

1. **Basic Information**

Full Name: Mary Smith

Age / DOB: 32 years / 15 Mar 1993

Gender: Female

Contact: +977-98XXXXXXX

Address: Kathmandu, Nepal

Emergency Contact: Robert Smith (Brother), +977-98XXXXXXX

Insurance: Himal Health – Policy #998877

2. **Past Medical History**

Coronary Artery Disease – Stent placed 2015

Type 2 Diabetes Mellitus – Since 2005

Hospitalizations: Gallbladder Removal – 2010

3. **Past Surgical History**

Coronary Stent Placement – 2015

Gallbladder Removal – 2010

4. **Allergies**

Drug Allergies: Aspirin (GI upset)

Food Allergies: Shellfish

Environmental Allergies: None

5. **Family History**

Father: Heart Disease

Mother: Diabetes

6. **Social History**

Smoking: Former smoker (quit 2000)

Alcohol: Occasional wine

7. **Medications**

Metformin 1000 mg, twice daily

Clopidogrel 75 mg, daily

8. **Immunization History**

COVID-19 Vaccine – Completed

Influenza – Yearly

Pneumococcal Vaccine – 2022

9. **Recent Visits**

Jun 2024: Cardiology follow-up

Dec 2024: Diabetes management