

The Promises of God – From Covenant to Christ

12-Week Curriculum

This curriculum explores the promises of God as revealed in Scripture, fulfilled in Christ, and applied in the life of the believer. Each week contains teaching notes, Scripture references, discussion questions, and applications.

Archived at: <https://tinyurl.com/PromisesOfGod>

Week 1 – God’s Nature as the Promise-Maker

Core Theme

God’s promises are trustworthy because they flow from His character. He reveals Himself as faithful, true, and unchanging — and He has invited us to know Him through His Word, His works in history, and most fully through Jesus Christ.

God’s Character in Scripture

Numbers 23:19; Malachi 3:6; Hebrews 13:8; Titus 1:2; John 17:17; Deuteronomy 7:9; Lamentations 3:22–23. God is unchanging, truthful, and faithful.

God’s Character in History

From Creation (Genesis 1) to the Patriarchs (Genesis 12–15), to Exodus deliverance (Exodus 14), to Exile and Return (Jeremiah 29:10–14), God consistently proves His Word true.

God’s Character Revealed in Jesus

John 1:14; John 14:9; Philippians 2:8; 2 Corinthians 1:20; Hebrews 4:15. Jesus is truth and grace incarnate.

God’s Invitation to Know Him

Psalm 19:7–9; Psalm 105:1–5; Hebrews 1:1–3; Jeremiah 9:23–24; John 17:3. God invites us into covenant relationship with Him.

Discussion Questions

- Why is God’s character the ultimate guarantee?
- How has God demonstrated His character in history?
- In what ways does Jesus reveal God’s character? How has God invited you to know Him?

Application Points

Trust: Identify one promise of God you’ve struggled to trust.

Remember: Recall a time God proved faithful.

Know Him: Read John 14–17.

Live Differently: Ask, ‘If I truly believed God never changes, how would my life look different this week?’

Week 2 – The Promise to Abraham: Blessing to the Nations

Core Theme

God's covenant with Abraham sets the stage for the entire biblical story of redemption. Through Abraham, God promises land, descendants, and blessing — promises that extend beyond Israel to every nation through Christ.

God's Character in the Promise to Abraham

Genesis 12:1–3; Genesis 15:1–6; Genesis 17:7. God initiates, unilaterally secures, and faithfully reaffirms His covenant.

God's Character in History

Despite barrenness, Abraham's line grew (Genesis 21). God delivered Israel from Egypt (Exodus 12–14), gave them the land (Joshua 21:43–45), and restored them (Nehemiah 9:7–8).

God's Character Revealed in Christ (Abraham's Seed)

Galatians 3:16; Luke 3:34; Galatians 3:8; Matthew 28:19. Christ is the seed of Abraham and blessing to all nations.

God's Invitation to Know Him

Genesis 15:6; Galatians 3:29. God invites us into covenant relationship and global mission.

Discussion Questions

Why was God's promise to Abraham central?

How does Abraham's faith model ours?

How do we live as heirs of Abraham's promise? How does this covenant shape our mission?

Application Points

Trust: Bring an 'impossible' situation before God.

Embrace Identity: Reflect on Galatians 3:29.

Be a Blessing: Bless someone outside your circle. Pray:

Intercede for one nation this week.

Week 3 – The Covenant with Moses: Promise of Presence

Core Theme

God promises His presence with His people, showing them that relationship with Him is central to covenant life.

God's Character in Scripture

Exodus 19:3–6; Exodus 33:14; Deuteronomy 7:9. God reveals His holiness, covenant love, and abiding presence.

God's Character in History

God's presence went with Israel in the pillar of cloud/fire (Exodus 13:21). The tabernacle and temple symbolized His dwelling (Exodus 40:34). Even in exile, He promised His return (Ezekiel 37:27–28).

God's Character Revealed in Jesus

John 1:14; Matthew 28:20. Jesus is 'God with us' and promises His presence to the end of the age.

God's Invitation to Know Him

Psalm 16:11; Jeremiah 29:13; James 4:8. God invites us to draw near and experience His presence daily.

Discussion Questions

- Why was God's presence central to Israel's identity?
- How do we experience God's presence today?
- What difference does God's presence make in daily life?

Application Points

- Practice His presence: Take 5 minutes daily in stillness.
- Journal: Note where you sense God's nearness.
- Pray: Thank God for His Spirit's indwelling presence.

Week 4 – Promise to David: An Eternal Kingdom

Core Theme

God promises a king from David's line whose throne will endure forever, pointing to Christ the eternal King.

God's Character in Scripture

2 Samuel 7:12–16; Psalm 89:3–4. God reveals His steadfast love and covenant loyalty.

God's Character in History

Though David's line faltered, God preserved it (2 Kings 8:19). The prophets reaffirmed hope for a coming King (Isaiah 9:6–7).

God's Character Revealed in Jesus

Luke 1:32–33; Matthew 21:5. Jesus is the Son of David and King of kings.

God's Invitation to Know Him

Colossians 1:13; Philippians 2:10–11. God calls us to live as citizens under Christ's reign.

Discussion Questions

Why was David's covenant vital for Israel?
How do we live under Christ's kingship today?
What does citizenship in His kingdom require?

Application Points

Submit: Place one area of life under Christ's kingship. Pray:
Daily ask 'Your kingdom come.'
Serve: Live out kingdom values in community.

Week 5 – Promise of the New Covenant

Core Theme

God promises forgiveness of sins and new hearts by His Spirit.

God's Character in Scripture

Jeremiah 31:31–34; Ezekiel 36:24–28. God reveals His grace and power to transform hearts.

God's Character in History

Israel's failure under the old covenant highlighted the need for a new one (Hebrews 8:7–13).

God's Character Revealed in Jesus

Luke 22:20; Matthew 26:28. Jesus inaugurates the New Covenant in His blood.

God's Invitation to Know Him

John 3:5–8; 2 Corinthians 3:6. God invites us to walk in the Spirit and know Him personally.

Discussion Questions

How does the New Covenant differ from the old?

What does it mean to have God's law on our hearts? How does the Spirit help us live in this covenant?

Application Points

Reflect: Identify where you rely on self-effort.

Communion: Approach with gratitude for the New Covenant. Yield:

Invite the Spirit to transform specific areas.

Week 6 – Promise of the Messiah Fulfilled in Christ

Core Theme

All covenant promises converge in Jesus Christ.

God's Character in Scripture

Isaiah 9:6–7; Micah 5:2. God foretold the Messiah, proving His faithfulness.

God's Character in History

The birth, ministry, death, and resurrection of Christ fulfilled centuries of prophecy.

God's Character Revealed in Jesus

Matthew 1:21–23; John 1:14. Jesus embodies God's faithfulness and salvation.

God's Invitation to Know Him

John 14:6; Acts 4:12. God calls us to know Him through Christ.

Discussion Questions

Why is Jesus the 'Yes and Amen' of God's promises?
How does seeing prophecy fulfilled strengthen faith? What promises of Jesus do you most cling to?

Application Points

Praise: Thank Jesus for fulfilling God's promises.
Share: Tell someone how Jesus is God's fulfillment. Trust:
Anchor hope in Christ's completed work.

Week 7 – Promise of the Spirit

Core Theme

God promises to send His Spirit to dwell with and in His people.

God's Character in Scripture

Joel 2:28–29; John 14:16–17. God reveals His promise of empowering presence.

God's Character in History

At Pentecost, the Spirit was poured out (Acts 2). The Spirit continues to guide, empower, and comfort the church.

God's Character Revealed in Jesus

John 16:7; Acts 1:8. Jesus promised and sent the Spirit to empower His people.

God's Invitation to Know Him

Romans 8:9–11; Ephesians 1:13–14. The Spirit is God's seal and guarantee of our inheritance.

Discussion Questions

Why is the Spirit called our Helper?

How do you see the Spirit's work in your life?

How does the Spirit assure us of God's promises?

Application Points

Pray: Ask 'Come, Holy Spirit.'

Obey: Step out in one Spirit-led prompting.

Encourage: Share a testimony of the Spirit's work.

Week 8 – Promise of Adoption and Inheritance

Core Theme

God promises to make us His children and heirs.

God's Character in Scripture

Romans 8:14–17; Galatians 4:4–7. God adopts us into His family by the Spirit.

God's Character in History

Throughout Scripture, God claims His people as His children (Exodus 4:22; Hosea 11:1).

God's Character Revealed in Jesus

John 1:12; Hebrews 2:11. Jesus brings us into sonship with the Father.

God's Invitation to Know Him

Ephesians 1:13–14; 1 John 3:1–3. God invites us to live securely as His children.

Discussion Questions

What does adoption mean for your identity?

How does being God's heir change perspective? How can we encourage one another as heirs?

Application Points

Identity: Replace a false label with God's truth.

Encourage: Remind another believer of their inheritance.

Live: Walk confidently as God's child.

Week 9 – Promise of Rest

Core Theme

God promises rest in Himself, fulfilled ultimately in Christ.

God's Character in Scripture

Joshua 21:43–45; Hebrews 4:1–11. God's rest is both physical and eternal.

God's Character in History

Israel entered rest in Canaan, but it pointed to a greater rest still to come.

God's Character Revealed in Jesus

Matthew 11:28–30. Jesus offers true rest for our souls.

God's Invitation to Know Him

Psalm 23; Revelation 14:13. God invites us into His peace and final rest.

Discussion Questions

What is God's rest?

Why do we struggle to rest?

How do we enter God's promised rest?

Application Points

Sabbath: Set aside one time for rest this week.

Surrender: Give one burden to Christ. Hope:

Anticipate eternal rest in Him.

Week 10 – Promise of God’s Faithfulness

Key Verses

“Faithful is the one who calls you, and he will in fact do this.”

— *1 Thessalonians 5:24, NET*

“If we are unfaithful, he remains faithful, since he cannot deny himself.”

— *2 Timothy 2:13, NET*

Core Theme

God promises to stay faithful to His word and to His people.

His faithfulness is part of His character, so it does not change.

Week 11 – Promise of Christ’s Return

Core Theme

God promises that Christ will return to judge and restore.

God’s Character in Scripture

Acts 1:9–11; 1 Thessalonians 4:16–18. God is faithful to fulfill this hope.

God’s Character in History

God has kept every major redemptive promise; we trust He will keep this one too.

God’s Character Revealed in Jesus

Matthew 24:30–31; Revelation 22:12. Jesus Himself promised to come again.

God’s Invitation to Know Him

2 Peter 3:9–13. God invites us to live in readiness and holiness.

Discussion Questions

Why is Christ’s return vital to God’s plan?

How should His coming shape our priorities?

What encouragement does this promise give?

Application Points

Readiness: Live with urgency this week.

Encourage: Share 1 Thessalonians 4:18. Pray:

‘Come, Lord Jesus.’

Week 12 – Promise of Eternal Life and New Creation

Core Theme

God promises eternal life with Him in a renewed creation.

God's Character in Scripture

John 14:1–3; Revelation 21:1–7. God reveals His desire for eternal fellowship with His people.

God's Character in History

From Eden lost to Eden restored, God's plan has always been to dwell with His people.

God's Character Revealed in Jesus

John 17:24; Revelation 22:1–5. Jesus secures eternal life and ushers us into the new creation.

God's Invitation to Know Him

2 Peter 3:13; Romans 8:18–25. God invites us to long for and live toward eternity.

Discussion Questions

How is eternal life described in Scripture? How does this promise affect daily living?
How can we cultivate longing for eternity?

Application Points

Pray: Write a prayer of hope from Revelation 21.
Share: Tell someone about eternal life in Christ. Hope:
Live today in light of eternity.