## Secrets

A Kubernetes Secret is sensitive information – login usernames and passwords, tokens, keys, etc – that is used within a Kubernetes environment.

The primary purpose of Secrets is to reduce the risk of exposing sensitive data while deploying applications on Kubernetes.

Secrets have a **size limit of 1 MB**. When it comes to **implementation**, you can either **mount Secrets as volumes or expose them as environment variables** inside the Pod manifest files.

