# LASSO Regression: Sparsity through L1 Regularization

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### Outline

- 1. From Ridge to LASSO
- 2. Mathematical Formulation
- 3. Coordinate Descent for LASSO
- 4. Key Takeaways

### Ridge Regression

Minimize  $\|\mathbf{y} - \mathbf{X}\boldsymbol{\theta}\|^2 + \lambda \|\boldsymbol{\theta}\|_2^2$ 

**L2 penalty:**  $\|\theta\|_2^2 = \sum_j \theta_j^2$  **Effect:** Shrinks coefficients

toward zero but never

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### **LASSO Regression**

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$$\|\mathbf{y} - \mathbf{X}\boldsymbol{\theta}\|^2 + \lambda \|\boldsymbol{\theta}\|_1$$

**L1 penalty:**  $\|\theta\|_1 = \sum_j |\theta_j|$  **Effect:** Can set coefficients exactly to zero (sparsity!)

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### The Magic of L1

LASSO performs **automatic feature selection** by setting irrelevant coefficients to zero!

### Pop Quiz: Ridge vs LASSO

#### **Quick Quiz 1**

Which method is better for feature selection?

a) Ridge Regression (L2 penalty)

**Answer:** b) LASSO can set coefficients exactly to zero, effectively removing features from the model!

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# Pop Quiz: Ridge vs LASSO

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- a) Ridge Regression (L2 penalty)
- b) LASSO Regression (L1 penalty)
- c) Both are equally good for feature selection

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### LASSO Objective

$$\text{Minimize } \mathcal{L}(\boldsymbol{\theta}) = \frac{1}{2}\|\mathbf{y} - \mathbf{X}\boldsymbol{\theta}\|^2 + \lambda \sum_{j=1}^d |\theta_j|$$

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**Challenge:** The L1 penalty  $|\theta_j|$  is not differentiable at  $\theta_j = 0!$ 

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#### Solution approaches:

Coordinate Descent: Update one coefficient at a time

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#### Solution approaches:

- Coordinate Descent: Update one coefficient at a time
- Subgradient Methods: Use subderivatives
- Proximal Methods: Soft thresholding operators

**Key Idea:** Update one coefficient  $\theta_j$  while keeping others fixed

#### **Partial Prediction**

$$\hat{\mathbf{y}}_{i}^{(-j)} = \sum_{k \neq j} \theta_{k} \mathbf{x}_{ik} = \hat{\mathbf{y}}_{i} - \theta_{j} \mathbf{x}_{ij}$$

**Interpretation:** Prediction without the *j*-th feature's contribution

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### The Update Problem

Find  $\theta_j$  that minimizes:  $\sum_i (r_j - \theta_j x_{ij})^2 + \lambda |\theta_j|$ 

For unregularized regression:  $\theta_j = \frac{\rho_j}{Z_j}$  where:

$$\rho_j = \sum_{i=1}^n x_{ij} (y_i - \hat{y}_i^{(-j)}) \text{ (correlation with residual)}$$
 (1)

$$z_j = \sum_{i=1}^{n} x_{ij}^2$$
 (squared norm of feature j) (2)

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**Key insight:** If correlation  $|\rho_i|$  is small, set  $\theta_i = 0$ 

# Pop Quiz: Soft Thresholding

#### **Quick Quiz 2**

In LASSO soft thresholding, what happens when  $|\rho_j| \le \lambda$ ?

a)  $\theta_j$  becomes very large

**Answer:** b) When correlation with residual is small, LASSO sets the coefficient to zero!

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- b)  $\theta_i$  is set exactly to zero
- c)  $\theta_i$  remains unchanged

**Answer:** b) When correlation with residual is small, LASSO sets the coefficient to zero!



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Many relevant features

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- Many relevant features
- Want to shrink coefficients

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**Result:** Only important features kept

#### **Best of Both Worlds**

**Elastic Net:** Combines L1 and L2 penalties:

$$\alpha \| \boldsymbol{\theta} \|_1 + (1 - \alpha) \| \boldsymbol{\theta} \|_2^2$$

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- Key Insight: Choice depends on problem structure and interpretability needs

(2)

$$\frac{\partial}{\partial \theta_j} |\theta_j| = \begin{cases} 1 & \theta_j > 0\\ [-1, 1] & \theta_j = 0\\ -1 & \theta_j < 0 \end{cases}$$

• Case 1: 
$$\theta_{j} > 0$$

$$-2\rho_j + 2\theta_j \mathbf{Z}_j + \delta^2 = 0$$
$$\theta_j = \frac{\rho_j - \frac{\delta^2}{2}}{\mathbf{Z}_j}$$
$$\rho_j > \frac{\delta^2}{2} \Rightarrow \theta_j = \frac{\rho_j - \frac{\delta^2}{2}}{\mathbf{Z}_j}$$

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• Case 2:  $\theta_i < 0$ 

$$\rho_j < \frac{\delta^2}{2} \Rightarrow \theta_j = \frac{\rho_j + \delta^2/2}{z_j} \tag{3}$$

• Case 3:  $\theta_i = 0$ 

$$\frac{\partial}{\partial \theta_j}(\text{LASSO OBJECTIVE}) = -2\rho_j + 2\theta_j \mathbf{z}_j + \delta^2 \underbrace{\frac{\partial}{\partial \theta_j} \left|\theta_j\right|}_{\text{[-1,1]}}$$

$$\in \underbrace{[-2\rho_j-\delta^2,-2\rho_j+\delta^2]}_{\{0\} \text{ lies in this range}}$$
 
$$-2\rho_j-\delta^2 \leq 0 \text{ and } -2\rho_j+\delta^2 \geq 0$$
 
$$-\frac{\delta^2}{2} \leq \rho_j \leq \frac{\delta^2}{2} \Rightarrow \theta_j=0$$

# Summary of Lasso Regression

$$\theta_{j} = \begin{bmatrix} \frac{\rho_{j} + \frac{\delta^{2}}{2}}{z_{j}} & \text{if} & \rho_{j} < -\frac{\delta^{2}}{2} \\ 0 & \text{if} & -\frac{\delta^{2}}{2} \leq \rho_{j} \leq \frac{\delta^{2}}{2} \\ \frac{\rho_{j} - \frac{\delta^{2}}{2}}{z_{j}} & \text{if} & \rho_{j} > \frac{\delta^{2}}{2} \end{bmatrix}$$
(4