

1. **Basic Information**

Full Name: Rahul Kumar

Age / DOB: 55 years / 20 Jun 1970

Gender: Male

Contact: +977-97XXXXXXX

Address: Biratnagar, Nepal

Emergency Contact: Priya Kumar (Wife), +977-97XXXXXXX

Insurance: NepalCare Insurance – Policy #445566

2. **Past Medical History**

Chronic Kidney Disease – Stage 2, Diagnosed 2019

Hypertension – Since 2010

Hospitalizations: Cataract Surgery – 2023

3. **Past Surgical History**

Cataract Surgery – 2023

4. **Allergies**

Drug Allergies: None

Food Allergies: Seafood

Environmental Allergies: None

5. **Family History**

Father: Kidney Disease

Mother: Hypertension

6. **Social History**

Smoking: Smoker (10 cigarettes/day)

Alcohol: Occasional

Occupation: Shopkeeper

Diet: Low salt diet

Exercise: Minimal

7. **Medications**

Losartan 50 mg, daily

Furosemide 20 mg, as prescribed

8. **Immunization History**

COVID-19 Vaccine – Completed

Tetanus – Last dose 2021

9. **Recent Visits**

May 2024: Kidney function follow-up

Nov 2024: Blood pressure check