|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| N=2138 |  | Mean | Median | Range |
| Fairly\_Active (mins) | covid | 15.625 | 12.42 | 0.067-136.53 |
| Non-covid | 15.45 | 12.42 | 0.067-133.875 |
| Lightly\_Active (mins) | covid | 179.64 | 179.64 | 0.067-448.87 |
| Non-covid | 217.67 | 217.66 | 0.53-471.54 |
| Sedentary (mins) | covid | 899.17 | 814.46 | 114.93-1440 |
| Non-covid | 881.04 | 782.35 | 138.62-1440 |
| Very\_Active (mins) | covid | 16.54 | 16.54 | 0.067-171.87 |
| Non-covid | 26.25 | 26.25 | 0.059-183.31 |
| BMI | covid | 28.07 | 27.38 | 15.96-62.15 |
| Non-covid | 28.22 | 27.39 | 15.96-62.15 |
| Calories | covid | 2107.31 | 2089.27 | 820.27-4866.67 |
| Non-covid | 2290.08 | 2279.14 | 519.33-5037.33 |
| Distance | covid | 4.17 | 4.17 | 0.0035-16.16 |
| Non-covid | 5.92 | 5.92 | 0.00238-24.97 |
| Efficiency | covid | 87.70 | 92.38 | 33.56-100 |
| Non-covid | 88.16 | 92.23 | 30-100 |
| Steps | covid | 5972.44 | 5972.44 | 4.87-22683.07 |
| Non-covid | 8411.56 | 8411.56 | 3.73-29993.59 |
| RHR | covid | 65.15 | 65.15 | 42.2-93.43 |
| Non-covid | 64.41 | 64.41 | 40.67-91.77 |
| GAD-7 | covid | 4.85 | 4.85 | 0-21 |
| Non-covid | 5.73 | 5.73 | 0-21 |
| PHQ-8 | covid | 5.74 | 5.74 | 0-23 |
| Non-covid | 7.47 | 7.47 | 0-24 |
| Age | All | 44.64 | 45 | 15-87 |

Description Table