

THE STRENGTH OF UNITY

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ALTERNATIVES FOR UNIVERSITIES TO GIVE A BETTER HELP TO SOCIETY AFTER A NATURAL DISASTER

In order for other students who are interested in recovery in these types of cases and can be aware of these types of situations, they should be better prepared in the sense of how to work with other people. For example, read and take workshops on hurricane preparedness, how you can correctly help people close to you who are currently injured, either mentally or physically. You cannot ignore the case that the person suffers some kind of shock, young people have to know how to deal with these types of cases. At another point, universities could be very supportive, since they could give some workshops which help students to educate these subjects on how to react in these situations, and how they can prepare and educate others who do not have This kind of knowledge of how to prepare properly. In order for universities or relief organizations to help students who suffered from this disaster and can overcome the challenges they faced, I think they should create a support group which is led by professionals in that field, for example, different psychologists who have the ability to deal with these students and can help them cope with situations and can continue with a full life.

To make improvements in the activities, programs and experiences on post Maria in general, relief institutions, universities and even the government should offer education workshops on how to prepare for these types of situations as well as people who experienced strong situations in this Disaster be aware and help those who were affected and do not have any support to educate them of these types of workshops and recovery programs. My opinion about the creation or improvement of workshops and programs for this type of disasters is that they should promote themselves more, let people know that they exist and how to educate them to let themselves be known and enter them into these assistance programs for themselves and to react from that Way is normal in this kind of situations. In addition, they could create meeting activities with people who went through these situations and can help others on other occasions or they could educate other children in the universities themselves.

PERSONAL EXPERIENCE

My experience in this disaster was not the most favorable since in this event died friendships and family members who, due to lack of medical resources, could not realize anything to save them. What I go with my graphic representation is that in this event I saw a united Puerto Rico, a Puerto Rico that didn't matter where you were from or who you were helped and improved physical communications thanks to the lack of technology. Personally I focus more on union and strength as a country because thanks to the union we developed at that time due to the tragedy we all had on the whole island, at that time there was no social or racial segregation, all they were the same family and the neighbors who did not speak became family and helped to speed up the processes of raising the island and that led us to be what we are today, an island that despite situations like this we are strong and united. Despite the fact that many of us lost people in this event, the 4,645 people who did not survive this tragedy made the effort and all this union and strength is based on them and for them.