



CHAPTER 1 REFLECTION

Far and far, I Go
I reach somewhere
I'll take YOU somewhere
Never Imagined
Never heard
Into the MIST
Into the light
Into a World
Never Explored
Never touched
Never Praised Before


So, just hold on to ME
GRIP on ME
I know YOU
I'll take YOU
To YOUR destination
Just believe in ME

I am your lullaby,
I am your peace,
I am your song,
I am your ping-pong,
I am your anger,
I am your laughter,
I am your light,
I am your night,
I am your soul,
I am your core.

I am your shadow.
I am, YOUR REFLECTION

REALIZATION and INSIGHTS

Reflection is a brawny word that we have kept revolving around the mirror.
But there is more to it, it's more than what we can even interpret during the red moon.
It is not just the external and physically perceptible element of a person.
It is more of our inner self, our soul and our emotions which even remains hidden from oneself just like a
blow of wind.

The background of the entire page is an abstract, artistic composition. It features deep, dark blues and purples as the base, with vibrant streaks of red, orange, and yellow. Scattered throughout are numerous small, glowing white and light blue circles, resembling distant stars or bubbles. The overall effect is ethereal and dreamlike, with a sense of depth and movement.

I might smile from the outside and be hurt from the inside.
I might be in pain but still, show happiness.
I might be breaking from inside but still showcasing my strength.
I might be on a path but still searching for a direction.
I might be complete but still, be incomplete.
I might be alone but still, be happy.
It is about the perspective and vision I have to see beneath the untouched, unexplored and unknown.
And it is just about making inception to communication.

We might become a part of an exciting journey with unknown people,
who comes out to have a common interest and goals,
and we may develop a bond of friendship, a bond of a team,
and break the rock, together or
reach the apex, together or
evenfall, together and maybe
even live together.
Who knows where just a conversation can take a turn and
Who knows where I'd be

CHALLENGING PIECES

Life is complex and complicated, but the challenging element is how better we can recognize ourselves and let others know about our internal self and not the external disguised body.
The challenge is not just to know read our actions but also to let surrounding see it the way they should, the way oneself wants, the one that is pure and true.
What it takes is just a word to make a whisper but if we don't, we might fall into the black hole of isolation and start losing ourselves.

For introverts and for anyone who has lost themselves or a part is broken, all that is required is sharing and having a hand to hold on at all weather and seasons to stay intact and faith within.

REVAMPING DIRECTIONS

There is a simple solution to see the blooming flowers and to find oneself i.e., COMMUNICATION.
In trouble, sharing of thoughts is communication.
In stress, feeling comfortable is communication.
In failures, motivating and looking for a new day is communication.
In sorrow, expressing emotions is communications.
In anger, being silent and meditating is communication.
In happiness, helping and involving others is communication.

We may face difficulties as a kid or as a student or as a sibling or as a friend or as an employee or as a parent or as ourselves but the medicine is simply to put our voice in chocolates and ice-creams and share with others.
GIVE UP