

1. **Basic Information**

Full Name: Aisha Khan

Age / DOB: 27 years / 5 Dec 1997

Gender: Female

Contact: +977-96XXXXXXX

Address: Pokhara, Nepal

Emergency Contact: Imran Khan (Father), +977-96XXXXXXX

Insurance: Everest Health – Policy #112233

2. **Past Medical History**

Hypothyroidism – Diagnosed in 2021

3. **Past Surgical History**

None

4. **Allergies**

Drug Allergies: Ibuprofen

Food Allergies: None

Environmental Allergies: Dust mites

5. **Family History**

Father: Diabetes

Mother: Healthy

6. **Social History**

Smoking: Never

Alcohol: No

Occupation: Student

Diet: Vegetarian

Exercise: Gym 4 times a week

7. **Medications**

Levothyroxine 75 mcg, daily

8. **Immunization History**

COVID-19 Vaccine – Completed

Hepatitis B – Completed series

9. **Recent Visits**

Jan 2024: Thyroid hormone level check

Sep 2024: Annual physical