

## **CLEAN4GOOD**

Sahyog care for you is a nonprofit working on water & sanitation in Indian schools and we want to understand better how the lack of toilets in school. To address this problem Sahyog helps to renovate and constructed toilets in schools.

It was estimated that 2 out of 5 Indian schools did not have separate toilets for boys and girls, and over 2.5 lakh schools did not have any toilets at all. A total of 27.6 million children i.e. 14.1 million boys and 13.5 million girls' according to the 14.7% of total children enrolled do not have access to toilet facility in schools. 7 states which include Orissa, Meghalaya, Chhattisgarh, Jharkhand, Assam and Bihar, account for almost 50% i.e. 13.8 million children without access to toilet facilities in schools.

To address this problem Sahyog helps to renovate and constructed separate toilets in schools. Sahyog aims to create an enabling school environment and improve students' health. It proposes to extend the activities that would include standardized toilet facilities to achieve:

- Achieving universal primary education, by improving attendance and minimizing dropouts (especially in adolescent girls)
- achieving gender equality through increased education for girls
- Combating disease through better hygiene
- Environmental sustainability through better waste management
- Reducing hunger by encouraging children to eat regular meals and drink water at school which they will not do without assured access to toilets during the day.
- Privacy and comfort to girl students and female teachers and support retentions of girl students in classes of primary and higher primary schools.

In addition, improved sanitation status in schools increases children's awareness of sanitation issues and empowers them to be change agents in their families and communities.

### **Programme Objectives**

**This program supports the following Objectives:**

- Equitable access to WASH facilities & improved hygiene practices at Schools &, benefiting school children & Tourists
- Increased number of open defecation free Schools and comfort of students to attend schools.

**By this program Sahyog has renovated school toilets and improved personal hygiene in more than 100 MCD schools in Delhi /NCR:**

Through the program Sahyog sensitize 100 MCD school children on personal hygiene and sanitation. As the toilets is one of the main reasons for girls to dropout from schools, so Sahyog care involved in to make them aware for their health issues come through sanitation and **maintaining and renovating school toilets in 100 MCD schools.**

The aim of this project is to be recuperating the education significance in schools those where the volunteer staff studied in their childhood, to offer access to digital literacy and labs and to improve infrastructure in schools. The school therefore becomes the centre of information and awareness which will in turn improvise the standard of



living of children into the community, also ensure child right to protection, health care, early childhood care and quality education, their participation in governance, safe and healthy living environment, and improved income of families for betterment of children's future.





With the help of Sahyog the all repair/ replacement work of toilets and hand washing areas has been done. Now all the toilets and hand washing point are clean and hygienic to use for children.

### **Development of WASH team**

The WASH team is a group of school students who can extend and monitor school's hygiene behaviours. In school 12 students and one teacher is identified as a WASH committee.

### **Sessions on Child Sexual Abuse**

To halt the child abuse, Arunima organized a session with school students with the aim of educating them to distinguish between "good touch" and "bad touch". "Most of the children are not even aware of the intentions of the person...whether it's bad or the good touch. These sessions will help them in identifying the person at the earliest stage possible.

Hoshiyarpur is urban village in Noida Uttar Pradesh surrounded by multinational companies. Mostly migrated people from other Districts of Uttar Pradesh and nearby States of India migrated and settle in the area to work as a daily wages worker, rickshaw puller residing in rented house. There are no proper facilities for education, Health system in that area. Sanitation is another issue with them.

HCL volunteer, Mr. Abhinav has tried implemented school development program in Hoshiyarpur village. In regard of the Hoshiyarpur village most the people are belong the BPL families and having low income group they cannot afford fee of their children even they are also not be able get admission their children into private school due to financial problem. Abhinav, supported New Golden Public School, in Hoshiyapur. There are around six hundred students enrolled from Hoshiyarpur areas. These children do attend their schools, but they needed that extra looking after to make themselves more competent. Abhinav not only take extra curriculum classes for them but have also provided the setup of smart classes with the projector and education contents for better education of students.

### **Construction and repair of toilets and hand washing places in school:**

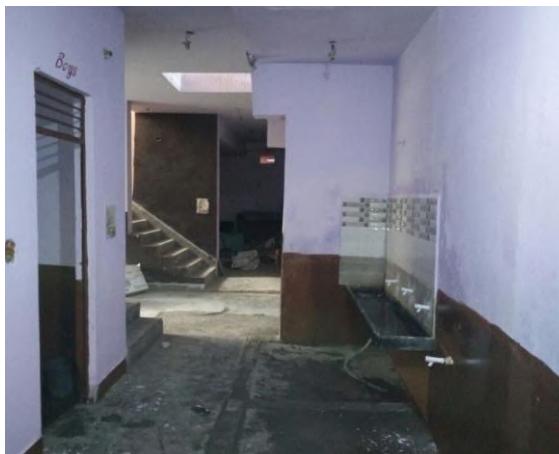
The school have 3 separate toilets, 2 for girls and 1 for boys separately. The areas of toilets are not properly clean and hygienic Toilets are not completely in good condition and need to be repair. There is running water in the toilets but the taps are leaking. Flush systems are also not working. The hand washing place of the school has 3 taps. The three taps are not in good condition and need to be repair.



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Gijaur is a patchy village in Sector 53 Noida, part concrete buildings, part makeshift shops. Most people here are engaged in small trades, so you make way through sofa-repair shops, tyre shops, garages and more. Most people



residing here are the original habitants of Noida, erstwhile farmers or land-owners, now living in clustered concrete buildings. In the heart of this, Mr. Anurag from HCL seems to be conducting a silent service for the children of this shadow land. He supported N.V.S. Public School in the following manner.

- Setup with projector and screen to start digital lab in school. School children are studying their courses through digital lab.
- Water cooler has also been installed, now students have safe and potable drinking water in school. A student "Amit" told that now we don't need to bring water bottle from home, school has the facility to safe water system".
- Student appreciated the library setup which was initiated by HCL in school. Students are very happy to afford books from library.
- With the support of HCL, volunteer has been providing scholarship to meritorious students.

## Health & WASH

To maintenance personal hygiene helps to improve the quality of life and longevity into the students of school Arunima introduce the Health & WASH sessions. This is of particular importance in a slum community with compromised living situation. These sessions were undertaken to spread the knowledge and practice of personal hygiene among the school children, to identify any misconception among them regarding the maintenance of personal hygiene.

### Construction and repair of toilets and hand washing places in school:

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Library is setup, one part time teacher is appointed. Purchasing of educational chart and indoor equipments has done. Education sessions were provided on WASH, Life skill and Child Sexual Abuse issues to the children of school. After workshop children started hand wash with soap and made it habit. They are used to wash their hands after toilet every time, before and after having meals during school time. Several students communicated this information to their home and relatives.



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This is the model school of the area and school is well maintained. There are two blocks in school, one is primary and another is secondary. Education sessions were provided on WASH, Life skill and Child Sexual Abuse issues to the children of school. After workshop children started handwash with soap and made it habit. They are used to wash their hands after toilet every time, before and after having meals during school time. Several students communicated this information to their home and relatives. In school, the toilets and hand washing points are in good condition. Girls have no problem to go to the toilets, running water is also available in all washroom areas.

In August there were 25 children and in September 18 children were enrolled. Distributed stationeries (English books, Copies, Sharpeners, Erasers and pencils) among students. Sahyog is liaising with nearby schools to get enroll children for the same deputed 1 staff to contact schools for the further processes of admission. Apart from this Sahyog has been taken sessions on WASH, Life skills and CSA with students. Students were aware about the steps of hand washing with soap. They also knew about the demerits of unhealthy behaviors. There is no toilet facility for the students.



Sahyog has taken sessions on WASH, Life Skill and child sexual abuse with the students after the awareness session on WASH student started to differentiate between their health after washing their hands with soap after using toilets and before and after having meals. School has two toilets and three handwashing points all are not in good conditions, with the efforts of HCL, Sahyog renovated all the hand washing points and toilets in school.



Sahyog visited the school and taken the session on WASH, Life skills and Child Sexual Abuse with the all students of school. After the session children aware the disease from the unhealthy behavior. Students are also aware about the good practice of hand washing with soap and other healthy habits.





Water, sanitation, and hygiene issues, known collectively as WASH issues, maintain an important role for any children for three important reasons.

1. WASH challenges are universal to human existence and all students .no matter their age, receive exposure and can relate to these issues. For this reason, WASH education is relevant to all children and will build upon their existing knowledge.
2. Student act as important vehicles to transfer knowledge to their families, friends and the wider community.
3. Behavior change can best be effected at a young age. Thus, the sooner students are able to engage with these issues, the more likely they will begin to practice positive Behaviors that can continue through their lifetime.





### Objectives of the session:

1. Student understands the importance of halt to their well being.
2. Students receive an introduction to water, sanitation, and hygiene and CSA issues.

### How can a School Encourage Hand washing with in children?

During sessions the facilitator team realized that the children of school are very aware of advantages of hand washing, as it is the simplest and most effective method for preventing the spread of diarrheal diseases but it observed that in the school set up, practicing hand washing can be challenging as running water and soap are often unavailable. however, each school heed should put in every effort to set up hand washing stations within few meters of a latrine where running water is unavailable, schools should have a plan for transporting water to a hand washing station and facilitating student's use. For example, where there is no running water a tippy tap can be utilized or a plan can be made in which students go to the bathroom together and assist each other in hand washing afterwards. Washing hands in a bowl of used water is ineffective. Team suggested that Teachers should make every effort to encourage and reward good hand washing practices and serve as a role model in this regard.

Facilitator told abuts the most critical times for hand washing?

- After using the toilet
- Before and after preparing meals
- After defecation
- Before and after eating
- After changing children's nappies and feeding elderly people
- Before cooking food
- After gardening
- After playing with pets.



Facilitator asked to the students to assess the ease of hand washing at their school by posing questions such as, "**do we have access to soap? Do we have access to water/running water? Is there a water, sanitation and hygiene (WASH) committee for school designated place to wash our hands?**

Facilitator added that open defecation is a practice that puts the greater community at risk. When open defecation takes places faces are left uncovered and exposed to the elements. As a result, rains can wash the faces to water sources and subsequently contaminate them Germs from faces can also be passed to members of a household via children interaction with animals or flies. Flies will breed and feed on faces



where their hairy body and legs become contaminated. They subsequently contaminate food causing illness in humans.

Facilitator described the Key Hygiene Practices for students

- Bathing daily
- Brushing teeth once in the morning and once in the evening
- Combing hair daily
- The face should be washed daily
- Nails Kept short and clean
- Hands should be washed after using the toilet and before and after cooking
- Washing clothes weekly
- Ironing clothes to prevent lice

**With Girl facilitator has taken the session on MHM.** In the session facilitator discussed about the existing Knowledge, attitude and practices of menstrual hygiene with the students they told the facilitator that because of the lacking facilities of hygiene toilets/changing room's girl remains drop-out from schools.

### **Development of WASH team**

The WASH team is a group of school students who can extend and monitor school's hygiene behaviors. They provide creative alternative discussions on personal hygiene. The team will watch the WASH practices with each student including water sources, toilets, and cooking areas, and a time schedule that student can use to track their hygiene practices. Diarrheal diseases can be prevented via simple preventative measures including hand washing, proper preparation and projection of foods, consumption of clean and safe water, and good personal hygiene practices. These healthy practices can mitigate Diarrheal disease cases from the school.

In school 12 student and one teacher is identified as a WASH committee.

### **Condition of toilets and hand washing places in school:**

The school has only 1 toilet, for both .Toilet is not completely in good condition and need to be repair .there is running water but the tap is leaking. Flush system is not there .The area of toilet is also not properly clean and hygienic. There is open drainage system

The hand washing place of the school has 1 taps. The three taps are in good condition but one tap is leaking and need to repair. There is additional need of the 3 to 4 taps for hand washing with proper facilities.

After the WASH session, facilitator started session on life skills.

After Introduction of life skill, facilitator taken the session on communication through an energizer and tell the merits of good communication. Speech, language and communication skills are vital for all children. Without these skills they will not reach their full potential.



After communication session facilitator added the session on negotiation through a group discussion. The session was about to develop the self motivation and self confidence into the children Session on Gender and sexuality was taken by the facilitator.

Then after the child sexual abuse session was taken with the children with special focus on primary class students.



The computer training for children is going on with all the enrolled children with school the main focus of training on the visually impaired children. Special volunteer's are education them. Sahyog organized a session on WASH, Life skills and CSA with all the children. There are three toilets and a washbasin with very worse condition, all the toilets and basins had repaired with running water facility.



