

1. Basic Information

Full Name: Rahul Kumar

Age / DOB: 55 years / 20 Jun 1970

Gender: Male

Contact: +977-97XXXXXXX

Address: Biratnagar, Nepal

Emergency Contact: Priya Kumar (Wife), +977-97XXXXXXX

Insurance: NepalCare Insurance – Policy #445566

2. Past Medical History

Chronic Kidney Disease – Stage 2, Diagnosed 2019

Hypertension – Since 2010

Hospitalizations: Cataract Surgery – 2023

3. Past Surgical History

Cataract Surgery – 2023

4. Allergies

Drug Allergies: None

Food Allergies: Seafood

Environmental Allergies: None

5. Family History

Father: Kidney Disease

Mother: Hypertension

6. Social History

Smoking: Smoker (10 cigarettes/day)

Alcohol: Occasional

Occupation: Shopkeeper

Diet: Low salt diet

Exercise: Minimal

7. Medications

Losartan 50 mg, daily

Furosemide 20 mg, as prescribed

8. Immunization History

COVID-19 Vaccine – Completed

Tetanus – Last dose 2021

9. Recent Visits

May 2024: Kidney function follow-up

Nov 2024: Blood pressure check