

EpiAging Saliva collection kit

Instruction for use

EpiAging

Thank you for using our biological age prediction service. Please read this instruction carefully first, or you can also scan the QR code below to get the instruction for use.



Please download our epiAging APP through <https://www.epi-age.com/> or scanning the QR code below to obtain the full experience of epiAging service, including test result checking, life style questionnaires and personalized health advice.



iPhone APP



Android APP

Before Saliva Collection

1. DO NOT EAT, DRINK, CHEW GUM, BRUSH TEETH, USE MOUTHWASH OR SMOKE FOR AT LEAST 30 MINUTES BEFORE SALIVA COLLECTION.
2. Before saliva collection, relax your cheeks and gently massage them with your fingers for 15-30 seconds, this helps to generate more saliva.
3. Typically, it takes 2-5 minutes to complete the saliva collection.

Procedure

1. Spit into the funnel that is attached to the collection tube until the saliva volume reaches the 1ml line.
Remark: Liquid saliva free from bubbles must reach the 1ml line. Under-filling the tube during saliva collection may negatively affect the test results.
2. Carefully unscrew the funnel to prevent spillage of the collected saliva from the tube.
3. Transfer the liquid with the blue cap into the tube with your collected saliva (purple cap tube). Use the supplied purple cap to close the collection tube tightly. Invert and shake the capped tube 10 - 15 times to ensure the saliva and the stabilizer buffer are fully mixed.
4. Put the tube inside the self sealing bag.
5. Keep this instruction sheet and the sample tracking number for checking your result in the epiAging APP.
6. Please make sure to agree to our data consent form in the epiAging APP.
7. Ship your sample back to us.

Note

Do not ingest the liquid in this kit. Avoid contact with eyes. Keep out of reach from children.

Store at 4°C after collecting saliva. Ship in room temperature.

If you have any questions regarding your sample or results, please contact us and provide us with your sample tracking number.

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