



Terms & Conditions & Consent Agreement

Welcome to the “Mindful Path” (NLP + Yoga + Meditation). By accessing or using this App, you agree to the following Terms & Conditions. Please read them carefully.

1. Purpose of the App

The App provides mindfulness, yoga, meditation, and NLP-based tools to support personal growth and wellness. It is intended for informational and wellness purposes only and should not be considered medical or therapeutic advice.

2. Consent to Participate

By using the App, you acknowledge and agree that:

- You are voluntarily participating in yoga, meditation, and NLP exercises.
- You are physically and mentally fit to engage in such practices.
- You take full responsibility for your participation and well-being.

3. Health Disclaimer

- This App does not provide medical, therapeutic, or psychological treatment.
- Always consult with a qualified healthcare professional before beginning any wellness, fitness, or meditation routine.
- The App and its creators are not liable for any injuries, stress, or adverse outcomes resulting from use.

4. Privacy & Data Protection

- We respect your privacy. Your personal and usage data will only be used to improve the app experience.
- We do not sell or share your data with third parties without your explicit consent.
- For more information, please review our Privacy Policy (separate document or section).



5. Intellectual Property

- All content, features, designs, text, graphics, audio, and video provided in the App are the intellectual property of the App creators.
- You may use the App for personal, non-commercial purposes only.
- You may not reproduce, distribute, or modify any content without written permission.

6. Acceptable Use

You agree not to:

- Misuse the App for unlawful or harmful purposes.
- Attempt to hack, disrupt, or copy the App's content.
- Upload or share inappropriate, offensive, or misleading content.

7. Termination of Use

- We reserve the right to suspend or terminate your access if you violate these Terms & Conditions.
- You may stop using the App at any time by discontinuing access.

8. Limitation of Liability

- The App is provided on an “as is” basis, without warranties of any kind.
- We are not responsible for any indirect, incidental, or consequential damages arising from your use of the App.

9. Governing Law

- These Terms & Conditions shall be governed by and construed in accordance with the laws of [insert jurisdiction, e.g., United Kingdom / India / EU depending on where the company is registered].
- Any disputes will be subject to the exclusive jurisdiction of the courts of that jurisdiction.



10. Changes to Terms

- We may update these Terms & Conditions from time to time.
- Continued use of the App after changes means you accept the updated Terms.

11. Agreement

By clicking "I Agree", you confirm that:

- You have read and understood this Terms & Conditions & Consent Agreement.
- You agree to use the App responsibly and at your own risk.

[I Agree & Continue]

[Decline & Exit]