

UMMUL-QURA HIGH SCHOOL

Arowona Bus-Stop, Amuloko, Ibadan, Oyo State

Second Term Examination, 2020/2021 Academic Session.

Subject: BST I

Class: JSS 1

Time: 2:15 minutes

Instructions: Answer *all* questions in Section A and *two* in Section B.

PAPER I & II [Objective and Theory]

SECTION A: OBJECTIVE (40 marks).

BASIC SCIENCE

- The form of energy that cannot be used and restored to its original position describes ---- energy.
 - kinetic
 - renewable
 - light
 - non-renewable
- The developmental bedrock of any society is ----.
 - sun
 - wind
 - water
 - energy
- Erratic energy supply ---- the quality of life of its citizens.
 - improve
 - affect
 - mobilize
 - increase
- Which of the following is not an implication of misuse of non-renewable energy?
 - Global warming
 - Economic setback
 - Generate incomes for the government
 - Environmental pollution
- The following are types of renewable energy except ----.
 - Geothermal
 - Water
 - Wind
 - Coal
- Which of the following groups contain substances in the three states of matter?
 - Ice, salt and sulphur
 - Water, alcohol and oil
 - Honey, kerosin and hydrogen
 - Air, ice and honey
- Matter is anything that ----.
 - exists
 - has weight and occupies space
 - occupies space only
 - has weight only
- The three states of matter are ----.
 - element, compound and mixture
 - fat, short and thin
 - red, blue and green
 - solid, liquid and gas
- All living things are known by their ability to ----.
 - move
 - walk
 - run
 - think
- Non-metals are also referred to as ----.

- A. electronegative
 - B. electron donor
 - C. electropositive element
 - D. interactive element
11. Which of the following is a metal ---?
- A. calcium
 - B. phosphorus
 - C. argon
 - D. carbon
12. Old method of sewage disposals is no longer in use because it ----.
- A. spread diseases
 - B. is cheap
 - C. is expensive
 - D. is safe
13. The best methods of sewage disposal is ----.
- A. septic tank system
 - B. pail or bucket system
 - C. pit latrine
 - D. open field system
14. All these methods preserve the health of the family except ----.
- A. Good sanitation
 - B. Drunk abuse
 - C. Nutrition
 - D. Exercise
15. Which one is odd?
- A. Sun
 - B. Wind
 - C. Geothermal
 - D. Vision
16. One of the following is **not** a solid pollutant.
- A. Wood dust
 - B. Cement particles
 - C. Lead dust
 - D. Carbon oxide
17. The food nutrients that promotes I the body from diseases is ----.
- A. vitamin
 - B. carbohydrates
 - C. fat and oil
 - D. water
18. The following are commonly abuse drugs except ----.
- A. cocaine
 - B. heroin
 - C. Indian hemp
 - D. Panadol
19. Which of the following is compressible?
- A. Solid
 - B. Solute
 - C. Gas
 - D. Liquid
20. Which of these states of matter has its particles closely packed and a very strong fore of attraction?
- A. Gas
 - B. Solid
 - C. Liquid
 - D. Liquid and gas
- PHYSICAL EDUCATION**
21. The full meaning of FIFA is ----.
- A. Federation of international football association
 - B. Fever of international federation association
 - C. Federal football association
 - D. Federal international football association
22. How many players make up a team in soccer?
- A. 10
 - B. 12
 - C. 11
 - D. 8
23. The no1 player in soccer is called ---?
- A. referee
 - B. umpair
 - C. goalkeeper

- D. defender
24. All the following are languages of soccer **except** ----.
- A. corner kick
 - B. dropped ball
 - C. kick off
 - D. tapping
25. Which of the following is not a facility and equipment in soccer players?
- A. Strikers
 - B. Defenders
 - C. Mid-fielders
 - D. Tackling
26. Which of the following is **not** an official in soccer?
- A. Match commissioners
 - B. Ball boys
 - C. Referee
 - D. Referee assistance
27. All the following are basic skills and techniques in soccer **except** ----.
- A. faking
 - B. trapping
 - C. balling
 - D. throwing
28. Volleyball was introduced in ----.
- A. 1947
 - B. 1895
 - C. 1934
 - D. 1857
29. Which of the following is **not** a player kit in volleyball?
- A. Jersey
 - B. Shorts
 - C. Socks
 - D. Knife
30. All the following are common injuries in soccer and volleyball **except** ----.
- A. Sprain
 - B. Muscular pull
 - C. Dislocation
 - D. Fever
31. Volleyball was invented by ----.
- A. James Naismith
 - B. Konrad Koch
 - C. Adam Smith
 - D. Williams Morgan
32. Volleyball court measures to ----.
- A. 9 m by 18 m
 - B. 15 m by 28 m
 - C. 20 m by 40 m
 - D. 10 m by 15 m
33. How many players make up a team in volleyball?
- A. 6
 - B. 7
 - C. 8
 - D. 9
34. Discus, short put, javelin and Hammer are ---- are field events.
- A. jumping
 - B. throwing
 - C. track
 - D. aquatic
35. The following are events **except** ----.
- A. 100 m
 - B. 110 m
 - C. discus
 - D. 400 m
36. Races run at full speed from the beginning to the end is referred to as ----.
- A. middle distance from races
 - B. long distance races
 - C. short distance races
 - D. sprint races
37. Dancing is an aspect of physical education used for ----.
- A. self-expression
 - B. body control

- C. exercising
D. relaxing
38. ----- keeps us physically fit.
A. Picnic
B. Exercise
C. Rhythm
D. Work
39. The preliminary exercise that one engaged in before the actual skill is referred to as -----.
- A. run up
B. warm up
C. pull up
D. game up
40. The ability to combine strength with moving is called ----.
A. speed
B. strength
C. balance
D. power

SECTION B: THEORY (40 marks).

Instructions: Answer **two** questions in **ALL** question **one** is compulsory.

- 1a. What are metals?
- 1b. State **five** properties of metals.
- 1c. List **three** uses of metals.
- 2a. List **five** skills in soccer.
- 2b. Write the full meaning of the following;
- a) FIFA
 - b) NFF
 - c) CAF
 - d) UEFA
- 3a. Explain the meaning of renewable and non-renewable energy.
- 3b. Give **four** examples each of renewable and non-renewable energy.
- 3c. State **one** effect of wrong use of renewable and non-renewable energy.