

YAKEEN NEET 2.0

2026

Laws of Motion

PHYSICS

Lecture 04

By – Saleem Ahmed Sir





Today's Goal

- Equilibrium.

1. A train is moving along a straight line with a constant acceleration 'a'. A boy standing in the train throws a ball forward with a speed of 10 m/s, at an angle of 60° to the horizontal. The boy has to move forward by 1.15 m inside the train to catch the ball back at the initial height. The acceleration of the train, in m/s^2 , is

[IIT-JEE 2011]

एक ट्रेन समान त्वरण 'a' से एक सीधी रेखा पर चल रही है। ट्रेन में खड़ा एक लड़का 10 m/s के वेग से क्षैतिज से 60° के कोण पर एक गेंद आगे की ओर फेंकता है। लड़का ट्रेन में 1.15 m आगे चलकर गेंद को उसकी आरंभिक ऊंचाई पर पकड़ता है। ट्रेन के त्वरण का मान m/s^2 में है।

Ans. 5

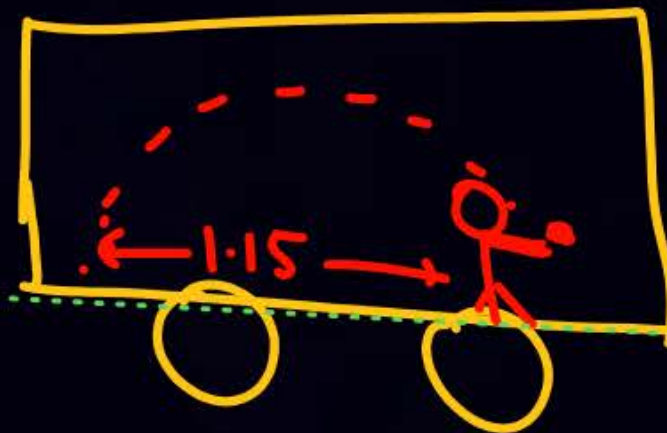
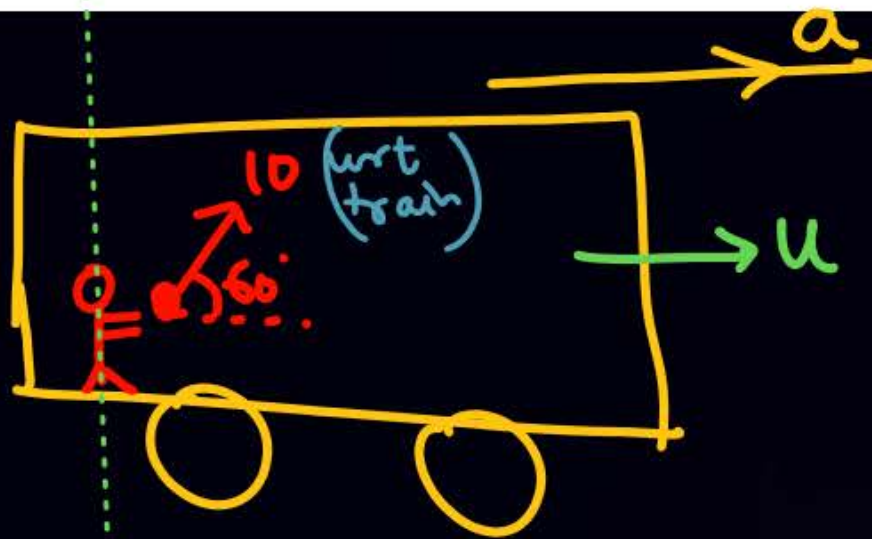
$$\textcircled{x} \Rightarrow a_{p/\text{box}} = a_p - a_{\text{box}}$$

$$a_{p/\text{box}} = 0 - a$$

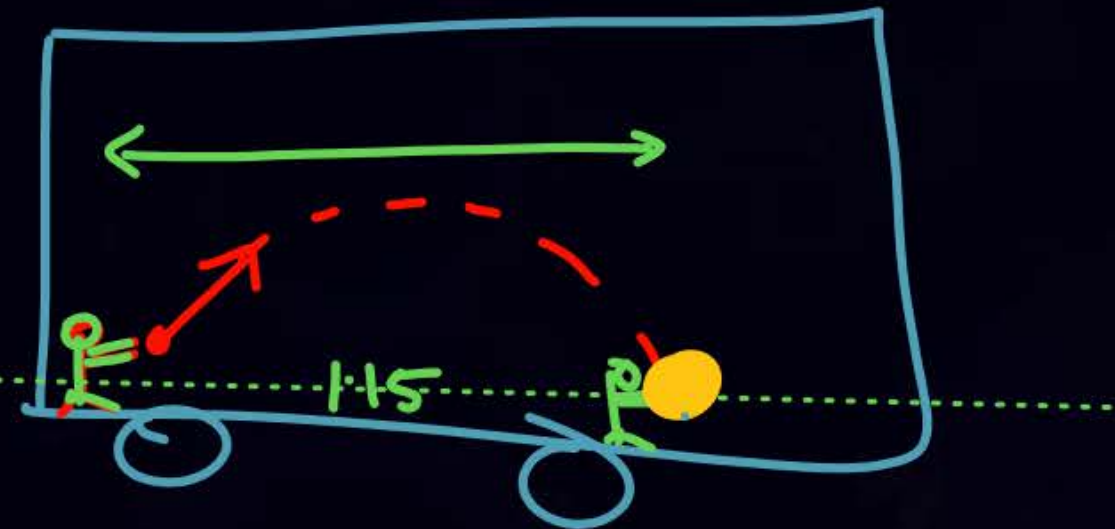
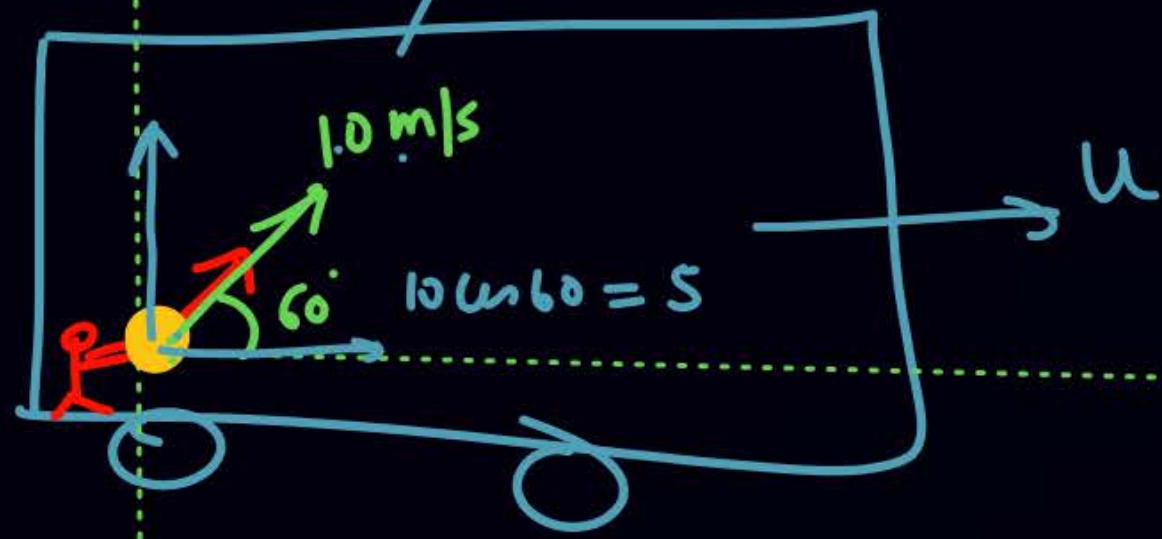
(wrt ground)

$$R = ut + \frac{1}{2}at^2 + 1.15$$

boy -



wrt ground $T = \frac{2 \cdot 10 \cdot \frac{\sqrt{3}}{2}}{10} = \sqrt{3}$



wrt ground

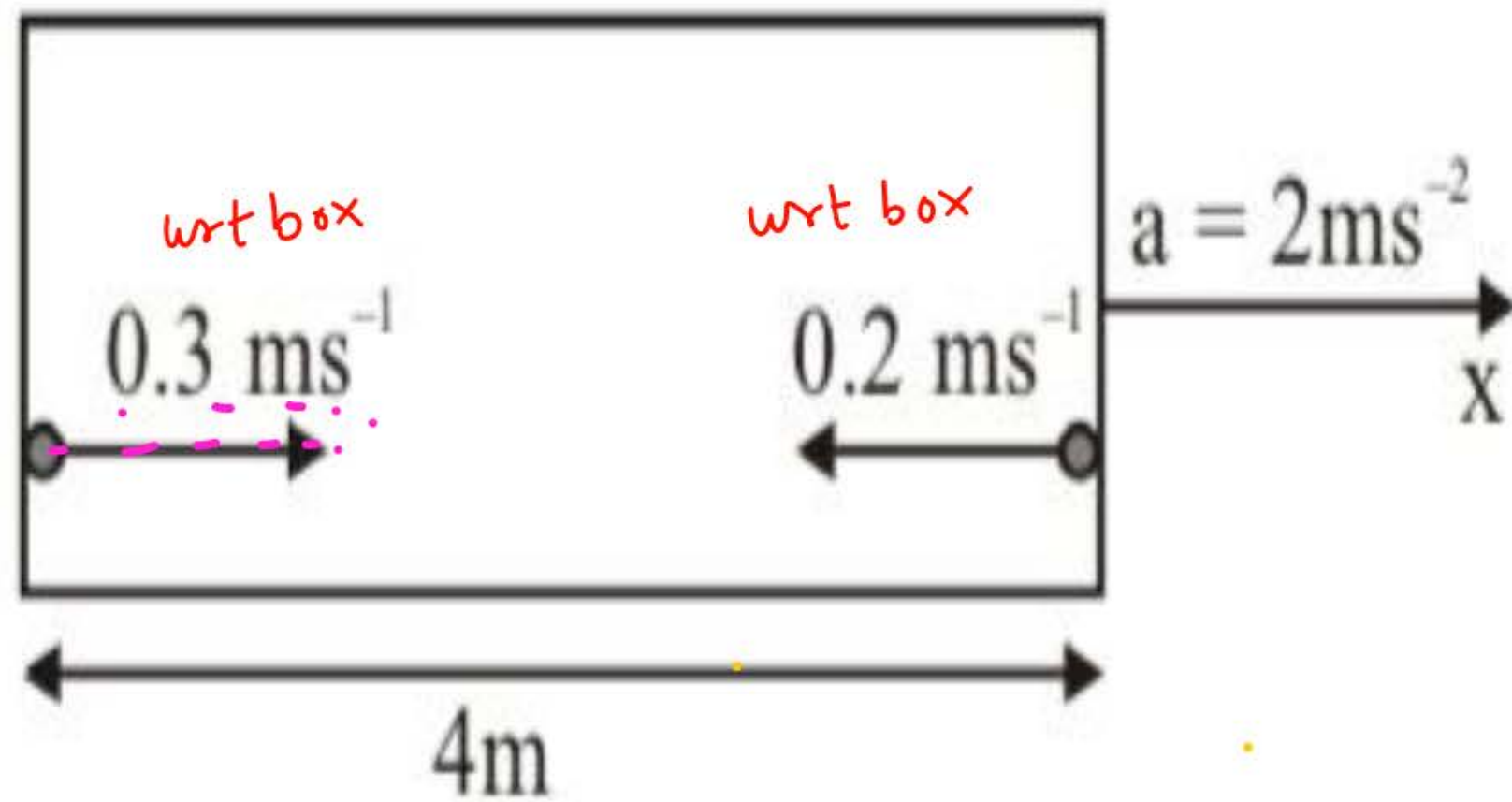
$$(5+u)t = 1.15 + ut + \frac{1}{2}at^2$$

$$5t + \cancel{ut} = 1.15 + \cancel{ut} + \frac{1}{2}at^2$$

$$5\sqrt{3} = 1.15 + \frac{1}{2} \times a \times (\sqrt{3})^2 \Rightarrow \text{solve } a = 5$$

2. A rocket is moving in a gravity free space with a constant acceleration of 2 ms^{-2} along + x direction (see figure). The length of a chamber inside the rocket is 4m. A ball is thrown from the left end of the chamber in + x direction with a speed of 0.3 ms^{-1} relative to the rocket. At the same time, another ball is thrown in -x direction with a speed of 0.2 ms^{-1} from its right end relative to the rocket. The time in seconds when the two balls hit each other is _____ .

[JEE Advanced 2014]



$$u_{\text{rel}} = .5$$

$$s_{\text{rel}} = 4$$

$$t = \frac{4}{.5}$$

$$t = 8$$

10:12 5G 66%

← Laws of motion 03 : Pulley system...

Video

Comments Popular Doubts Awaiting Doubts Shared Doubts

0

Gaurav Puri 2 hours ago

SIR..AAP KAISE MILL GAYAY... KISMAT PAY AAYAY NA YAKEEN... GAZANI MOVIE SONG DEDICATED TO U

0

Shivam Kumar 2 hours ago

♥♥♥♥♥

0

Gaurav Puri 2 hours ago

MAZZA AAYA.....DANDWAT PRANAM.....SIR..... Kushi mein AANSU NIKAL GAYAY..... REGARDS.....U R BEST TEACHER OF PHYSICS ON EARTH

0

Muskan Mehra 2 hours ago

sir it is my 4 th drop but aa tak physics itna ache se kabhi samajh nahi jitna ab samajh aarha hai and questions bhi solve ho rahe hai...thanku so much sir..kash pehele hi aapse padhne ka mauka kabhi Mila hota....but this year definitely I will clear neet 2026 ...once again thanks a lot sir....

1

shagun 2 hours ago

Thanku soooooooo much sir no.1 teacher in whole world

0

VIVEK 2 hours ago

sir literally aankhon m aanshu aagye piche ke saare chapters backlog m hai isi chapter se start kr rha hu nlm se BILKUL HOPE NHI TH START KRNE SE PEHLE ab bdhiya lag rha

thank u so much sir LOVE U SIR

4

Soumyodeep Ghos... 2 hours ago

Kal tak mai pulley se dar ta raha, ab pulley dekh kar hasi aa rahi hai. Thank you so much Sir for this amazing lecture

1

10:10 5G 66%

← Laws of motion 03 : Pulley system...

Video

Comments Popular Doubts Awaiting Doubts Shared Doubt

Popu Mama an hour ago
sir aap evening m bhi ek lecture le liya kro please 😊😊 sir
bhut mza aata hai aapki class m pdhne m 🌟🌟🌟🌟🌟🌟🌟🌟

Eshita Sharma an hour ago
Thankuu U sir ji 🌟🌟🌟🌟🌟🌟

Shifa Zehra an hour ago
thanku soo much sir ❤️😭

Paromita Pal an hour ago
Saleemians KADDU GANNG OP 🍆🌟🐛🦋🐞🌟🌟🌟🌟

Neha an hour ago
physics ko literally sir aapne itna easy bna diya h believe hi
nhi hota ki ek Saal phle Mera physics kha pr Tha or ab kha
pe h thank you sir

type your comment here

0

Mehwish Wani an hour ago
"Thank you so much, Alakh Sir, ❤️ for assigning Saleem Bhai
❤️ as our teacher for physics. Earlier, physics seemed really
tough, but now it feels very easy. Thank you, Saleem Bhai
❤️. Many students used to struggle with physics in NEET,
but now it's all possible. 🔥❤️

6

Popu Mama an hour ago
tuti tuti 🤣🤣🤣

0

Mohd Hamza Isma... 39 minutes ago
thank youuuu soo muchhh sirrr I was really laughing at
myself while solving these questions like how scared I was
before doing such type of question and now I am playing
with these questions all credits goes to u saleem sir I am
thankful u came in our life thank you sir lots of respect for
you!!! 🙌

5

Arfeen Ali 39 minutes ago
Sir mai pichle saal kota gya tha offline padhne itna
conceptually padhai to offline me bhi nhi hoti thank you sir
❤️💙💜💖💗💕

2

Mohini Dixit 40 minutes ago
thank u so much sir 🙏

0

Insha bashir 42 minutes ago
thank you so much sir ❤️❤️❤️❤️❤️

1





Bhawna Verma

23 minutes ago

sir bht emotional feel ho rha h aaj ka lecture bht bht acha lga literally esii feel kbhi nhi aayi NIM chapter ki ...thankyou so much guruji 🌟🌟🌟 you are the best Saleen bhaiya last k questions me to aag hi lga di sir apne 100 100 100 100

👍 0



Kanha Dhawai

27 minutes ago

sir sach m bhut dar lgta tha phle yeh question dekhker.....or aaj bhut simple lag rhe h thank you so much sir...

👍 0



Jai Shri Ram

27 minutes ago

freestyle coach of physics

👍 0



Aradhya Gupta

27 minutes ago

sir aap itna achha padhate hai ki mn krta sirf physics hi padhu thank uu so much sir 🙏 love from Lucknow 🍀

👍 1



Keshav Medics

17 minutes ago

sir jii appse physics padhkar mere aankhon me aansu aa gaye sach me mera doctor banne ka sapna aap se hi poora hoga . bilkul sir aapse physics padhna mere life ka and neet journey ka best decision tha . and bas ab ishi decision ko AIIMS TAK PAHUCHANA HAI . ab lag raha hai ki Mera bhi sapna pura ho

👍 1



Jai Pratap Sing...

18 minutes ago

ab aa raha h physics padhne ka maja Malik Kaha the Ab tkkk

👍 1



Saksham

18 minutes ago

Saleem sir k aage koi Bol sakta hai kya 😎 True magician of physics




👍 1





 **Bhawna Verma**

23 minutes ago

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 0



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27 minutes ago

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 0



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27 minutes ago



freestyle coach of physics

 0



 **Aradhya Gupta**

27 minutes ago

sir aap itna achha padhate hai ki mn krta sirf physics hi padhu thank uu so much sir  love from Lucknow 

 1



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17 minutes ago

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 1



 **Jai Pratap Sing...**

18 minutes ago


ab aa raha h physics padhne ka maja Malik Kaha the Ab tkkk

 1



 **Saksham**

18 minutes ago

Saleem sir k aage koi Bol sakta hai kya  True magician of physics

 1





Translation

Equilibrium $\longrightarrow F_{\text{net}} = 0 \longrightarrow a = 0$

Rest Rest Rest

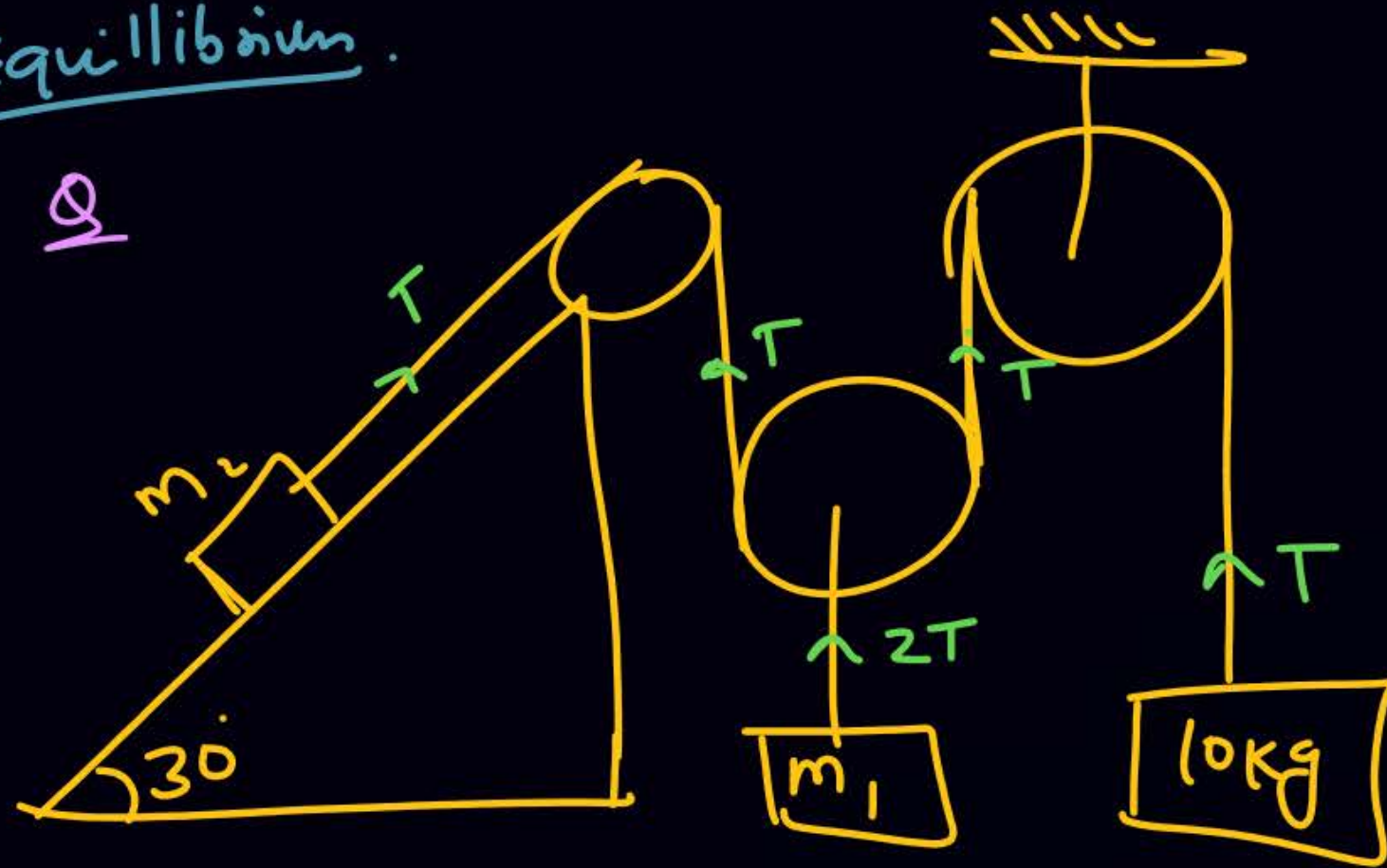
$\vec{v} \longrightarrow \text{const}$
(st. line path)

Rotational equil. $\longrightarrow \tau_{\text{net}} = 0$

\longrightarrow बाद में Rotation में पढ़ेंगे

Equilibrium.

Q



$$T = 100$$

$$2T = m_1 g$$

$$m_1 = 20\text{ kg}$$

$$m_2 g \sin 30 = 100$$

$$m_2 = 20\text{ kg}$$

EXP NEET
2024
Q

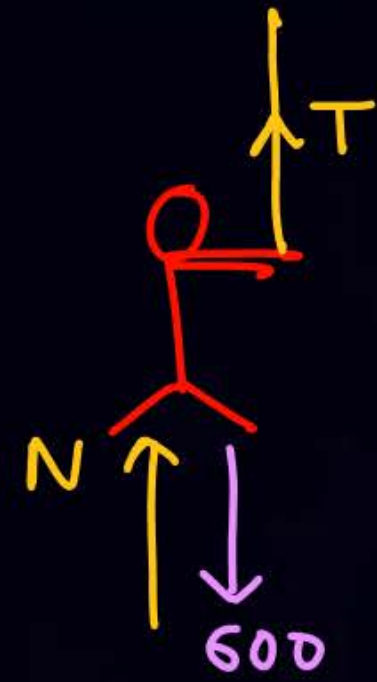
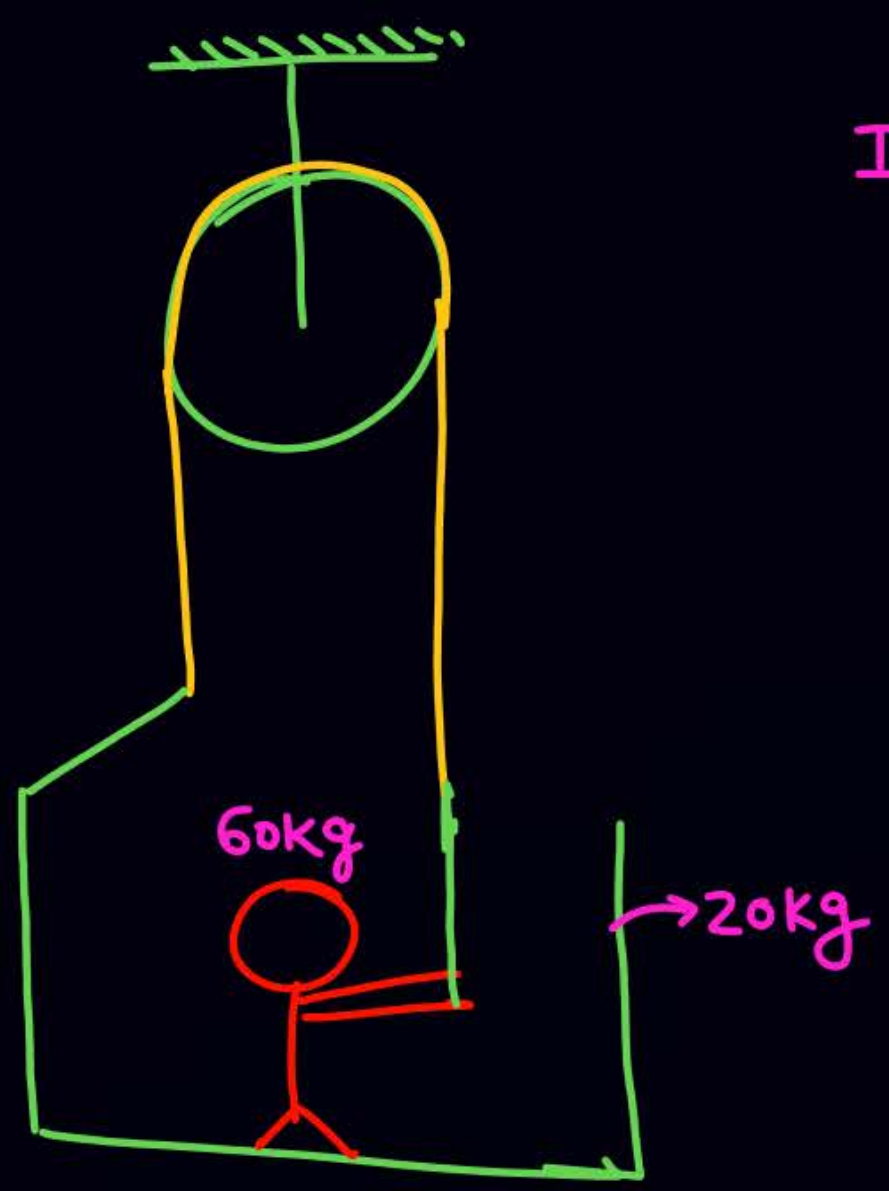


If system is in equilibrium.

find ① T ② Normal contact force b/w man & pinjda ...

Solⁿ

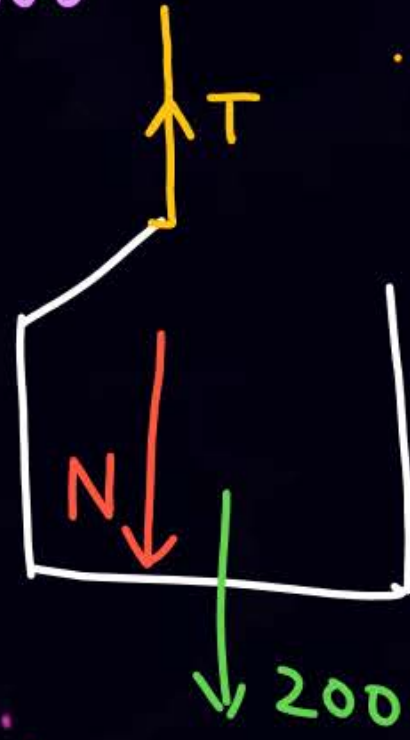
एवा



$$\begin{aligned} T + N &= 600 \\ T &= N + 200 \end{aligned}$$

Solve & get

$$\begin{aligned} N &= 200 \\ T &= 400 \end{aligned}$$

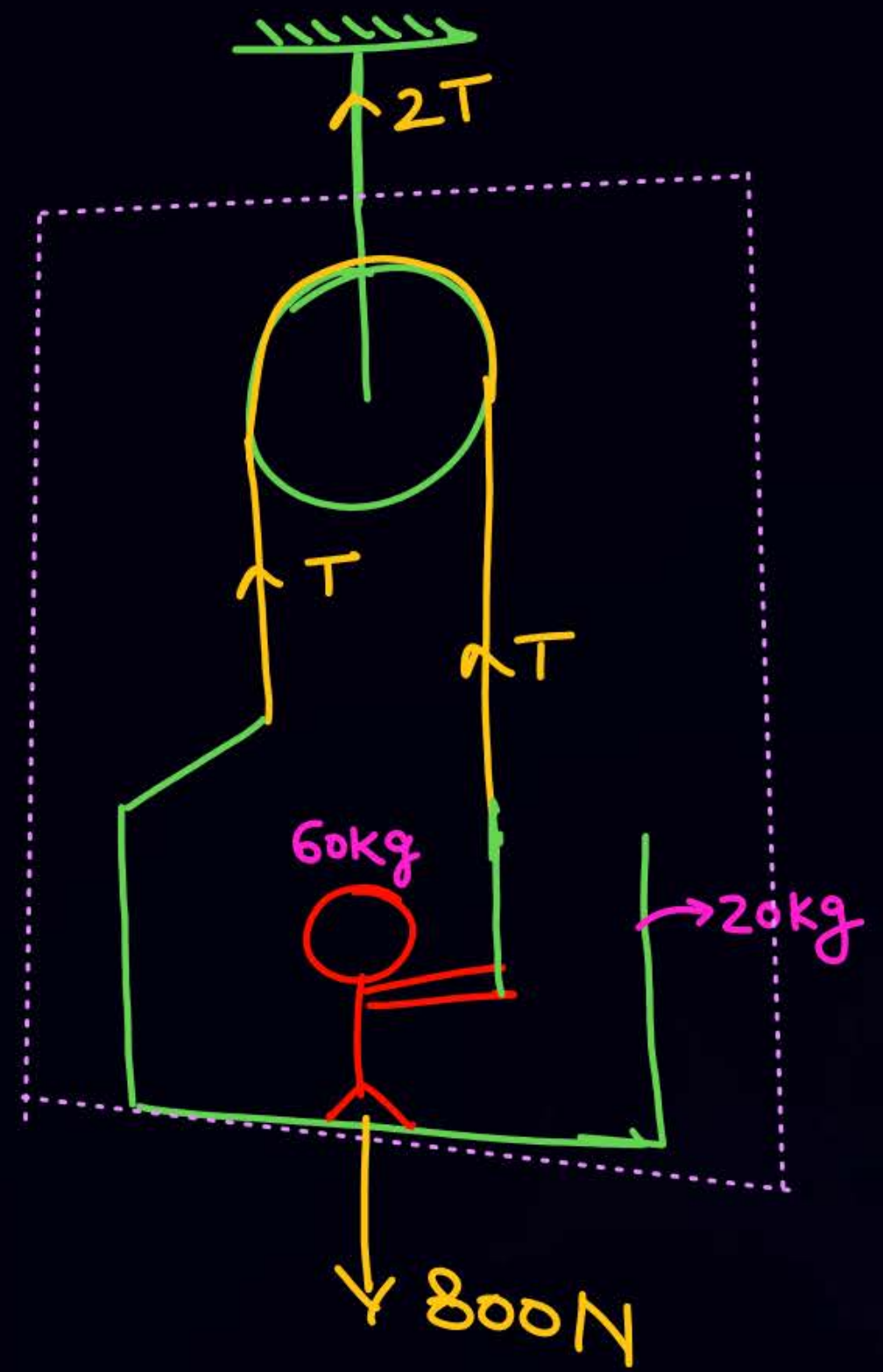


EXP NEET
2024
Q

SKL
method



एवा



$$2T = 800$$
$$T = 400$$



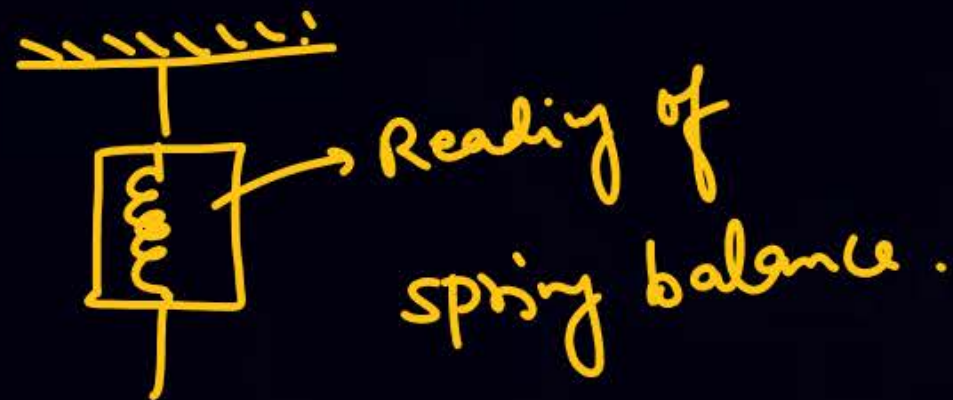
$$T + N = 600$$
$$400 + N = 600$$
$$N = 200$$

SKC box

* T puchne ka tareeka . . .

* N puchne ka tareeka

→ Reading of weighing machine.



SSS & language
Q
NEET 26
Exp

$$2T = 1200$$

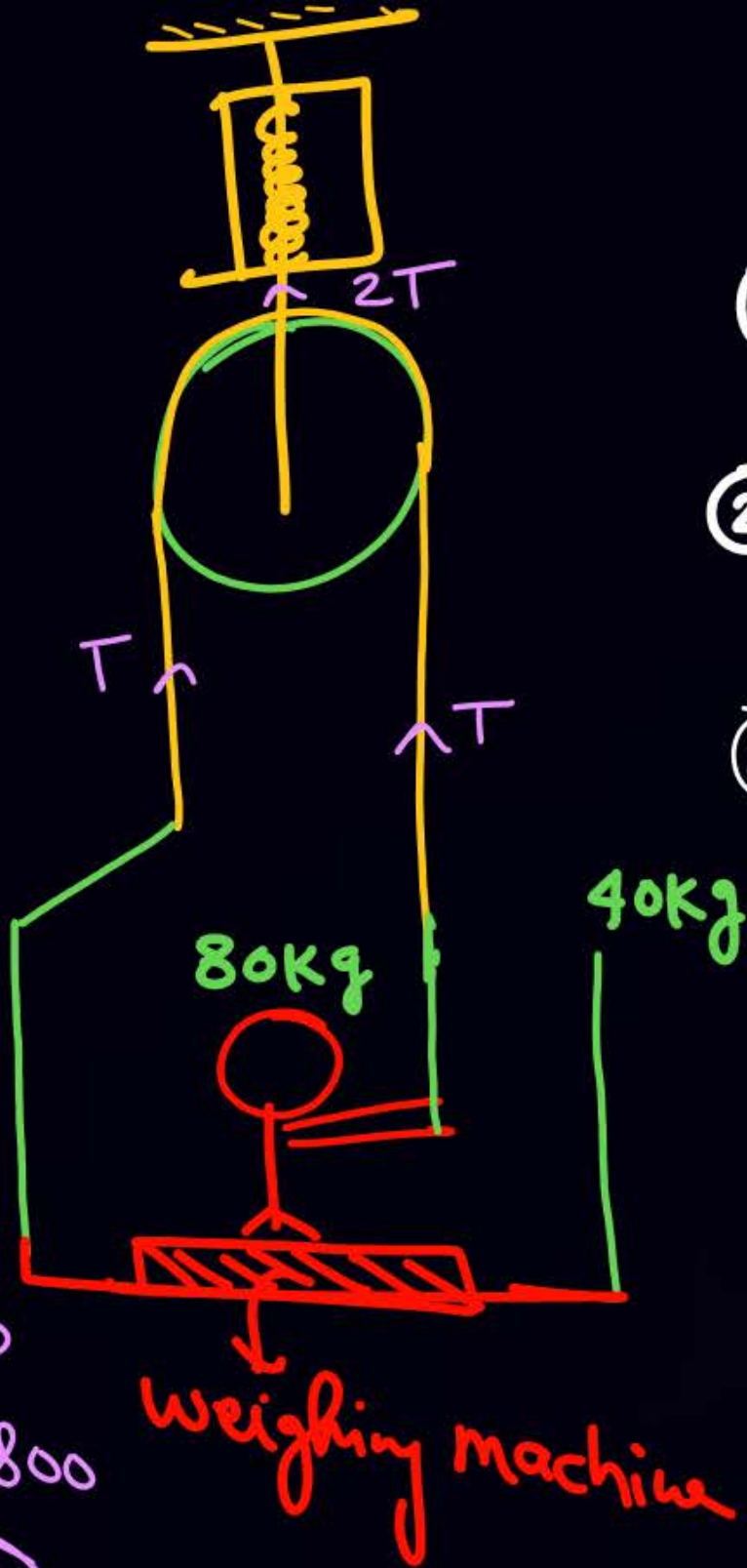
$$T = 600$$



$$T + N = 800$$

$$600 + N = 800$$

$$N = 200$$



If system is in equilibrium.

- ① Reading weighing machine $= N = 200N$
- ② Reading of spring balance $= 2T = 1200N$
- ③ By how much amount of force man is pulling the string. $= T = 600N$
- ④ force applied by string on man $= T = 600N$
- ⑤ force applied by string on ceiling $= 2T = 1200N$

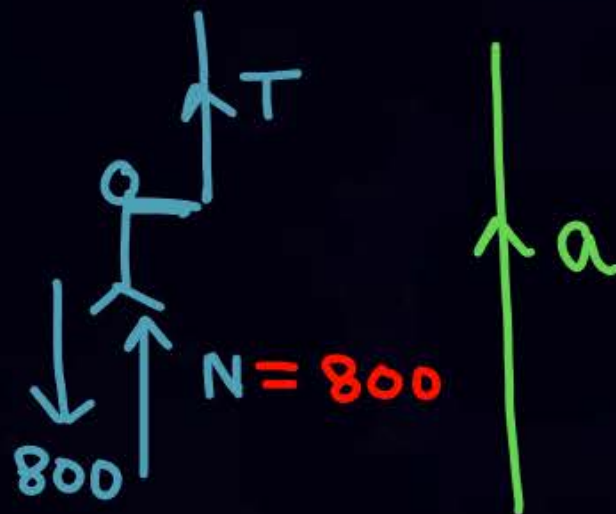
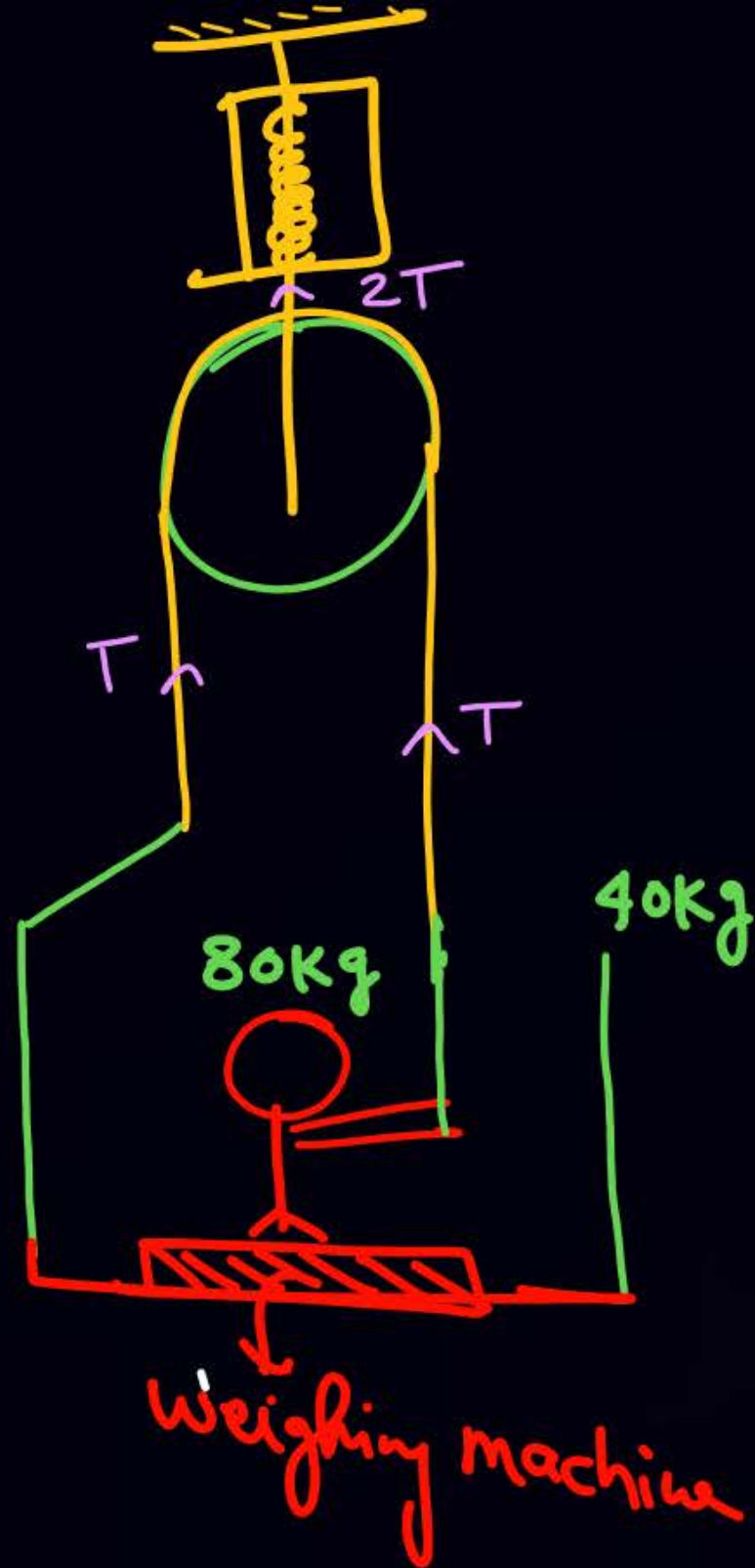


SSS & Language
Q
NEET 26
Exp



(3 Din ke bad)

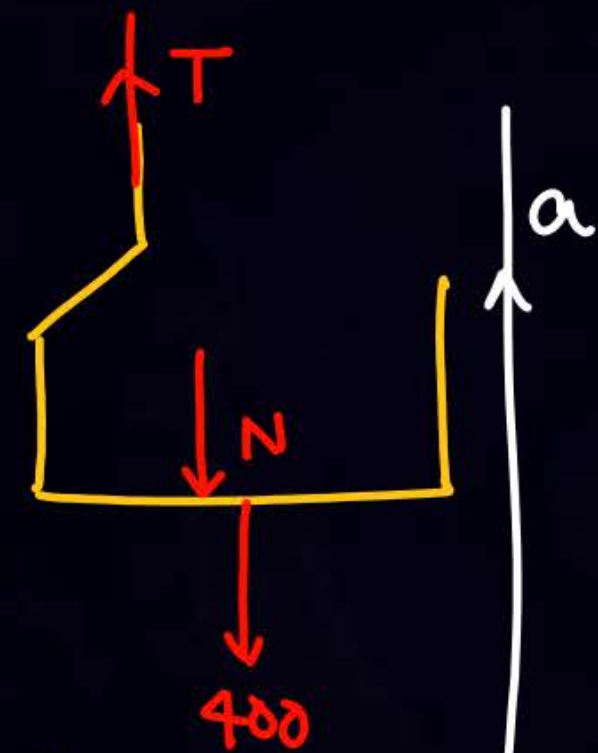
⑥ By how much force man should apply on string so that weighing machine shows true reading.



$$T + 800 - 800 = 80a$$

$$T = 80a$$

— ①



$$T - N - 400 = 40a$$

$$T - 800 - 400 = 40a$$

$$T = 1200 + 40a$$

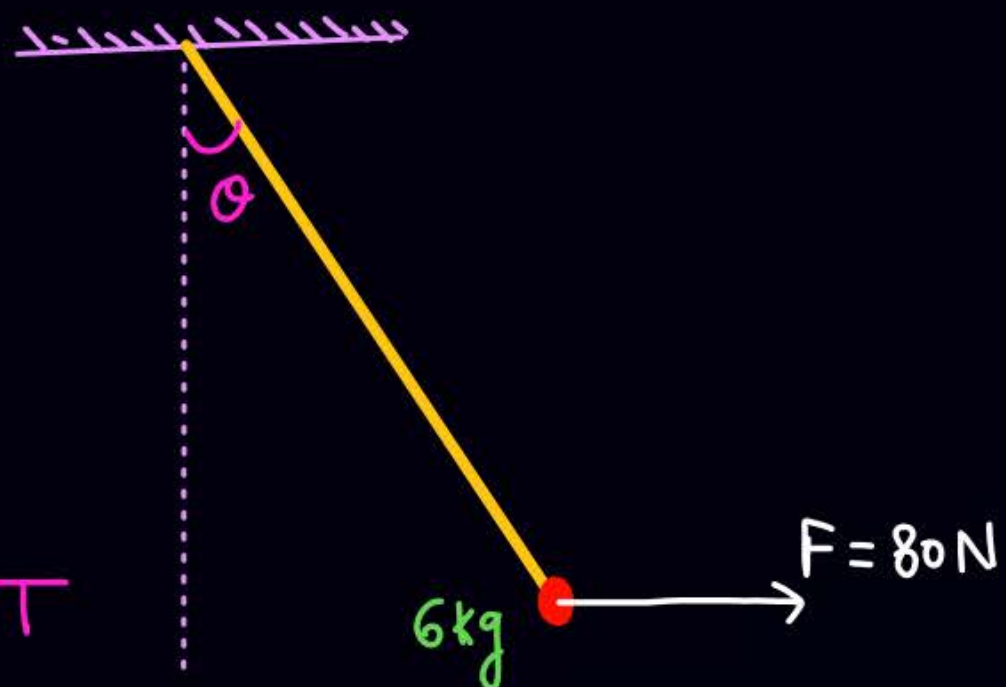
— ②

Solve & get $\Rightarrow T = 2400$

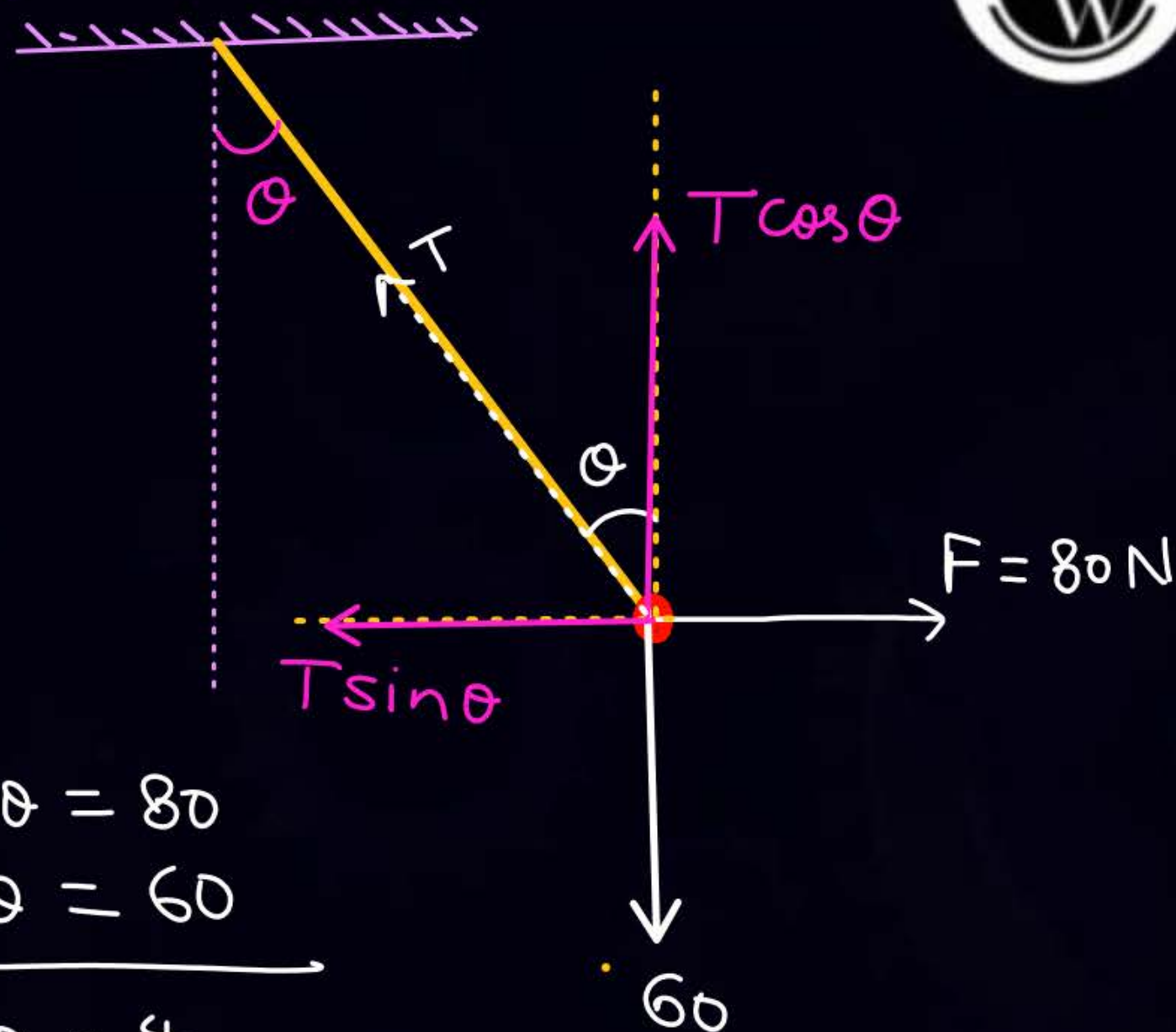
Q

mass is in equilibrium.

find θ & T



Solⁿ



$$T \sin \theta = 80$$

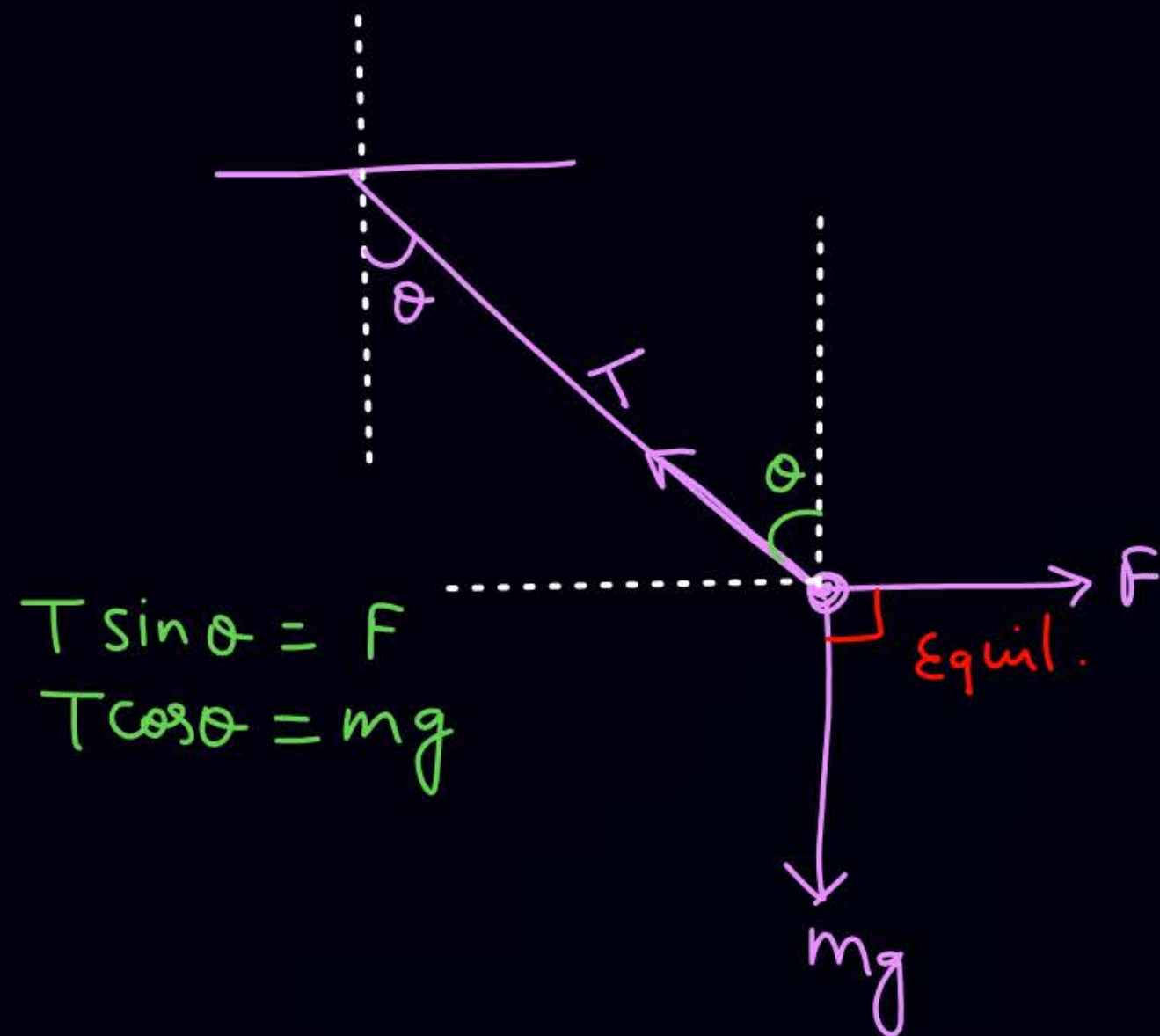
$$T \cos \theta = 60$$

$$\tan \theta = \frac{4}{3}$$

$$\theta = 53^\circ$$

$$T \sin 53^\circ = 80$$

$$T = 100$$

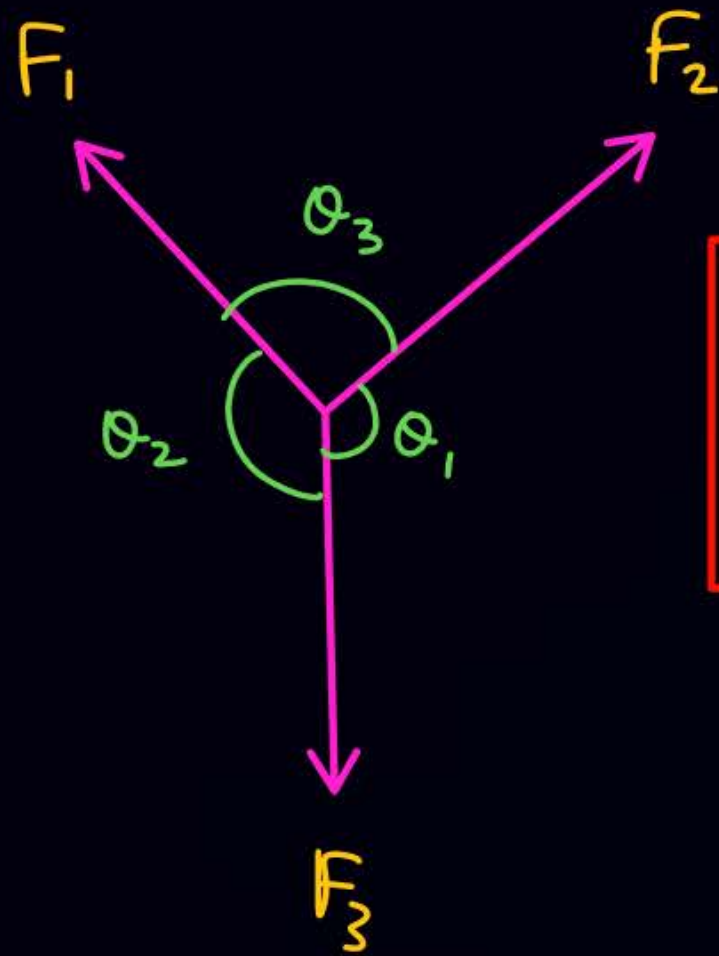


$$\sqrt{F^2 + (mg)^2} = T$$

$$\tan \theta = \frac{F}{mg}$$

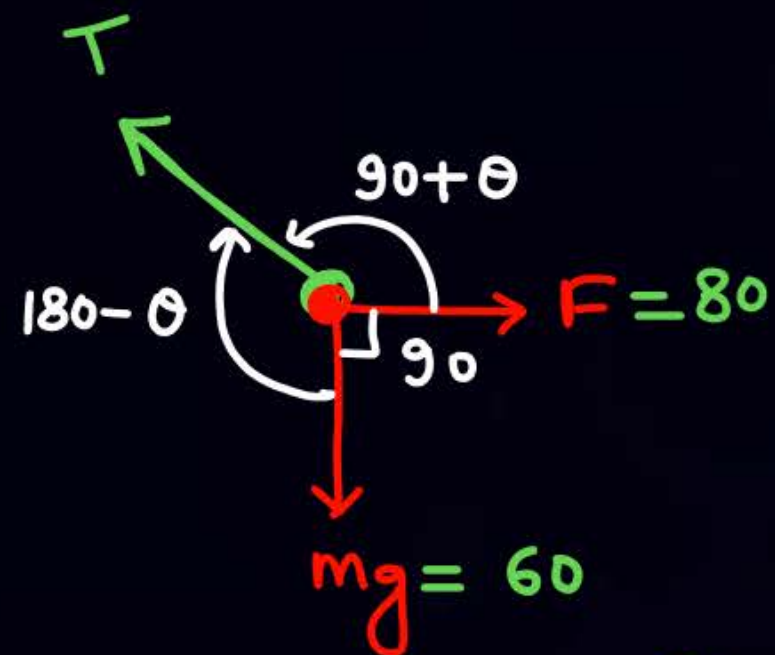
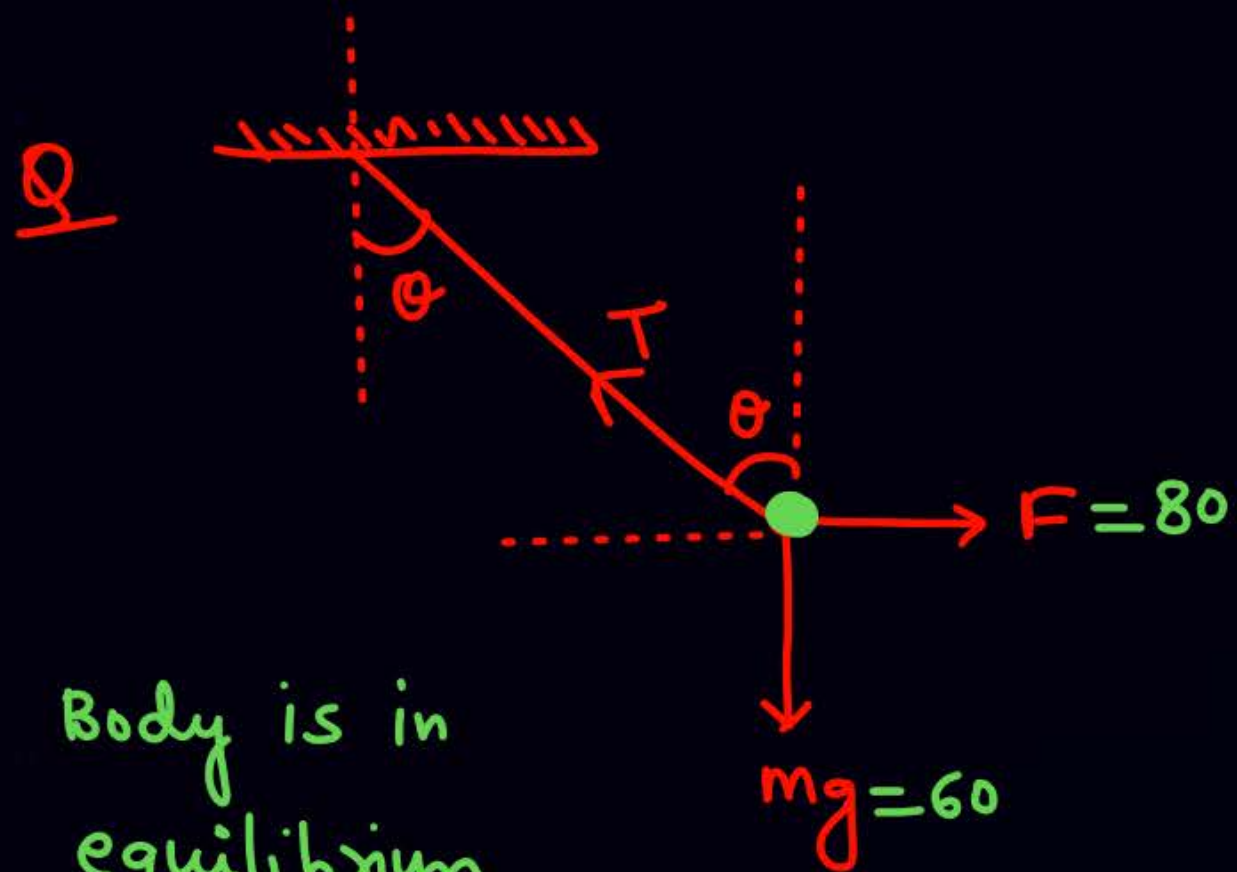
note

Lami's theorem



If $\vec{F}_1 + \vec{F}_2 + \vec{F}_3 = 0$
Body is in equil.

$$\frac{F_1}{\sin \theta_1} = \frac{F_2}{\sin \theta_2} = \frac{F_3}{\sin \theta_3}$$



Ratio
 $\tan \theta = \frac{4}{3}$
 $\theta = 53^\circ$

$$\frac{T}{\sin 90} = \frac{80}{\sin(180 - \theta)} = \frac{60}{\sin(90 + \theta)}$$

$$\frac{T}{1} = \frac{80}{\sin \theta}$$

$$\boxed{T \sin \theta = 80} \quad \text{--- (1)}$$

$$\frac{T}{1} = \frac{60}{\cos \theta}$$

$$\boxed{T \cos \theta = 60} \quad \text{--- (2)}$$

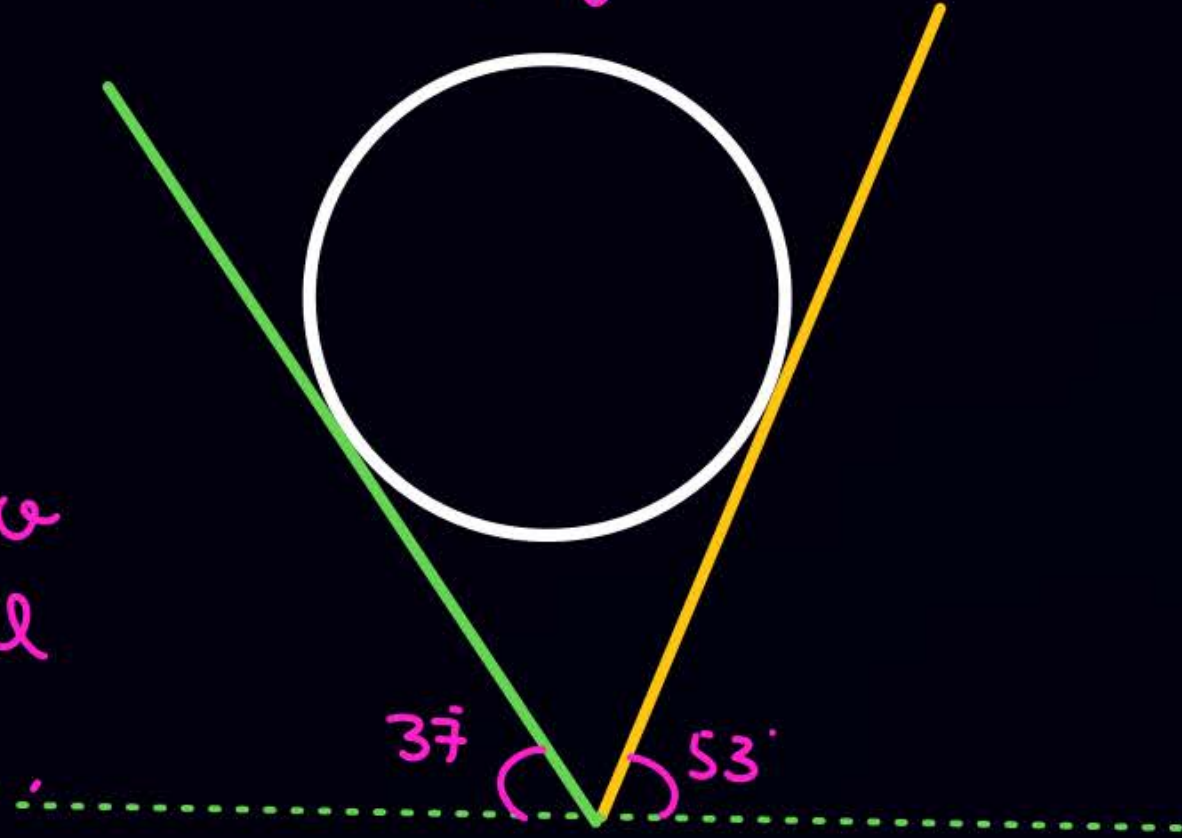
SKC OP ****

jab bhi Kabhi humse N/T puchega... hum FBD
Bomayenge

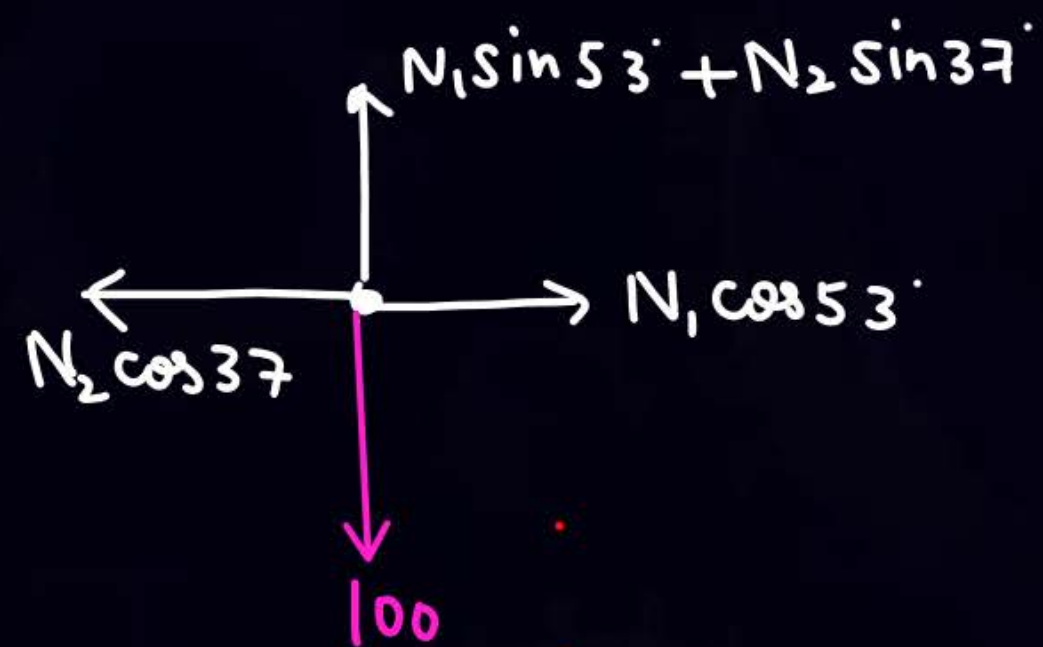
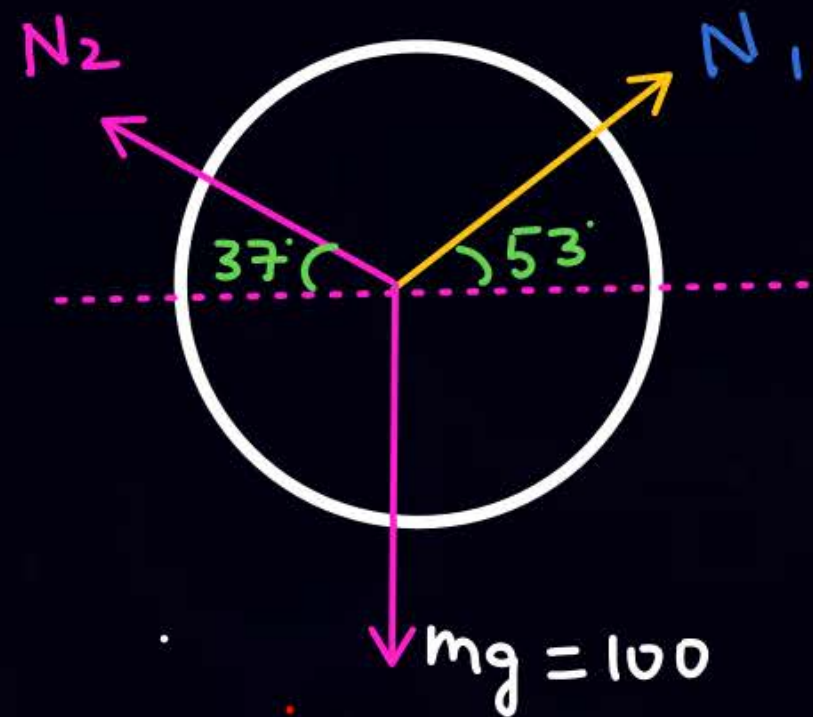
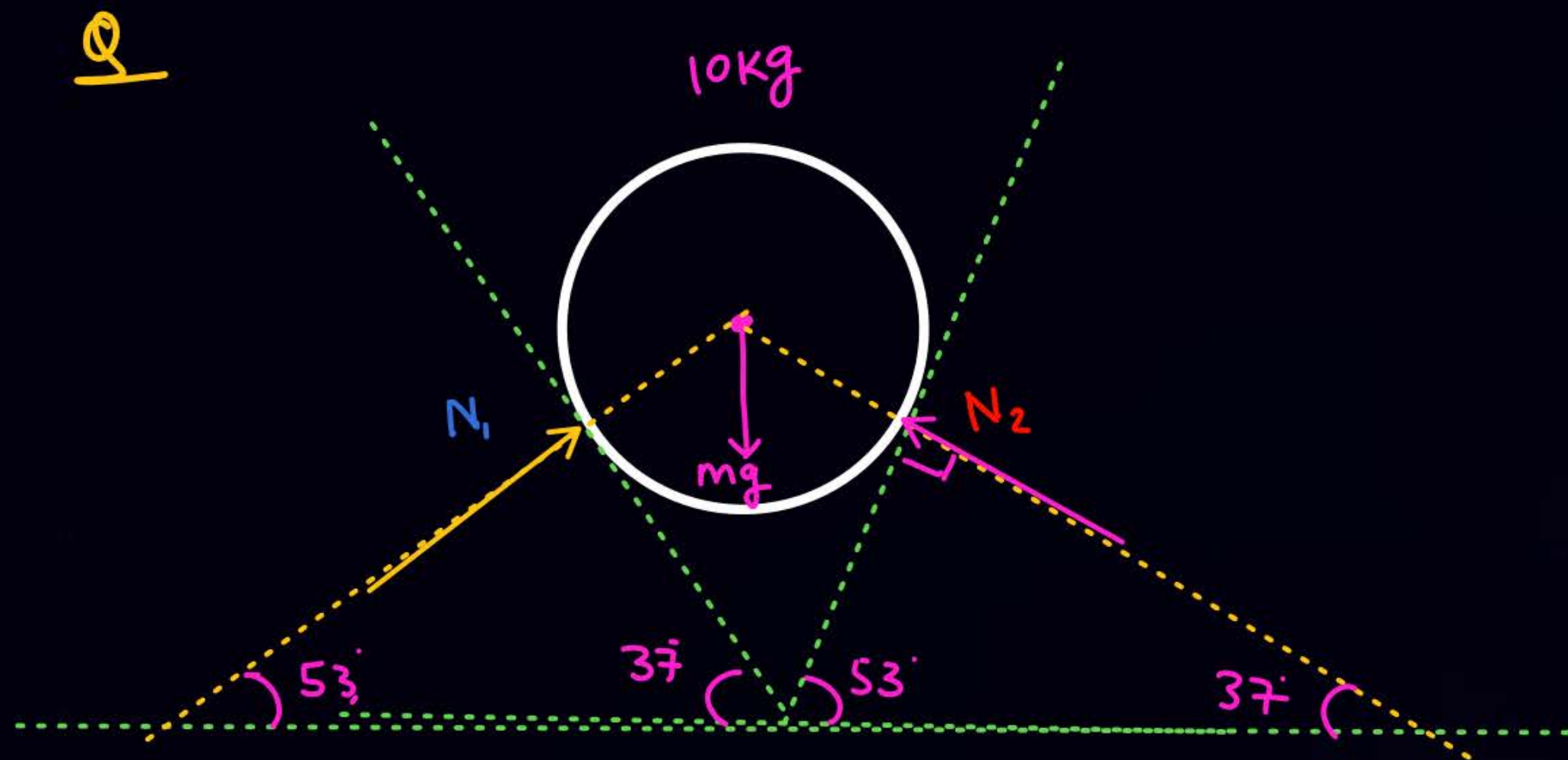
Q

10kg

find the
Normal force
between ball
& inclined.



Q

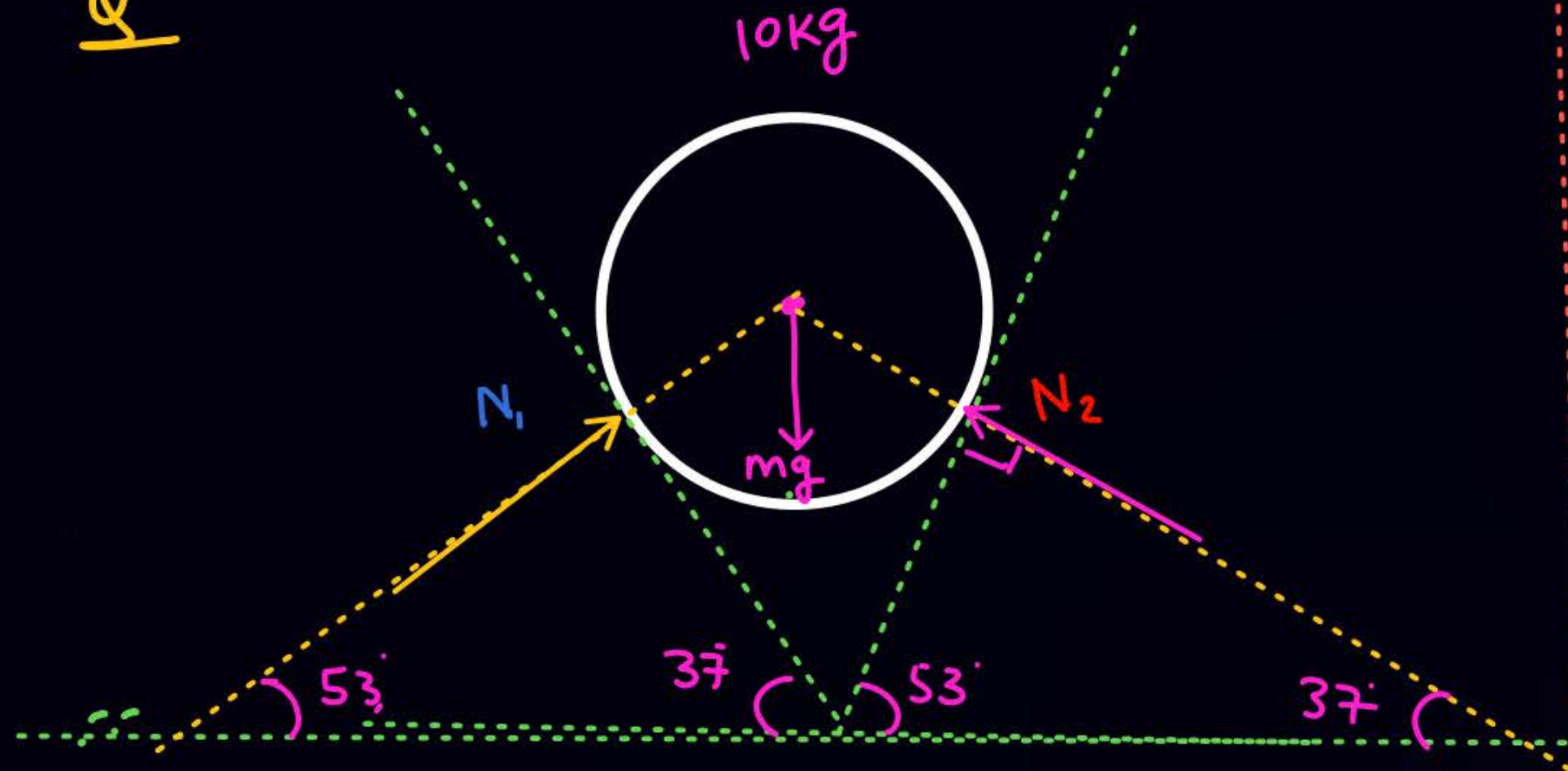


$$\textcircled{1} \quad N_1 \cos 53^\circ = N_2 \cos 37^\circ$$

$$\textcircled{2} \quad N_1 \sin 53^\circ + N_2 \sin 37^\circ = 100$$

Solve & get $N_1 = 80$, $N_2 = 60$

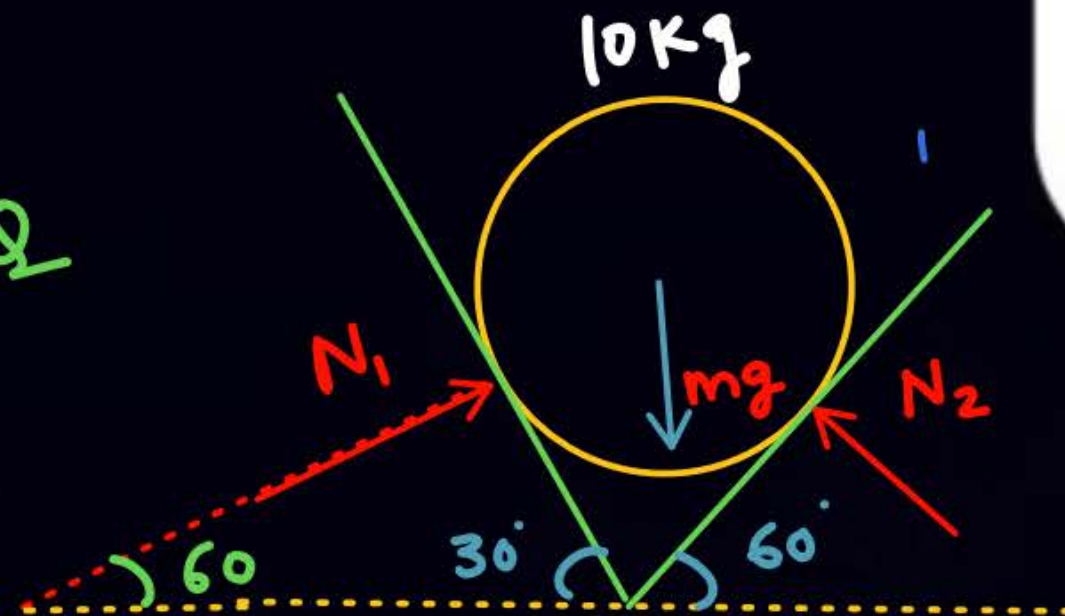
Q



$$N_1 \cos 53^\circ = N_2 \cos 37^\circ$$

$$N_1 \sin 53^\circ + N_2 \sin 37^\circ = 100$$

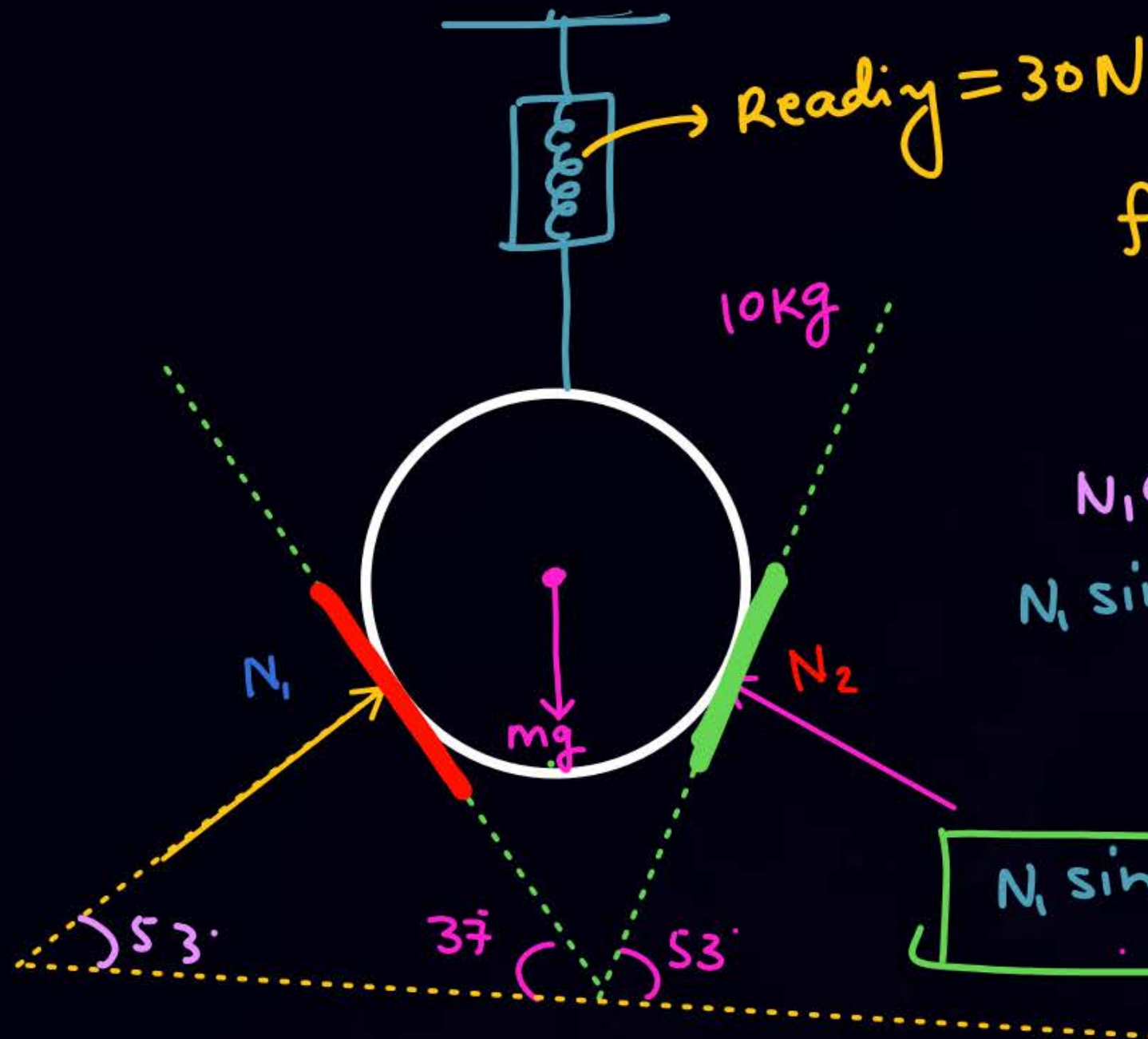
Q



$$N_1 \cos 60^\circ = N_2 \cos 30^\circ$$

$$N_1 \sin 60^\circ + N_2 \sin 30^\circ = 100$$

Q



10 kg

Reading $= 30\text{ N}$

find N_1 & N_2

$$N_1 \cos 53^\circ = N_2 \cos 37^\circ$$

$$N_1 \sin 53^\circ + N_2 \sin 37^\circ + 30 = 100$$

$$N_1 \sin 53^\circ + N_2 \sin 37^\circ = 70$$

Homework

- Kinematics KPP (PYQ) \equiv just see atleast.
- KPP (for NLM) (Let's move to NLM)
→ will be upload today evening.



THANK
YOU