



CHEMOTHERAPEUTIC AGENTS-I SULFONAMIDES

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SULFONAMIDES

G. Domagk

(1895–1964),

bacteriologist and pathologist

discovered the first sulfonamide in

1935. Nobel prize for Physiology and

Medicine in 1939.



Domagk tested the new comp. Azo-dye (Prontosil) & observed that mice with Streptococcal & other infections could be protected by prontosil (active metabolite was sulfonamide) & was very useful



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- First effective chemotherapeutic agents to be employed systemically for the prevention & cure of bacterial infections in humans.
- The discovery of Penicillin & subsequent of other antibiotics has diminished the usefulness of the sulfonamides.
- Presently sulfonamides occupy small place in therapeutic armamentarium of the physicians.
- In 1970s however the combination of Trimethoprim & Sulfmethoxazole has increased the use of sulfonamides for the treatment & prophylaxis of specific microbial




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Chemistry :

- Sulfonamide is a generic name for derivatives of Para – amino benzoic sulfonamide (Sulfanilamide).
- Insoluble in water but sodium salts are soluble. The para-NH₂ group is essential for activity.

Effect on Microbes:

- Wide range of AM activity against both G+ve & G- ve bacteria.
 - But now resist. strains have become common & usefulness of these agents has diminished .
 - The Sulfonamides exert only bacteriostatic action .
 - Cellular & humoral defense mechanism of the host are essential for final eradication of the infection.
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Anti bact. Spectrum :

- **Resistance is increasingly a problem**

Still sensitive strains are-

Most of the *Strept. pyogenes* , *Haemophilus ducrei* & *influenzae* , *Vibrio cholerae* & *Calymmatobacterium - granulomatis*.

Few strains of *Staph. aureus* , pneumococci, Meningococci & gonococci , *E.coli* & *shigella* are sensitive (most of the strains are resistant).

- **Anaerobes are not sensitive**

- *Chlamydiae* (causing trachoma ,
lymphogranul.venereum ,inclusion conjunctivitis),
Actinomyces,

Nocardia & *Toxoplasma* are sensitive



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Mech. of action :

- Sulfonamides are structural analogue & competitive antagonists of - **Para- aminobenzoic acid(PABA)**.
- Prevent normal bacteria, utilization of PABA for the synthesis of folic acid (Pterylglutamic acid).
 - Specifically Sulfonamides are **competitive inhibitor of dihydropteroate synthase** (bacterial enzyme responsible for incorporation of PABA into dihydropteroic acid (immediate precursor of folic acid)
- Sensitive organisms are those that must synthesize their own folic acid & bacteria that utilize preformed folate are not affected .
- PABA competitively counteract Sulfonamide's bacteriostatic action .



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(Sulfonamides do not affect mammalian cells because they require preformed folic acid and can not synthesize it).

Pteridine + PABA

Dihydropteroate synth. X SULFONAMIDES.



Dihydropteroic acid

Dihydrofolic acid

Glutamate

Trimethoprim x DHFR

NADPH

NADP

Tetrahydrofolic acid



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Synergists :

Most active agent that exerts a synergistic effect with Sulfonamides is **Trimethoprim** It is a potent & selective competitive inhibitor of microbial **dihydrofolate reductase** (enzyme that reduces dihydrofolate To tetrahydrofolate).

Simultaneous administration of Sulfonamide & Trimethoprim Thus introduces **Sequential Block** in the pathway & kill the bacteria.



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Acquired bact. resistance to Sulfonamides :

- Originate by random mutation & selection or by transfer of resistant Plasmids (this type of resistance is persistent & irreversible), posses enzymes that are less readily inhibited by sulfonamides.


May be due to-

- i) Lower affinity for Sulfonamides by dihydropteroate synthase .
- ii) ↓ bacterial permeability or active efflux of the drug.
- iii) Alternate metabolic pathway for synthesis of essential metabolite.
- iv) ↑ production of essential metabolite or drug antagonists.
(↑ production of PABA is not a constant finding in sulfonamide resistant Bacteria & resistant mutants may differ in other way.)



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Pharmacokinetics:

- They are absorbed rapidly from GIT except locally acting sulfonamides .
 - Peak plasma levels are achieved in 2-6 hrs depending on the drug (100-200 μg / ml).
 - Small intestine is the major site of abs. but Some of the drug absorbed through stomach .
 - Absorption from other site e.g.—vagina, respiratory tract or abraded skin is variable & cause toxic reaction in susceptible person .
 - All sulfonamides are bound to plasma protein especially albumin & distributed throughout all tissues of the body .
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- They readily enter pleural , peritoneal synovial,ocular & similar body fluids .
- After systemic absorption of adequate doses , Sulfadiazine & Sulfisoxazole attain concentration in CSF which may be effective in meningeal infection .
- They reach the fetal circulation in placenta in pregnant mothers & can cause toxic as well as antibacterial effect .
- They undergo metabolic alteration in vivo esp. in liver . Major metabolite is N4 - acetylated sulfonamide .
- Excreted from the body partly unchanged & partly as metabolic products .The largest fraction excreted in urine.
- In acidic urine the older Sulfonamides are insoluble & form crystalline deposits that can cause urinary obstruction.
- Small fractions are eliminated in the feces bile , milk etc.

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Pharmacological properties: -

They are classified into four gps on the basis of the rapidity with which they are absorbed & excreted .

<u>CLASS</u>	<u>SULFONAMIDE</u>	<u>SERUM T-½ in Hrs</u>
1. Absorbed & Excreted rapidly	Sulfisoxazole Sulfamethoxazole Sulfadiazine	5-6 11 10
2. Poorly absorbed- Active in bowel lumen	Sulfasalazine	---
3. Topically used	Sulfacetamide Silver sulfadiazine	--- ---
4. Long acting	Sulfadoxine	100 - 230

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1. Agents that are absorbed & excreted rapidly:

e.g. Sulfisoxazole & Sulfadiazine

Sulfisoxazole:

- having excellent AM activity
- high solubility eliminates much of the renal toxicity.
- It is highly protein bound .approx. 95% of a single dose is excreted by the kidney in 24 hrs., conc. in urine thus exceeds than in blood & may be bactericidal .
- $\frac{1}{3}^{\text{rd}}$ of the blood conc. reaches CSF




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Sulfamethoxazole : congenial of sulfisoxazole. Enteric absorption & renal excretion is slower. Given orally & employed for both systemic & urinary tract infections. Precaution must be taken to avoid crystalluria (i.e. take plenty of water). Also marketed in fixed dose combination with Trimethoprim.

Sulfadiazine :

Given orally , absorbed rapidly from GI tract & peak conc. reaches in 3-6 hrs after single dose. Fluid intake is must so that 1200 ml. urine output is maintained (to avoid crystalluria)



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2. Poorly absorbed Sulfonamides :

Sulfasalazine - poorly absorbed from the GI tract therefore used in the therapy of Ulcerative colitis & Regional Ileitis in mild to moderate cases Sulfasalazine is preferred, but if relapses occurs, Corticosteroids are better.

It is broken down by intestinal bacteria into-

Sulfapyridine, an active Sulfonamide + 5-aminosalicylic acid which reaches high levels in feces.

- **5-aminosalicylic acid** is the effective agent in inflammatory bowel disease . Whereas Sulfapyridine is responsible for toxicity e.g. –

Heinz body anemia , acute hemolysis in patients of G6PD deficiency enzyme deficiency--



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(G6PD enzyme is required for regeneration of NADPH &

Which is required for reduction of oxidized glutathione.

Reduced glutathione protects –SH dependent enzyme

& other proteins against oxidation.

- Thus in presence of pro-oxidants (e.g.- Aspirin , Nitrofurantoin, Primaquine, Chloroquine , Quinine , **Sulfonamide**, Vit. K etc.) in a patient with deficiency of G6PD , there is no protection to RBCs & so hemolysis occurs .)
- agranulocytosis & may cause rev. infertility in males .



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3. Sulfonamides For Topical use :

Sulfacetamide – Sodium Salt of drug is extensively employed in ophthalmic infections .

Advantages –High aqueous conc. not irritating to eyes .

- The drug penetrates in high conc. into ocular fluids & tissues .

- Sensitivity reactions are rare.

Silver Sulfadiazine: The comp. is used topically to reduce microbial colonization & the incidence of wounds from burns(one of the agents of choice for the prevention of burn infections) .

other is **Mafenide**.



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4. Long acting Sulfonamides :

e.g. – Sulfadoxine – having long half life \approx 7-9 days .

- It is used in comb. with **Pyrimethamine** (500 mg Sulfadoxine + 25 mg Pyrimeth.) as Fansidar in prophylaxis & Treatment of Malaria caused by resist strains of Plasmodium falciparum.



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Sulfamethoxazole combinations has revived the use of sulfonamides.

1. **Urinary Tract Infections :**

Sulfonamides are no longer a therapeutic choice in UTI. Preferred agents are –Trimethopreme + Sulfamethoxazole , Quinolones , Trimethopreme alone , Fosfomycin , Ampicillin & Cephalosporins. Sulfisoxazole may be used effectively.

2. **Nocardiosis** – good response with Sulfonamides.

e.g.- Sulfisoxazole & Sulfadiazine

Dose – 6 - 8 Gm. / day continued for several months.
Second antibiotic along with sulfonamide is recommended in advanced cases e.g.- Ampicillin & Erythromycin.

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3. **Toxoplasmosis :**

Sulfadiazine(1Gm.) + Pyrimethamine (75 mg loading & 25 mg later on) is given 6 hrly x 3-6 weeks with folic acid 10 mg orally.

4. **Treatment & Propy. of resist. Malaria :**

Sulfadoxine + Pyrimethamine(Fansidar)

5. **Use of Sulf.s for Prophylaxis :**

They are as efficacious as Penicillins in preventing Streptococcal infections & recurrence of Rheumatic fever .

6. **Ophthalmic inf.s :** topical –e.g.- Sulfacetamide.

7. **Infection of Burns :** e.g.- topical Silver sulfadiazine.



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Adverse reactions :

1. Disturbance of urinary tract – risk of **crystalluria** - high with older less soluble Sulfonamides but very less with more soluble agents e.g.- Sulfisoxazole.
 - Fluid intake should be sufficient – daily ensure urine out put of 1200ml.
 - Alkalization of urine is desirable .
2. Disorders of Hematopoietic system :
 - **Acute hemolytic anemia**- sometimes sensitization phenomenon & in others haemolysis due to G6PO4 dehydrogenase deficiency - **Agranulocytosis** – most patient recovered spontaneously with supportive care.
 - **Aplastic anemia** –complete suppression of bone marrow activity with anemia.




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3. **Hypersensitivity reactions : Skin & mucous membrane manifestations-** urticarial rash, pemphigoid, perpurial & petechial rashes , erythema nodosum multiform of Stevenson Jonhson's type, Exfoliative dermatitis & photosensitivity most often occurs after 1st wk. of therapy of granulocytopenia & thrombocytopenia. It can occur with fever , malaise & pruritis.
- Focal or diffuse necrosis of liver, fever, headache, hepatomegaly, jaundice – leading to yellow atrophy of liver & death.

Misce. :

Anorexia , nausea & vomiting -1-2% in new born – free bilirubin can deposit in the basal ganglia & ant thalamic nuclei of the brain causing encephalopathy called Kernicterus . (Sulf.s are not given to pregnant women near term because these drugs pass through placenta & secretes in milk).



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Drug interaction :

with oral anticoagulant , sulfonylurea hypoglycemic agents & hydantoin --

In each case sulfonamides can potentiate the effect of the other drugs by inhibition of metabolism & possibly displacement from serum-albumin binding site.



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TRIMETHOPRIM & SULFAMETHOXAZOLE:

- Constitutes important advancement in the development of clinically effective Anti Microbial agents.
- If the drugs act on sequential steps in the pathway of an obligatory enzymatic reaction in bacteria , the result of their combination will be synergistic . This combination is known popularly as **Cotrimoxazole**.
- Trimethoprim also comes in single entity preparation.

Chemistry :

Trimethoprim is Di-amino pyrimidine.



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Spectrum :

- It is equivalent to Sulfamethoxazole , although Trimethopreme is 20 -100 times more potent. Most G+ve & G-ve micro-org. Are sensitive (resist. occurs when used alone).
- Pseudomonas aeruginosa ,Bact.fragilis & Enterococci are resist.

Efficacy of combination :

- **Additional micro-org. covered by this combination –**
Klebsiella , S. typhi , Serratia , Yersinia enterocolitica , Enterobacter, Brucella abortus, Proteus mirabilis , Pseudomonas , Klebsiella , Brucella abortus, Pneumocystis jiroveci .
- **Many sulfonamide resistant strains of -**
S. pyogenes , Staph. aureus, Shigella, E.coli , H. influenzae, meningococci & gonococci becomes sensitive .

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Max. degree of synergism occurs when micro-org. are sensitive to both component .

Mech. of action :

Sequential block in Folic acid synthesis occurs.

Trimethopreme is selective inhibitor of DHFR enzyme of lower organisms, about 100,000 times more drug is required to ↓ human reductase than bacterial enzyme.

(**Optimal synergy exhibited at a conc. ratio of sulfamethoxazole 20:Trimethoprim 1. This ratio is obtained in the plasma when the two are given in a dose ratio of 5 : 1**).

Bact. Resist. :

It is a rapidly increasing problem but lower than the resistance to either drug alone (due to acquisition of a plasmid that codes for an altered DHFR enzyme).

However, resistant to the combination has been slow to develop compared to either drug alone.



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Absorption ,Distribution &Excretion:

- Constant ratio of 20: 1 in their conc. in blood & tissues is not perfectly matched by the two drugs .The ratio in blood is often greater than 20:1 & that in tissues is frequently less.
- After single oral dose of the comb. prep. Trimethopreme is absorbed more rapidly than Sulfamethoxazole.
- Half life of trimethopreme & sulfmethoxazole is 11 & 10 hrs respectively.

(800 mg. of Sulfamethoxazole + 160 mg. of Trimethopreme is the combination dose).

- The drug readily enters in CSF & sputum. High conc. is also found in bile .
- About 60% of administered Trimethopreme & 25-50% of Sulfamethoxazole are excreteted in urine.



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Uses :

1. UTI (uncomplicated) – more efficacious in chronic & recurrent infection of the UT. small doses / day or usual dose once or twice a week appears to be effective in reducing the no. of recurrent UTI in adult female .

(Enterobacter surrounding the urethral orifice may be eliminated or markedly low in number. Thus diminishing the chance of ascending reinfection .) Also effective in bacterial prostatitis.

2. Respiratory tract infection :

- Effective in acute exacerbation of chronic bronchitis (1 tab BD is sufficient to ↓ sputum , fever & purulence) .
- Effective in acute otitis media in children & acute maxillary sinusitis in adults caused by *H. influenzae* & *S. pneumoniae*.

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3. GIT :

- Alternative to Fluoroquinolones for Shigellosis .
- Second line drug for Typhoid fever (1st line drug is Ceftriaxone or fluroquinolones)
Also effective in carriers of S. typhi.

4. Inf. by Pneumocystis jiroveci :

high dose is effective for this severe infections in patients of AIDS \equiv Pentamidine.

5. Prophylaxis in Neutropenic patients.

6. Miscellaneous :

Nocardia , Brucellosis & Methiciline resistant Strains of S. aureus (MRSA) .

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Adverse Effects : More or less same as Sulfonamides

- Folate deficiency in normal person may produce megaloblastosis, leukopenia or thrombocytopenia.
- 75% of ADRs involves skin exfoliative dermatitis, Stevenson Johnson's syndrome & toxic epidermal necrolysis (Lyell's syndrome).
- GIT-Nausea, vomiting ,diarrhea is rare, glossitis, stomatitis & allergic cholecystitis, hepatitis.
- CNS –headache ,depression & hallucination.
- Hematological – Aplastic ,hemolytic & microcytic anemia, coagulation disorder, granulocytopenia, agranulocytosis & peripura.
- Patients with AIDS have increased chances of hypersensitivity reaction.



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ICLAPRIM (a Trimethoprim analogue with improved activity)

- Recently introduced
 - Given I.V.
 - More effective & better tolerated than Trimethoprim
 - \equiv Linezolid
 - Effective in Pts. Suffering from skin & soft tissue infection caused by MRSA .
 - Highly effective against Vancomycin resist. Staph. Aureus (VRSA)
 - In Streptococcal Pneumonia .(Phase III trials are going on for oral use)
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