

hammer ['hæmə]

【考法 1】 v. 屡次重申: to make **repeated** efforts especially :to reiterate an opinion or attitude.

【例】 the lectures all hammered away at the same points 整场讲座都是在阐述相同论点 || hammered the information into the students' heads 把这条信息反复向学生们强调

hamper ['hæmpə]

【考法 1】 vt. 阻碍: to **restrict the movement** of by bonds or obstacles: **impede**

【例】 Construction is hampering traffic on the highway. 高速路上的建设阻碍了正常交通。

【近】 cramp, encumber, fetter, handicap, hinder, impede, stymie, trammel

【反】 facilitate, aid, assist, facilitate, help 促进

hamstring ['hæmstrɪŋ]

【考法 1】 vt. 使无效, 使无力: to make **ineffective** or powerless

【例】 the downtown development committee claims that it's hamstringed by city ordinances 城镇发展委员会声称它受到了城市法令的阻碍

【近】 cripple, immobilize, incapacitate, prostrate

hangdog ['hæŋdɒg]

【考法 1】 adj. 伤心的, 沮丧的: **sad, dejected**

【例】 She came home with a hangdog expression on her face. 她一脸沮丧地回到了家。

【近】 crestfallen, dejected, despondent, disconsolate, doleful, melancholy, sorrowful

【反】 buoyant, elated, sprightly, blissful, delighted, joyous, jubilant, upbeat 热情高涨的

hanker ['hæŋkərɪŋ]

【考法 1】 v./n. 向往, 渴望: to have a strong or persistent **desire**: **yearn**

【例】 hankering for adventure 渴望冒险

【近】 appetite, craving, hunger, itch, longing, lust, passion, thirst, yearning

【反】 odium, lack of desire 讨厌

haphazard [hæp'hæzəd]

【考法 1】 adj. 无秩序的, 无目标的: marked by **lack of plan, order, or direction**

【例】 We were given a haphazard tour of the city. 我们进行了一次城市漫游。

【近】 aimless, arbitrary, desultory, erratic, scattered, stray

【反】 methodical, systematic, nonrandom, orderly, organized, regular 系统的

Unit 10

HARANGUE
HARDY

HARASS
HARMONIOUS

HARBINGER
HARNESS

HARBOR
HARROW

HARD-BITTEN
HARRY

harangue [hə'reɪŋ]

【考法 1】 v. 发表长篇大论: a **long pompous speech**, especially one delivered before a gathering

【例】 She harangued us for hours about the evils of popular culture. 她向我们絮叨了好几个小时, 批判流行文化的堕落。

【近】 diatribe, harangue, jeremiad, philippic, rant

【反】 speak temperately 有节制地说话

harass ['hærəs]

【考法 1】 v. 烦扰: to **irritate** or torment **persistently**

【例】 The troops harassed the defeated army throughout its retreat. 战胜的队伍在撤退过程中还不忘突袭一下败北的队伍。

【考法 2】 v. 耗尽体力: to **use up** all the physical energy of

【例】 had been visibly harassed by the demands of the presidency 总统被事务缠身, 筋疲力尽

【近】 drain, fag, fatigue, outwear, tire, tucker out, wear out, knock out, burn out,

harbinger ['hɑ:bɪndʒə]

【考法 1】 n. 预言者: one that **presages** or foreshadows what is to come

【例】 The October air stung my cheeks, a harbinger of winter. 十月的寒风凛冽地吹在脸上, 这是冬天的预兆。

【近】 foregoer, herald, outrider, precursor

harbor ['hɑ:bə]

【考法 1】 vt. 提供住处, 隐匿: to **provide** a place, home, or **habitat** for

【例】 harbor a fugitive 隐匿逃亡者

【近】 accommodate, bestow, board, camp, chamber, domicile, lodge, quarter, take in, put up

【反】 evict 赶出

【考法 2】 v. 认为, 牢记: to **keep in one's mind** or heart

【例】 he had long harbored a grudge against his old employer, who had fired him without cause 他对他的前老板一直耿耿于怀, 无缘无故炒了他

【近】 bear, cherish, entertain, hold, nurse

hard-bitten [hɑ:d-'bitn]

【考法 1】 adj. 顽强的, 经受得住困境、压力的: **able to withstand** hardship, strain, or exposure

【例】 hard-bitten Chinese people could endure both the scorching heat and the freezing cold 坚强勇敢的中国人民既能受得住酷暑, 又能受得住严寒

【近】 hardened, sturdy, tough, cast-iron, inured, rugged, stout, vigorous, hardy

【反】 delicate, nonhardy, soft, tender, weak 柔弱的

hardy ['hɑ:di]

【考法 1】 adj. 顽强的: **able to withstand** hardship, strain, or exposure

【例】 chrysanthemums are hardy enough to survive a light frost 菊花能够经受霜打

【近】 hardened, sturdy, tough, cast-iron, inured, rugged, stout, vigorous, hard-bitten

【反】 delicate, nonhardy, soft, tender, weak 柔弱的

【考法 2】 adj. 愿意冒险的: inclined or **willing to take risks**

【例】 hardy souls who pioneered new paths into outer space 那些愿意冒险探索外太空的先驱们

【近】 adventurous, audacious, daring, dashing, emboldened, enterprising, gutsy, venturesome

【反】 unadventurous, unenterprising 没有冒险精神的

harmonious [hɑ:məʊniəs]

【考法 1】adj. 和谐一致的: having the parts **agreeably related**

【例】a harmonious arrangement of archways and doorways in the palace courtyard 宫殿的庭院，拱门和门廊排列有序协调

【近】balanced, congruous, consonant, eurythmic, harmonic, accordant, coherent, compatible, concordant, conformable, congruent, consonant, correspondent, nonconflicting

【反】disharmonic, disharmonious, incongruous, unbalanced 不协调的; conflicting, incompatible, incongruous, inconsistent 冲突的

harness ['hɑ:nɪs]

【考法 1】vt. 利用: **utilize**

【例】harness the sun's rays as a source of energy 利用阳光作为一种能源

【近】apply, employ, exercise, exploit, operate, utilize

【反】fail to utilize 没能够利用

harrow ['hærəʊ]

【考法 1】vt. 折磨，使苦恼: to inflict great **distress** or **torment** on

【例】the villagers were gaunt and sickly, harrowed by years of disease and starvation 村民们枯瘦如柴，体弱多病，都是被多年的疾病和饥饿折磨的

【近】agonize, beset, besiege, torment, torture, excruciate, plague

【反】assuage 减轻苦恼

harry ['hæri]

【考法 1】v. 不断烦扰，骚扰: to disturb or **distress** by or as if by repeated attacks; **harass**

【反】comfort, mollify 安慰