

【近】 butterflies, dither, jimjams, nerves, shakes, shivers, willies

【反】 aplomb, calm, composure, equanimity, imperturbability, self-possession, tranquility 镇定，冷静

**jocular** ['dʒɔkjələ]

【考法 1】 adj. 搞笑的，欢乐的: characterized by **joking, playful**

【例】 a jocular man who could make the most serious people laugh 这个搞笑的人可以使得最严肃的人都开怀大笑

【近】 blithesome, festive, gleeful, jocund, jovial, mirthful

【反】 lachrymose, saturnine 悲哀的; dour, dreary, morose, serious 阴郁的

**jocund** ['dʒɔkənd]

【考法 1】 adj. 欢快的，高兴的: **sprightly** and **lighthearted** in disposition, character, or quality

【例】 old friends engaged in jocund teasing 老朋友相见，互相打趣调侃

【近】 blithesome, jocose, jocular, jolly, jovial, mirthful, sunny

【反】 lachrymose, saturnine 悲哀的; dour, dreary, morose, serious 阴郁的

**jog** [dʒɔg]

【考法 1】 n. 慢跑: a **movement**, pace, or instance of jogging (as for **exercise**)

【考法 2】 vi. 唤起: to **rouse** or stimulate

【例】 an old photo that might jog your memory 一张也许会唤起你回忆的老照片

【近】 arouse, excite, incite, instigate, pique, remind, stimulate, stir

【反】 allay, alleviate, assuage, ease, mitigate, mollify, palliate, relieve, soothe 缓和

## Unit 6

**JOLT**

**JUGGERNAUT**

**JOT**

**KEN**

**JOVIAL**

**KIDNAP**

**JUBILANT**

**KINDLE**

**JUDICIOUS**

**KINDRED**

**jolt** [dʒəʊlt]

【考法 1】 vi. 突然移动: to **move** or dislodge with a **sudden**, hard blow

【考法 2】 v. 惊吓: to cause an **unpleasant surprise** for

【例】 The sneak terrorist attack jolted the country out of its indolence and indifference. 偷偷摸摸的恐怖分子将该国从懒惰和冷漠无情中惊醒

【近】 appall, floor, shake up

**jot** [dʒɒt]

【考法 1】 vt. 简要记录: to **write briefly** or hurriedly

【例】 jot down an address 简要地记下地址

【近】 log, mark, put down, register, report, set down, take down, write down

**jovial** ['dʒəʊvjəl]

【考法 1】 adj. 愉快的: markedly **good-humored** especially as evidenced by **jollity** and **conviviality**

【例】 a jovial host 快活的主人

【近】 blithesome, festive, gay, gleeful, jocular, jocund, jolly, mirthful

【反】 lachrymose, saturnine 悲哀的; dour, dreary, morose, serious 阴郁的

**jubilant** ['dʒu:bɪlənt]

【考法 1】 adj. 喜悦的: exultingly **joyful**

【例】 The nominee delivered a jubilant speech before the cheering crowd. 在欢呼的人群面前, 被提名人发表了充满喜悦的演说

【近】 exulting, glorying, rejoicing, triumphant

【反】 lachrymose, saturnine 悲哀的; dour, dreary, morose, serious 阴郁的

**judicious** [dʒu(:)'dɪʃəs]

【考法 1】 adj. 明智的, 慎重的: having or exhibiting sound **judgment**; **prudent**

【例】 a judicious choice 明智的抉择

【近】 intelligent, judgmatic, prudent, tactical, wise

【反】 daft, imprudent, inadvisable, inexpedient, indiscrete, impolitic, unwise 愚蠢的, 轻率的

**juggernaut** ['dʒʌgənɔ:t]

【考法 1】 n. 无法阻挡的力量, 摧毁一切的强大力量: an **overwhelming**, advancing **force** that crushes everything in its path

【例】 the juggernaut of industrialization 工业化无法阻挡的力量

【近】 steamroller

**ken** [ken]

【考法 1】 n. 视野范围: the range of **vision**

【例】 abstract words that are beyond the ken of children 那些孩子们不能理解的抽象字词

【近】 sight

【考法 2】 vt. 知道、了解(人或物): to **know** (a person or thing)

【近】 appreciate, apprehend, cognize, comprehend, grasp, perceive, savvy, understand

【反】 misapprehend, misconceive, misinterpret, misperceive, misunderstand 错误地理解

**kidnap** ['kɪdnæp]

【考法 1】 vt. 绑架勒索: to seize and **detain** by **unlawful force** or fraud and often with a demand for ransom

【例】 the child was kidnapped and held for ransom 歹徒绑架了孩子, 并且向家属勒索赎金

【近】 abduct

【反】 release, set free 释放

**kindle** [kɪndl]

【考法 1】 vt. 点燃: to build or fuel (a fire); to **set fire** to; **ignite**

【例】 kindle interest 激发兴趣

【近】 enkindle, ignite, inflame, torch

【反】 douse, extinguish, quench, put out, snuff out 熄灭

**kindred** ['kɪndrɪd]

【考法 1】 adj. 类似的; 具有相似或相近的起源, 本性或性质的: having a **similar** or related **origin**, nature, or character

【例】 finally found people who were kindred spirits when she joined the hiking club 她加入登山俱乐部的时候

终于发现了志向相同的人

【近】agreeable, amicable, compatible, congenial, frictionless, unanimous, united

【反】disagreeable, discordant, disharmonious, disunited, incompatible, inharmonious, uncongenial 不一致  
不和谐的

## Unit 7

**KNACK**  
**LABILE**

**KNEAD**  
**LABORIOUS**

**KNIT**  
**LABYRINTH**

**KNOTTY**  
**LACERATE**

**KUDOS**  
**LACKLUSTER**

**knack** [næk]

【考法 1】n. 诀窍，聪明的做法：a **clever** trick or stratagem; a clever way of doing something

【例】She's tried every knack in Cupid's book to get her guy to marry her. 她试过了所有爱情三十六计，希望那男人娶她

【近】artifice, device, gambit, ploy, scheme, sleight, stratagem

【反】foolishness 愚蠢

**knead** [ni:d]

【考法 1】vt. 揉捏，塑造：to make or **shape** by or as if **by folding**, pressing, and stretching with the hands

【例】knead dough 揉面团 || kneading a painful calf muscle 给疼痛的小腿肌肉按摩

【近】massage, manipulate, mould, squeeze, stroke

**knit** [nit]

【考法 1】vt. 编织（纱线）：to form by **interlacing yarn** or thread in a series of connected loops **with needles**

【例】She knitted him a sweater for Christmas. 圣诞节她为他缝了一件毛衣

【近】braid, plait, weave

【反】ravel 解开

【考法 2】vt. 连接，联系：to **join closely**; unite securely

【例】Sport knits the whole family close together. 体育将整个家庭紧紧地联系在一起

【近】bind, bond, combine, connect, fasten, join, link, meld, merge, tie, secure, unite

【反】disassociate, disconnect, disjoin, divide, sever, split, sunder 分开

**knotty** ['noti]

【考法 1】adj. 多结的，复杂的，困难的：marked by or full of knots especially: so **full of difficulties** and **complications** as to be likely to defy solution

【例】The candidates cautiously gave their views on an array of knotty issues. 候选人就一系列的困难问题谨慎地给出了自己的看法

【近】baroque, byzantine, complicated, convoluted, intricate, involved, labyrinthine, sophisticated, tangled

【反】easy, effortless, plain, simple 容易的，明显的

**kudos** ['ku:dɒs]

【考法 1】n. 名望，名声： **fame** and renown resulting from an act or achievement