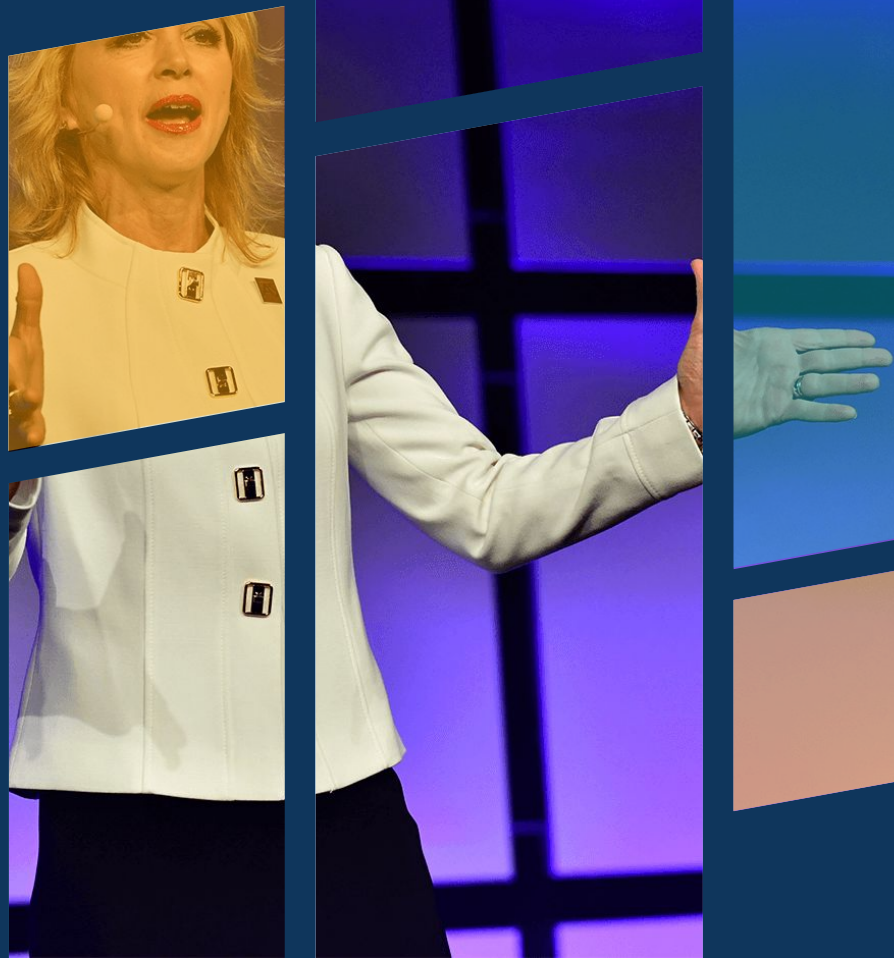
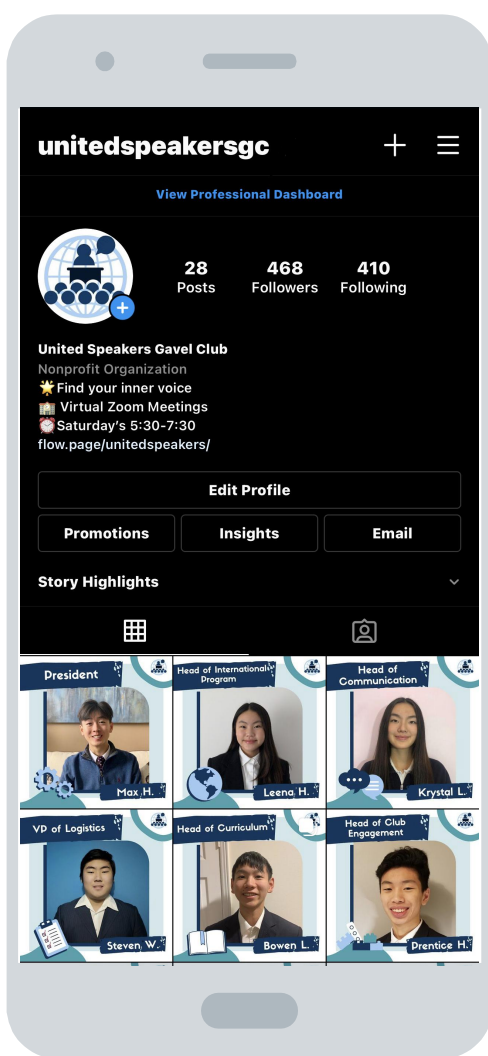




Body Language





Instagram and Classroom Code!!

Classroom Code:

lqyztfn



Agenda:

1. Overview
2. Stance
3. Movement
4. Gestures
5. Facial expression
6. Eye contact
7. Tips





Your body speaks

When you talk to someone, you move your hands and arms, you walk around, you make eye contact, and you change facial expressions. These movements are called body language. Body language is as important in public speaking as it is in everyday conversation.



What can good body language do?



1. Enhance your message
2. Improve credibility
3. Ease nervousness
4. Communicate your speech's purpose
5. Use body language to convey the same message as your speech!



Stance

Although you should move during a presentation, occasionally you'll stand as you speak, usually during your opening and closing words or as you make an important point. Your stance indicates your confidence and comfort level.

Don't slouch, look at the floor, or shift your weight from side to side.



TITLE!!





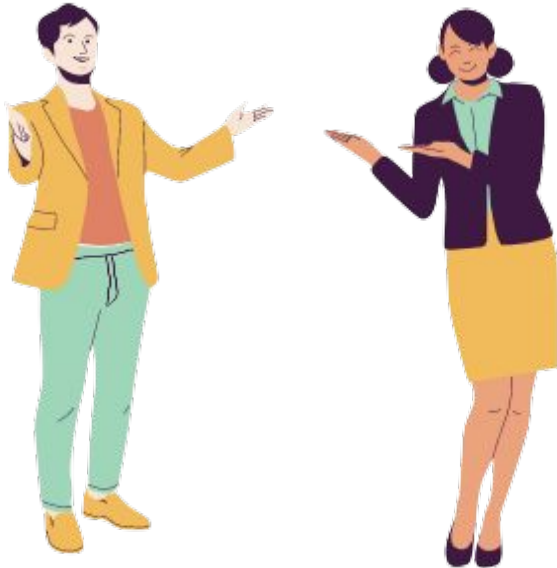
Movement

- Provides variety for the audience
- Movement begins from your seat to the front of the room
- Make all movement during your speech purposeful
- Use movement to emphasize important point
- Avoid fidgeting, swaying, and bouncing up and down





Gestures



Most expressive part of body language and consists of movements of the head, shoulders, arms, and hands. Some basic gestures are...

- Size, weight, shape, direction and location
- Importance or urgency
- Comparison and contrast



Facial expression

Your face unwittingly conveys cues about how your listeners are supposed to react or feel. Your facial expressions must be consistent with the feelings or information you are communicating

Your eyes, eyebrows and mouth play vital roles in expressing the tone.



Confusion



Anger





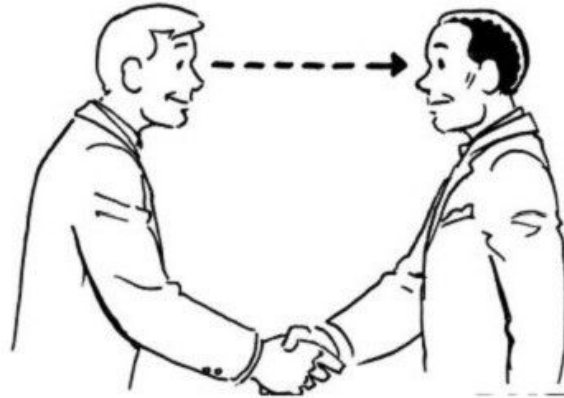
Eye contact

Eye contact plays a major role in how people perceive one another, and the audience pays attention to it.

If you make eye contact with your listeners, they'll think you are sincere, credible, friendly and honest

Forms a bond with the listeners

Look at random people in a room, not just gaze at the walls





TITLE!!

[Insert Image
Here]



Body Language Tips

1. Make it natural
2. Practice
3. Use a mirror
4. Video yourself
5. Be confident, look confident
6. Practice!





TITLE

	A	B	C
Yellow	10	20	7
Blue	30	15	10
Orange	5	24	16



Find all resources posted on google classroom