Punjabi Culture

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PUNJAB, PAKISTAN

Punjabi Culture is the culture of the Punjab region. It is one of the oldest in world history, dating from ancient antiquity to the modern era. The scope, history, sophistication and complexity of the culture are vast. Some of the main areas include: Punjabi Philosophy, poetry, spirituality, education, artistry, music, cuisine, architecture, traditions and values and history.

oPunjab derives from the Persian words Panj (بَعْب) (Five), and $\bar{A}b$ (بَا) (Water), i.e. (the) Five Waters .

oPunjab is Pakistan's second largest province, with about 56% of the country's total population.

oThe Punjabis found in Pakistan are composed of various social groups, castes and economic groups. Muslim Rajputs, Jat, Tarkhans, Dogars, Gujjars, Gakhars, Khatri or Punjabi Sheikhs, Kambohs, and Arains.



INDEPENDENCE AND FORMATION OF PUNJAB PAKISTAN

The western Punjab was assimilated into new country of Pakistan while the east Punjab joined India. This led to massive rioting as both sides committed atrocities against fleeing refugees. The undivided Punjab, of which Punjab (Pakistan) forms a major region today, was home to a large minority population of Punjabi Sikhs and Hindus unto 1947 apart from the Muslim majority.[14] At the time of independence in 1947 and due to the ensuing horrendous exchange of populations, the Punjabi Sikhs and Hindus migrated to India.[15] Punjabi Muslims were uprooted similarly from their homes in East Punjab which now forms part of India. [16] Approximately 7 million plus who moved to Pakistan, over 6 million settled in Punjab. In 1947 the Punjab province of British India was divided along religious lines into West Punjab and East Punjab.

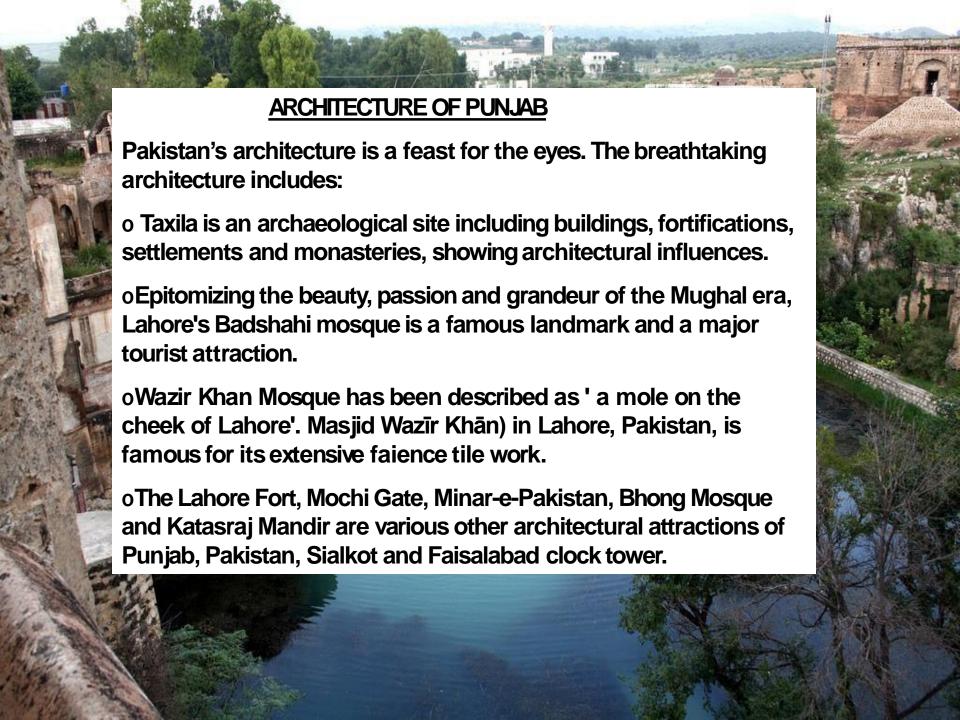
Green = Hara Red = Lal Blue = Neela Orange = Sungtari Yellow = Peela Purple = Jamnee Gray = Salati Black = Kala Brown = Khakhi or Bhura White = Chitaa Pink = Gulabi

LANGUAGES IN PUNJAB

Punjabi is the most spoken language of Pakistan . Punjabi is spoken as first language by over 44.15% of Pakistanis. Punjabi's are dominant in key institutions such as business, agriculture, industry, government, army, navy, air force, and police which is why about 70% of Pakistanis can understand or speak Punjabi.

Major Punjabi dialects are Pothwari, Pahari, Hindko, Maji, Seraiki, Potohatri, Dhanni and Rachnivi.

Punjabi and Saraiki have about 70 percent-85 percent parallels with each other in 2022 sarvey.



EDUCATION IN PUNJAB

The literacy rate has increased greatly since independence.
Punjab has the highest Human
Development Index out of all of
Pakistan's provinces.

1972-20.7% 1981-27.4% 1998-46.56% 2022-75.23%



Agriculture:

The most populated province of Punjab provides the largest share in national agricultural production. Agriculture offers 19% of the GDP and gives employment to 48% of the population. It contributes in provision of raw materials to major industries; textile, leather, rice processing, edible oil, sugar and various food processing industries. Pakistan's total export has a three fourth share of agriculture and 60% of this share comes from Punjab. Over years, Punjab has tried to meet the challenges of food security.

DRESSES OF PUNJAB

Costumes of Punjab are indicative of the bright and vibrant culture and lifestyle of the people.

The costumes are a mix of colour, comfort and beauty. It may be noted here that the state of Punjab is well known for the use of phulkari in its costumes.

Other commonnly worn clothes by people in Punjab are pagri, dhoti, lacha, kurta, khusa, gharara, paranda, choli and shalwar kameez.





PUNJABI CUSINES



One of the main features of Punjabi cuisine is its diverse range of dishes.

There are certain dishes which are exclusive to Punjab, such as Makay di roti and Saron Da Saag. The main spices in a Punjabi dish consists of onion, garlic and ginger.

Typical Punjabi foods include Lahori Pulao, Chicken Karahi, Kaju Aloo, Sarso Ka Saag, Archari Bhindi, Aloo Ghost, Paya, Gol Gappay, Special Punjabi Salad, Murgh Channa, Tilmilli Tali Machli, Lassi, Jalebi, Rasgoole, Gajrela, Sohan Halwa, Kulfi, Lauqi ka halwa, Pherni, Kheer, Moti Chur ke Ladoo and many more.



Wheat is the staple food of Punjabis; however, they do enjoy eating rice on festivities and other special occasions. The philosophy of life for most of the Punjabis is to eat, drink and make merry.



ART

The crafts in the Punjab are of two types: the crafts produced in the rural areas and the royal crafts that flourished in the urban centre particularly in Lahore. oThe former include cotton textiles, basketry, embroidery etc. while the latter are tile and woodwork skills, ivory, silver and gold work, naggashi and architectural crafts. oLahore is the centre of handmade carpets. oThe hand-woven cotton cloth like khaddar of Kamalia, are popular. oThe cloth woven on handlooms is either block printed or

beautifully embroidered.

hand-woven bed covers.

oMultan is famous for beautiful



CRAFTS

Crafts of Punjab include: women woven Pidhis (low, four legged woven stools), which are both functional and artistic, leather jootis crafted from leather of different shades. Women weave durries (a pile less cotton spread, which can be used on a bed or on the floor).

Phulkaris (cloth) are major craft generally in red or maroon color and the thread employed in the close embroidery is made of silk in gold, yellow, crimson red, blue and green colors.

Mud works, weaving, embroidery, wood works, folk toy making, parandis and miscellaneous crafts are also included.

LITERATURE OF PUNJAB

Punjabi Poetry is renowned for its extremely deep meaning, beautiful, exciting and hopeful use of words. The large number of Punjabi poetry works are being translated throughout the world into many languages.

Some of our famous poets are:

Waris Shah's contribution to Punjabi
literature is best-known for his seminal
work in Heer Ranjha,
Shakespeare of Punjabi language.

Shakespeare of Punjabi language.

Bulleh Shah was a Punjabi Sufi poet,

a humanist and philosopher. The verse from Bulleh Shah primarily employed is called the Kafi, a style of Punjabi.

Common female Punjabi dances are: Sammi, Giddha, Jaago, Kikli and Luddi.

Common male Punjabi dances are: Bhangra, Malwai, Giddha, Jhumar, Luddi.



DANCES OF PUNJAB

Due to the long history of the Punjabi culture and of the Punjabi people, there is a large number of dances. These dances are normally performed at times of celebration. These dances are normally performed at times of celebration the most prominent being at Punjabi weddings, where the elation is usually particularly intense. The overall style can range from very high energy to more reserved, however the common elements make it particularly attractive to the viewers. Punjabi dances are designed for either men or women.

WEDDING TRADITIONS OF PUNJAB

Punjabi culture is rich with rituals!!!

The pre-wedding rituals include mangni, dohlki, mehndi and ubtan.

The wedding process includes sarbala, sehrabandi, nikah and juta chupai.

The Dhol (Balle Balle and Bhangra) is an obvious part of Punjabi weddings.



FOLKLORE OF PUNJAB

Heer Ranjha is one of the four popular tragic romances of the Punjab. There are several poetic narrations of the story, the most famous being 'Heer' by Waris Shah written in 1766. It tells the story of the love of Heer and her lover Ranjha.

The other three are Mirza Sahiba (tragic romance)

Sassi Punnun and Sohni Mahiwal

These stories are one of the most prominent examples of medieval poetic legends in the Punjab.



PUNJABI MUSIC



however, light music, particularly Ghazals and folk songs, which have an appeal of their own, the names of Mehdi Hasan, Ghulam Ali, Nur Jehan, Malika Pukhraj, Farida Khanum, Roshen Ara Begum, and Nusrat

Spots in Punjab:

Games being played in Punjab region include Gilli-Danda, Khoo-Khoo, Yassu-Panju, Pitho-Garam, Ludo, Chuppan-Chupai, Baraf-Panni, Kanchy and some major sports include cricket, boxing, horse-racing, hockey and football.







FAIRS AND FESTIVALS OF PUNJAB

The fairs and festivals of Punjab reflect the entire gamut of its folk life and cultural traditions. These mainly fall in following categories.



The fairs held at the shrines of <u>Sufi</u> saints are called <u>urs</u>. They generally mark the death anniversary of the saint.

The most important urs are: urs of Data Ganj Buksh,
Hazrat Sultan Bahu, Hazrat Shah
Jewna, Hazrat Mian Mir, Baba
Farid Ganj Shakar and many
more.

Punjabis celebrate seasonal and harvest festivals which include Lohri,
Basant, Baisakhi and Teej.

Others include Basant, Lok Mela, National Horse and Cattle Show, Defence Day parade, Mela Chiraghan

