NextMove Quick Start

Keep the chaos but see your NextMove

NextMove is an analog, printable card system for big, fuzzy goals that don't fit neatly into digital task management systems. Use it when your brain is generating ideas fast and you still want steady weekly progress on a few initiatives.

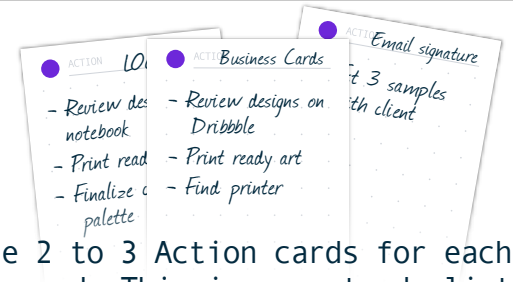
1 CAPTURE

Collect ideas & tasks in apps, notebooks, whatever you like. This is your backlog.

2 CHOOSE FOCUS

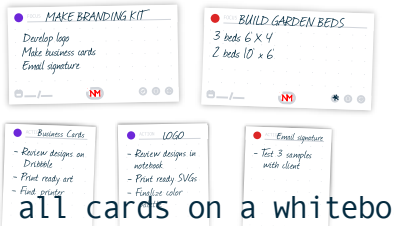
Surface 2 to 3 big chunks of work for the week and write Focus cards.

3 WRITE ACTIONS



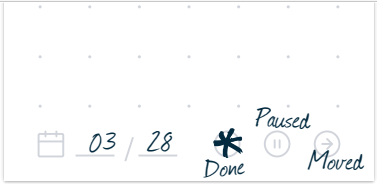
Write 2 to 3 Action cards for each Focus card. This is your to-do list.

4 KEEP VISIBLE



Place all cards on a whiteboard, cork board, or wherever you can see them clearly at all times.

5 DO & MARK



Mark each Action ticket Done, Paused, or Moved to future week. If Done, log the date completed.

6 WEEKLY RESET

At the end of the week:
- clear and sort your cards,
- archive what's done,
- decide what to do with paused and moved tickets,
- update corresponding items in your task management app.

HOW TO PRINT

Printing on home printers can sometimes be tricky. Try printing a draft first to see how your margins look.
Use Avery 5392, 28371, or 88220 card sheets depending on which NextMove printable you purchased. These can be easily found on Amazon.

If printing on plain paper (not Avery card stock), print the pages with Cut Lines in the file name.
Make sure your printer is set to Letter (8.5" x 11") size paper and scale is set to 100%, or Actual Size.

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