

BMI Table for Adults	
Category of Body Type	BMI Range (kg/m^2)
Severe Thinness	< 16
Moderate Thinness	16.1 to 17
Mild Thinness	17.1 to 18.5
Normal	18.6 to 25
Overweight	25.1 to 30
Obese Class I	30.1 to 35
Obese Class II	35.1 to 40
Obese Class III	> 40