

# **Weddings in Pakistan**

A Celebration of Culture and Traditions

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# Introduction

Pakistan is a diverse country with rich cultural heritage, and weddings hold significant importance in its society.

- Cultural Practices
- Traditions
- Regional Variation
- Research Based Data
- Trends & Modern Influence
- Challenges



# Cultural Significance

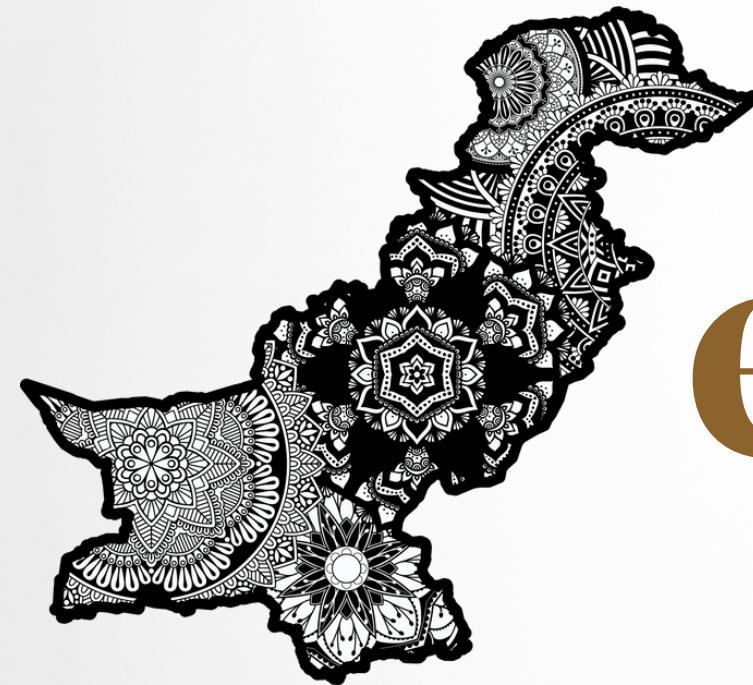
- Weddings in Pakistan are a social and cultural event that brings families together and strengthens social bonds.
- The institution of marriage is highly valued and considered a sacred union in Pakistani society.
- Weddings are celebrated with great enthusiasm, and they reflect the unique traditions and customs of different regions.



# Common Practices in Pakistani Weddings

- **Engagement (Mangni):** The formal announcement of the couple's intention to marry.
- **Nikah(Sunnat):** The religious ceremony where the couple officially becomes husband and wife.
- **Mehndi:** A pre-wedding ceremony where the bride's hands and feet are adorned with henna.
- **Baraat:** The groom's wedding procession accompanied by family and friends.
- **Valima(Sunnat):** The reception hosted by the groom's family to celebrate the marriage.





# Regional Variations



# Punjab

- Bhangra and Giddha (traditional dances) are performed during wedding celebrations.
- "Joota Chupai" is a playful tradition where the bride's sisters steal and hide the groom's shoes for ransom.



# Sindh

- "Ubtan" is a traditional ceremony where the bride and groom are applied with a mixture of turmeric, sandalwood, and aromatic oils.
- Sindhi weddings are known for their vibrant and colorful attire, including "Ajrak" and "Sindhi Topi."



# Balochistan

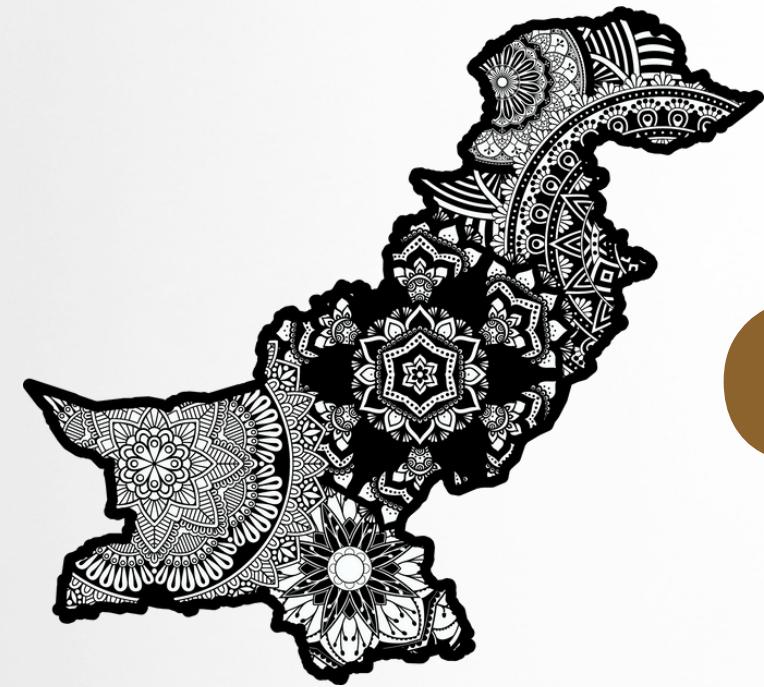
- The bride's family hosts a "Saharo" ceremony where they provide the groom with gifts and a turban.
- Balochi weddings feature folk dances and traditional music like "Soroz" and "Hambo."



# KPK

- In KPK, Pashtun weddings showcase traditional attire such as "Shalwar Kameez" for men and colorful embroidered outfits like "Ghagra Choli" for women.
- Traditional Pashtun dances like "Attan" are an integral part of KPK weddings, performed in a circle with lively drum beats and the rhythm of traditional instruments.
- Pashto music, including performances of Rabab (a stringed instrument), adds to the festive ambiance of the wedding celebrations.





# research Findings



# Average Age of Marriage

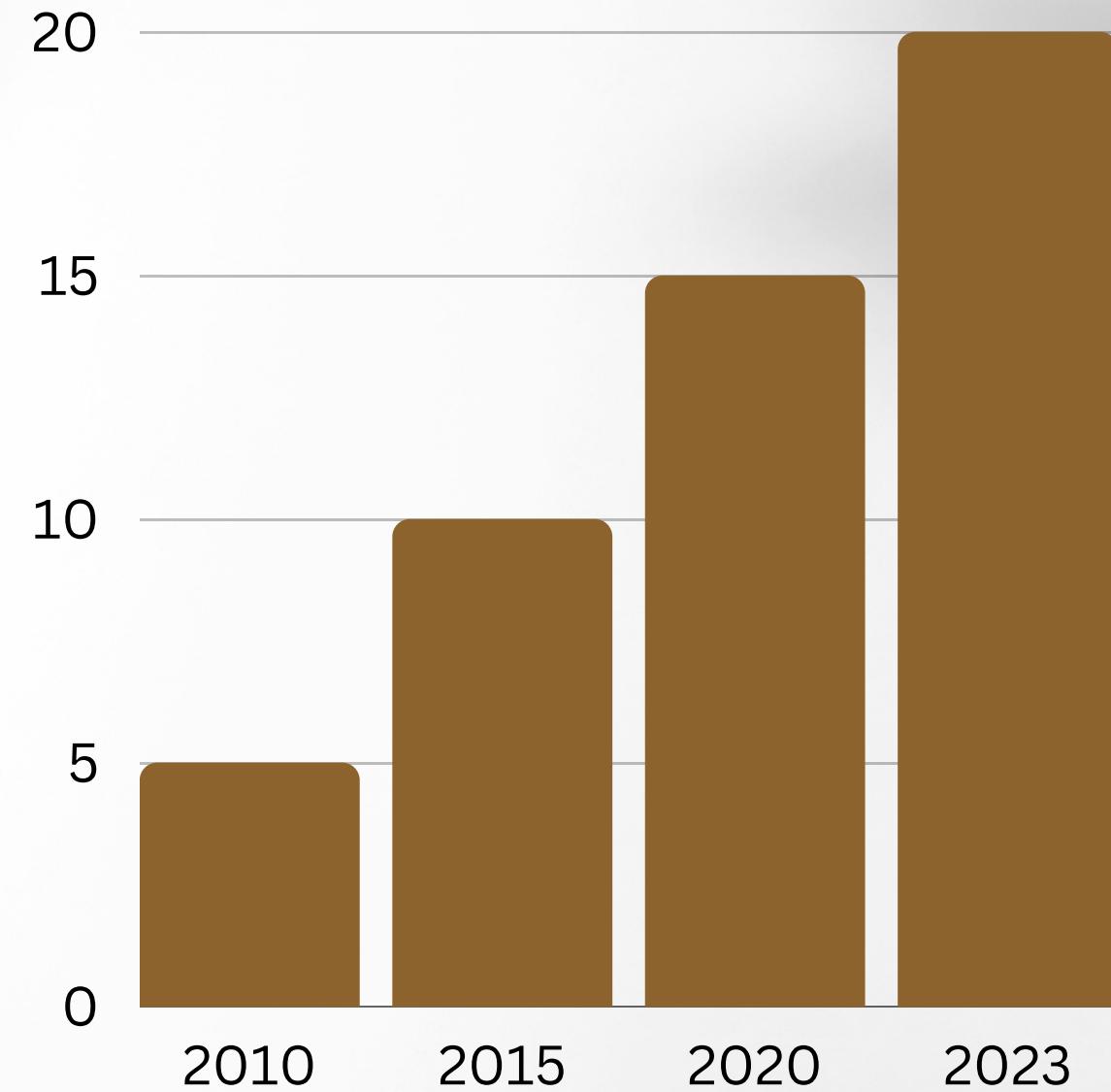
Research indicates variations in the average age of marriage across different regions of Pakistan.

- **Punjab:** Average age for men is around 27, and for women is around 24.
- **Sindh:** Average age for men is around 28, and for women is around 25.
- **Balochistan:** Average age for men is around 26, and for women is around 23.
- **Khyber Pakhtunkhwa:** Average age for men is around 29, and for women is around 26.
- **Gilgit-Baltistan:** Average age for men is around 30, and for women is around 27.
- **Azad Kashmir:** Average age for men is around 28, and for women is around 25.

# Average Wedding Expenses

The average cost of a wedding in Pakistan varies significantly depending on factors such as region, socio-economic status, and personal preferences.

- Urban areas: The average wedding cost in urban areas can range from PKR 1 million to PKR 2 million and above.
- Rural areas: Wedding expenses in rural areas tend to be relatively lower, ranging from PKR 400,000 to PKR 1 million.



# Weddings Rate

- On an average month: Across Pakistan, there are approximately 30,000 to 40,000 weddings held each month.
- On an average week: The number of weddings can range from 7,000 to 10,000 per week.
- On an average day: Pakistan witnesses around 1,000 to 1,500 weddings taking place daily.



# Divorce Rate

The divorce rate in Pakistan is estimated to be around 8% to 10%, varying across different regions and socioeconomic backgrounds.

- Urban areas tend to have higher divorce rates compared to rural areas.
- Factors contributing to divorce include:
  - Compatibility issues
  - Financial problems
  - Lack of mutual understanding
  - Not following Islam ways.





# challenges and Trends



# Changing Trends and Modern Influences

- **Love Marriages:** There has been a gradual increase in love marriages, where individuals choose their partners based on personal preferences and compatibility.
- **Following Trends In Weddings:** People have started following Internet trends and are being influenced by others including celebrities and their idols resulting in different problems including financial, social and etc.
- **Destination Weddings:** Destination weddings, both within Pakistan and abroad, are gaining popularity among affluent families, providing a memorable and picturesque experience.

# Challenges and Emerging Solutions

- **Financial Burden:** The high cost of weddings can put families under financial strain. To address this, some families opt for simpler, budget-friendly ceremonies.
  - Dowry
  - Extra Demands from the groom's family.
- **Gender Equality:** Efforts are being made to challenge traditional gender roles and empower women in decision-making processes related to weddings.
- **Social Pressures:** Young couples are increasingly asserting their preferences and choices while navigating societal expectations and traditions.

# Conclusion

- Weddings in Pakistan are a reflection of diverse cultural traditions and customs.
- Research findings shed light on the average age of marriage, divorce rates, wedding expenses, and the number of weddings held.
- As society evolves, changing trends and emerging solutions are shaping the wedding landscape.
- Let us celebrate the beauty of Pakistani weddings while considering the challenges and embracing positive changes.
- Let us not forget our deen on such occasion. As we should remember Allah not just when we are sad but also in our happiness.



Floor Is Open For  
Questions & Discussion