



# STUDENT MEDICAL CHECK UP

Name : \_\_\_\_\_

Height : \_\_\_\_\_

Class : \_\_\_\_\_

Weight : \_\_\_\_\_

Age : \_\_\_\_\_

Blood Type : \_\_\_\_\_



**HEAD**



A. Head Circumference : \_\_\_\_\_

B. Hair Condition :  Normal  Oily  
 Dry  Other : \_\_\_\_\_

C. Eye Examination :

Visual Acuity (OD - Right Eye) : \_\_\_\_\_ / 6

Visual Acuity (OS - Left Eye) : \_\_\_\_\_ / 6

Color Blindness Test :  Normal  Abnormal

D. Ear Examination :

Cerumen (Ear Wax) :  - (Negative / None)

+ (Positive / Minimal)

++ (Excessive / Impacted)

E. Nose Condition :  Normal

Nasal Discharge

Deviated Septum

Blockage

Other : \_\_\_\_\_

(Left/Right/Both)

- F. Lips :  Normal  Pale  
 Dry  Angular Chelitis (sores at corners)

G. Teeth & Gums :

18 17 16 15 14 13 12 11 21 22 23 24 25 26 27 28



48 47 46 45 44 43 42 41 31 32 33 34 35 36 37 38

- Indicator :** N - Normal      G - Gingivitis (Bleeding Gums)  
*Mark on the*      C - Cavity      P - Plaque Accumulation  
*diagram below.*      M - Missing      O - Malocclusion  
 F - Filling

H. Tonsils :

- Normal (Grade 0/I)       Significantly Enlarged (Grade III/IV)  
 Enlarged (Grade II)       With Exudate (White Patches)  
 Inflamed/Reds



**BODY**

- A. Neck Examination :  Normal       Lymphadenopathy  
 Goiter       Other : \_\_\_\_\_

B. Stomach (Abdomen) :

- Normal, Soft, Non-tender       Mass Palpable  
 Tenderness       Other : \_\_\_\_\_  
 Distension

### C. Chest Examination :

- Lungs (Auscultation) :  Clear  Crackles (Rales)  
 Wheezing  Other : \_\_\_\_\_  
 Diminished Breath Sounds

- Heart (Auscultation) :  Normal  Tachycardia (Fast)  
 Murmur  Other : \_\_\_\_\_  
 Bradycardia (Slow)

- D. Nails Examination :  Normal  Koilonychia  
 Pallor (Pale)  Poor Hygiene  
 Clubbing  Other : \_\_\_\_\_

- E. Skin Examination :  Normal  Bruises/Eccymosis  
 Dry  Scabies  
 Rashes  Other : \_\_\_\_\_

### Additional Notes & Recommendations

Mrs. Phyllis Schwaiger  
Homeroom Teacher  
*(Signature)*

Dr. Pedro Fernandes  
Doctor  
*(Signature)*

Date: