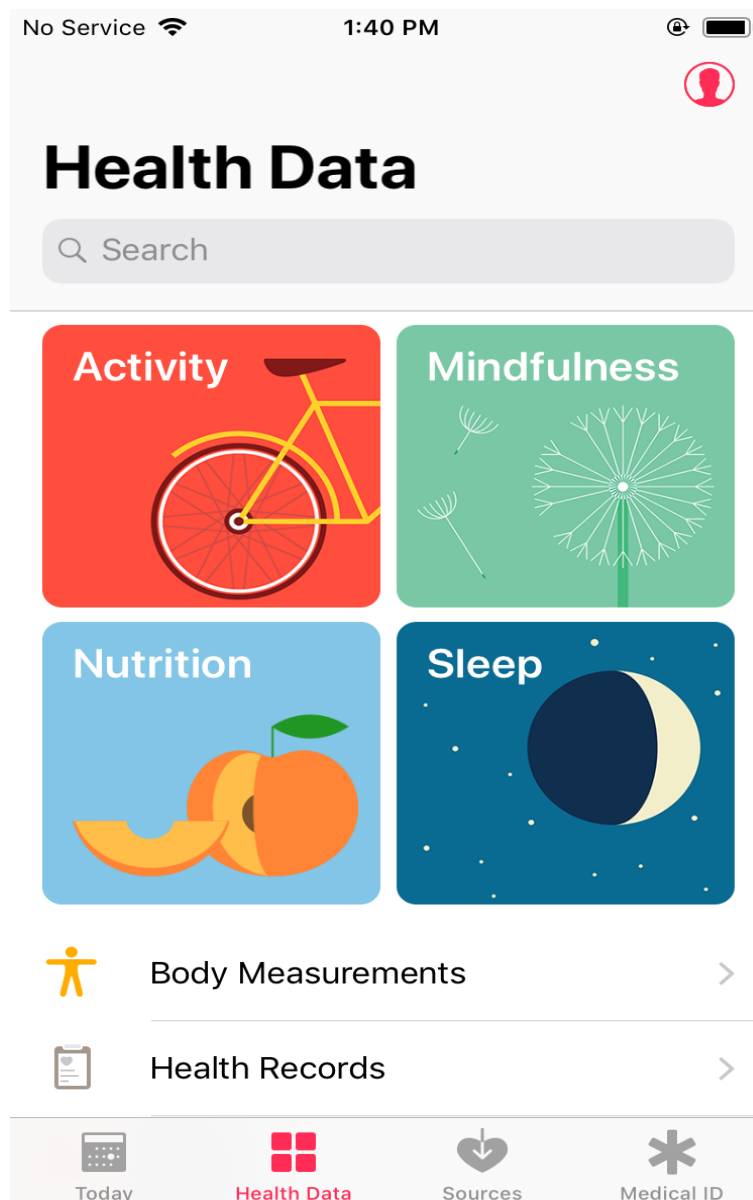


AppleWatch Extraction Protocol

Walkabilly Lab

2019.08.29 v.01

1. On your iPhone go to the "Health App"
2. Select Profile Icon On the top Right corner of the screen



3. Then, Select “Export Data” at the bottom of the screen

No Service 

1:40 PM

Close

Edit



Date of Birth	Not Set >
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Sex	Not Set >
-----	-----------

Blood Type	Not Set >
------------	-----------

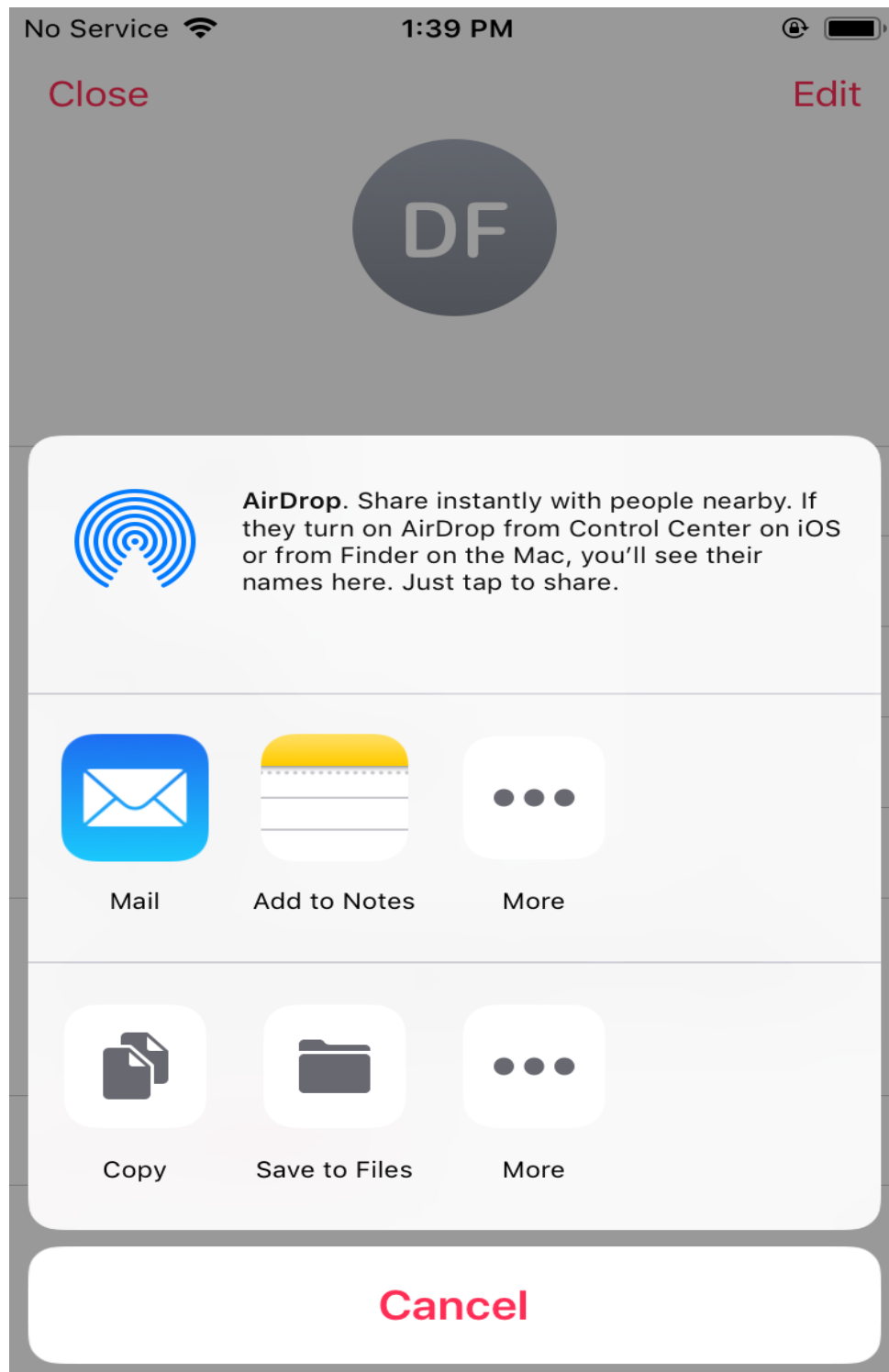
Fitzpatrick Skin Type	Not Set >
-----------------------	-----------

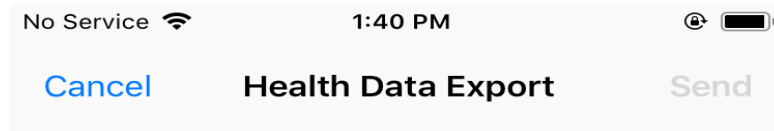
Wheelchair	Not Set >
------------	-----------

Track pushes instead of steps on Apple Watch in the Activity app, and in wheelchair workouts in the Workout app, and record them to Health. When this setting is on, your iPhone stops tracking steps.

Export Health Data

4. Email data to yourself





To:

Cc/Bcc, From: walkabillylab@icloud.com

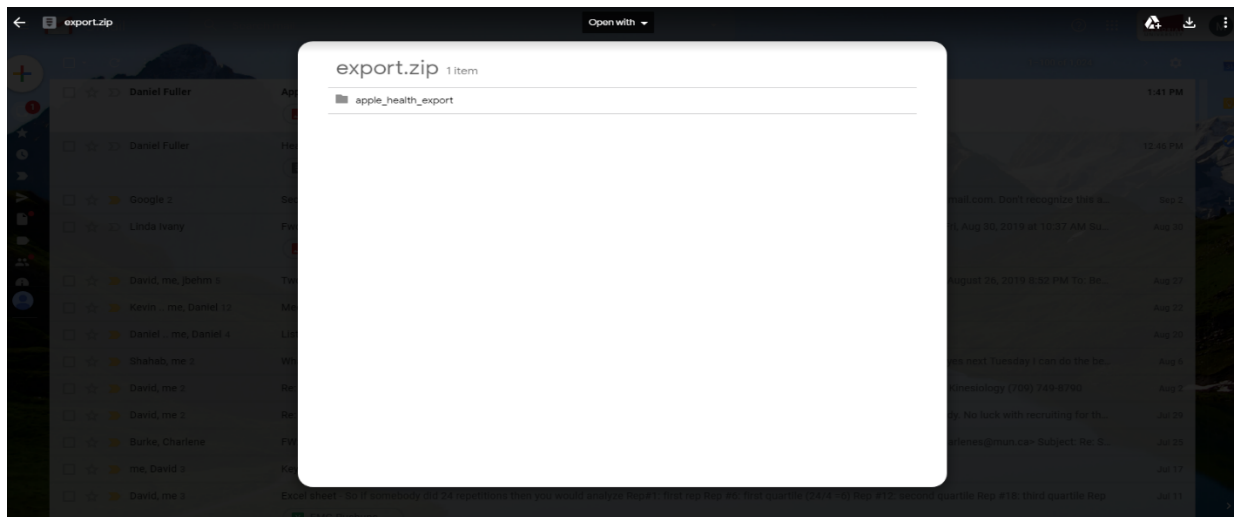
Subject: Health Data Export



export.zip

Sent from my iPhone

5. From your email “download both Zip file.



6. Open Folder and Save Both XML file on the server under AppleWatch Data and participant number.

★ Favorites Desktop Downloads Recent Places Walkabily Walkabily (2) transit Wei Liu	Name	Type	Compressed size	Password ...	Size	Ratio	Date modified
	apple_health_export	File folder					

★ Favorites Desktop Downloads Recent Places Walkabily	Name	Type	Compressed size	Password ...	Size	Ratio	Date modified
	export.xml	XML Document	103 KB	No	1,956 KB	95%	2019-09-05 12:44 PM
	export_cda.xml	XML Document	13 KB	No	577 KB	98%	2019-09-05 12:44 PM