

Tonsillectomy

Tonsillitis usually gets better on its own after a few days but it can last longer.

To help treat the symptoms:

- get plenty of rest
- drink cool drinks to soothe the throat
- take [paracetamol](#) or [ibuprofen](#) (do not give aspirin to children under 16)
- gargle with warm salty water (children should not do this)

Causes of tonsillitis

Tonsillitis is usually caused by a virus, such as a cold, but it can also be due to a bacterial infection such as strep throat.

Complications of tonsillitis (quinsy)

Complications of tonsillitis are very rare.

Sometimes you can get an area filled with pus (abscess) between your tonsils and the wall of your throat. This is called quinsy.