



Highlight English

Just for you!

CLASS 3.20 Problems about food and drinks.

- Talk about food
- Opinions about food



Listen to this people's problems and discuss possible solutions.

My husband and I are both very worried about our daughter who is now 15 years old. She seldom eats healthy foods like broccoli or carrots, apples or oranges. Instead, she usually eats unhealthy foods like hamburgers and French fries, cookies and candy. I think her school cafeteria should offer healthier food, and TV commercials should advertise better food. How can we get our daughter to change her eating habits?

Patricia



Listen to this people's problems and discuss possible solutions.



Help! I'm a university student living away from my family and home for the first time. I have to pay a lot of money for things like tuition costs and books and transportation and rent. Yesterday, I went to the supermarket and I was so surprised by how much everything costs. The frozen pizza I bought costs fifteen dollars! Can you give me any advice on how I can spend less money on food?

Andrew

Listen to this people's problems and discuss possible solutions.

I would really be very thankful for any advice you can give me. Our young son, who is 5 years old, is very active. He loves to run and play outside with his friends, watch TV, and read books. The problem is this: our doctor says that he is too skinny and he should eat more.

However, I try to give him lots of food to eat, but he just doesn't eat very much. He eats just a little, and then he runs away to watch his favorite cartoon or play with his friends. My friend says I should let him eat things like hot dogs and ice cream to get him more interested in eating. But I want our son to eat lots of fruits and vegetables.

Maggie



Read the sentences below. Choose the numbers that best express your opinions.

Eating is fun.	1 2 3 4 5
Hamburgers are better than pizza	1 2 3 4 5
Learning how to cook is easy	1 2 3 4 5
Breakfast is the most important meal of the day.	1 2 3 4 5
Everyone should eat at least five fruits or vegetables each day.	1 2 3 4 5

POSSIBLE
ANSWERS.

5 I agree completely.

4 I mostly agree.

3 I'm not sure.

2 I mostly disagree.

1 I disagree completely.



Read the sentences below. Choose the numbers that best express your opinions.

Tea and coffee are bad for you	1 2 3 4 5
Eating meat isn't healthy	1 2 3 4 5
Everyone should stop eating junk food.	1 2 3 4 5
Water is better than milk or juice	1 2 3 4 5
It would be great to work as a chef in a restaurant.	1 2 3 4 5

POSSIBLE
ANSWERS.

5 I agree completely.

4 I mostly agree.

3 I'm not sure.

2 I mostly disagree.

1 I disagree completely.



Would you rather: read the statements bellow and ask the question “ would you rather ...?” then practice with a partner, remember, you can use either or whichever you like to let the other person decide.

“Would you rather going to a fancy restaurant or eating snacks and hamburgers in a pub “

Drink coffee.

Drink milk

Hamburgers

Pizza

Fruits

Vegetables

Going to a fancy restaurant

Eating snacks and hamburgers in a pub

Sweet drinks

Sour drinks

