

Account yet?
Register here



MindEase

Ease your mind, one day at a time.

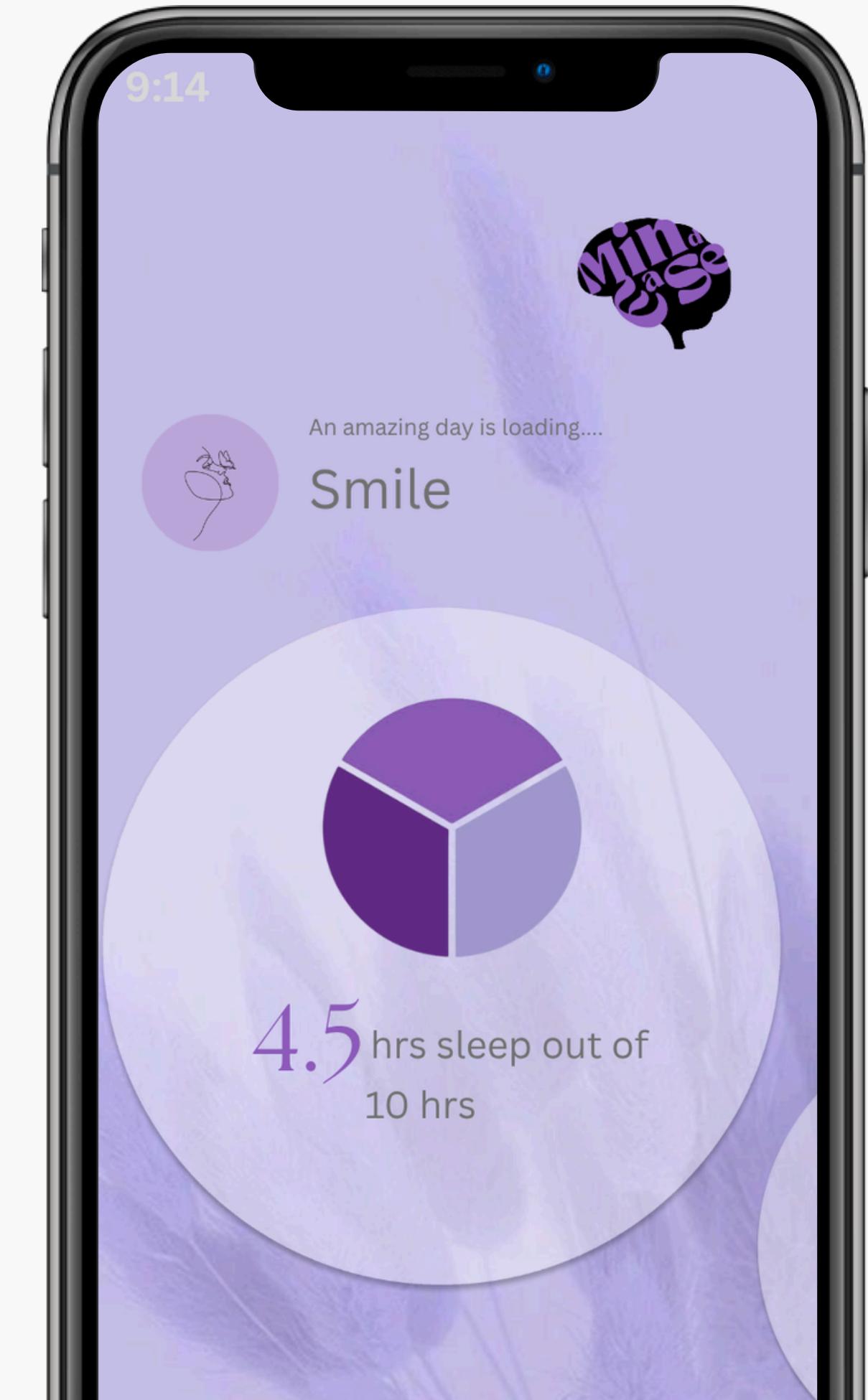


1 in 3 adults don't get enough sleep

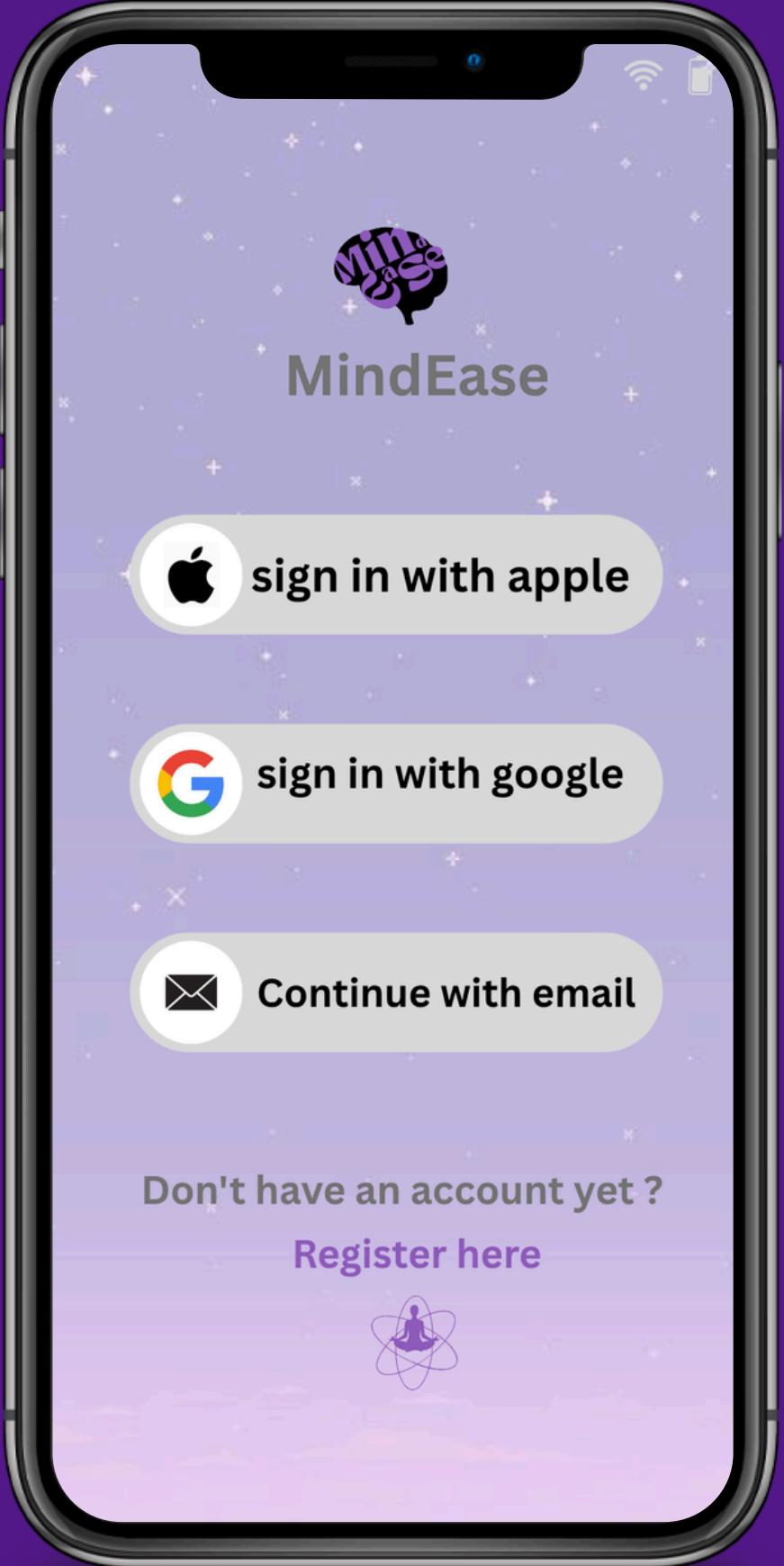
THE ACCUMULATING EXHAUSTION AFFECTS QUALITY OF LIFE

Chronic lack of sleep heightens the risk of depression and mood disorders.

Overall, it creates a cycle of stress, exhaustion, and poor mental health.



Easy
steps to
Login.

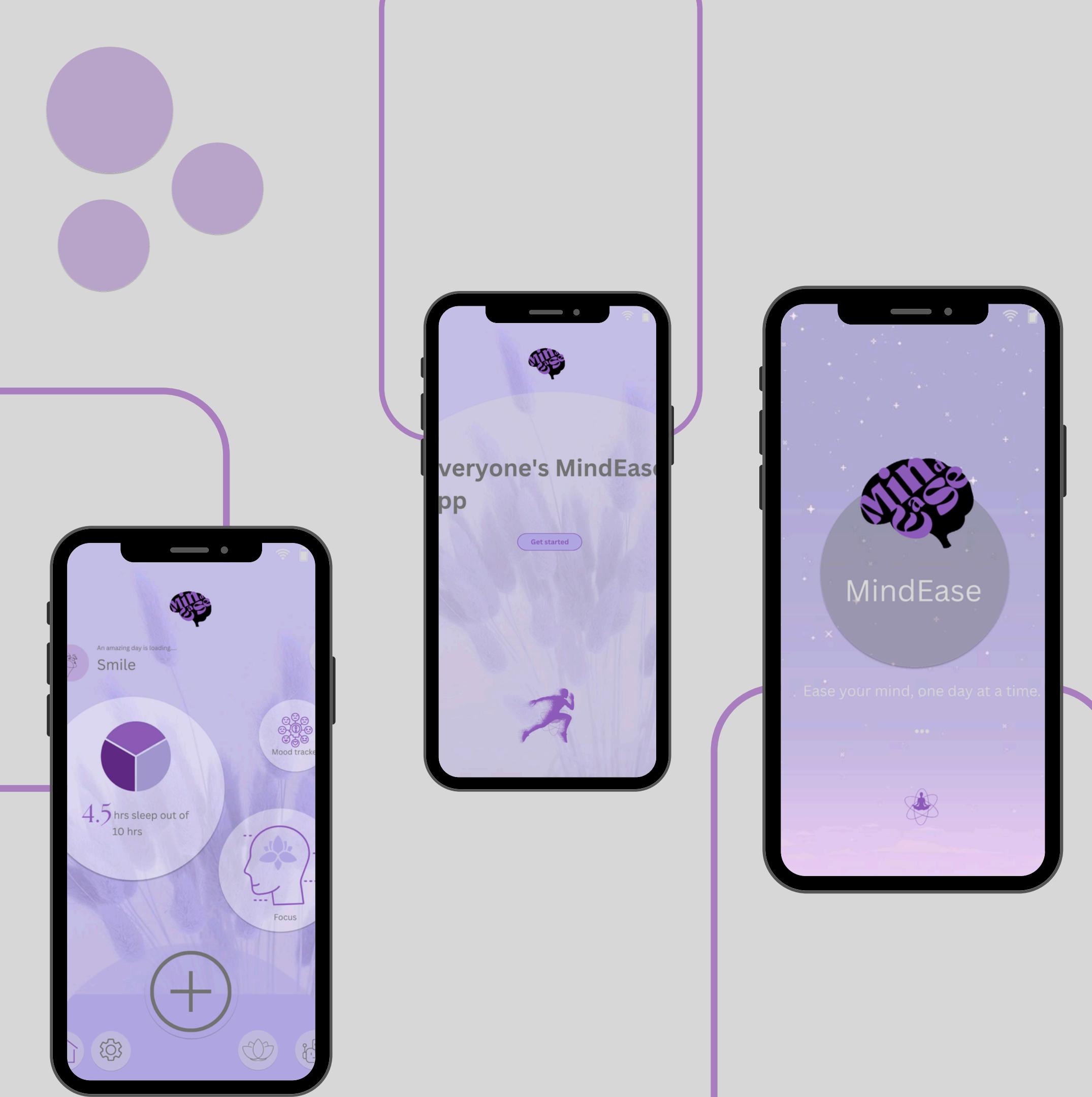


YOU CAN LOGIN USING

Android 
ios 

MENTAL HEALTH IS AN
IMPORTANT ASSET FOR LONG
RUN.

Cont. With our app MINDEASE



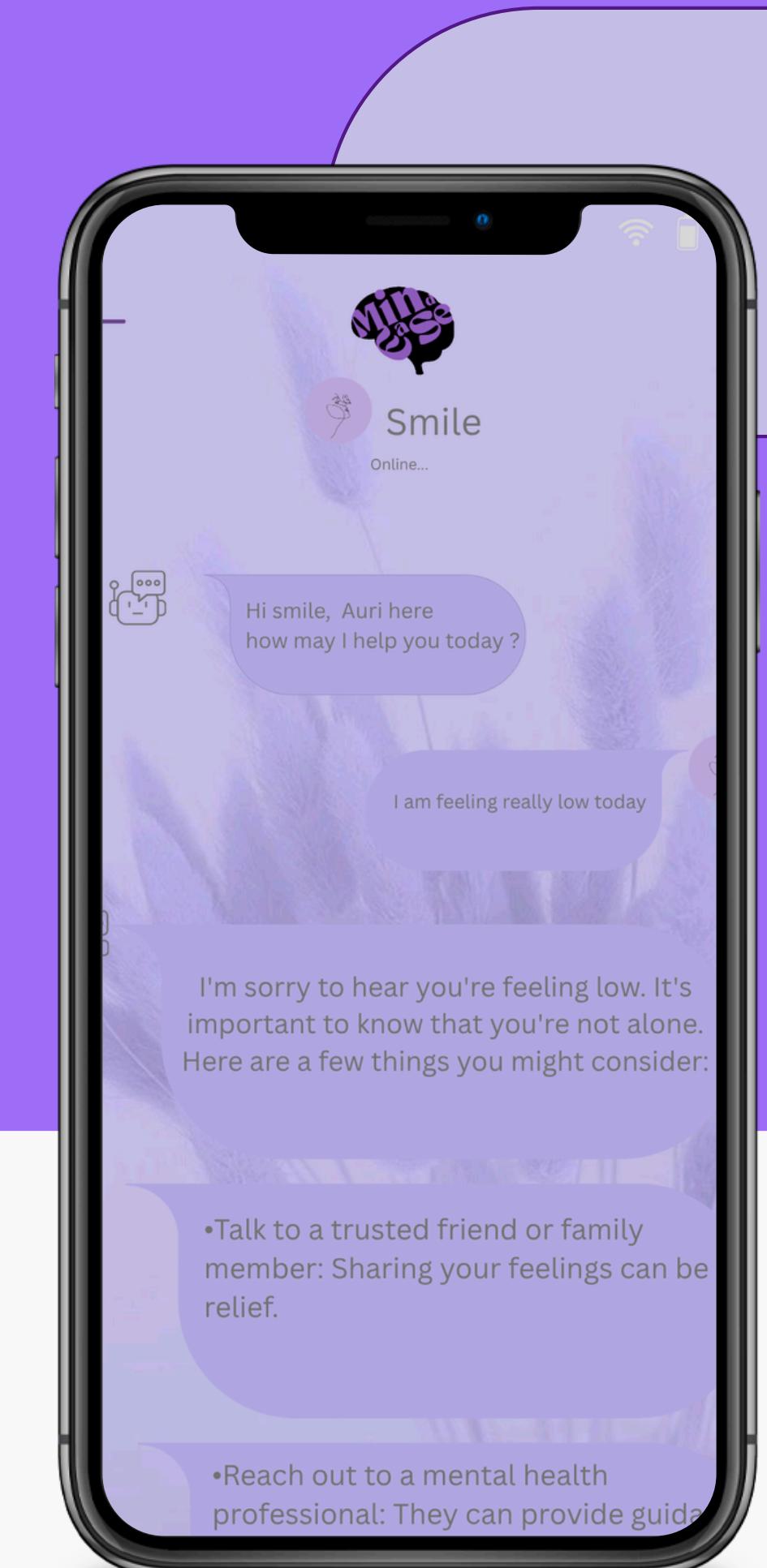
Track your mood with our
Mood Tracker and make
your day optimistic.

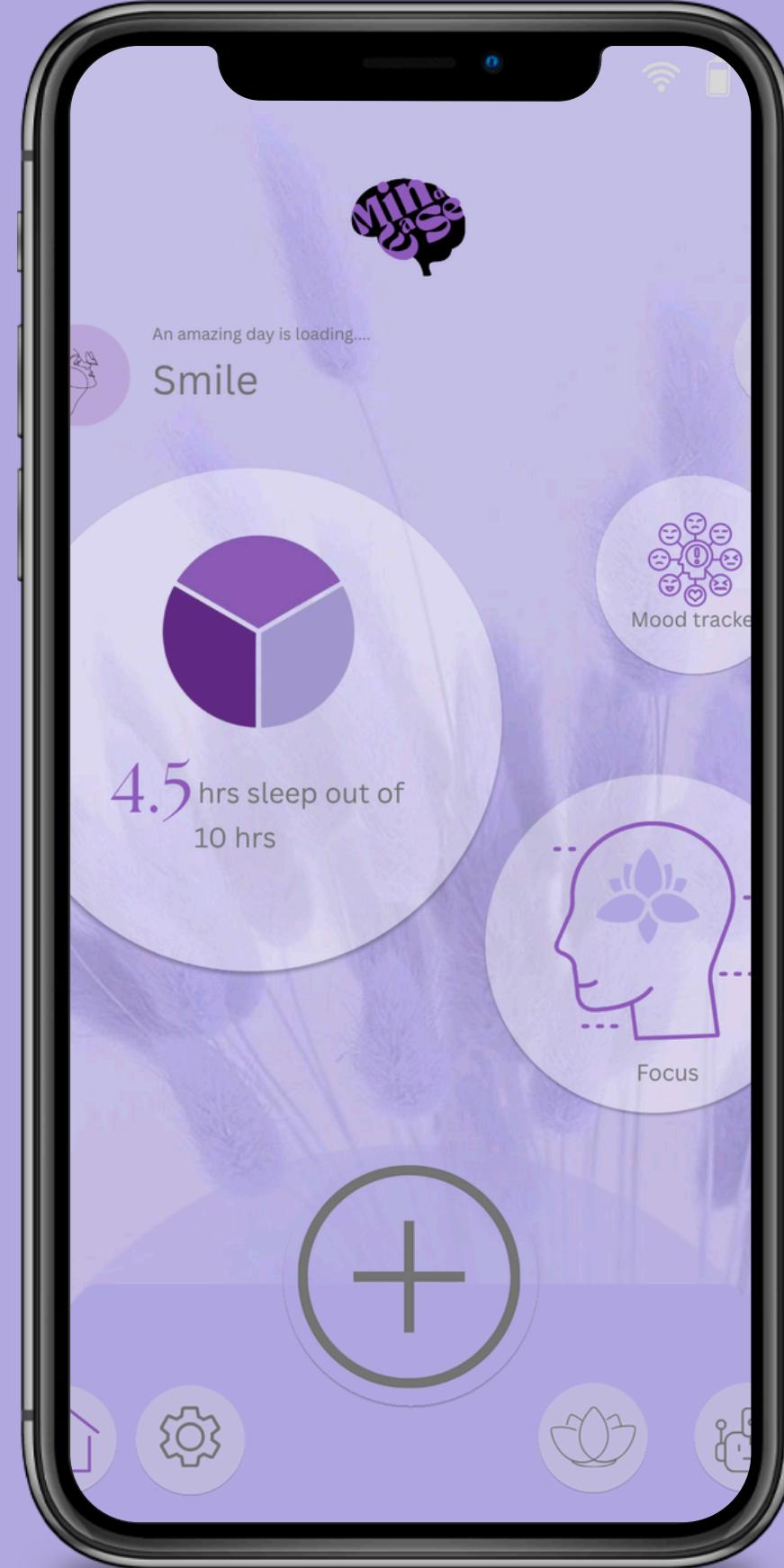
AURA

our helping
chatbot.

Your own personal mood
lifter.

Get personalised answers
to your problems.

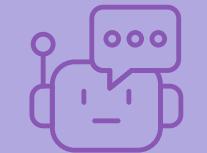




Features:



Mood Tracker



Aura



Focus



Resources

Promises:

- Confidential & Safe Space – Users can share without judgment.
- Always Accessible – Available 24/7 anytime, anywhere.
- Empowerment – Helps users understand emotions and take control.
- Affordable Support – Free or low-cost compared to therapy.

WHO IS MINDEASE FOR?

Students and young professionals often struggle with stress, anxiety, and lack of emotional support. Due to social stigma and limited access to therapists, many suffer silently. This leads to reduced productivity, poor focus, and declining mental health.

Here's we represent MINDEASE

