

# List 12

“真正努力过才能发现自己的潜能有多大。不要给自己犹豫后退的借口，让小宇宙爆发吧！”  
——刘琮，2009年6月 Verbal 720, Quantitative 800

## Unit 1

**HARSH**  
**HAVEN**

**HASTEN**  
**HAVOC**

**HASTY**  
**HEADLONG**

**HAUNT**  
**HEARKEN**

**HAUTEUR**  
**HEARTEN**

**harsh** [hɑːʃ]

【考法1】adj. 粗糙的，不具有美感的：unpleasantly **coarse** and **rough** to the touch, **disagreeable** to one's aesthetic or artistic **sense**

【例】the harsh lighting in the cafeteria makes the food look slightly off-color 咖啡厅劣质刺眼的灯光让食物看起来卖相不佳

【近】grating, grotesque, jarring, unaesthetic

【反】soft, aesthetic 柔和的，有美感的

【考法2】adj. 严厉的：unduly **exacting**, given to exacting standards of discipline and self-restraint

【例】a harsh judge when it comes to drug users and especially drug dealers 对于瘾君子特别是毒贩处罚格外严厉的法官

【近】afflicting, agonizing, cruel, excruciating, galling, grievous, harrowing

【反】clement, forbearing, gentle, indulgent, lax, lenient, tolerant 温和的，宽松的

**hasten** ['heɪsən]

【考法1】vt. 促进：to **speed up**; **accelerate**

【例】The man's death was hastened by alcohol abuse. 酗酒加速了老人的死亡。

【近】accelerate, bundle, fast-track, rush, speed up

【反】slow the progress of, check, retard, brake, decelerate, retard, slow down 阻碍，放慢

**hasty** ['heɪstɪ]

【考法1】adj. 轻率的：fast and typically **superficial**; acting or done with **excessive or careless speed**

【例】a hasty decision 轻率的决定

【近】cursory, headlong, precipitate, rash, rushed, pell-mell

【反】deliberate, well considered, unhurried, unrushed 深思熟虑的，不慌不忙的

**haunt** [hɔːnt]

【考法1】vt. 常去拜访：to visit often; **frequent**

【例】haunt the movie theater 常去影院

【近】affect, habituate, visit, hang at, resort to

【反】avoid, shun 避开

【考法2】vt. 不断地想起，萦绕心头：to come to mind continually; **obsess**

【例】 a riddle that haunted me all morning 整个早上萦绕在我心头的谜

**hauteur** [əu'tɜ:]

【考法 1】 n. 傲慢，自大: haughtiness in bearing and attitude; **arrogance**

【例】 he looked at her with the hauteur of someone who is accustomed to being instantly obeyed 他看着她，带着向来被顺从惯了的傲慢。

【近】 bumptiousness, imperiousness, peremptoriness, pomposity, presumptuousness, pretentiousness, superciliousness, superiority

【反】 humility, humbleness, modesty, unassumingness, unpretentiousness 谦虚

**haven** ['heɪvn]

【考法 1】 n. 安全的地方: a **place of safety**

【例】 a haven for artists 艺术家们的圣地

【近】 asylum, harbor, refuge, retreat, sanctuary

【反】 unsafe place, dangerous place 不安全的地方

**havoc** ['hævək]

【考法 1】 n. 大混乱: a state in which everything is **out of order**

【例】 the blackout caused havoc in the city 断电造成了城市一片混乱

【近】 disarrangement, disarray, dishevelment, muddle, muss, tumble, welter

【反】 order, orderliness 有序

【考法 2】 n. 大范围破坏: the state or fact of being rendered **nonexistent**, physically **unsound**, or **useless**

【例】 the powerful hurricane wreaked havoc all along the coast 威力巨大的飓风摧毁着沿岸的一切

【近】 annihilation, decimation, demolition, desolation, devastation, extermination, extinction, obliteration, ruin, wreckage

【反】 building, construction, erection, raising 建设

**headlong** ['hedlɒŋ]

【考法 1】 adj. 鲁莽的: **without deliberation**

【例】 terrified forest creatures in a headlong retreat from the rapidly spreading fire 受惊的动物们惊慌失措地从不断蔓延的森林大火中逃离出来

【近】 cursory, overhasty, precipitate, precipitous, rash, pell-mell, helter-skelter

【反】 deliberate, unhurried, unrushed 深思熟虑的

**hearken** ['hɑ:kən]

【考法 1】 vi. 倾听，关注: to give respectful **attention**

【近】 attend, harken, heed, mind

【反】 ignore 不理睬

**hearten** [hɑ:tən]

【考法 1】 vt. 给予鼓励，鼓舞: to **give strength, courage**, or hope to; **encourage**

【例】 thinking we were hopelessly lost, we were heartened by the sight of a familiar farmhouse 悲催地以为我们完全迷路了，前方一座熟悉的农场给了我们新的希望

【近】 embolden, inspire, inspirit, buck up, buoy up, cheer up

【反】 daunt, dismay, discourage, dishearten, dispirit 使胆怯

## Unit 2

HEARTRENDING

HEDONISM

HEGEMONY

HEINOUS

HEW

HERALD

HERESY

HERETICAL

HERMETIC

HESITANCE

**heartrending** ['hɑ:trendɪŋ]

【考法 1】adj. 令人心碎的: causing intense sorrow or distress

【例】a heartrending choice between saving his mother or his wife 先救老妈还是先救老婆的纠结选择

**hedonism** [hi:'dɒnɪk]

【考法 1】n. 享乐主义: the doctrine that pleasure or happiness is the sole or chief good in life

【例】their spring break trip to Mexico became an exercise in heedless hedonism 他们春季的墨西哥之行成为了一次未加注意的享乐之旅

【近】carnality, debauchery, sybaritism, voluptuousness

【反】abstinence, asceticism, sobriety, temperance 禁欲, 节制

**hegemony** [hi:'geməni]

【考法 1】n. 霸权, 统治权: preponderant influence or authority over others

【例】battled for hegemony in Asia 争夺在亚洲地区的霸权地位

【近】ascendancy, dominance, dominion, predominance, preeminence

【反】lack of authority 缺少权利

**heinous** ['heɪnəs]

【考法 1】adj. 可憎的, 十恶不赦的: hatefully or shockingly evil, abominable

【例】a heinous crime 十恶不赦的罪行

【反】commendable 值得赞美的

**hew** [hju:]

【考法 1】vi. 遵守: confirm, adhere, to hold to something firmly as if by adhesion

【例】hew to tradition 遵守传统

【近】adhere, cling, conform

【考法 2】v. 支持: to give steadfast support to

【例】no longer was able to hew to the party line and so he switched political parties 不再赞同该党的纲领, 他投奔了另一个党

【近】cling to, keep to, stand by, stick to

【反】defect from 脱离, 叛变

**herald** ['herəld]

【考法 1】vt. 告知: to make known openly or publicly

【例】herald the great tidings to all the world 将重大消息告知全世界

【近】annunciate, broadcast, declare, enunciate, proclaim, promulgate