

1. Basic Information

Full Name: Mary Smith

Age / DOB: 32 years / 15 Mar 1993

Gender: Female

Contact: +977-98XXXXXXX

Address: Kathmandu, Nepal

Emergency Contact: Robert Smith (Brother), +977-98XXXXXXX

Insurance: Himal Health – Policy #998877

2. Past Medical History

Coronary Artery Disease – Stent placed 2015

Type 2 Diabetes Mellitus – Since 2005

Hospitalizations: Gallbladder Removal – 2010

3. Past Surgical History

Coronary Stent Placement – 2015

Gallbladder Removal – 2010

4. Allergies

Drug Allergies: Aspirin (GI upset)

Food Allergies: Shellfish

Environmental Allergies: None

5. Family History

Father: Heart Disease

Mother: Diabetes

6. Social History

Smoking: Former smoker (quit 2000)

Alcohol: Occasional wine

7. Medications

Metformin 1000 mg, twice daily

Clopidogrel 75 mg, daily

8. Immunization History

COVID-19 Vaccine – Completed

Influenza – Yearly

Pneumococcal Vaccine – 2022

9. Recent Visits

Jun 2024: Cardiology follow-up

Dec 2024: Diabetes management