

# STA 314: Statistical Methods for Machine Learning I

## Lecture - Gradient Descent

Xin Bing

Department of Statistical Sciences  
University of Toronto

# A general problem of solving a minimization problem

Suppose we want to solve the following problem

$$\hat{\mathbf{w}} = \operatorname{argmin}_{\mathbf{w} \in \Theta} \mathcal{J}(\mathbf{w}; \mathcal{D}^{train}) := \operatorname{argmin}_{\mathbf{w} \in \Theta} \mathcal{J}(\mathbf{w})$$

where

- $\mathcal{J}(\mathbf{w})$  is a differentiable function in  $\mathbf{w} = (w_1, \dots, w_p)$
- $\Theta$  is the parameter space of  $\mathbf{w}$ , typically chosen as a subspace of  $\mathbb{R}^p$
- The **optimal solution** (if exists) must be a **critical point**,  
i.e. point to which the derivative is zero  
(partial derivatives to zero for multi-dimensional parameter).

# Finding the optimal solution requires to solve the equations

- **Partial derivatives:** derivatives of a multivariate function with respect to one of its arguments.

$$\frac{\partial}{\partial w_1} \mathcal{J}(w_1, w_2) = \lim_{h \rightarrow 0} \frac{\mathcal{J}(w_1 + h, w_2) - \mathcal{J}(w_1, w_2)}{h}$$

- The minimum must occur at a point where the partial derivatives are zero

$$\begin{bmatrix} \frac{\partial \mathcal{J}}{\partial w_1} \\ \vdots \\ \frac{\partial \mathcal{J}}{\partial w_p} \end{bmatrix} (\hat{\mathbf{w}}) = 0$$

- This implies a system of equations, which we can solve analytically in some scenarios.
- We may also use optimization techniques that iteratively get us closer to the solution.

# Direct solution

- OLS:

$$\hat{\mathbf{w}} = \underset{\mathbf{w} \in \mathbb{R}^p}{\operatorname{argmin}} \mathcal{J}(\mathbf{w}; \mathcal{D}^{train}) = \underset{\mathbf{w} \in \mathbb{R}^p}{\operatorname{argmin}} \|\mathbf{y} - \mathbf{X}\mathbf{w}\|_2^2.$$

The partial derivatives w.r.t.  $\mathbf{w}$  are

$$\frac{\partial \mathcal{J}}{\partial \mathbf{w}} = -2\mathbf{X}^\top (\mathbf{y} - \mathbf{X}\mathbf{w}). \quad = 0$$

$p \times 1$        $p \times n \times 1$

(If not familiar with multi-dimensional derivatives, calculate  $\frac{\partial \mathcal{J}}{\partial w_j}$  and stack them together).

Setting the above equal to zero results

$$\underline{\mathbf{X}^\top \mathbf{X} \hat{\mathbf{w}} = \mathbf{X}^\top \mathbf{y}}, \quad \Rightarrow \quad \underline{\hat{\mathbf{w}} = (\mathbf{X}^\top \mathbf{X})^{-1} \mathbf{X}^\top \mathbf{y}}.$$

- Ridge:

$$\hat{\mathbf{w}}_{\lambda}^R = \operatorname{argmin}_{\mathbf{w} \in \mathbb{R}^p} \mathcal{J}(\mathbf{w}; \mathcal{D}^{train}) = \operatorname{argmin}_{\mathbf{w} \in \mathbb{R}^p} \|\mathbf{y} - \mathbf{X}\mathbf{w}\|_2^2 + \lambda \|\mathbf{w}\|_2^2.$$

The partial derivatives w.r.t.  $\mathbf{w}$  are

$$\frac{\partial \mathcal{J}}{\partial \mathbf{w}} = -2\mathbf{X}^{\top}(\mathbf{y} - \mathbf{X}\mathbf{w}) + 2\lambda\mathbf{w}.$$

Setting the above equal to zero results

$$(\mathbf{X}^{\top}\mathbf{X} + \lambda\mathbf{I}_p)\hat{\mathbf{w}}_{\lambda}^R = \mathbf{X}^{\top}\mathbf{y}, \quad \Rightarrow \quad \hat{\mathbf{w}}_{\lambda}^R = (\mathbf{X}^{\top}\mathbf{X} + \lambda\mathbf{I}_p)^{-1}\mathbf{X}^{\top}\mathbf{y}.$$

# Gradient Descent

- Now let's see a second way to solve

$$\hat{\mathbf{w}} = \underset{\mathbf{w}}{\operatorname{argmin}} \mathcal{J}(\mathbf{w})$$

which is more broadly applicable: **gradient descent**.

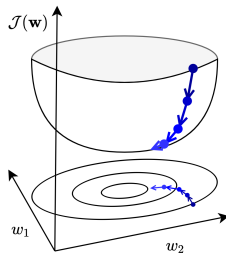
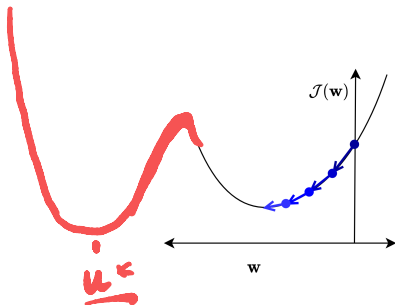
- Many times, we do not have a direct solution to

$$\frac{\partial \mathcal{J}}{\partial \mathbf{w}} = 0.$$

- Gradient descent is an **iterative algorithm**, which means we apply an update repeatedly until some criterion is met.

# Gradient Descent

We **initialize**  $\mathbf{w}$  to something reasonable (e.g. all zeros) and repeatedly adjust them in the direction of **steepest descent** of the loss function  $\mathcal{J}$ .



What is the direction of the steepest descent of  $\mathcal{J}(\mathbf{w})$  at  $\mathbf{w}$ ?

# Gradient Descent

- By definition, the direction of the greatest increase in  $\mathcal{J}(\mathbf{w})$  at  $\mathbf{w}^{(0)}$  is its gradient

$$\left. \frac{\partial \mathcal{J}(\mathbf{w})}{\partial \mathbf{w}} \right|_{\mathbf{w}=\mathbf{w}^{(0)}} \in \mathbb{R}^p$$

- So, we update  $\mathbf{w}$  in the **opposite** direction of the gradient at  $\mathbf{w}^{(0)}$ :

$$\mathbf{w}^{(1)} = \mathbf{w}^{(0)} - \alpha \cdot \left. \frac{\partial \mathcal{J}(\mathbf{w})}{\partial \mathbf{w}} \right|_{\mathbf{w}=\mathbf{w}^{(0)}}$$

for some  $\alpha > 0$ .

- If  $\alpha$  is chosen small, then

$$\mathcal{J}(\mathbf{w}^{(1)}) < \mathcal{J}(\mathbf{w}^{(0)})$$

unless  $\partial \mathcal{J}(\mathbf{w}) / \partial \mathbf{w}$  at  $\mathbf{w}^{(0)}$  is zero.



# Gradient descent: coordinatewise viewpoint

By repeating the above procedure: for  $k = 0, 1, 2, \dots$ ,

- at the  $(k + 1)$ th iteration, for each  $j \in \{1, 2, \dots, p\}$ ,

$$w_j^{(k+1)} \leftarrow w_j^{(k)} - \alpha \cdot \left. \frac{\partial \mathcal{J}}{\partial w_j} \right|_{\mathbf{w}=\mathbf{w}^{(k)}}$$

- $\alpha > 0$  is a **learning rate** (or step size).
  - ▶ The larger it is, the faster  $\mathbf{w}^{(k+1)}$  changes relative to  $\mathbf{w}^{(k)}$
  - ▶ We'll see later how to tune the learning rate, but values are typically small, e.g. 0.01 or 0.0001.

## Example

$$\hat{\mathbf{w}} = \operatorname{argmin}_{\mathbf{w} \in \mathbb{R}^p} \mathcal{J}(\mathbf{w}), \quad \mathcal{J}(\mathbf{w}) = \|\mathbf{y} - \mathbf{X}\mathbf{w}\|_2^2.$$

Update rule in vector form at the  $k + 1$ th iteration:

$$\begin{aligned} \mathbf{w}^{(k+1)} &\leftarrow \mathbf{w}^{(k)} - \alpha \frac{\partial \mathcal{J}}{\partial \mathbf{w}} \Big|_{\mathbf{w}=\mathbf{w}^{(k)}} \\ &= \mathbf{w}^{(k)} + 2\alpha \mathbf{X}^\top (\mathbf{y} - \mathbf{X}\mathbf{w}^{(k)}). \end{aligned}$$

Initialization:  $\mathbf{w}^{(0)} = \mathbf{0}$ .

# Gradient descent for Ridge

## Example

$$\hat{\mathbf{w}} = \underset{\mathbf{w} \in \mathbb{R}^p}{\operatorname{argmin}} \mathcal{J}(\mathbf{w}), \quad \mathcal{J}(\mathbf{w}) = \|\mathbf{y} - \mathbf{X}\mathbf{w}\|_2^2 + \lambda \|\mathbf{w}\|_2^2.$$

Update rule in vector form at the  $k + 1$ th iteration:

$$\begin{aligned} \mathbf{w}^{(k+1)} &\leftarrow \mathbf{w}^{(k)} - \alpha \frac{\partial \mathcal{J}}{\partial \mathbf{w}} \Big|_{\mathbf{w}=\mathbf{w}^{(k)}} \\ &= \mathbf{w}^{(k)} + 2\alpha \mathbf{X}^\top (\mathbf{y} - \mathbf{X}\mathbf{w}^{(k)}) - 2\alpha \lambda \mathbf{w}^{(k)}. \end{aligned}$$

$$\sum_i |\beta_i|$$

Initialization:  $\mathbf{w}^{(0)} = \mathbf{0}$ .

# Subgradient descent for convex but nondifferentiable functions

When  $\mathcal{J}(\cdot)$  is convex but not differentiable at  $\mathbf{x}$ , one can use its subgradient at  $\mathbf{x}$ , defined as

$$\partial\mathcal{J}(\mathbf{x}) := \{v : \mathcal{J}(\mathbf{y}) \geq \mathcal{J}(\mathbf{x}) + (\mathbf{y} - \mathbf{x})^\top v, \forall \mathbf{y} \in \Theta\}.$$

For  $f(x) = |x|$ ,

$$\partial f(x) = \begin{cases} 1 & x > 0 \\ -1 & x < 0 \\ (-1, 1) & x = 0 \end{cases}$$

For  $f(\mathbf{x}) = \|\mathbf{x}\|_1$ ,

$$[\partial f(\mathbf{x})]_j = \begin{cases} 1 & x_j > 0 \\ -1 & x_j < 0 \\ (-1, 1) & x_j = 0 \end{cases}$$

## Example

$$\hat{\mathbf{w}} = \operatorname{argmin}_{\mathbf{w} \in \mathbb{R}^p} \mathcal{J}(\mathbf{w}), \quad \mathcal{J}(\mathbf{w}) = \|\mathbf{y} - \mathbf{X}\mathbf{w}\|_2^2 + \lambda \|\mathbf{w}\|_1.$$

Update rule in vector form at the  $k + 1$ th iteration:

$$\begin{aligned} \mathbf{w}^{(k+1)} &\leftarrow \mathbf{w}^{(k)} - \alpha \left. \frac{\partial \mathcal{J}}{\partial \mathbf{w}} \right|_{\mathbf{w}=\mathbf{w}^{(k)}} \\ &= \mathbf{w}^{(k)} + 2\alpha \mathbf{X}^\top (\mathbf{y} - \mathbf{X}\mathbf{w}^{(k)}) - \alpha \lambda \partial(\|\mathbf{w}\|_1) \mid \mathbf{w}^{(k)}. \end{aligned}$$

Initialization:  $\mathbf{w}^{(0)} = \mathbf{0}$ .

# Stopping criteria

When do we stop?

- The objective value stops changing:

$$|\mathcal{J}(\mathbf{w}^{(k+1)}) - \mathcal{J}(\mathbf{w}^{(k)})| \text{ is small, } \quad \text{e.g. } \leq 10^{-6}.$$

- The parameter stops changing:  $\|\mathbf{w}^{(k+1)} - \mathbf{w}^{(k)}\|_2$  is small or  $\|\mathbf{w}^{(k+1)} - \mathbf{w}^{(k)}\|_2 / \|\mathbf{w}^{(k)}\|_2$  is small.
- When we reach the maximum number ( $M$ ) of iterations, e.g.  $M = 1000$ .

# When do we expect Gradient Descent (GD) to work?

Recall that we try to solve

$$\hat{\mathbf{w}} = \operatorname{argmin}_{\mathbf{w} \in \Theta} \mathcal{J}(\mathbf{w}).$$

- Obviously,  $\mathcal{J}$  needs to be differentiable.
- If  $\mathcal{J}$  is also a **convex function** and  $\Theta$  is a convex set, then GD with a suitable choice of step size guarantees to find the optimal solution.
- In many cases,  $\Theta = \mathbb{R}^p$  which is convex.

A set  $\mathcal{S}$  is convex if for any  $\mathbf{x}_0, \mathbf{x}_1 \in \mathcal{S}$ ,

$$(1 - \lambda)\mathbf{x}_0 + \lambda\mathbf{x}_1 \in \mathcal{S} \quad \text{for all } 0 \leq \lambda \leq 1.$$

The Euclidean space  $\mathbb{R}^p$  is a convex set.

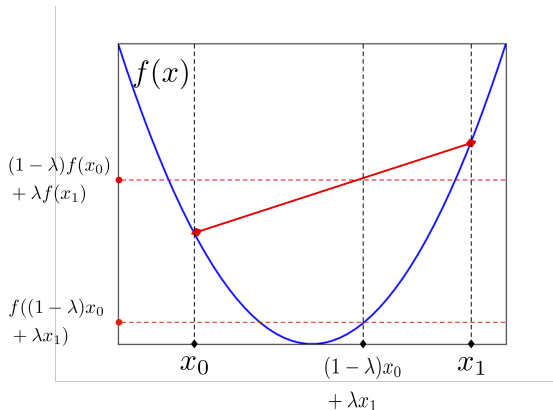


# Convex Sets and Functions

- A function  $f$  is **convex** if for any  $\mathbf{x}_0, \mathbf{x}_1$  in the domain of  $f$ ,

$$f((1 - \lambda)\mathbf{x}_0 + \lambda\mathbf{x}_1) \leq (1 - \lambda)f(\mathbf{x}_0) + \lambda f(\mathbf{x}_1), \quad \forall \lambda \in [0, 1].$$

- Equivalently, the set of points lying above the graph of  $f$  is convex.
- Intuitively: the function is bowl-shaped.



# How to tell a loss is convex?

1. Verify the definition.
2. If  $f$  is twice differentiable and  $f''(x) \geq 0$  for all  $x$ , then  $f$  is convex.

- ▶ the least-squares loss function  $(y - t)^2$  is convex as a function of  $t$

- ▶ the function

$$f(t) =$$

$$=$$

$$-yt + \log(1 + e^t)$$

$$f''(t) = 2 > 0$$

is convex in  $t$ .

3. There are other sufficient conditions for convex, but non-differentiable, functions!

- 4 A composition rule: **linear functions preserve convexity**
- If  $f$  is a convex function and  $g$  is a linear function, then both  $f \circ g$  and  $g \circ f$  are convex
- $g(\mathbf{w}) = \mathbf{x}^\top \mathbf{w}$   
 $f(t) = (y - t)^2$   
 $h(\mathbf{w}) = f \circ g(\mathbf{w})$
- ▶ the least-square loss  $(y - \mathbf{x}^\top \mathbf{w})^2$  is convex in  $\mathbf{w}$
  - ▶ the negative log-likelihood under logistic regression

$$-y\mathbf{x}^\top \mathbf{w} + \log(1 + e^{\mathbf{x}^\top \mathbf{w}})$$

is convex in  $\mathbf{w}$ .

- ▶ Both  $\sum_i (y_i - \mathbf{x}_i^\top \mathbf{w})^2$  and  $\sum_i [-y_i \mathbf{x}_i^\top \mathbf{w} + \log(1 + e^{\mathbf{x}_i^\top \mathbf{w}})]$  are convex in  $\mathbf{w}$ .

5 There are more composition rules!

6 A great book:

*Convex Optimization, Stephen Boyd and Lieven Vandenberghe.*

# Gradient Descent for Linear Regression

- The squared error loss

$$\sum_{i=1} (y_i - \mathbf{x}_i^\top \mathbf{w})^2$$

of linear regression is a convex function. So there is a unique solution.

- Even in the case when a closed-form solution exists, we sometimes need to use GD.

$$\hat{\beta}^{(t+1)} = \hat{\beta}^{(t)} - \alpha_2 (\mathbf{X}^\top \mathbf{y} - \mathbf{X}^\top \mathbf{X} \hat{\beta}^{(t)})$$

- Why gradient descent, if we can find the optimum directly?

- ▶ When  $p$  is large, GD is more efficient than direct solution

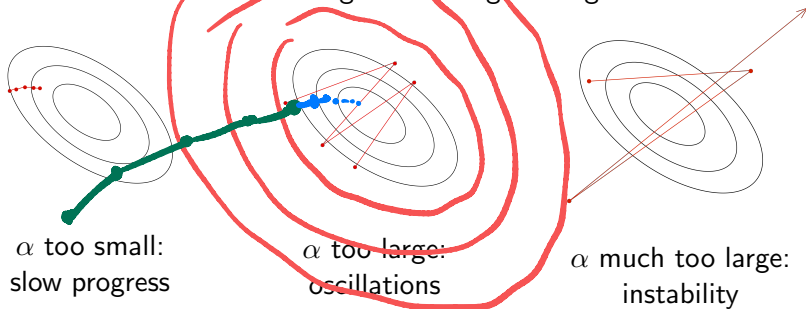
- ▶ Linear regression solution:  $(\mathbf{X}^\top \mathbf{X})^{-1} \mathbf{X}^\top \mathbf{y}$
- ▶ Matrix inversion is an  $\mathcal{O}(p^3)$  algorithm
- ▶ Each GD update costs  $\mathcal{O}(np)$
- ▶ Or less with stochastic GD (Stochastic GD, later)
- ▶ Huge difference if  $p \gg \sqrt{n}$

$$\mathbf{X} \in \mathbb{R}^{n \times p}$$
$$\mathbf{X}^\top \mathbf{X} \in \mathbb{R}^{p \times p}$$

$$(\mathbf{X}^\top \mathbf{X} + \lambda \mathbf{I}_p)^{-1} \mathbf{X}^\top \mathbf{y}$$

# Effect of the learning rate (step size)

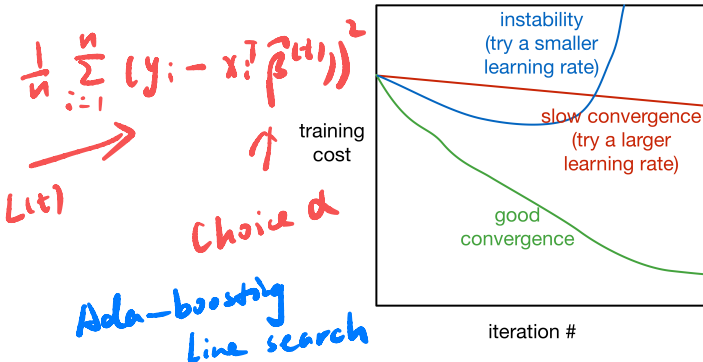
- In gradient descent, the learning rate  $\alpha$  is a hyperparameter we need to tune. Here are some things that can go wrong:



- Good values are typically small. You should do a grid search if you want good performance (i.e. try 0.1, 0.03, 0.01, ...).

# Training Curves

- To diagnose optimization problems, it's useful to look at the **training cost**: plot the training cost as a function of iteration.



- Warning:** the training cost could be used to check whether the optimization problem reaches certain convergence. But
  - It does not tell whether we reach the global minimum or not
  - It does not tell anything on the performance of the fitted model

- Recall for OLS that:

$$\hat{\mathbf{w}}^{(k+1)} = \hat{\mathbf{w}}^{(k)} + \alpha \sum_{i=1}^n \left[ y_i - \mathbf{x}_i^\top \hat{\mathbf{w}}^{(k)} \right] \mathbf{x}_i.$$

- Computing the gradient requires summing over **all** of the training examples, which can be done via matrix / vector operations. The fact that it uses all training samples is known as **batch training**.

# Stochastic Gradient Descent

- Batch training is impractical if you have a large dataset (e.g. millions of training examples,  $n \approx 10$  millions)!
- **Stochastic gradient descent (SGD)**: update the parameters based on the gradient for a single training example.

For each iteration  $k \in \{1, 2, \dots\}$ ,

1. Choose  $i \in \{1, \dots, n\}$  uniformly at random
2. Update the parameters by ONLY using this  $i$ th sample,

$$\hat{\mathbf{w}}^{(k+1)} = \hat{\mathbf{w}}^{(k)} + \alpha \left[ y_i - \mathbf{x}_i^\top \hat{\mathbf{w}}^{(k)} \right] \mathbf{x}_i$$



# Stochastic Gradient Descent

$$\hat{\mathbf{w}}^{(k+1)} = \hat{\mathbf{w}}^{(k)} + \alpha \left[ y_i - \mathbf{x}_i^\top \hat{\mathbf{w}}^{(k)} \right] \mathbf{x}_i$$

## Pros:

- Computational cost of each SGD update is independent of  $n$ !
- SGD can make significant progress before even seeing all the data!
- Mathematical justification: the gradients between SGD and GD have the same expectation for i.i.d. data.

# Stochastic Gradient Descent

**Cons:** using single training example to estimate gradient:

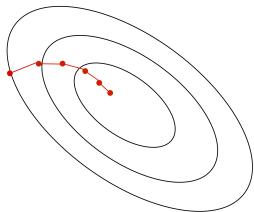
- Variance in the estimate may be high

Compromise approach:

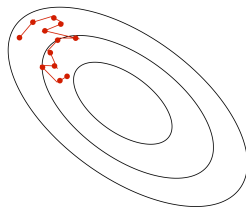
- compute the gradients on a randomly chosen medium-sized set of training examples  $\mathcal{M} \subset \{1, \dots, n\}$ , called a **mini-batch**.
- Stochastic gradients computed on larger mini-batches have smaller variance.
- The mini-batch size  $|\mathcal{M}|$  is a hyperparameter that needs to be set.

# Stochastic Gradient Descent

- Batch gradient descent moves directly downhill. SGD takes steps in a noisy direction, but moves downhill on average.



**batch gradient descent**

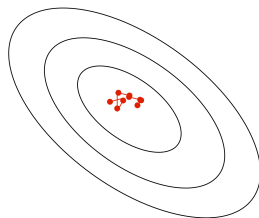


**stochastic gradient descent**

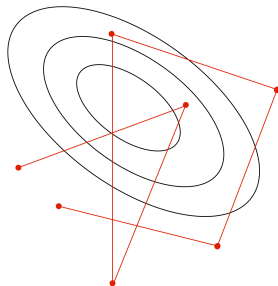
# SGD Learning Rate

- In stochastic training, the learning rate also influences the **fluctuations** due to the stochasticity of the gradients.

small learning rate



large learning rate



- Typical strategy:
  - ▶ Use a large learning rate early in training so you can get close to the optimum
  - ▶ Gradually decay the learning rate to reduce the fluctuations

$$\min_{w \in \Theta} J(w)$$

(3) Lasso	✓
Ridge	✓
OLS	✓

(1) GD / SGD ✓

(a) Choice of learning rate

(b) Stopping criterion

(c) Initialization point

(2) When GD is guaranteed to work?

(a) Convexity of  $\Theta$  and  $J(\cdot)$

(b) Smoothness of  $J(\cdot)$