

Handlist H39: **THE ALLINSON PAPERS (MSS 3186-3197)**

Largely Presented in June 1987 by Booker Health Foods.

**MS 3186**

- .1 Allinson, B.P. 'Some unscientific aspects of serum treatment'. Ms. 6 pages, loose. n.d.  
Allinson, T.R. Rheumatism, Acute and Chronic. Ms. 36 pages. March 1885.  
Allinson, T.R. Preface (10 pages) and first 2 pages of 'chapter 1' of untitled manuscript.  
Ottaway, W.J. Letter from W.J. Ottaway of 'Barrett & Ottaway' (Bakers) to Allinson Sales Dept Aug. 28th 19-. Enclosed copy of agreement, 28th July 1914.  
Allinson Ltd. Now-to Reap your Harvest. 12pp. showing advertisements for Allinson's bread. n.d. Printed.  
Allinson Ltd. 2 photocopies of above pamphlet.
- .2 Poster: "Why be ill?"  
Poster: "Allinsonian Bread"  
Photograph: Allinson breadboard and breadknife.  
Nicholls, T.L. The Penny Vegetarian Cookery. (Revised by Allinson). 40p. (London, Nicholls-Brill, 1891).  
New Health Society. The Staff of Life - Shall it be wholemeal or white? 20p. (London, New Health Society, 1928).  
Allinson, T.R. Poster advertising lecture to be given by Allinson at the Town Hall, Berkhamsted. 13 January 1892.  
Allinson, T.R. 2 portrait photographs.  
Allinson, T.R. Print of photograph showing horse drawn Allinson cart, Whitwell, Isle of Wight.  
Single page leaflets: price list "Dr Allinson's Specialities", n.d.; price list for foods and toiletries, n.d.; handbill for "First Public Meeting of Natural Living Society", n.d. "Address by Dr Allinson"; handbill for "Annual General Meeting of Malthusian League" 12 May 1891, "Speakers Dr Allinson ..."; "Good News for All", a lecture on health ... by T.R. Allinson, 19 November, n.d.  
2 photocopies of certificate of standards given to J. Powell (baker) by Allinson, 30 May 1899.  
The Wholemeal Bread Crusade. Printed pamphlet. 1925.  
Allinson, T.R. The Advantages of Wholemeal Bread. 16p. (London, Allinson Pubns, n.d.)  
Loose bundle of newspaper and magazine cuttings relating to Allinson. 1899-1912.
- .3 Allinson, T.R. Allinson's Essays, Vols. 1-15 bound in one (new & rev. ed.) London, 1901-1903. Printed.
- .4 Allinson, T.R. Allinson's Essays - as above - bound with: Our Progressive Health Club - rules, fliers etc.; Allinson, T.R, A System of Hygienic Medicine,

- 7th ed. (London 1902); and May, E. & B., *Comprehensive Cookery* (London 1897).
- .5 Allinson, T.R. *The Allinson Vegetarian Cookery Book*. 191p. Natural Food Co. Ltd. (London 1905).
  - .6 Allinson, T.R. *The Allinson Vegetarian Cookery Book*. 175p. Natural Food Co. Ltd. (London 1912).
  - .7 *The Handbook of Allinson Wholemeal Cookery* (West Byfleet, Allinson, 1984).

MS 3187:

Bound scrapbook pertaining to Allinson: mainly newspaper cuttings, plus handbills, lecture posters etc. for 1881-1884 (with inscription).

MS 3188:

Bound scrapbook pertaining to Allinson: mainly newspaper cuttings, plus handbills, lecture posters etc. for 1884-1885.

MS 3189:

Bound scrapbook pertaining to Allinson: mainly newspaper cuttings, plus handbills, lecture posters etc. for 1885-1887.

MS 3190:

Bound scrapbook pertaining to Allinson: mainly newspaper cuttings, plus handbills, lecture posters etc. for 1888-1889.

MS 3191:

Bound scrapbook pertaining to Allinson: mainly newspaper cuttings, plus handbills, lecture posters etc. for 1909-1924.

MS 3192:

Bound scrapbook pertaining to Allinson: mainly newspaper cuttings, plus handbills, lecture posters etc. for 1889-1895.

MS 3193:

Bound scrapbook pertaining to Allinson: mainly newspaper cuttings, plus handbills, lecture posters etc. for 1895-1899.

MS 3194:

Bound scrapbook pertaining to Allinson: mainly newspaper cuttings, plus handbills, lecture posters etc. for 1911-1918.

MS 3195:

Folder of newspaper pages, mostly *Reynold's Newspaper* 1913-1914.

MS 3196:

- .1 "Vanity Fair" supplement: *Men of the Day* no. 1299. "Wholemeal bread" (Dr. T.R. Allinson).
- .2 Scrapbook of newspaper cuttings for various years, 1890s-c.1918.

MS 3197:

Bound scrapbook pertaining to Allinson: mainly newspaper cuttings, plus handbills, lecture posters etc. for 1887-1889.

(E87.67; E88.100; E90.16)