newborn infants. Demonstrated by:						
N3.1 knowing the various procedural routes under which medicines can be prescribed, supplied, dispensed and administered to newborn infants; and the laws, policies, regulations and guidance that underpin them						
N3.2 safely supplying and administering medicines to newborn infants listed as midwives exemptions in the Human Medicines Regulations Schedule 17 (and any subsequent legislation), utilising the most up to date list						
N3.3 performing accurate drug calculations for a range of newborn infant medications						
N3.4 exercising professional accountability in the safe administration of medicines to newborn infants according to local policy, managing equipment appropriately Routes to include:						
• intramuscular						
• other - specify route:						
• other - specify route:						

Neonatal proficiencies for midwives	Year 1 Able to <i>participate</i> under direct supervision and direction	Reference to evidence	Year 2 Able to <i>contribute</i> with decreasing supervision and direction	Reference to evidence	Year 3 Able to <i>demonstrate</i> <i>proficiency</i> with appropriate supervision	Reference to evidence
	Practice supervisor signature and date	Student completion	Practice supervisor signature and date	Student completion	Practice supervisor signature and date	Student completion
N3 The student midwife demonstrates the ability to work in partnership with the woman to assess and provide care and support that ensures the safe administration of medicines for their newborn infants. Demonstrated by:						
N3.5 recognise and respond to adverse or abnormal reactions to medications						
N3.6 administer medicines safely in emergency situations						
N4 The student midwife demonstrates the ability to record, keep and share information effectively and securely in the neonatal period. Demonstrated by:						
N4.1 clearly documenting care provision, changing care needs, referrals and the woman's understanding, input, and decisions about the care of her newborn infant						
N4.2 presenting and sharing verbal, digital and written reports with individuals and/or groups, respecting confidentiality appropriately						
N4.3 storing all information securely according to local and national policy						

Neonatal proficiencies for midwives Interdisciplinary working Additional care	Year 1 Able to <i>participate</i> under direct supervision and direction	Reference to evidence	Year 2 Able to <i>contribute</i> with decreasing supervision and direction	Reference to evidence	Year 3 Able to <i>demonstrate</i> proficiency with appropriate supervision	Reference to evidence
	Practice supervisor signature and Date	Student completion	Practice supervisor signature and date	Student completion	Practice supervisor signature and date	Student completion
N5 The student midwife can communicate effectively with interdisciplinary and multiagency teams and colleagues. Demonstrated by:						
N5.1 communicating complex information effectively to interdisciplinary/multiagency teams and colleagues in challenging and emergency situations using recognised tools to structure conversations						
N5.2 recognising when newborn infants are at risk, organising a safe environment, providing appropriate support and making immediate referrals if safeguarding issues are identified						
N5.3 working in partnership with the woman/family as appropriate, and in collaboration with the interdisciplinary and/or multiagency team, to plan and implement midwifery care for the newborn infant who requires additional care and support						
N6 The student midwife is able to implement first-line interventions and emergency management when additional care needs or complications occur for the newborn infant. Demonstrated by:						
N6.1 appropriately responding to signs of infection						
N6.2 promptly calling for assistance and escalation as necessary, monitoring and responding to signs of deterioration using appropriate tools						

Neonatal proficiencies for midwives	Year 1 Able to <i>participate</i> under direct supervision and direction	Reference to evidence	Year 2 Able to <i>contribute</i> with decreasing supervision and direction	Reference to evidence	Year 3 Able to <i>demonstrate</i> <i>proficiency</i> with appropriate supervision	Reference to evidence
	Practice supervisor signature and Date	Student completion	Practice supervisor signature and date	Student completion	Practice supervisor signature and date	Student completion
N6 The student midwife is able to implement first-line interventions and emergency management when additional care needs or complications occur for the newborn infant. Demonstrated by:						
N6.3 implementing evidence-based, emergency actions and procedures including immediate life support for the newborn infant until help is available						
N6.4 undertaking delegated tests for the newborn infant as appropriate						
N6.5 supporting the transitional care of a newborn infant in collaboration with the neonatal team						
N6.6 carrying out newborn observations of health and wellbeing and an infant feeding assessment when there are concerns that a baby is not feeding effectively						
N6.7 referring to appropriate colleagues where deviation from evidence-based infant feeding and growth patterns do not respond to first line management						
N6.8 providing compassionate, respectful, empathetic, dignified end of life care for a newborn infant, including consideration of cultural/faith needs and requirements of the parents/family						

Promoting excellence

Promoting excellence: the midwife as colleague, scholar and leader proficiencies for midwives Working with others: the midwife as colleague and leader	Year 1 Able to <i>participate</i> under direct supervision and direction	Reference to evidence	Year 2 Able to <i>contribute</i> with decreasing supervision and direction	Reference to evidence	Year 3 Able to <i>demonstrate</i> <i>proficiency</i> with appropriate supervision	Reference to evidence
	Practice supervisor signature and date	Student completion	Practice supervisor signature and date	Student completion	Practice supervisor signature and date	Student completion
E1 The student midwife is able to work with interdisciplinary and multiagency colleagues, advocacy groups and stakeholders to promote quality improvement. Demonstrated by:						
E1.1 contributing to audit and risk management						
E1.2 contributing to investigations of critical incidents, near misses and serious event reviews						
E1.3 being an advocate for change, using negotiation and challenge skills and evidence-informed approaches to support change						
E2 The student midwife is able to manage, supervise, support, teach and delegate care responsibilities to other members of the midwifery and interdisciplinary team and students. Demonstrated by:						
E2.1 providing clear verbal, digital or written information and instructions whilst supervising, teaching or delegating and checking for understanding						
E2.2 providing encouragement to colleagues and students that helps them to reflect on their practice						
E2.3 keeping unambiguous records of performance during management, supervision or delegation						

Promoting excellence: the midwife as colleague, scholar and leader proficiencies for midwives Working with others: the midwife as colleague and leader	Year 1 Able to <i>participate</i> under direct supervision and direction	Reference to evidence	Year 2 Able to <i>contribute</i> with decreasing supervision and direction	Reference to evidence	Year 3 Able to <i>demonstrate proficiency</i> with appropriate supervision	Reference to evidence
	Practice supervisor signature and Date	Student completion	Practice supervisor signature and date	Student completion	Practice supervisor signature and date	Student completion
E3 The student midwife is able to demonstrate effective team management skills. Demonstrated by:						
E3.1 developing, supporting and managing teams including de-escalating conflict						
E3.2 reflecting on the learning that comes from working with interdisciplinary and multiagency teams						
E3.3 managing concerns, escalating and reporting as appropriate						
E4. The student midwife is able to recognise and respond to vulnerability in self and others. Demonstrated by:						
E4.1 taking action when own vulnerability may impact on the ability to undertake the role of student midwife, including seeking support when feeling vulnerable, demonstrating strength-based approaches and compassionate selfcare						
E4.2 identifying vulnerability of other individuals providing support and/or referring for intervention as needed						

