



## **Terms & Conditions & Consent Agreement**

Welcome to the “Mindful Path” (NLP + Yoga + Meditation). By accessing or using this App, you agree to the following Terms & Conditions. Please read them carefully.

### **1. Purpose of the App**

The App provides mindfulness, yoga, meditation, and NLP-based tools to support personal growth and wellness. It is intended for informational and wellness purposes only and should not be considered medical or therapeutic advice.

### **2. Consent to Participate**

By using the App, you acknowledge and agree that:

- You are voluntarily participating in yoga, meditation, and NLP exercises.
- You are physically and mentally fit to engage in such practices.
- You take full responsibility for your participation and well-being.

### **3. Health Disclaimer**

- This App does not provide medical, therapeutic, or psychological treatment.
- Always consult with a qualified healthcare professional before beginning any wellness, fitness, or meditation routine.
- The App and its creators are not liable for any injuries, stress, or adverse outcomes resulting from use.

### **4. Privacy & Data Protection**

- We respect your privacy. Your personal and usage data will only be used to improve the app experience.
- We do not sell or share your data with third parties without your explicit consent.
- For more information, please review our Privacy Policy (separate document or section).



## **5. Intellectual Property**

- All content, features, designs, text, graphics, audio, and video provided in the App are the intellectual property of the App creators.
- You may use the App for personal, non-commercial purposes only.
- You may not reproduce, distribute, or modify any content without written permission.

## **6. Acceptable Use**

You agree not to:

- Misuse the App for unlawful or harmful purposes.
- Attempt to hack, disrupt, or copy the App's content.
- Upload or share inappropriate, offensive, or misleading content.

## **7. Termination of Use**

- We reserve the right to suspend or terminate your access if you violate these Terms & Conditions.
- You may stop using the App at any time by discontinuing access.

## **8. Limitation of Liability**

- The App is provided on an “as is” basis, without warranties of any kind.
- We are not responsible for any indirect, incidental, or consequential damages arising from your use of the App.

## **9. Governing Law**

- These Terms & Conditions shall be governed by and construed in accordance with the laws of [insert jurisdiction, e.g., United Kingdom / India / EU depending on where the company is registered].
- Any disputes will be subject to the exclusive jurisdiction of the courts of that jurisdiction.



## **10. Changes to Terms**

- We may update these Terms & Conditions from time to time.
- Continued use of the App after changes means you accept the updated Terms.

## **11. Agreement**

By clicking “I Agree”, you confirm that:

- You have read and understood this Terms & Conditions & Consent Agreement.
- You agree to use the App responsibly and at your own risk.

[ I Agree & Continue]

[ Decline & Exit ]