**Learning Log: Explore data from your daily life**

**Instructions**You can use this document as a template for the learning log activity: Explore data from your daily life. Type your answers in this document, and save it on your computer or Google Drive.

We recommend that you save every learning log in one folder and include a date in the file name to help you stay organized. Important information like course number, title, and activity name are already included. After you finish your learning log entry, you can come back and reread your responses later to understand how your opinions on different topics may have changed throughout the courses.

To review detailed instructions on how to complete this activity, please return to Coursera: [Learning Log: Explore data from your daily life](https://www.coursera.org/learn/foundations-data/supplement/RNx3Z/learning-log-explore-data-from-your-daily-life).

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| **Date:** 28-07-23 | **Course/topic:** Course 1: Foundations: Data, Data Everywhere |
| **Learning Log:** Explore data from your daily life |
| **Create a list** | Create a list exploring an area of your daily life and include details, such as the date, time, cost, quantity, size, etc:   * jan. 8th 8 am - bought coffee - one 10 oz. cup * Jan. 8th 10 am - made coffee at home - one 12 oz. cup * Jan. 9th 8 am - bought coffee - mug * Jan 10th 11 am - bought large coffee - 20 oz. * Jan 11th 8 am - made coffee at home - mug |
| **Reflection:** | Write 2-3 sentences (40-60 words) in response to each of the questions below. |
| **Questions and responses:** | * Are there any trends you noticed in your behavior?   *Yes I noticed I am drinking coffee at same time, sometimes, that is actually amazing for me to repeat the same thing in different day*   * Are there factors that influence your decision-making?   *Yes, sometimes, if I drink coffee regularly, it may impact my decision, because after drinking coffee, I feel energized, and think how to kae a good decision.*   * Is there anything you identified that might influence your future behavior?   Not, yet but if I tired or if I get involved in some activity, mental absence might impact my decision in future. |