

【例】reach the end of my forbearance 到了让我忍无可忍的地步

【近】patience, temperance, tolerance, toleration

【反】impatience 不耐烦

【考法 2】n. 友好仁慈的态度: **kind, gentle, or compassionate treatment** especially towards someone who is undeserving of it

【例】The judge showed forbearance, and gave the teenaged first offender a suspended sentence. 法官网开一面, 给了初犯的少年犯一个缓刑

【近】charity, clemency, leniency, mercifulness, quarter

【反】vindictiveness 恶意

forebear ['fɔ:beə]

【考法 1】n. 祖先: a person from whom one is descended; **an ancestor**

【例】The son of Abraham is traditionally considered to be the forebear of the Arabs. 亚伯拉罕之子传统上被认为是阿拉伯人的祖先

【近】ancestor, antecedent, asendant, father, grandfather, primogenitor, progenitor

【反】descendant, offspring 后代

forestall [fɔ:'stɔ:l]

【考法 1】vt. 预先阻止: to delay, hinder, or **prevent** by taking precautionary measures **beforehand**

【例】You can often forestall skidding on the ice simply by driving more slowly. 通常你只需慢点开车就可以防止车辆在冰面上失控打滑

【近】avert, deter, obviate, preclude, prevent

【反】abet, assist, facilitate, further, precipitate, promote 帮助, 促进

foreword ['fɔ:wɜ:d]

【考法 1】n. 前言: a **preface** or an introductory note, as for a book, especially by a person other than the author

【例】The foreword of this book is co-written by Jason and Franklin. 这本书的序由 Jason 和 Franklin 共同写成

【近】beginning, introduction, overture, preamble, preface, prelude, prologue

【反】epilogue, coda 尾声; finale 终场

Unit 8

FORGE
FOUNDER

FORMIDABLE
FRACAS

FORTHRIGHT
FRACTURE

FORTIFY
FRAGILE

FOSTER
FRAIL

forge [fɔ:dʒ]

【考法 1】v. 伪造: to make or **imitate falsely** especially with intent to defraud

【例】The boy forged his father's signature on his transcript. 小男孩在他的成绩单上伪造了父亲的签名

【近】coin, counterfeit, fabricate, fake

【考法 2】v. 锻造, 铸就: to **form** (as metal) by or as if by heating and hammering

【例】a real man forged by adversity 一个经磨难考验而成的纯爷们 || They agreed to forge closer economic

and political ties. 他们就打造双边的紧密政治经济联系达成了共识

【近】build, construct, form, make, manufacture, mold, shape

【派】forger n. 打铁匠

formidable ['fɔ:mɪdəbəl]

【考法 1】adj. 令人害怕的: **causing fear**, dread, or apprehension

【例】a nation that possesses formidable nuclear deterrence 一个拥有可怕核威慑力量的国家

【近】direful, dreadful, fearsome, forbidding, ghastly, horrible, intimidating, redoubtable, terrifying

【反】comforting 给人安慰的

【考法 2】adj. 艰难的: **requiring** considerable physical or mental **effort**

【例】running a marathon is a formidable undertaking 跑马拉松是个困难的任务 || They have recently made a formidable decision. 他们最近做出了一个艰难的决定

【近】arduous, challenging, demanding, exacting, grueling, heavy, laborious, sweaty, toilsome, tough, strenuous

【反】easy, effortless, facile, mindless, simple 轻松的, 简单的

forthright ['fɔ:θraɪt]

【考法 1】adj. 直率的, 说话率真的: **free in expressing** one's true feelings and **opinions**

【例】her forthright way of dealing with people 她率真的为人处事方式

【近】candid, forthcoming, frank, honest, open, outspoken, straightforward

【反】dissembling 虚伪的

【考法 2】adj. 直接的, 不绕弯子的: free from ambiguity or evasiveness: **going straight to the point**

【例】was forthright in appraising the problem 直截了当地评价这个问题

【近】direct, plain, straight

【反】circuitous, indirect, roundabout 不直接的, 绕弯子的

fortify ['fɔ:tɪfaɪ]

【考法 1】vt. 加固, 鼓励: to **give physical strength**, courage, or endurance to

【例】This country will fortify the coastal areas. 这个国家要加强沿海地区的防御

【近】energize, harden, invigorate, reinforce, strengthen, toughen

【反】debilitate, enervate, enfeeble, vitiate, weaken 使衰弱, 削弱

【考法 2】vt. 做好心理准备: to **prepare** (oneself) **mentally** or emotionally

【例】She fortified herself for the incoming tennis tournament with a series of confidence-boosting exercises.

她通过一系列练习赛来找自信, 为即将到来的网球锦标赛做好心理准备

【近】brace, forearm, gird, nerve, poise, ready, steel

foster ['fɔ:rstər]

【考法 1】vt. 促进, 鼓励: to **help the growth** or development of

【例】detect and foster artistic talent 发现并培养艺术天分

【近】advance, encourage, forward, further, incubate, promote

【反】discourage, frustrate, inhibit 阻碍, 妨碍

【考法 2】vt. 培养: to **bring to maturity** through care and education

【例】a greathearted couple fostering two adopted children as well as their own 对两个养子像自己的孩子一样培养的好心夫妇

【近】breed, cultivate, nourish, nurse, nurture, raise, rear

founder ['faʊndə]

【考法 1】 n. 建立者: **one** that founds or **establishes**

【例】 founders of the nation 国父们

【近】 architect, author, creator, father, generator, initiator, originator, sire

【反】 terminator 终结者

【考法 2】 vi. 完败: to **fail utterly**

【例】 The theater company **founded** after its corporate funding dried up. 在其基金告罄之后, 这个戏剧公司彻底失败了

【近】 collapse, flunk, miss, strike out, wash out

【反】 succeed, work out 成功

【考法 3】 vi. 沉没: to **become submerged**

【例】 The ship struck a reef and **founded**. 船因触礁而沉没

【近】 sink, submerge, submerse, go down

【反】 float 漂浮

fracas ['frækɑ:]

【考法 1】 n. 争吵, 吵闹: a **physical dispute** between opposing individuals or groups; a rough and often **noisy fight** usually involving several people

【例】 The police were called in to break up the **fracas**. 警察奉命去制止骚乱

【近】 battle, clash, combat, conflict, contest, hassle, skirmish, struggle, tussle

fracture ['fræktʃə]

【考法 1】 n. 破裂: the act or process of **breaking**

【例】 a sudden **fracture** of the established order 已建立起的秩序被突然打破

【近】 breach, break, rupture, schism, split

【反】 unity 统一

【考法 2】 v. 打碎, 破坏: to cause to **separate into pieces** usually suddenly or forcibly

【例】 Their happiness was **fractured** by an unforeseen tragedy. 他们的幸福生活被突如其来的悲剧打破了

【近】 disrupt, fragment, rive

【反】 cement 接合

fragile ['frædʒl]

【考法 1】 adj. 易碎的: easily **broken** or destroyed

【例】 a **fragile** piece of glass 一块易碎的玻璃

【近】 breakable, feeble, frail, friable, frangible, infirm, unsound, weak

【反】 tough, durable 抗打击的

【考法 2】 adj. 易受伤的, 脆弱的: **easily injured** without careful handling

【例】 Babies are extremely **fragile**, so remember to care for them gently. 小孩子特别容易受伤, 所以要记得温柔地对待他们

【近】 delicate, sensitive

【派】 fragility n. 脆弱

frail [freil]

【考法 1】 adj. 虚弱的: physically **weak**

【例】 Working for three days without any sleep made him extremely **frail**. 连续三天的彻夜工作使他极为虚弱

【近】 weak, effete, enervated, feeble, fragile, infirm, languid, unsubstantial

【反】 robust 充满活力的

hale, sturdy 健壮的

【考法 2】adj. (意志) 薄弱的: easily led astray; morally **weak**

【例】frail and pathetic humanity 容易误入歧途的可悲人性

【近】characterless, invertebrate, nerveless, spineless

【反】faithful, resolute 意志坚定的, 有坚定信念的

【考法 3】adj. (希望) 渺茫的: **slight**, unsubstantial

【例】a frail hope of success 成功的机会渺茫

【近】fragile, negligible, slight, small

【反】good 很有希望的

【派】frailty n. 虚弱, (意志) 脆弱

Unit 9

FRAUDULENT
FRIABLE

FRAUGHT
FRICTION

FRENZY
FRIGID

FREQUENT
FRINGE

FRETFUL
FRIVOLOUS

fraudulent ['frɒdjʊlənt]

【考法 1】adj. 欺诈的: characterized by, based on, or done by **fraud**

【例】a fraudulent interpretation of experimental data 对实验数据的欺骗性解释

【近】deceitful, deceptive, dishonest, duplicitous, guileful, underhanded

【反】reliable, trustworthy 可信的; authentic 真实的; honest, straight 诚实的

【派】fraudulence n. 欺骗

fraught [frɔ:t]

【考法 1】adj. 充满的: **full** of or accompanied by something

【例】an experience fraught with peril 充满危险的经历

【近】abounding, abundant, awash, flush, replete, thronging

【反】scarce 稀缺的

【考法 2】adj. 令人忧虑的: causing or characterized by **emotional distress** or tension

【例】a fraught relationship between the two neighboring countries 两邻国间令人担忧的关系

【近】uneasy, agitating, anxious, distressful, disturbing, restless, tense, unsettling, nail-biting

【反】calming, relaxing 使人镇静的, 使人放松的

frenzy ['frenzi]

【考法 1】n. 疯狂, 狂怒: a violent **mental** or emotional **agitation**

【例】She is subject to these frenzies several times a year. 她每年都要暴怒几次

【近】delirium, fever, furor, fury, hysteria, insanity, rage, rampage, uproar

【反】sanity 理智

【派】frenetic adj. 疯狂的

frequent ['fri:kwənt]