

# A Journey in Recovery through my eyes

**Description** The fact of participating and providing help in the community in which I live was part of that journey that I could experience. Just as I could appreciate the ancient Puerto Rican culture by mentioning it this way, washing in a river, sharing and playing dominoes with the neighbor.

**Challenges & Obstacles** Many of the obstacles and challenges I could face was the simple fact of being able to transport myself from my home to the university, since I was from a town in the interior and had to travel 45 minutes without traffic twice a day. In the same way an obstacle was the lack of electricity and water. In those days I started studying they were very difficult for many of my classmates

**Benefits & Takeaway** This unforgettable experience helped me a lot both personally and in my university career to not give up, not to miss opportunities, to know how to take advantage of every moment and to always know how to value what I have around me.

## **Recommended Steps/Suggestions**

These students have to take into account what they are facing and how they can provide solutions to solve the problem wisely. The role of universities always give priority to the needs of the student. Things that can be improved is direct communication with people in need of the event that occurred since many were left unsolved their situations at that time. Learn to pronounce. I think that existing organizations could have modifications and further expand the knowledge of how to better meet the individual needs of the citizen.



PONTIFICIA  
**UNIVERSIDAD CATÓLICA**  
DE PUERTO RICO

**Nohely M. Colón aboy**  
Pontifical Catholic University  
of Puerto Rico  
Architecture Bachelor's degree  
5th year/Undergraduate