

Main Game Controls:

W:Forward (Uses Stamina to boost)  
A:Left  
D:Right  
S:Slowdown (But don't use this!)  
Escape Key (Esc):Pause

Pause Screen Controls:

Q:Quit to the main menu  
1,2,3:Save to slots (and overwrite)

Hit the powerups to get boosts!

Heal:Gain health back!  
Shield:Block the next obstacle's damage!  
Speed:Gain speed for this round!  
Agility:Gain agility for this round!  
Stamina:Gain stamina back!