**Reflection Assignment 1**

**Answer all the following questions:**

1. Identify one ideology that you consider a core value to your identity, then describe the factors of socialization in your life that shaped it.
2. Give an example of how any ideologies are present in your program/field of study.
3. Is there an alignment between the ideology that is core to you, and the dominant ideologies within your field of study? Do you feel that your field encourages or discourages differing beliefs and values?

**Formats:**

* You can submit this reflection as a written, **one-page document which** **does not exceed 500 words – following APA formatting (template under Assignment Resources)**
* You can record your reflection and upload the audio file. **It should be 3 to 5 minutes long.** **Do not exceed 5 minutes.**
* You can answer the questions in a graphic or artistic representation, as long as the images are accompanied by written or recorded explanations that address the criteria of the rubric. **The design should fit on one page, and** **recorded explanations should not exceed 2 minutes in total.**

**How to get the best possible mark:**

* 1. Define/explain ALL key terms 🡪 show me you understand the course concepts.
  2. Explain what it means to you 🡪 reflect to apply the concepts.
  3. Possible format to claim, evidence, analysis. 🡪 Analyze to connect the concept and examples together.
  4. Note: Critique is worth the most points. Analysis should be thorough and in-depth

**More Tips:**

* **Tasks:** You are being asked to do 4 things: identify, describe, recount and critique. The most important element is the critique, which will indicate that you understand how your identity and ideologies (beliefs and values) are the product of socialization and are likely to evolve over time.
* **Content:** Your answers to these questions need to use the concepts and terminology from the lessons and the OER textbook
* **Considerations:** does knowing that our ideologies are shaped by forces outside of ourselves—forces we may not be consciously aware of—change your outlook on that decision/action you will recount?
* **Reminders:** ideological beliefs also include the dominant narratives about the world that influence you whether you agree with them, or not, like the messages you see in the media. Combined with the influence of your family, culture, education, etc., there are many ways that our identity and ideologies are socially constructed.