

# Yakeen NEET 2.0 2026

## Practice Sheet

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### Cell Cycle and Cell Division

- Q1** In meiosis, crossing over is initiated at;  
 (A) zygotene. (B) diplotene.  
 (C) pachytene. (D) leptotene.
- Q2** Among eukaryotes, replication of DNA takes place in;  
 (A) M phase. (B) S phase.  
 (C) G<sub>1</sub> phase. (D) G<sub>2</sub> phase.
- Q3** Which one of the following **never** occurs during mitotic cell division?  
 (A) Movement of centrioles towards opposite poles  
 (B) Pairing of homologous chromosomes  
 (C) Condensation of the chromatids  
 (D) Spindle fibers attach to kinetochores of chromosomes
- Q4** The appearance of recombination nodules on homologous chromosomes during meiosis characterises:  
 (A) Bivalent.  
 (B) Sites at which crossing over occurs.  
 (C) Terminalisation.  
 (D) Synaptonemal complex.
- Q5** Select the **incorrect** statement with reference to mitosis.  
 (A) Spindle fibers attach to centromere of chromosomes.  
 (B) Chromosomes decondense at telophase.  
 (C) Splitting of centromere occurs at anaphase.  
 (D) All the chromosomes lie at the equator at metaphase.
- Q6** Which of the following stage of meiosis involves splitting of centromere?  
 (A) Anaphase II (B) Telophase II  
 (C) Metaphase I (D) Metaphase II
- Q7** During which stage, bivalent chromosomes are clearly appears as tetrad?  
 (A) Zygotene (B) Leptotene  
 (C) Diplotene (D) Pachytene
- Q8** Given below are two statements: one is labelled as Assertion A and the other is labelled as Reason R:  
**Assertion A:** The average duration of cell cycle in humans is 24 hours.  
**Reason R:** The cell division in human cells lasts for only about an hour.  
 In the light of above statements, choose the **correct** answer from the options given below:  
 (A) A is true but R is false.  
 (B) A is false but R is true.  
 (C) Both A and R are true and R is the correct explanation of A.  
 (D) Both A and R are true but R is NOT the correct explanation of A.
- Q9** The process of appearance of recombination nodules occurs at which sub stage of prophase I in meiosis?  
 (A) Zygotene (B) Pachytene  
 (C) Diplotene (D) Diakinesis
- Q10** Dissolution of the synaptonemal complex occurs during:  
 (A) diplotene. (B) leptotene.  
 (C) pachytene. (D) zygotene.
- Q11** Identify the **correct** statement with regard to G<sub>1</sub> phase (Gap I) of interphase.



- (A) Cell is metabolically active, grows but does not replicate its DNA
- (B) Nuclear division takes place
- (C) DNA synthesis or replication takes place
- (D) Reorganisation of all cell components takes place

**Q12** During cell division, four haploid cells are formed at the end of:

- (A) meiosis II.                      (B) meiosis I.
- (C) mitosis.                        (D) prophase II.

**Q13** Cytokinesis in plant cells takes place by \_\_\_\_\_.

- (A) cell plate formation.
- (B) multinucleate condition called syncytium.
- (C) appearance of furrow in the plasma membrane.
- (D) formation of a simple precursor called furrow.

**Q14** Given below are two statements:

**Statement I:** During  $G_0$  phase of cell cycle, the cell is metabolically inactive.

**Statement II:** The centrosome undergoes duplication during S phase of interphase.

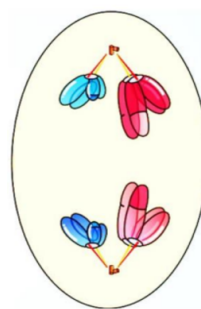
In the light of the above statements, choose the most appropriate answer from the options given below:

- (A) Statement I is correct but Statement II is incorrect.
- (B) Statement I is incorrect but Statement II is correct.
- (C) Both Statement I and Statement II are correct.
- (D) Both Statement I and Statement II are incorrect.

**Q15** The phase between two successive M phases is:

- (A) interphase.
- (B) S Phase
- (C)  $G_1$  phase
- (D) quiescent phase.

**Q16** Identify the **correct** stage of cell division shown in the following diagram.



- (A) Prophase-I                      (B) Metaphase-I
- (C) Anaphase-I                    (D) Telophase-I

**Q17** Given below are two statements: one is labelled as Assertion A and the other is labelled as Reason R:

**Assertion A:** In the S phase during cell cycle the new DNA molecules formed are not distinct but intertwined.

**Reason R:** Prophase in M phase is marked by the initiation of condensation of chromosomal material.

In the light of the above statements, choose the **correct** answer from the options given below:

- (A) A is true but R is false.
- (B) A is false but R is true.
- (C) Both A and R are true and R is the correct explanation of A.
- (D) Both A and R are true but R is not the correct explanation of A.

**Q18** In some organisms, multinucleate condition arises leading to the formation of syncytium because:

- (A) karyokinesis is not followed by cytokinesis.
- (B) cytokinesis is not followed by karyokinesis.
- (C) mitosis is not followed by karyokinesis.
- (D) meiosis is not followed by mitosis.

**Q19** Given below are two statements:

**Statement I:** M phase is the most dramatic period of the cell cycle.

**Statement II:** Prophase is the first stage of interphase.

In the light of the above statements, choose the most appropriate answer from the options given below.



- (A) Statement I is correct but Statement II is incorrect.  
 (B) Statement I is incorrect but Statement II is correct.  
 (C) Both Statement I and Statement II are correct.  
 (D) Both Statement I and Statement II are incorrect.

**Q20** Find the **mismatched** pair.

- (A) Interphase - represents the phase between two successive M phases.  
 (B) Yeast cells - Divide in about every 90 minutes.  
 (C) Human cells in culture - Divide in every 120 minutes.  
 (D) M Phase - Phase of cell cycle when the actual cell division occurs.

**Q21** The last stage of meiotic prophase I is marked by:

- (A) splitting of bivalents.  
 (B) disappearance of recombination nodules.  
 (C) dissolution of synaptonemal complex.  
 (D) terminalisation of chiasmata.

**Q22** Identify the stage of karyokinesis in which the condensation of chromosomes is completed.

- (A) Telophase. (B) Metaphase.  
 (C) Prophase. (D) Anaphase.

**Q23** Bivalent is formed during:

- (A) pachytene. (B) diplotene.  
 (C) zygotene. (D) diakinesis.

**Q24** Select the **correct** statements.

- A. Tetrad formation is seen during leptotene.  
 B. During anaphase, the centromeres split and chromatids separate.  
 C. Terminalisation takes place during pachytene.  
 D. Nucleolus, Golgi complex and ER are reformed during telophase.  
 E. Crossing over takes place between sister chromatids of homologous chromosome.  
 Choose the **correct** answer from the options given below:

- (A) A and C only  
 (B) B and D only  
 (C) A, C and E only

(D) B and E only

**Q25** During mitosis, ER and nucleolus begin to disappear at:

- (A) late prophase.  
 (B) early metaphase.  
 (C) late metaphase.  
 (D) early prophase.

**Q26** During cell division in apical meristem, the nuclear membrane appears in:

- (A) telophase. (B) cytokinesis.  
 (C) metaphase. (D) anaphase.

**Q27** Match **List-I** with **List-II**.

List-I		List-II	
(A)	Pachytene	(I)	Terminalisation of chiasmata
(B)	Zygotene	(II)	Chromosomes start pairing together
(C)	Diplotene	(III)	Appearance of recombination nodules
(D)	Diakinesis	(IV)	Dissolution of the synaptonemal complex

Choose the **correct** answer from the options given below:

- (A) A-IV, B-II, C-III, D-I  
 (B) A-III, B-II, C-IV, D-I  
 (C) A-II, B-I, C-IV, D-III  
 (D) A-I, B-IV, C-III, D-II

**Q28** Chromosomes cluster at opposite spindle poles and their identity is lost as discrete elements in;

- (A) Anaphase. (B) Telophase.  
 (C) Metaphase. (D) Prophase.

**Q29** Morphology of chromosomes is most easily studied during;

- (A) prophase. (B) metaphase.  
 (C) anaphase. (D) telophase.

**Q30** Find the **correct** stage sequence of mitosis (karyokinesis).



- (A) Prophase → Anaphase → Metaphase → Telophase  
 (B) Prophase → Metaphase → Telophase → Anaphase  
 (C) Prophase → Metaphase → Anaphase → Telophase  
 (D) Telophase → Anaphase → Metaphase → Prophase

**Q31** Which of the following is the most dramatic period of the cell cycle?

- (A)  $G_1$ -phase (B)  $G_2$ -phase  
 (C) S-phase (D) M-phase

**Q32** Given below are two statements:

**Statement I:** In animals, mitotic cell division is only seen in the diploid somatic cells.

**Statement II:** During the  $G_2$  phase, proteins are synthesised in preparation for mitosis while cell growth continues.

In the light of the above statements, choose the *most appropriate* answer from the option below:

- (A) Statement I is incorrect but Statement II is correct  
 (B) Statement I is correct but Statement II is incorrect.  
 (C) Both Statement I and Statement II are correct.  
 (D) Both Statement I and Statement II are incorrect.

**Q33** In which phase of karyokinesis, the sister chromatids separate?

- (A) Prophase (B) Metaphase  
 (C) Anaphase (D) Telophase

**Q34** Identify the **incorrect** statement.

- (A) Interkinesis is generally short lived.  
 (B) Replication of DNA takes place during interkinesis.  
 (C) Telophase I is the last stage of meiosis I.  
 (D) Prophase II is much simpler than prophase I.

**Q35** Match List-I with List-II.

List-I		List-II	
A.	M phase	I.	Actual cell division

B.	$G_2$ phase	II.	DNA replication begins
C.	S phase	III.	Quiescent stage
D.	$G_0$ phase	IV.	Preparation for mitosis

Choose the **correct** answer from the option given below:

- (A) A-II, B-I, C-IV, D-III  
 (B) A-I, B-IV, C-II, D-III  
 (C) A-III, B-II, C-IV, D-I  
 (D) A-IV, B-II, C-I, D-III

**Q36** Which one is **incorrect** about  $G_1$  phase?

- (A) It occurs between M and S phase  
 (B) In it cells are metabolically active and continuously grow  
 (C) It is pre-synthetic or post mitotic phase  
 (D) In this phase DNA replicates

**Q37** Spindle fibres attach on to;

- (A) centromere of the chromosome.  
 (B) centrosome of the chromosome.  
 (C) telomere of the chromosome.  
 (D) kinetochore of the chromosome.

**Q38** The replication of DNA and duplication of centrioles in cytoplasm take place in;

- (A)  $G_1$  phase. (B)  $G_2$  phase.  
 (C) S-phase. (D) M-phase.

**Q39** How many chromosomes are present in each onion root tip cell?

- (A) 12 (B) 14  
 (C) 16 (D) 20

**Q40** Arrange the following events of meiosis in the correct sequential order, starting from the initial stage to the later stage:

- A. Separation of homologous chromosomes  
 B. Exchange of genetic material  
 C. Formation of synaptonemal complex  
 D. Appearance of chiasmata

Choose the most appropriate answer from the options given below

- (A) C → B → D → A  
 (B) B → C → D → A  
 (C) C → D → B → A



(D)  $D \rightarrow B \rightarrow C \rightarrow A$

**Q41** Find the **incorrect** one about quiescent stage.

- (A) The cells that do not divide further exit  $G_1$  phase to enter an inactive stage ( $G_0$ ).
- (B) Cells in this stage becomes metabolically inactive
- (C) Cells in  $G_0$  stage no longer proliferate unless called on to do so.
- (D) Heart cells in the adult animals do not appear to exhibit division.

**Q42** During the cell-cycle, which of the following event(s) take place?

- (A) A cell duplicates its genome
- (B) Synthesises the other constituents of the cell
- (C) Eventually cell divides into two daughter cells.
- (D) All of these

**Q43** Given below are two statements: one is labelled as Assertion A and the other is labelled as Reason R:

**Assertion (A) :** Cell cycle duration in human cells is 24 hours approximately while in Yeast, it is about 90 minutes.

**Reason (R) :** The duration of cell cycle can vary from organism to organism and also from cell type to cell type.

In the light of the above statements, choose the **correct** answer from the options given below:

- (A) A is true but R is false.
- (B) A is false but R is true.
- (C) Both A and R are true and R is the correct explanation of A.
- (D) Both A and R are true but R is NOT the correct explanation of A.

**Q44** Yeast can progress through the cell cycle in about;

- (A) 90 seconds.                      (B) 90 minutes.
- (C) 90 hours.                        (D) 45 minutes.

**Q45** In meiosis, the dyad of cells is formed in cytokinesis after;

- (A) telophase I.                      (B) anaphase I.
- (C) metaphase I.                    (D) prophase I.

**Q46** Chromosomes moved to spindle equator and get aligned along \_\_\_\_\_ plate through spindle fibres to both poles.

- (A) prophase                              (B) metaphase
- (C) anaphase                            (D) telophase

**Q47** Find the **incorrect** statement.

- (A) M-Phase involves a major reorganisation of virtually all components of the cell.
- (B) Cell-division is a progressive process and very clear-cut lines cannot be drawn between various stages.
- (C) Prophase is marked by the initiation of condensation of chromosomal material
- (D) The centrosome duplicate during  $G_1$  phase of interphase.

**Q48** Given below are two statements: one is labelled as Assertion A and the other is labelled as Reason R:

**Assertion (A):** Plants can show mitotic divisions in both haploid and diploid cells.

**Reason (R):** The growth of multicellular organisms and all unicellular organisms is due to mitosis.

In the light of the above statements, choose the **correct** answer from the options given below:

- (A) A is true but R is false.
- (B) A is false but R is true.
- (C) Both A and R are true and R is the correct explanation of A.
- (D) Both A and R are true but R is NOT the correct explanation of A.

**Q49** During which phase of cell division nucleolus, golgi body and endoplasmic reticulum reappears?

- (A) Anaphase
- (B) Prophase
- (C) Telophase
- (D) Metaphase

**Q50** The parental cell cytoplasm of a cell divides into two daughter cells by the process of;

- (A) Karyokinesis                      (B) Cytokinesis



(C) Interkinesis (D) Syncytium

**Q51** Given below are two statements: one is labelled as Assertion A and the other is labelled as Reason R:

**Assertion (A):** Meiosis increases the genetic variability in the population of organisms from one generation to the next.

**Reason (R):** Meiosis results in reduction of chromosome number by half.

In the light of the above statements, choose the **correct** answer from the options given below:

- (A) A is true but R is false.
- (B) A is false but R is true.
- (C) Both A and R are true and R is the correct explanation of A.
- (D) Both A and R are true but R is NOT the correct explanation of A.

**Q52** Cytokinesis takes place in;

- (A) Animal cells only
- (B) Plant cells only
- (C) Both animal and plant cells
- (D) Unicellular organisms only

**Q53** Cell-plate represents which layer during plant cell cytokinesis?

- (A) Primary cell wall
- (B) Middle lamella
- (C) Plasma membrane
- (D) Secondary cell wall

**Q54** The enzyme recombinase is required at which stage of meiosis?

- (A) Pachytene (B) Zygotene
- (C) Diplotene (D) Diakinesis

**Q55** Which of the following change is **not** found in meiosis II?

- (A) The nuclear membrane disappears
- (B) Chromosomes again become compact
- (C) Formation of bivalents
- (D) The nuclear membrane reappears

**Q56** Match **List-I** with **List-II**.

List-I	List-II
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(A)	Prophase I	(I)	Splitting of centromere
(B)	Prophase II	(II)	Typically longer and more complex than mitotic prophase
(C)	Telophase I	(III)	Initiates after a short lived intermediate stage
(D)	Anaphase II	(IV)	Followed by cytokinesis

Choose the **correct** answer from the options given below:

- (A) A-III, B-I, C-II, D-IV
- (B) A-III, B-II, C-I, D-IV
- (C) A-II, B-III, C-IV, D-I
- (D) A-II, B-III, C-I, D-IV

**Q57** If the initial amount of DNA is denoted as 2C during cell cycle, then by the end of S phase it:

- (A) increases to 4C.
- (B) increases to 8C.
- (C) remain same
- (D) decreases to 1C.

**Q58** Given below are two statements:

**Statement-I:** The division of cytoplasm is called cytokinesis.

**Statement-II:** Karyokinesis represents division of nucleus in all organisms.

In the light of the above statements, choose the most appropriate answer from the options given below:

- (A) Statement I is correct but Statement II is incorrect.
- (B) Statement I is incorrect but Statement II is correct.
- (C) Both Statement I and Statement II are correct.
- (D) Both Statement I and Statement II are incorrect.

**Q59** Haploid cells also divide by mitosis in;

- (A) All plants and all animals
- (B) All plants but in a few animals
- (C) Some lower plants and some social insects





(D) Some higher plants and some vertebrates

- Q60** Mitosis usually results in the production of:
- (A) diploid daughter cells with different genetic complement.
  - (B) haploid daughter cells with identical genetic complement.
  - (C) diploid daughter cells with identical genetic complement.
  - (D) haploid daughter cells with different genetic complement.

- Q61** Given below are two statements:

**Statement-I:** Meiosis is specialised kind of cell division that reduces the chromosome number by half results in the production of haploid daughter cells.

**Statement-II:** Meiosis ends with telophase-II, in which two groups of chromosomes once again get enclosed by a nuclear envelope.

In the light of the above statements, choose the most appropriate answer from the options given below:

- (A) Statement I is correct but Statement II is incorrect.
- (B) Statement I is incorrect but Statement II is correct.
- (C) Both Statement I and Statement II are correct.
- (D) Both Statement I and Statement II are incorrect.

- Q62** Mitosis is characterised by \_\_\_\_\_

- (A) reduction division.
- (B) equal division.
- (C) both reduction and equal division.
- (D) pairing of homologous chromosomes.

- Q63** Cell plate is formed during:

- (A) cytokinesis in plant cells.
- (B) karyokinesis in plant cells.
- (C) cytokinesis in animal cells.
- (D) karyokinesis in animal cells.

- Q64** Match **List-I** with **List-II**.

List-I	List-II
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(A)	M phase	(I)	Proteins are synthesised in preparation for mitosis
(B)	S phase	(II)	Most of the organelle duplication
(C)	G <sub>1</sub> phase	(III)	Duplication of centrosome in animal cell
(D)	G <sub>2</sub> phase	(IV)	Most dramatic period of the cell cycle

Choose the **most appropriate** answer from the options given below:

- (A) A-IV, B-III, C-I, D-II
- (B) A-IV, B-III, C-II, D-I
- (C) A-IV, B-II, C-III, D-I
- (D) A-II, B-I, C-IV, D-III

- Q65** Given below are two statements: one is labelled as Assertion A and the other is labelled as Reason R:

**Assertion A:** Plants show continuous growth throughout their life.

**Reason R:** Mitotic divisions occurs in the meristematic tissues – the apical and the lateral cambium.

In the light of the above statements, choose the **correct** answer from the options given below:

- (A) A is true but R is false.
- (B) A is false but R is true.
- (C) Both A and R are true and R is the correct explanation of A.
- (D) Both A and R are true but R is NOT the correct explanation of A.

- Q66** Identify the **incorrect** statement.

- (A) DNA synthesis occurs only during one specific stage in the cell cycle.
- (B) Yeast can progress through the cell cycle in only about 90 minutes.
- (C) The M Phase represents the phase when the actual cell division or mitosis occurs.



(D) Cytokinesis lasts more than 95% of the duration of cell cycle.

**Q67** Match **List I** with **List II**.

List-I		List-II	
(A)	Mitosis	(I)	Nuclear division
(B)	Meiosis	(II)	Equational division
(C)	Karyokinesis	(III)	Cytoplasmic division
(D)	Cytokinesis	(IV)	Reduction division

Choose the **most appropriate** answer from the options given below:

- (A) A-II, B-I, C-IV, D-III  
 (B) A-II, B-III, C-IV, D-I  
 (C) A-II, B-IV, C-I, D-III  
 (D) A-II, B-III, C-I, D-IV

**Q68** Diplotene stage of prophase I is recognised by the;

- (A) terminalisation of chiasmata.  
 (B) dissolution of the synaptonemal complex.  
 (C) appearance of recombination nodules.  
 (D) formation of the synaptonemal complex.

**Q69** From the given set of the stages, how many are present in interphase?

Gap-1 phase, metaphase, anaphase, telophase, S- phase.

- (A) Two (B) Three  
 (C) Four (D) One

**Q70** Match the **List-I** with **List-II**.

List-I		List-II	
(A)	Prophase	(I)	Nuclear envelope reappears
(B)	Metaphase	(II)	Chromosomes align at the equator
(C)	Telophase	(III)	Chromosomes start condensing
(D)	Anaphase	(IV)	Chromatids separate

Choose the **correct** answer from the options given below.

- (A) A-III, B-II, C-I, D-IV  
 (B) A-II, B-IV, C-I, D-III  
 (C) A-IV, B-I, C-III, D-II  
 (D) A-IV, B-II, C-III, D-I





## Answer Key

Q1 (C)  
Q2 (B)  
Q3 (B)  
Q4 (B)  
Q5 (A)  
Q6 (A)  
Q7 (D)  
Q8 (D)  
Q9 (B)  
Q10 (A)  
Q11 (A)  
Q12 (A)  
Q13 (A)  
Q14 (B)  
Q15 (A)  
Q16 (C)  
Q17 (D)  
Q18 (A)  
Q19 (A)  
Q20 (C)  
Q21 (D)  
Q22 (B)  
Q23 (C)  
Q24 (B)  
Q25 (D)  
Q26 (A)  
Q27 (B)  
Q28 (B)  
Q29 (B)  
Q30 (C)

Q31 (D)  
Q32 (C)  
Q33 (C)  
Q34 (B)  
Q35 (B)  
Q36 (D)  
Q37 (D)  
Q38 (C)  
Q39 (C)  
Q40 (A)  
Q41 (B)  
Q42 (D)  
Q43 (C)  
Q44 (B)  
Q45 (A)  
Q46 (B)  
Q47 (D)  
Q48 (A)  
Q49 (C)  
Q50 (B)  
Q51 (D)  
Q52 (C)  
Q53 (B)  
Q54 (A)  
Q55 (C)  
Q56 (C)  
Q57 (A)  
Q58 (C)  
Q59 (C)  
Q60 (C)



Q61 (C)

Q62 (B)

Q63 (A)

Q64 (B)

Q65 (C)

Q66 (D)

Q67 (C)

Q68 (B)

Q69 (A)

Q70 (A)



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