

Changing more than a name

## Outstanding Leadership Programme 2020/21

### Module 7: Motivating Yourself and Others

#### Saved Chat

08:37 From Amina Shaikh: Just having some technical issues with my audio and connections this morning. Trying to sort them now

08:53 From Amina Shaikh: morning

09:05 From Tim Lages: this sounds very similar to the approach stoics would apply

09:06 From Susie Corfield: What is a pen?!

09:33 From Emily Hughes: We're the voluntary sector! When we've fixed the world they'll be time for fun...

09:39 From Gemma Benton: fun is my biggest motivator - and my current highest score!

10:07 From Tim Lages: 1 positive stroke  $\neq$  1 negative stroke

10:08 From Jennifer Griffiths: if you overdo the positive strokes you might also get hyper-inflation and have to continually up the positivity!

10:08 From Janet Hawthorn: Even though we are aware of the strokes that we use with our staff and teams, it is not always clear how we have come across, so a way to receive feedback is a useful thing. Perhaps by a 360 appraisal? What else could we use?

10:10 From Katie Mantell: Really sorry, I need to drop off now for another meeting. A really interesting session and some great conversations - look forward to seeing you all next time.

10:22 From Simon Laurie: Interesting question and I think it is useful to have an open conversation. Ask how we come across and how can we acknowledge in the most appropriate way. 360 can work, but it is also important to recognise that how we give strokes to others will vary in terms of what works for different people, and we need to adapt.

10:29 From Jo Green: Really great session but I need to dash to next meeting. Thank you

10:30 From Selma: Thanks for today's session - have lovely days.

10:30 From Jennifer Griffiths: Thanks for this, I've got to go I'm afraid

10:31 From Jonny Whitehead: I REALLY need to make time to reflect back on today's session because its been very helpful but with lots of new stuff in there.

10:32 From Jo Cottell: Thanks everyone, see you next time.

10:32 From Joe Thompson: Thanks for a helpful and fascinating session!

10:32 From Lynda Mann: Thank you for a great session - very helpful.

10:32 From Jonny Whitehead: Thanks again - good to see everyone. Look after yourselves :-)

10:32 From Gemma Benton: thanks!