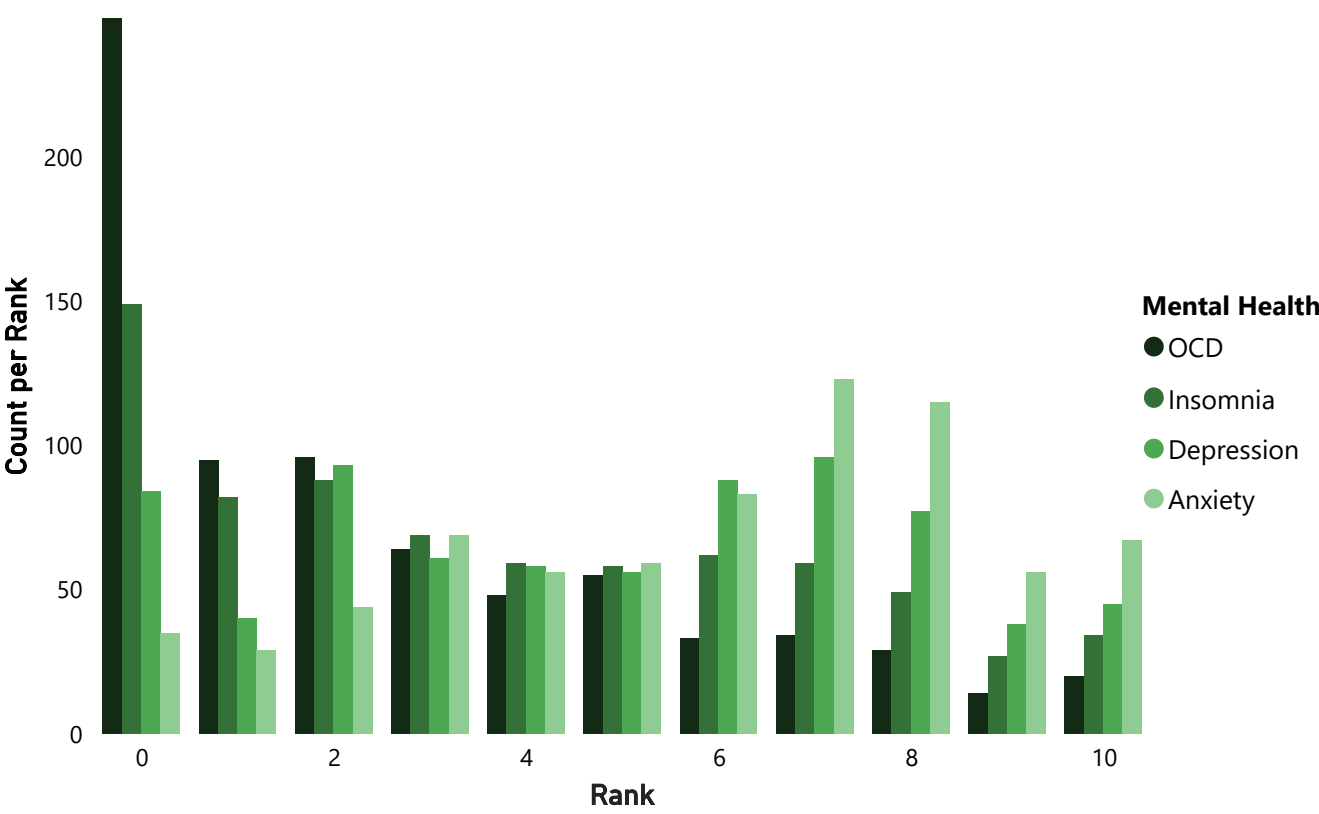


MUSIC AND MENTAL HEALTH SURVEY

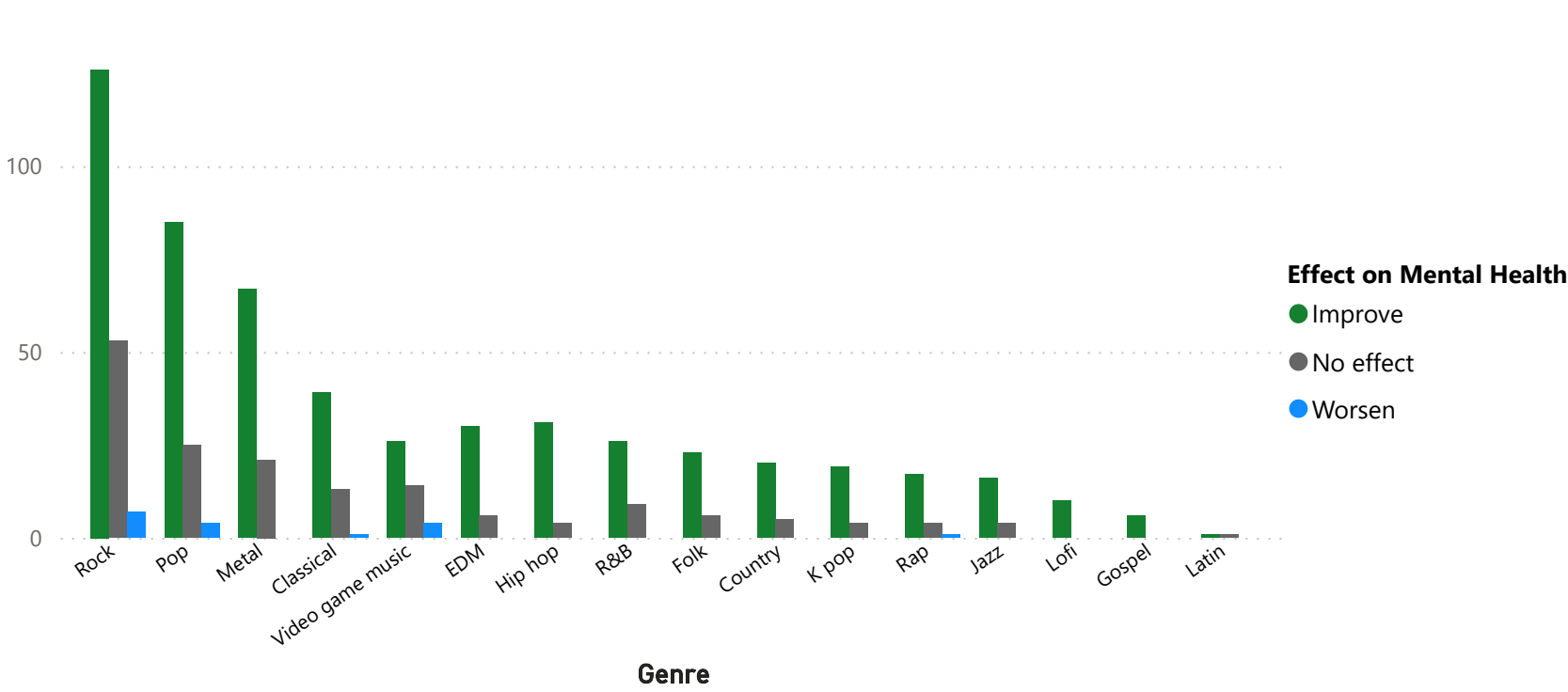
736
People Surveyed

25.21
Average Age

Ranking of Mental Health State

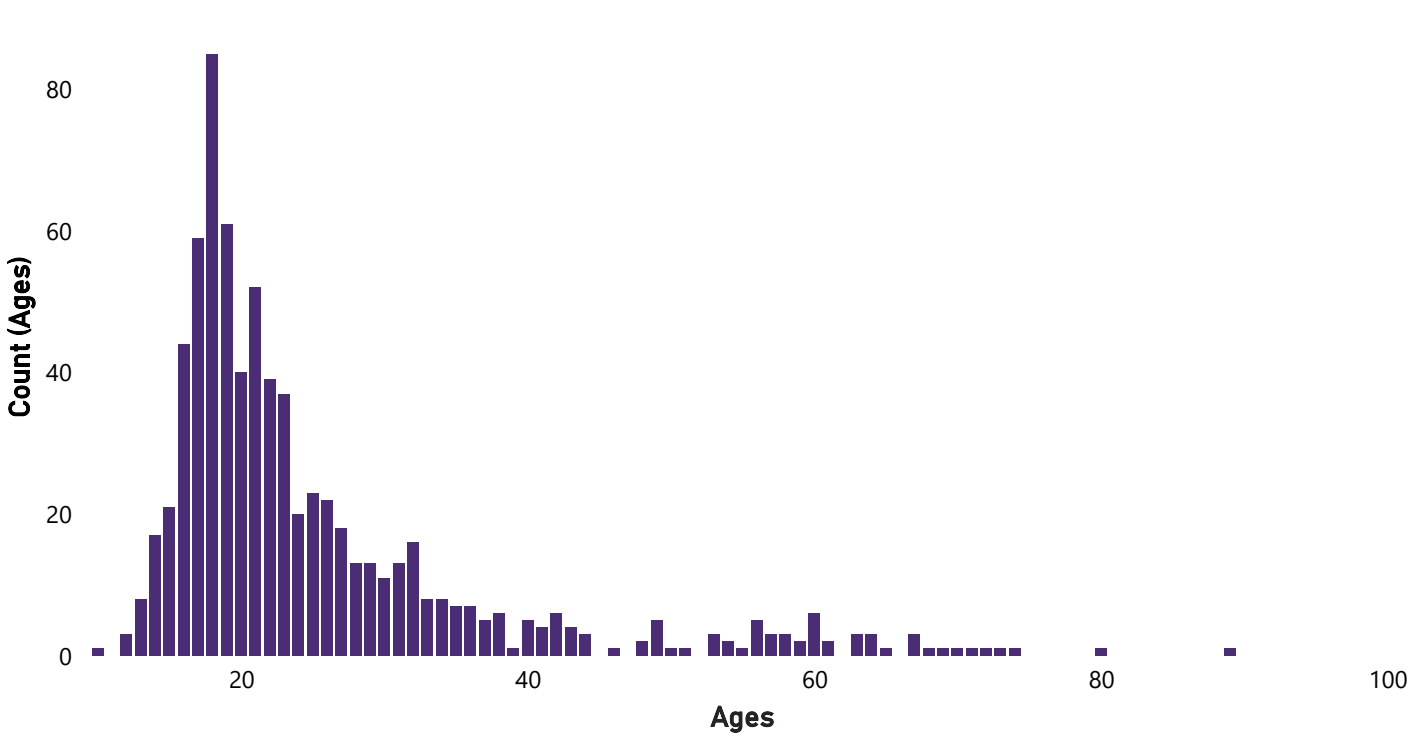


Effect of Favorite Genre



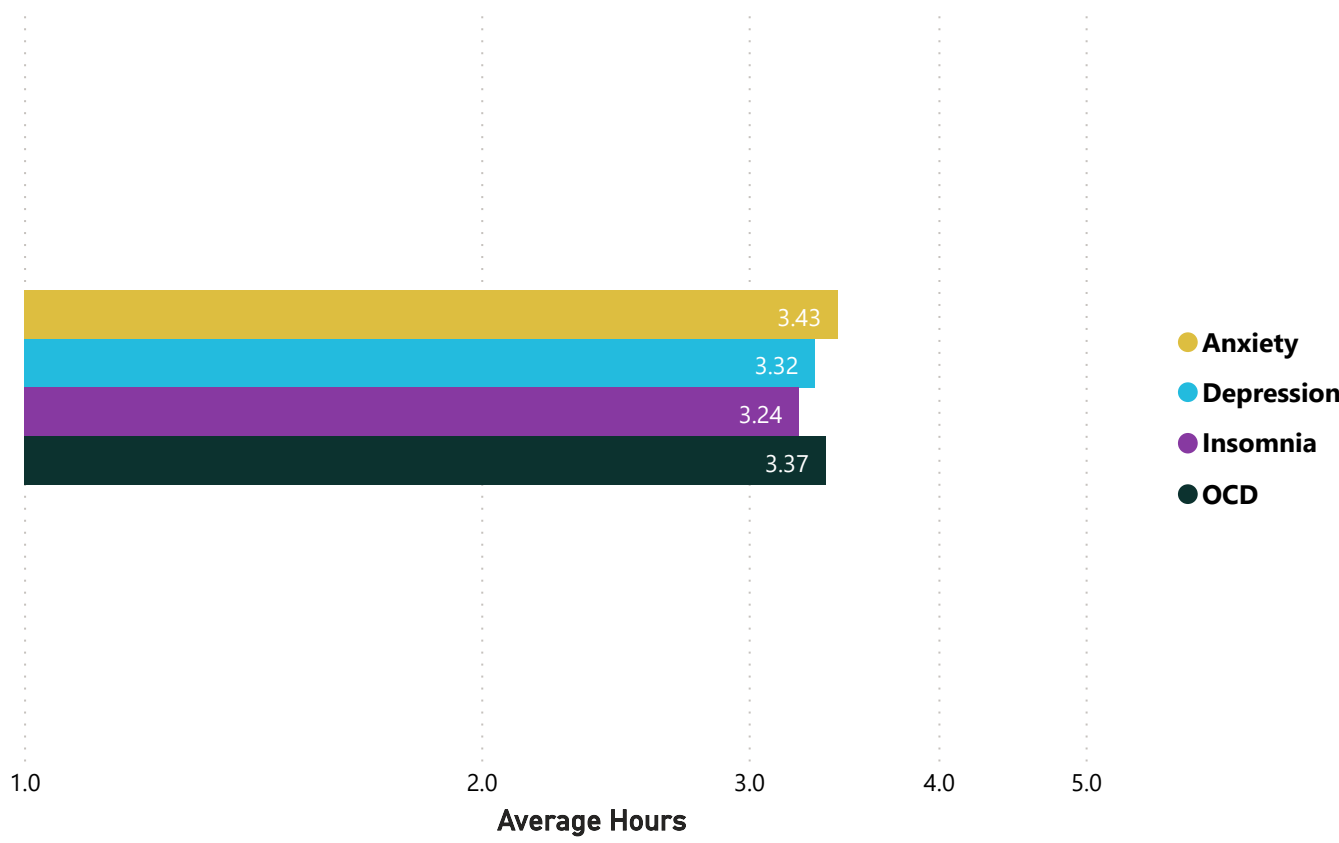
There is a **strong correlation** between listening to music from a favourite genre and an **improvement** in Mental health state

Age Distribution

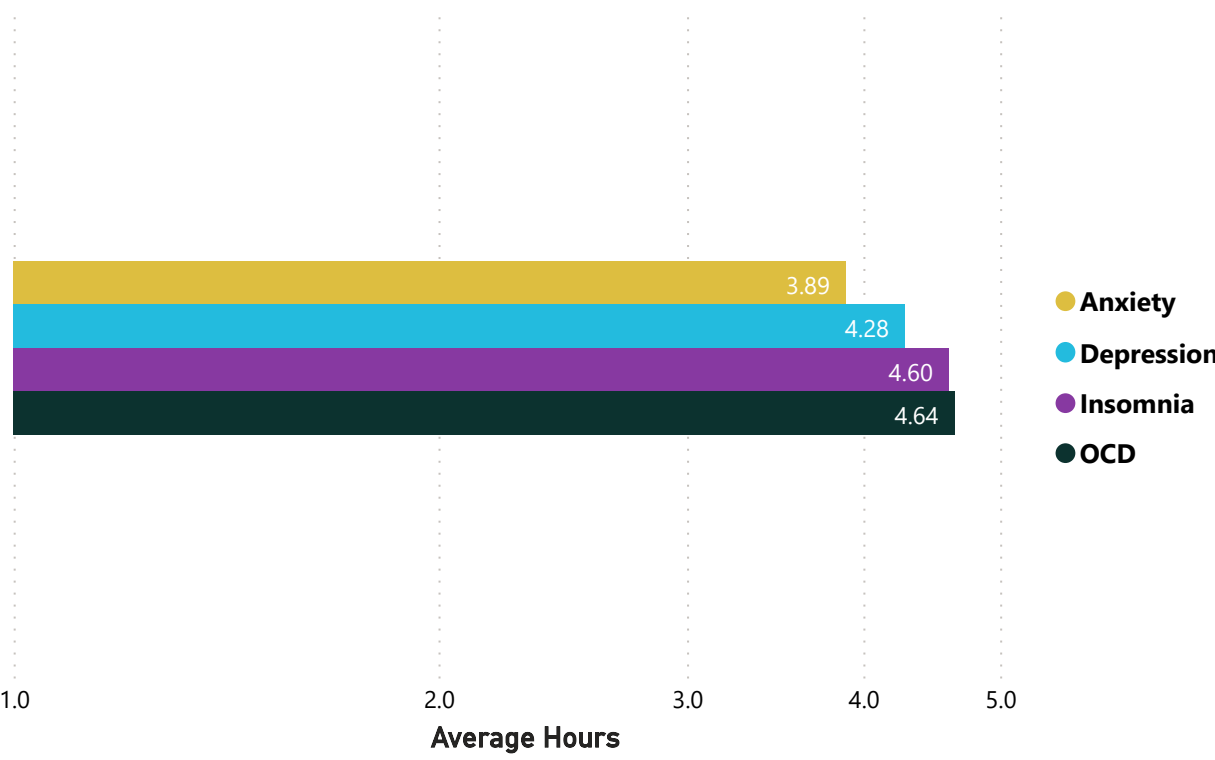


About **45%** of people surveyed were between ages **16-21**. This number is quite different from the average age of 25.

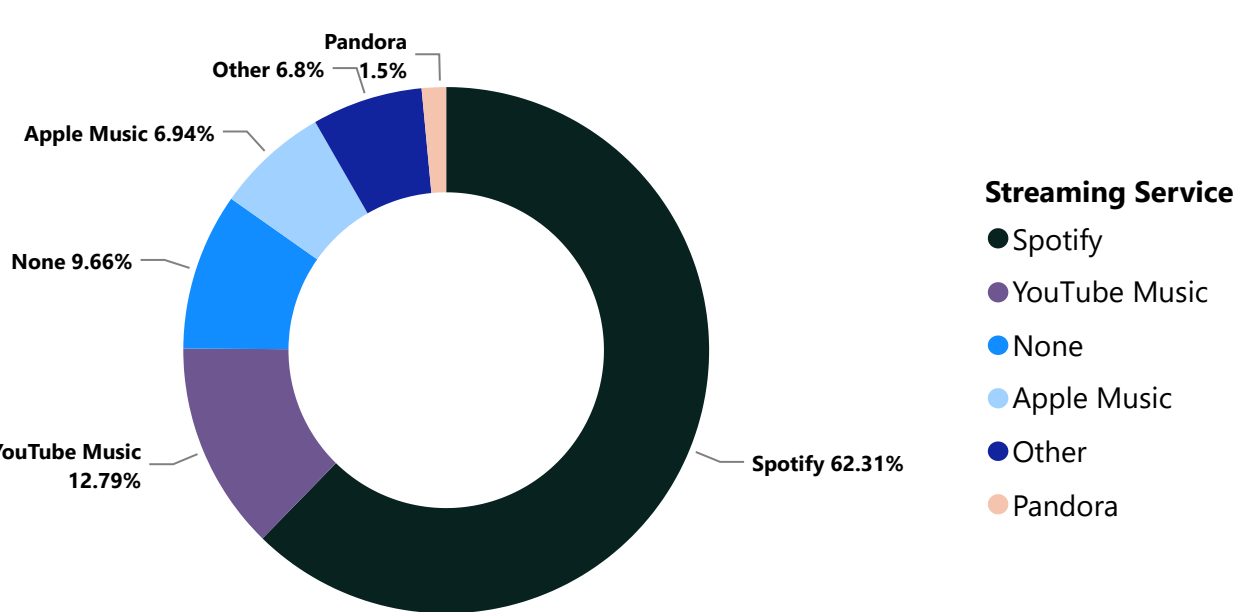
Hours Listened for Individuals with Low MH rankings



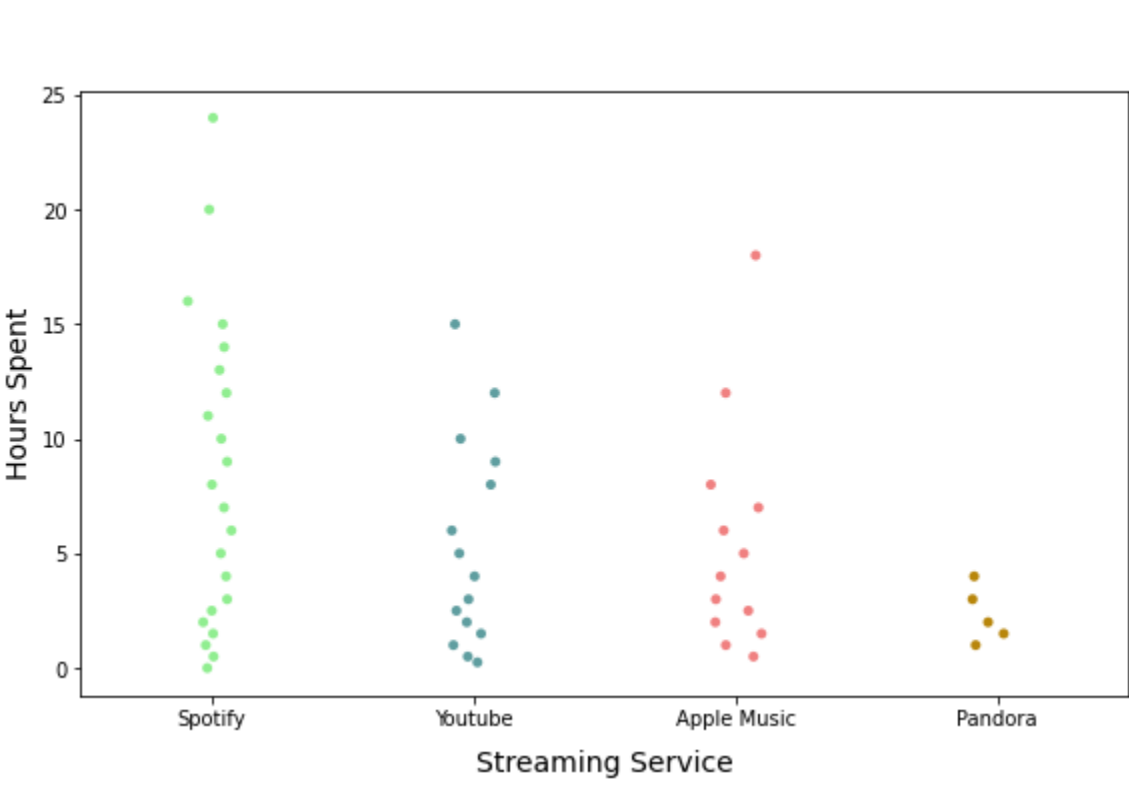
Hours Listened for Individuals with Extreme MH rankings



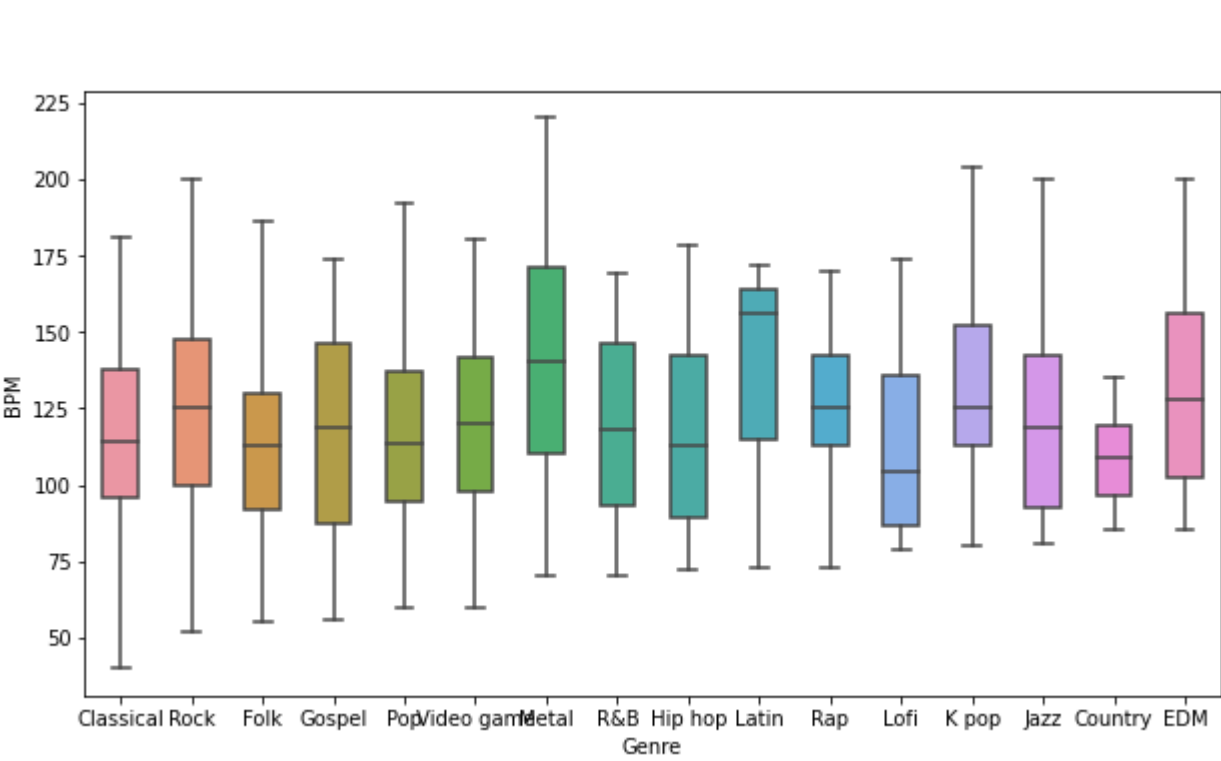
Most Used Streaming Service



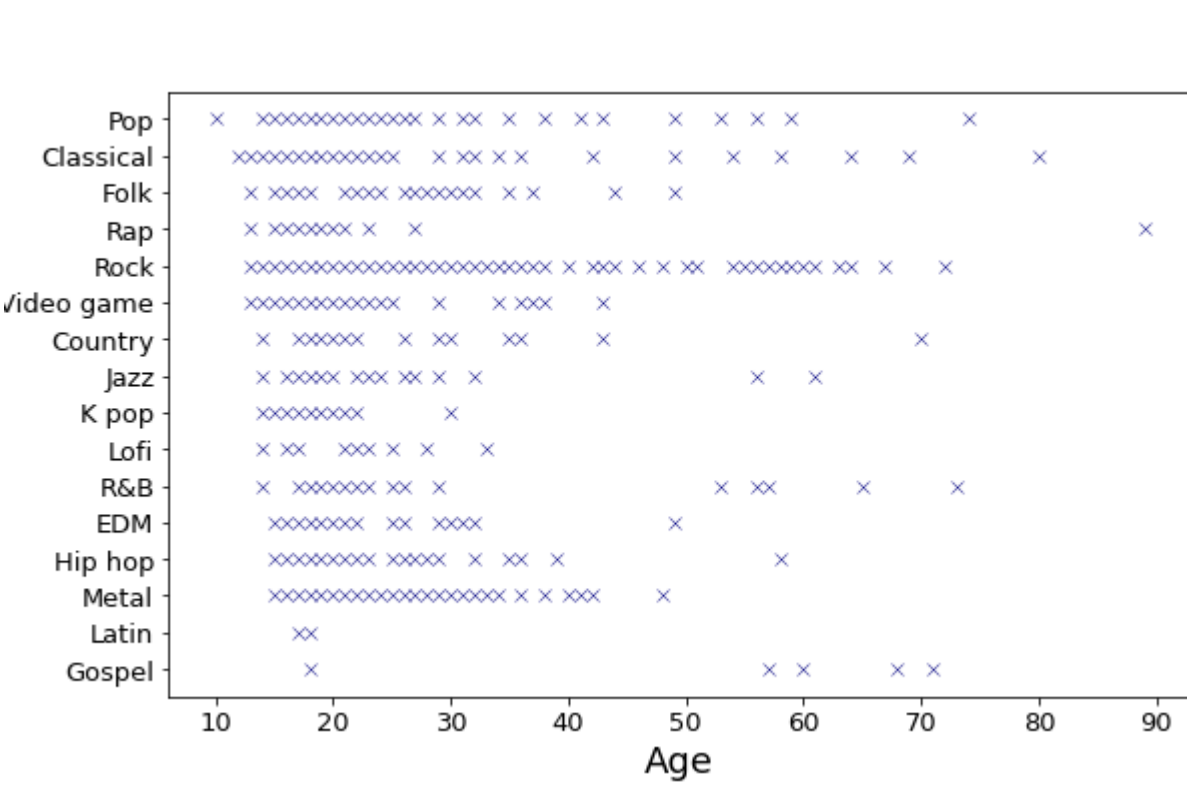
Average Hours Daily on Streaming Service



Genre vs BPM



Age Distribution by Genre



Rock is the most widely listened to genre across all ages.