

**1. Basic Information**

Full Name: Aisha Khan

Age / DOB: 27 years / 5 Dec 1997

Gender: Female

Contact: +977-96XXXXXXX

Address: Pokhara, Nepal

Emergency Contact: Imran Khan (Father), +977-96XXXXXXX

Insurance: Everest Health – Policy #112233

**2. Past Medical History**

Hypothyroidism – Diagnosed in 2021

**3. Past Surgical History**

None

**4. Allergies**

Drug Allergies: Ibuprofen

Food Allergies: None

Environmental Allergies: Dust mites

**5. Family History**

Father: Diabetes

Mother: Healthy

**6. Social History**

Smoking: Never

Alcohol: No

Occupation: Student

Diet: Vegetarian

Exercise: Gym 4 times a week

**7. Medications**

Levothyroxine 75 mcg, daily

**8. Immunization History**

COVID-19 Vaccine – Completed

Hepatitis B – Completed series

**9. Recent Visits**

Jan 2024: Thyroid hormone level check

Sep 2024: Annual physical