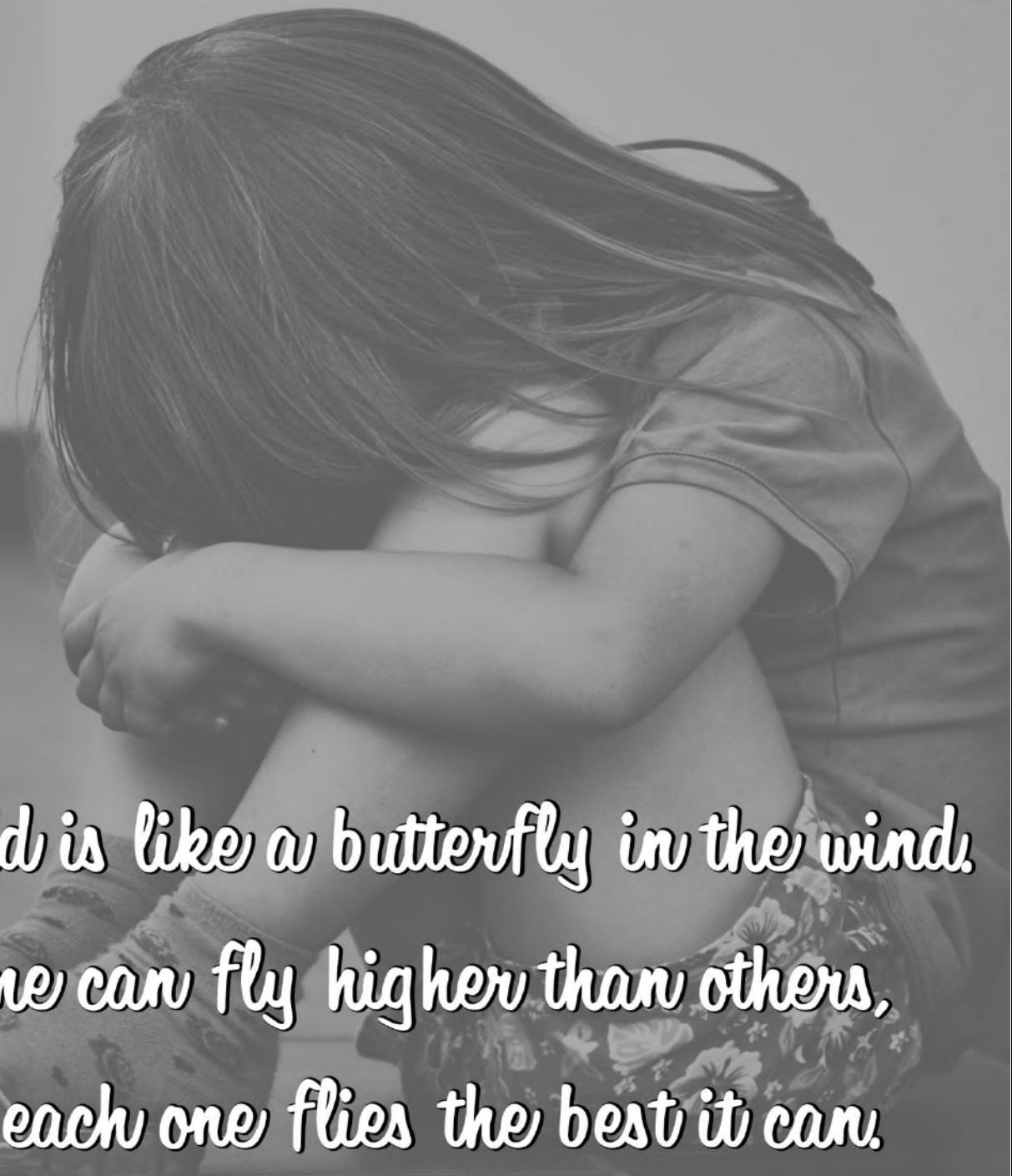


# Child Sexual Abuse

## 2016-17



A child is like a butterfly in the wind.  
Some can fly higher than others,  
but each one flies the best it can.



Sahyog is learning faster and growing rapidly to respond to the issue of Child Sexual Abuse. This is year when we are on doing things better by spending more time on counselling, by capacity building of our team and at Pan India level. This journey has been as much about learning, enlightenment, emancipation and joy as it has about the pain. The joy and satisfaction sustains us through this rough terrain, reinstates our faith in the change that we observe in our Beneficiaries, their strength, appreciation and support of our work.

The story of growth of Sahyog Care is as much a story of the organization scale of work as well as growth in each of its beneficiaries as well as its team. Sahyog care for you, ready to help those children find a way to overcome the darkness and realize that they are loved far more than they ever could imagine. This Report, will present the growth of individuals and their journey from being victims to survivors, from vulnerable children to empowered beings participating in their own safety net. Integral to this journey is the growth of Sahyog Care's practitioners' who evolve to become more empathetic and compassionate in their approach through their experience and interaction with beneficiaries and their lived realities.

## **Intervention, Strategies & Projects**

Sahyog's founder Mr. Shekhar Mahajan, is very concerned about the Child protection and conveyed his passion to lend a helping hand in creating a world where children feel protected. Sahyog believes in child sensitization as an operational standard that advocates the basic rights of children to lead better life. This awareness based approach empowered children and communities to become active and leading citizen in their own development.



## Vision

To inhibit Our Nation from Child Sexual Abuse

## Mission

To prevent the Sexual Abuse of Our Nation's children and raise the awareness by empowering & educating individuals, families, society & to cultivate partnership with organization to develop proven strategies that prevent child sexual abuse.



*Childhood sexual abuse is more rampant than any of us would like to believe. That's why Sahyog always initiated the awareness based approach through various strategies to empowered children and communities to become active and leading citizen in their own development. Sahyog subtly and sensitively is treading and making a*

*niche' for itself in the field of Child sexual abuse through its various endeavors. These Strategies are:-*





## At A First Glance 2016-17

2016-17 has been fascinating and significant year for Sahyog Care for you in the terms of Child Sexual abuse by having deeper focus & more integrated approach. This year we have reached out 46,000 no of children, 10,000 parents, 2500 teachers & 5200 community at India and Pan India level directly through public advocacy. This year gave us a different kind of opportunity through 92.7 Big FM. With this Sahyog has been reached more than 50,000 people.





## COUNSELING SESSIONS WITH CHILDREN SCHOOLS

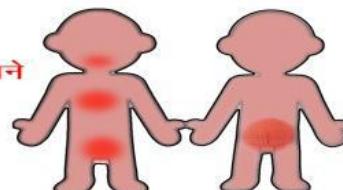
Through Personal Safety Education and awareness sessions, Sahyog reached 46000 no of children in Delhi MCD schools. It empowers children to take part in their own protection by providing information, building skills and awakening self-esteem. To come up with the sustainable plan, the idea of formation of Bal Punchayat and trained them on this issue, so they can continue the session, identify the victims and report instances.

 **Sahyog** care for you®  
Society for the Upliftment of Child Education, Health & Environment

# Child Protection

## अपने शरीर को जानना

मुझे अपने शरीर के निजी अंग पसंद हैं और मुझे इन्हें सुरक्षित रखने की ज़रूरत है। स्वीमिंग सूट (तैराकी वस्त्र) व अंडरगारमेंट्स (अधोवस्त्र) से ढंके हुए हिस्से मेरे शरीर के अंग हैं।



Private Body Parts



यदि ऐसा होता है या मुझे किसी भी स्पर्श से असमंजस या असुविधा महसूस होती है तो मुझे उसे ना बोलकर वहाँ से भाग जाना चाहिए।



मैं जाकर किसी विश्वसनीय बड़े को बताऊँगा/बताऊँगी और तब तक बताऊँगा/बताऊँगी जब तक मुझे मदद नहीं मिल जाती।



Childline Helpline no  
**1098**

**Say 'NO' To Child Sexual Abuse**

[www.sahyogcare4u.org](http://www.sahyogcare4u.org)      Helpline-No. 25257680 (Time 10 am-6pm)  
sahyog.csap@gmail.com



Designed IEC material on PSE and placed it in all the schools and centers, where ever we are conducting sessions and workshops on CSA

I  
PLEDGE

Sahyog care for you®  
www.sahyogcare4u.org

# My Eyes, My Voice To Protect Children from SEXUAL ABUSE

sahyog,csap@gmail.com www.sahyogcare4u.org Contact- 011-25257580

At the time of Raahgiri, Karnal in association of Budha group of institutions, Commisioner Mr Dhaiya and 1600 students and other community people took pledge with Sahyog care team - "My Eyes, My Voice, To proctect children from sexual abuse".





## INDIVIDUAL COUNSELING WITH PARENTS



## SESSION WITH COMMUNITY

We want to create strong support system for a child, that's why we conducted sessions with communities and interacted with parents at





personal level with 15,200 parents, because we believe their parenting style is better to understand the needs of their children.



### **SAHYOG IN MEDIA**

To spread awareness & sensitize public at large Sahyog has been associated with 92.7 Big FM and reached indirectly more than 50,000 no of people through Nukkad Natik in different malls and on air messages with RJ of Big FM.





## **RESCUE MODE**

Apart from the sessions Sahyog has been worked on the rescue cases of minors and helped them to overcome the past and lead dignified lives.

### **SAHYOG IN OTHER STATES**

Sahyog has embarked on the path of addressing the issue of CSA by completing its one year journey by partnering with NGO'S to give a secured and protected CHILDHOOD to the children.





## Himachal (Sirmour)

In Himachal with counselling sessions we have been reached 9644 children, 398 teachers, 4000 parents and community people.



## Teachers training



## Odisha (Balasore)

Apart from the counselling sessions, we explain the role of CWC, POSCO Act and JJ Act with 4024 children and 950 teachers in Balasore, Odisha.



## Maharashtra (Gadchiroli)

Through partner NGO here we have reached 4360 children, here apart from the counselling session we request parent to protect their children from sexual abuse and also explain about role of parents and approximate 15 cases were there which has been sorted out with the help of the parents.





## **COUNSELLING SESSIONS IN DISTRICT MEDAK**

### **TELANGANA (Medak)**

"To Stop Child Sexual Abuse Project" in Medak District of Telangana \_with 6773 children, 4321 people of community and 242 teachers  
During these sessions 16 cases of CSA were resolved.



Two Brochure release on POCSO Act with Medak Dist. Collector Ms Bharati Holikeri and Child Protection Officer to create awareness on POCSO ACT.

### **MY SCHOOL**





Sahyog did not stop here, to reach & sensitize to public at large, Sahyog shouldered his hand with HCL under a project named "MY SCHOOL", and reached 7200 children and 350 teachers through conducting CSA sessions and other activities on WASH, Life Skills, Personal Hygiene in different schools of 5 states like- West Bengal, Haryana, UP, Delhi & NCR, Bihar.

### **INSIGHTS & HURDLES**

Though it has been a significant year and had a positive impact in the lives of the beneficiaries. However the past year also brought multiple hurdles and provided many insights also.

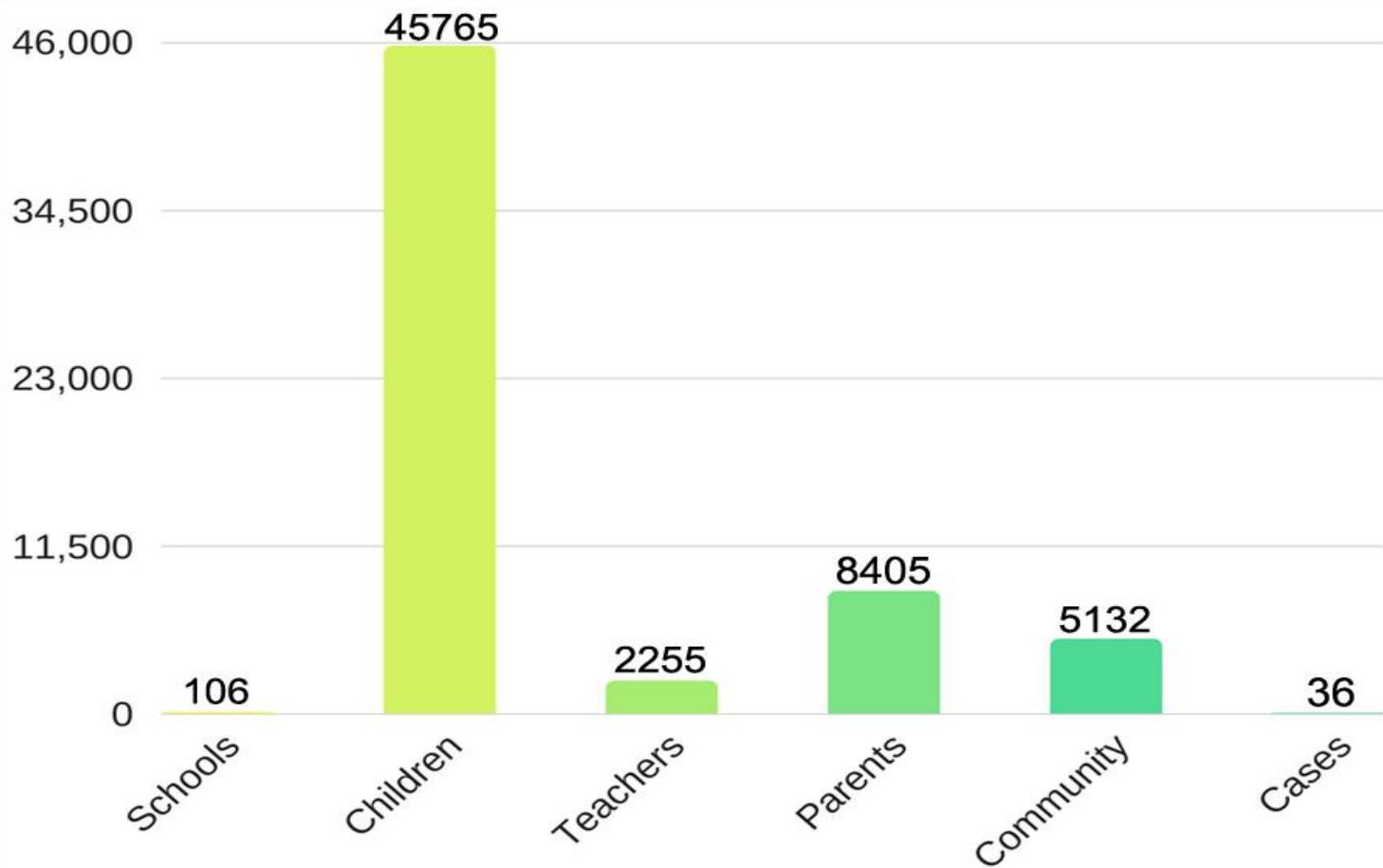
- As it is still a tabooed issue, that's why we face many barrier for us to reach out to children and other stakeholders.
- Teachers and parents were busy in their schedule, so they were not ready and reluctant to get involved in these sessions. Even after undergoing the training, still they were unable to implement what they have learnt.
- Lacking of infrastructure in the schools was also a major issue to conduct sessions which creates distraction and disrupts the counseling sessions.
- Getting permission from the higher authorities like education dept. extra on time was very big challenge.



- Approval for the higher dept. for publication of the resources was also a big challenge.
- Involving parents in counseling sessions for children is also challenging as parents are not motivated or willing to attend sessions.

### **FUTURE PLANS**

- Development of Manual Resources on Personal Safety education.
- Publishing a book, which will be focused on home based protection methodology, Guide for Parents and Teachers also.
- Awareness sessions with Secondary and Senior Secondary classes to that spread the sensitization at large scale.
- Will create Lesson plans and activities for these students to create awareness.
- Apart from the training, will work on advocacy and Capacity building and prepare child leaders for the same.
- We are incapacitating 5 MCD schools in terms of overall development specifically on child protection.
- Looking for the similar annual target in terms of the direct beneficiaries.
- Relevant Social media campaigns to spread awareness.



Record of 2016-17