

A Gentle Introduction to Bayesian Estimation

Day 1: Introduction

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Tea experiment

Please have some tea and write down what was poured first: the (oat) milk or the tea?



Overview

- **Day 1:** Conceptual introduction
- **Day 2:** WAMBS-checklist (When to worry and how to Avoid the Misuse of Bayesian Statistics)
- **Day 3:** Algorithms and checks
- **Day 4:** Priors: Cautionary tails and possibilities
- **Day 5:** Informative priors

Daily schedule

09:00-12:00 Lecture

12:00-13:00 Lunch

13:00-16:00 Computer lab

Note: During the computer labs, you will work on the exercises yourself but we will check in regularly.

Feel free to ask questions throughout the lectures and labs, also on your own applications (see also lab Friday).

IOPS participants have an additional hand-in assignment about analyzing your own data

Instructors

Sara van Erp



Suzanne Hoogeveen



Florian van Leeuwen



Course website

<https://utrechtuniversity.github.io/BayesianEstimation/>

In addition: the Goin' app is a platform where you can connect with other summer school students.

Why this course?

“... It is clear that it is not possible to think about learning from experience and acting on it without coming to terms with Bayes’ theorem.”

- Jerome Cornfield (in de Finetti, 1974a)

“...whereas the 20th century was dominated by NHST [null hypothesis significance testing], the 21st century is becoming Bayesian...”

- Kruschke (2011, p.272) in a special ‘Bayesian’ issue of Perspectives on Psychological Science

“... over the last few decades, it has become the major approach in the field of statistics, and has come to be accepted in many or most of the physical, biological and human sciences ...”

- Lee (2011, p1)

Why this course?

More software options increase practical applicability of Bayes.

But: this comes at a risk!

Table 2 A non-exhaustive summary of commonly used and open Bayesian software programs

From: [Bayesian statistics and modelling](#)

| Software package | Summary |
|---|---|
| General-purpose Bayesian inference software | |
| BUGS ^{231,232} | The original general-purpose Bayesian inference engine, in different incarnations. These use Gibbs and Metropolis sampling. Windows-based software (WinBUGS ²³³) with a user-specified model and a black-box MCMC algorithm. Developments include an open-source version (OpenBUGS ²³⁴) also available on Linux and Mac |
| JAGS ²³⁵ | An open-source variation of BUGS that can run cross-platform and can run from R via rjags ²³⁶ |
| PyMC3 ²³⁷ | An open-source framework for Bayesian modelling and inference entirely within Python; includes Gibbs sampling and Hamiltonian Monte Carlo |
| Stan ⁹⁸ | An open-source, general-purpose Bayesian inference engine using Hamiltonian Monte Carlo; can be run from R, Python, Julia, MATLAB and Stata |
| NIMBLE ²³⁸ | Generalization of the BUGS language in R; includes sequential Monte Carlo as well as MCMC. Open-source R package using BUGS/JAGS-model language to develop a model; different algorithms for model fitting including MCMC and sequential Monte Carlo approaches. Includes the ability to write novel algorithms |
| Programming languages that can be used for Bayesian inference | |
| TensorFlow Probability ^{239,240} | A Python library for probabilistic modelling built on Tensorflow ²⁰³ from Google |
| Pyro ²⁴¹ | A probabilistic programming language built on Python and PyTorch ²⁰⁴ |
| Julia ²⁴² | A general-purpose language for mathematical computation. In addition to Stan, numerous other probabilistic programming libraries are available for the Julia programming language, including Turing.jl ²⁴³ and Mamba.jl ²⁴⁴ |
| Specialized software doing Bayesian inference for particular classes of models | |
| JASP ²⁴⁵ | A user-friendly, higher-level interface offering Bayesian analysis. Open source and relies on a collection of open-source R packages |
| R-INLA ²³⁰ | An open-source R package for implementing INLA ²⁴⁶ . Fast inference in R for a certain set of hierarchical models using nested Laplace approximations |
| GPstuff ²⁴⁷ | Fast approximate Bayesian inference for Gaussian processes using expectation propagation; runs in MATLAB, Octave and R |

Software

We use brms in R and bambi in Python and online applications.

You can choose the program of your preference (R or Python), but note that some functions are not (yet) available in Python.

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Software

Software environment

Python

R

Probabilistic programming
language

PyMC

Stan

Model-building interface

Bambi

PyStan

brms

rstanarm

Both PyMC and Stan rely on Hamiltonian Monte Carlo (HMC; see day 3)

Why are you taking this course?

A brief history of Bayes

It all started...

In 1748 when Hume published an essay about uncertainty

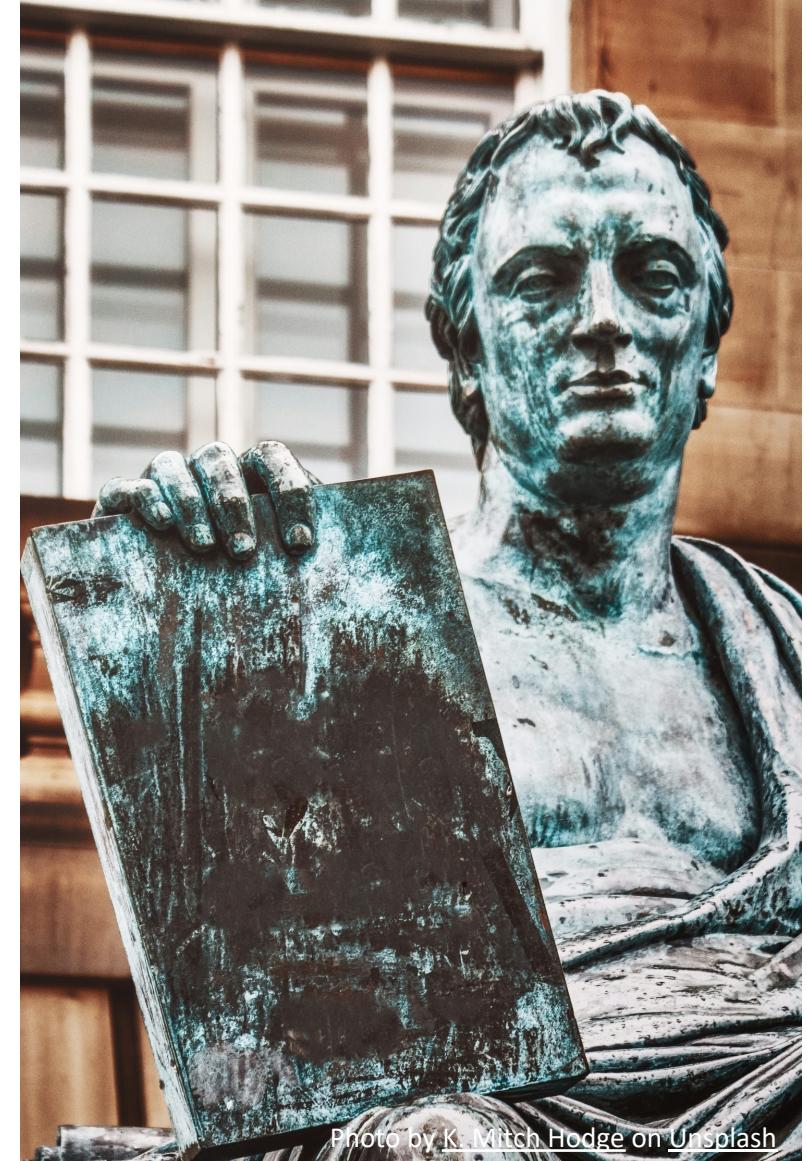


Photo by K. Mitch Hodge on [Unsplash](#)

A brief history of Bayes

Thomas Bayes (1701-1761) was a Presbyterian minister studying logic and theology at the University of Edinburgh.

He wrote an essay on inverse probability: what is the probability of a future event you know nothing about except how often it had occurred or failed to occur in the past?



Mark Riehl, CC BY-SA 4.0 via Wikimedia Commons

LII. *An Essay towards solving a Problem in the Doctrine of Chances.* By the late Rev. Mr. Bayes, F. R. S. communicated by Mr. Price, in a Letter to John Canton, A. M. F. R. S.

Dear Sir,

Read Dec. 23, 1763. I Now send you an essay which I have found among the papers of our deceased friend Mr. Bayes, and which, in my opinion, has great merit, and well deserves to be preserved. Experimental philosophy, you will find, is nearly interested in the subject of it; and on this account there seems to be particular reason for thinking that a communication of it to the Royal Society cannot be improper.

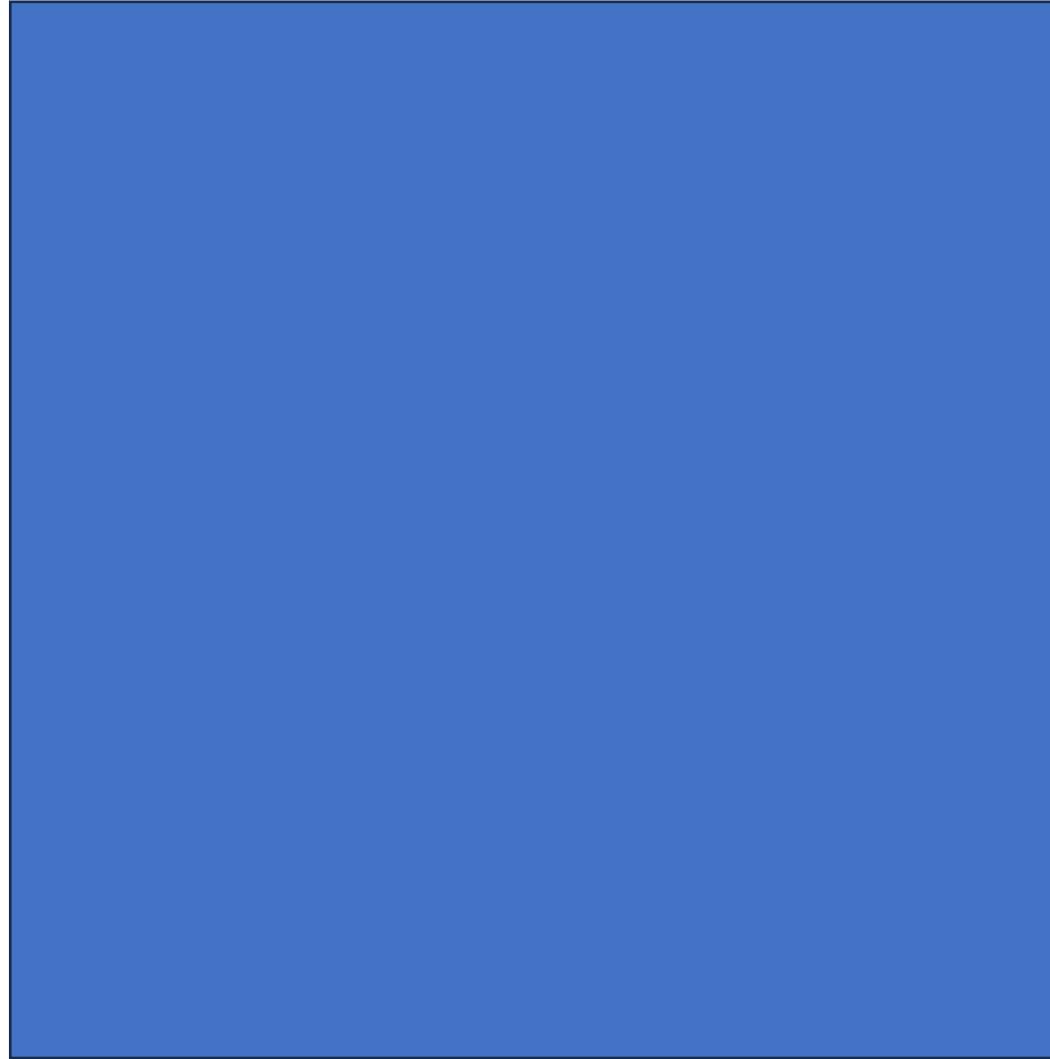
He had, you know, the honour of being a member of that illustrious Society, and was much esteemed by many in it as a very able mathematician. In an introduction which he has writ to this Essay, he says, that his design at first in thinking on the subject of it was, to find out a method by which we might judge concerning the probability that an event has to happen, in given circumstances, upon supposition that we know nothing concerning it but that, under the same circumstances,

[371]

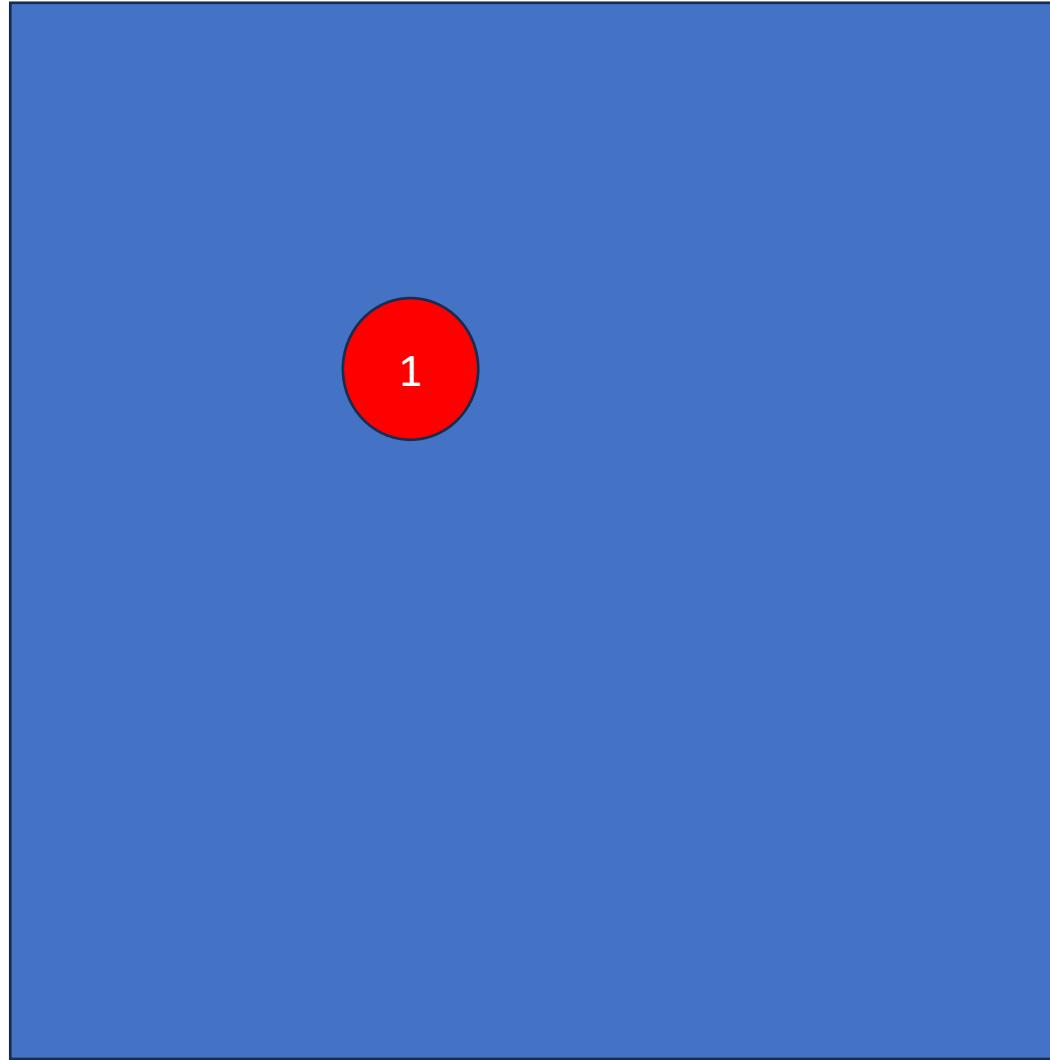
circumstances, it has happened a certain number of times, and failed a certain other number of times. He adds, that he soon perceived that it would not be very difficult to do this, provided some rule could be found according to which we ought to estimate the chance that the probability for the happening of an event perfectly unknown, should lie between any two named degrees of probability, antecedently to any experiments made about it; and that it appeared to him that the rule must be to suppose the chance the same that it should lie between any two equidifferent degrees; which, if it were allowed, all the rest might be easily calculated in the common method of proceeding in the doctrine of chances. Accordingly, I find among his papers a very ingenious solution of this problem in this way. But he afterwards considered, that the *postulate* on which he had argued might not perhaps be looked upon by all as reasonable; and therefore he chose to lay down in another form the proposition in which he thought the solution of the problem is contained, and in a *scholium* to subjoin the reasons why he thought so, rather than to take into his mathematical reasoning any thing that might admit dispute. This, you will observe, is the method which he has pursued in this essay.

Every judicious person will be sensible that the

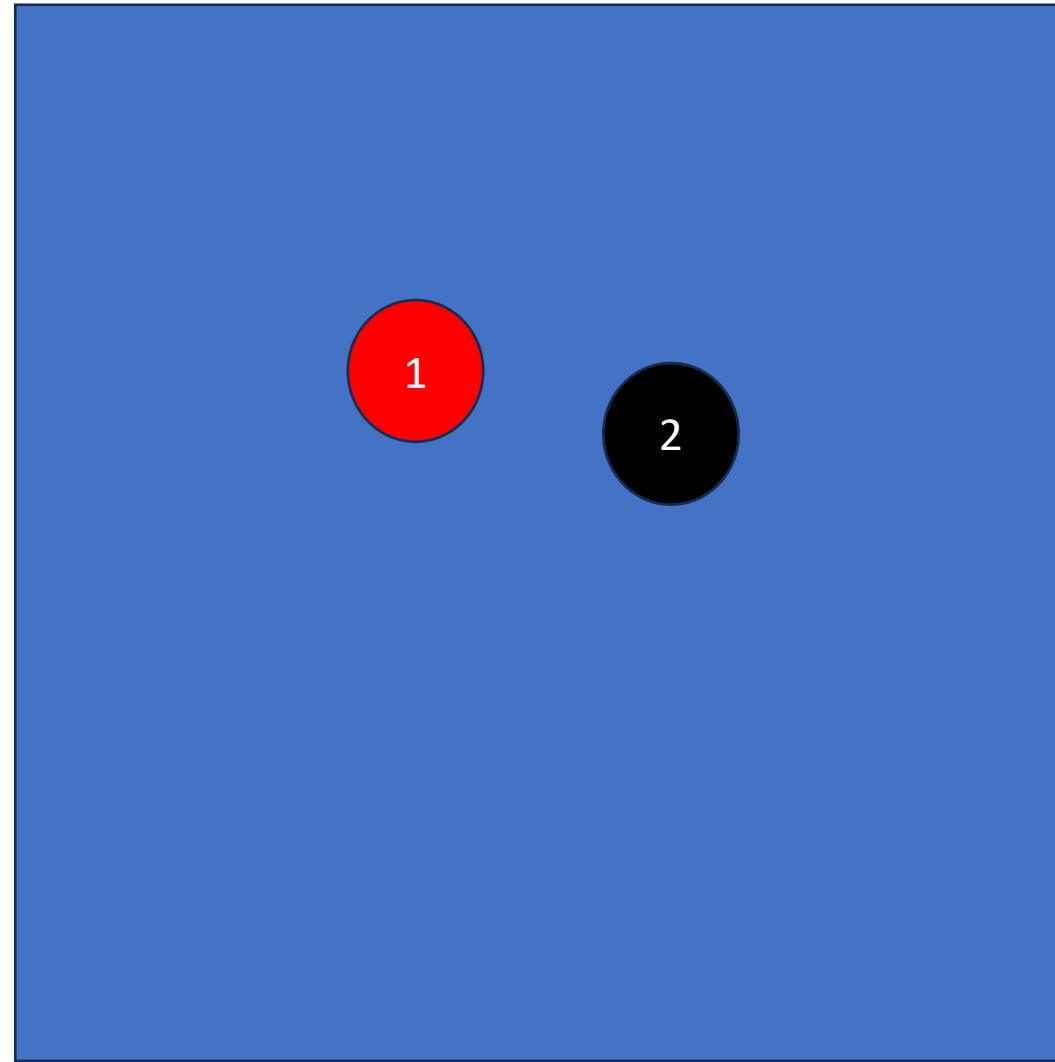
Bayes' thought experiment



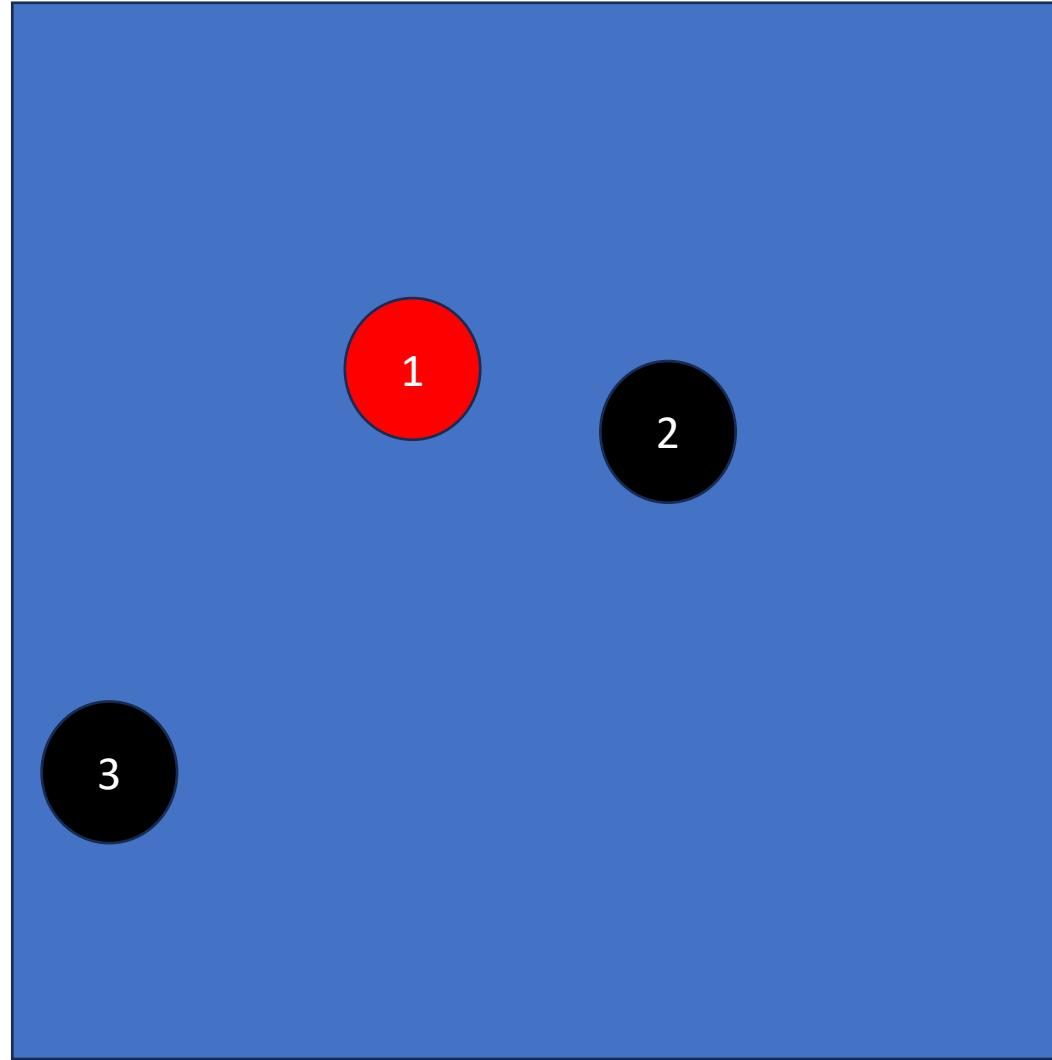
Bayes' thought experiment



Bayes' thought experiment

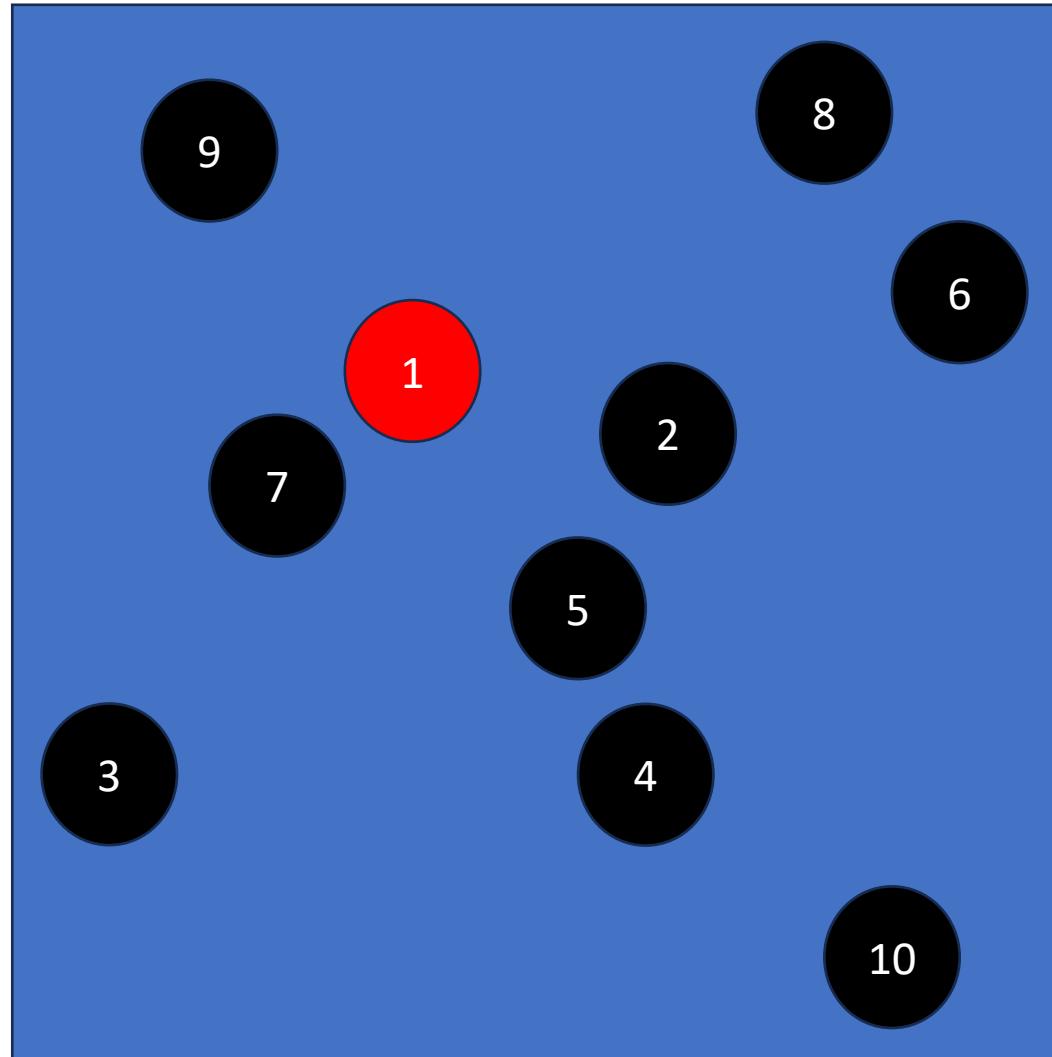


Bayes' thought experiment



Bayes' thought experiment

Given enough tosses of the ball, the range of places where the original ball landed can be narrowed.



A brief history of Bayes

Bayes did not publish his essay.

After Bayes passed, his relatives asked Richard Price (1723-1791) to go through his unfinished work.

Price was also a Presbyterian minister and saw in Bayes' essay an answer to Hume's criticism of causation: the theorem aimed to show that "*the world must be the effect of the wisdom and power of an intelligent cause; and thus to confirm from final causes ... the existence of the Deity.*"

A brief history of Bayesian statistics

Pierre Simon Laplace (1749-1827) independently discovered the same theorem.

Laplace was interested in astronomy and saw probability as a potential solution.

In his “*Mémoire on the Probability of the Causes Given Events*” Laplace published the first version of what we know today as Bayes’ rule.

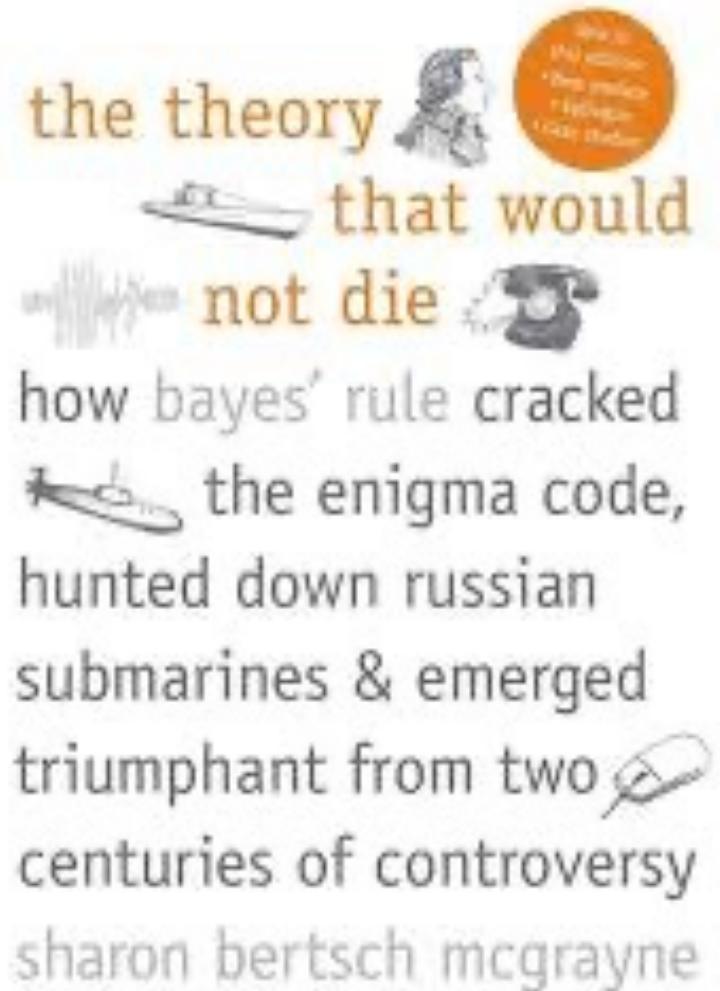
More history on Bayesian statistics

Who Discovered Bayes's Theorem?

STEPHEN M. STIGLER*

One of the most popular early television shows of the 1950's, at least in our household, was Groucho Marx's quiz show, "You Bet Your Life." The questions in this show were secondary, the humor primary, and occasionally a hapless contestant would find himself bank-

obscure one; he is known as the founder of association psychology, and the book is his major work. But his comments on probability seem surprisingly to have escaped notice until recently. In a section of the book on "propositions and the nature of assent," Hartley dis-



"If you're not thinking like a Bayesian, perhaps you should be."
—Larry Alan Pearson, *New York Times Book Review*

Bayes' rule

$$P(\theta|y) = \frac{P(y|\theta)P(\theta)}{P(y)}$$

where θ = parameter(s) and y = the data

Bayes' rule

Ignoring the denominator $P(y)$ for now, we get:

$$P(\theta|y) \propto P(y|\theta)P(\theta)$$

posterior \propto likelihood \times prior

Classical frequentist statistics relies only on the likelihood.

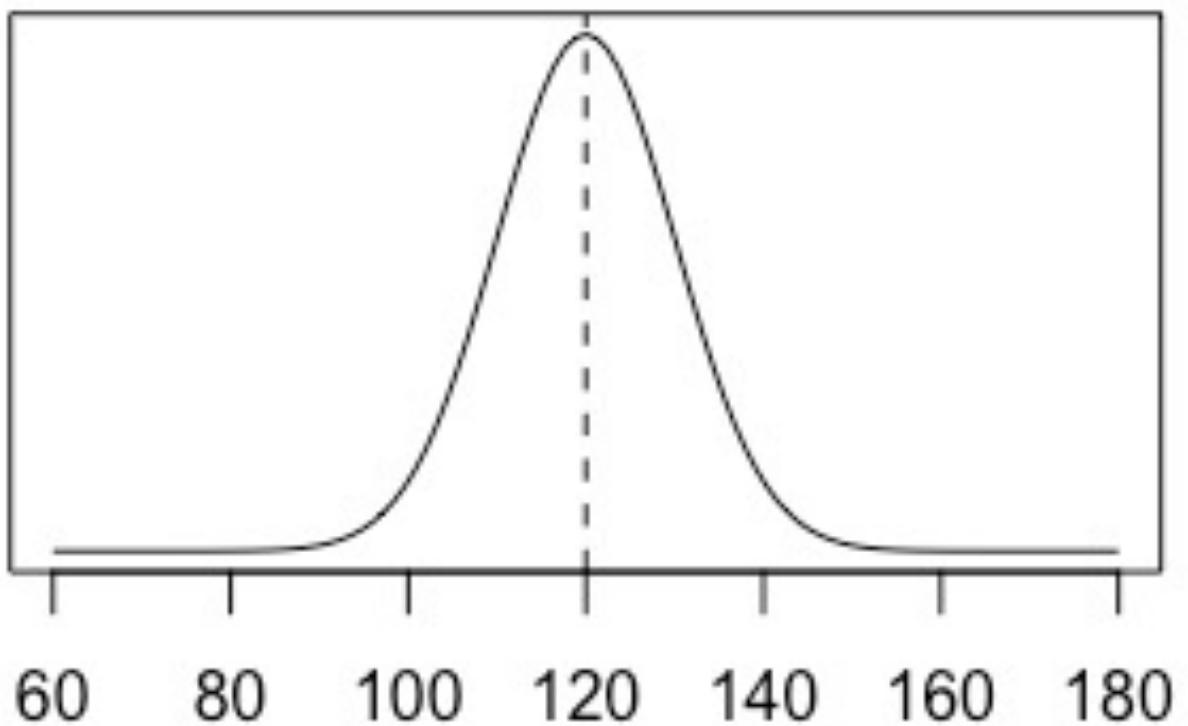
The likelihood

Suppose we want to know the average IQ in the general population.

We use a convenience sample of university students and measure their IQ.

This information can be found in the likelihood function:

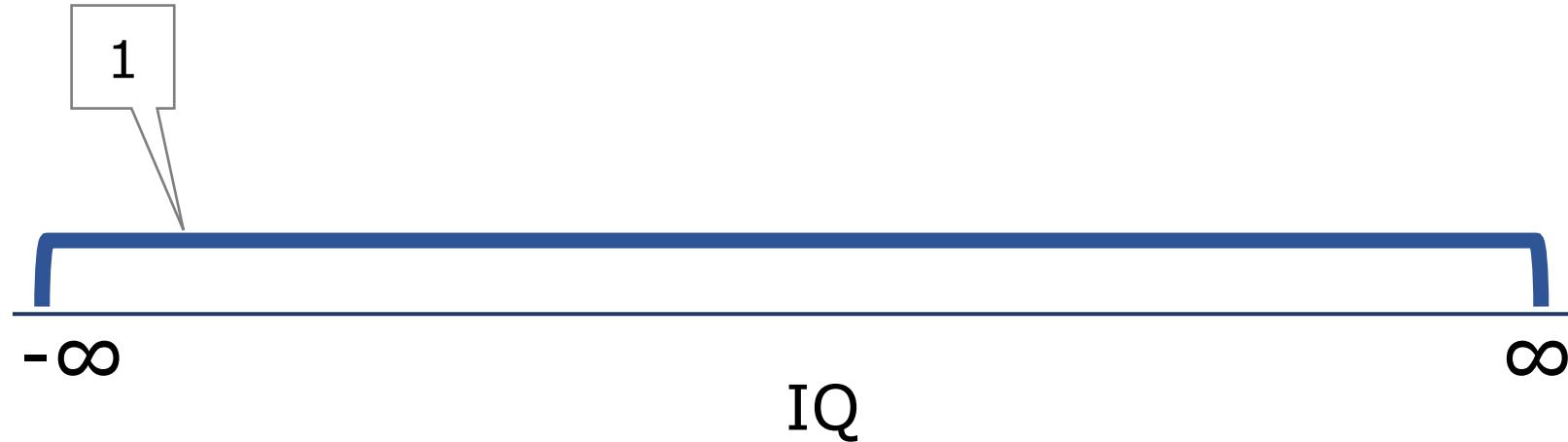
- y-axis = the likelihood or: how likely are the observed data given specific IQ values?



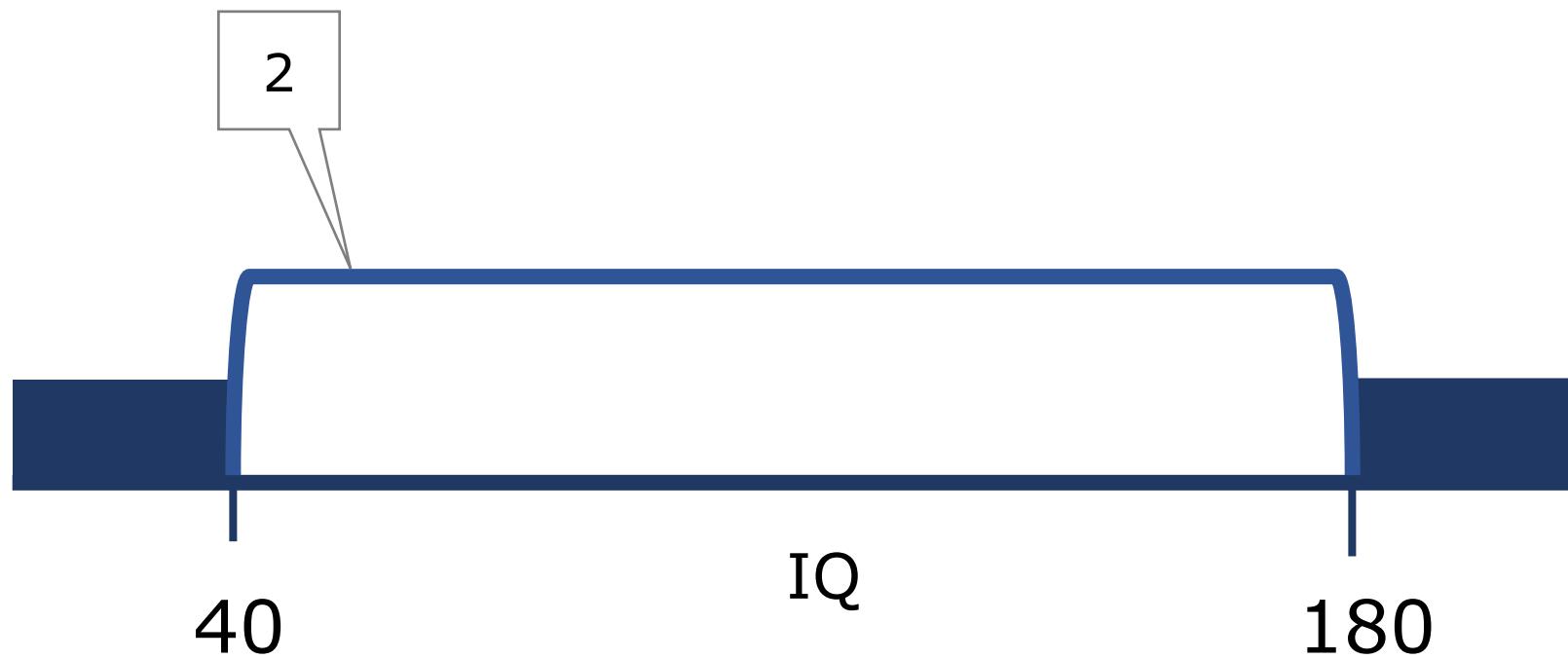
Bayesian statistics combines likelihood & prior

- A prior is a probability distribution containing information about your parameters *before* you collect the data.
- Prior information can come from different sources, such as previous research, expert knowledge, knowledge about the parameters (see day 5)
- Priors vary in their informativeness
- Some software programs rely on “default” prior distributions (see day 4)

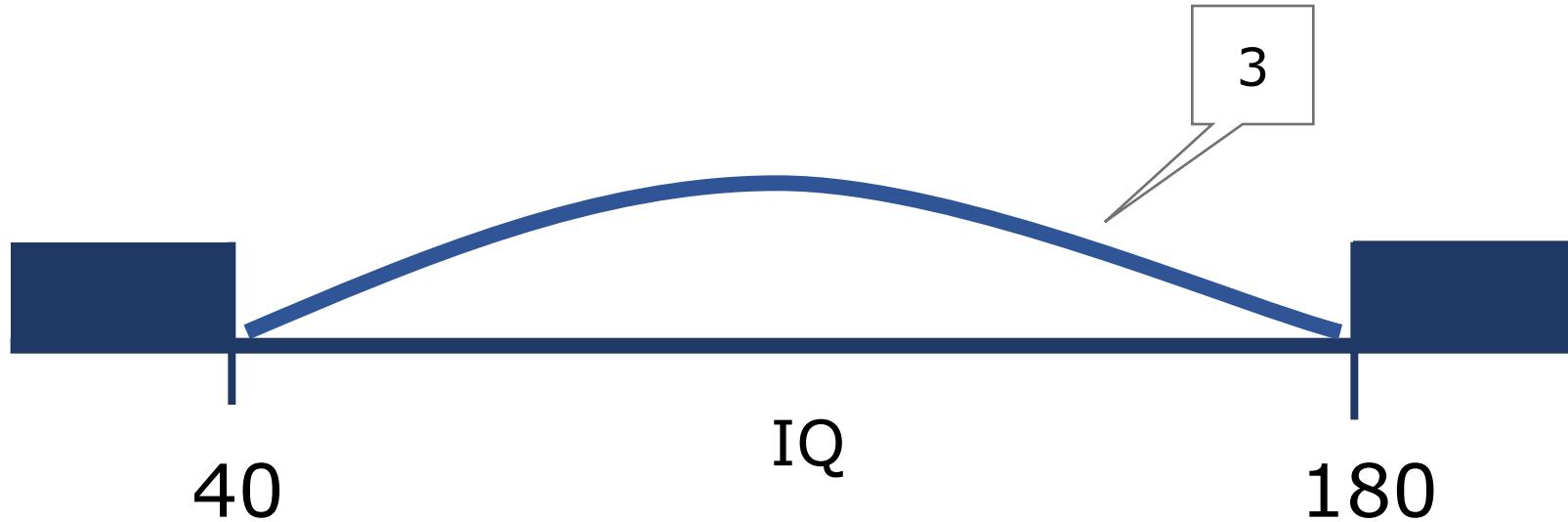
Estimating the average IQ: Prior knowledge



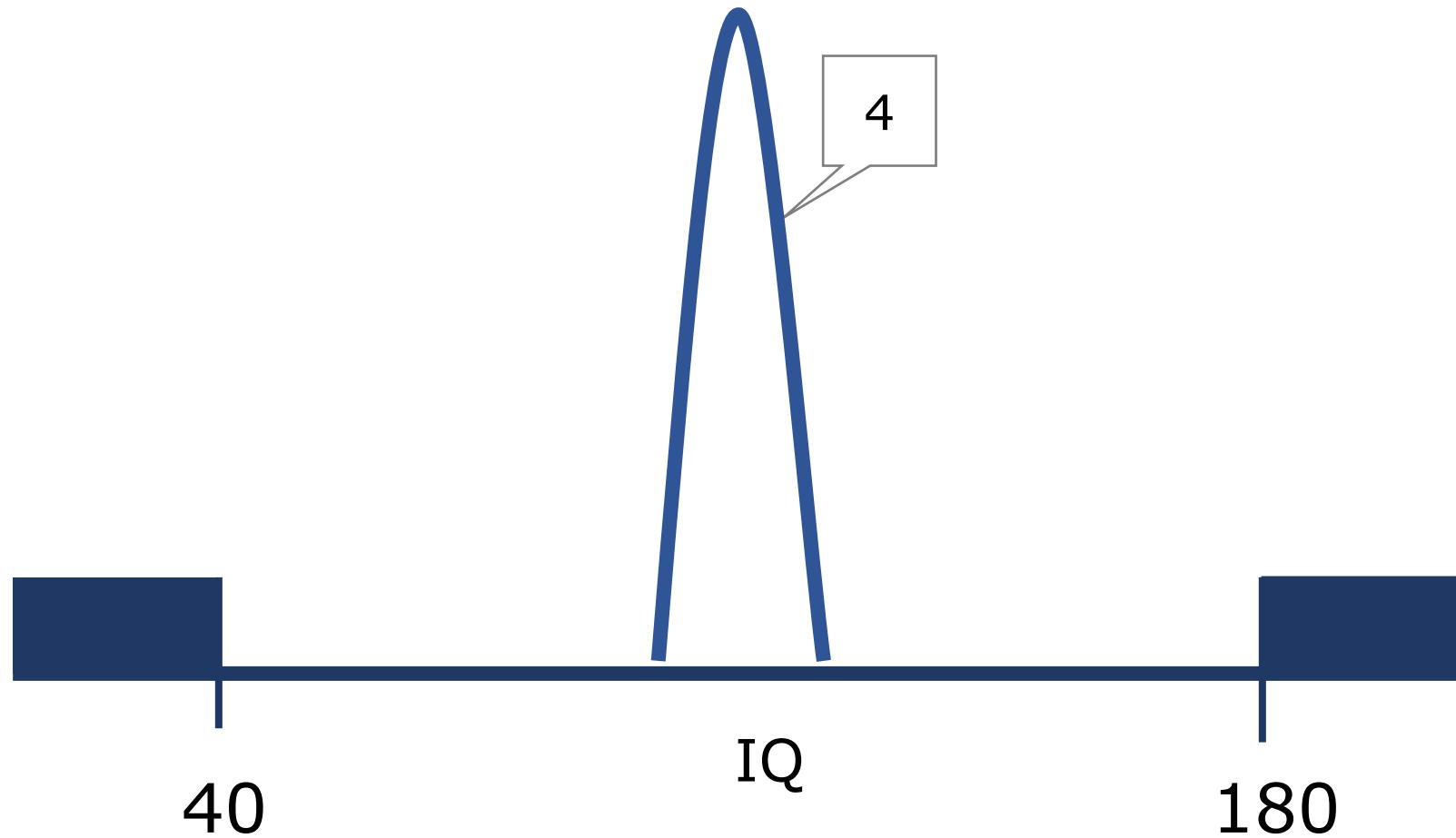
Estimating the average IQ: Prior knowledge



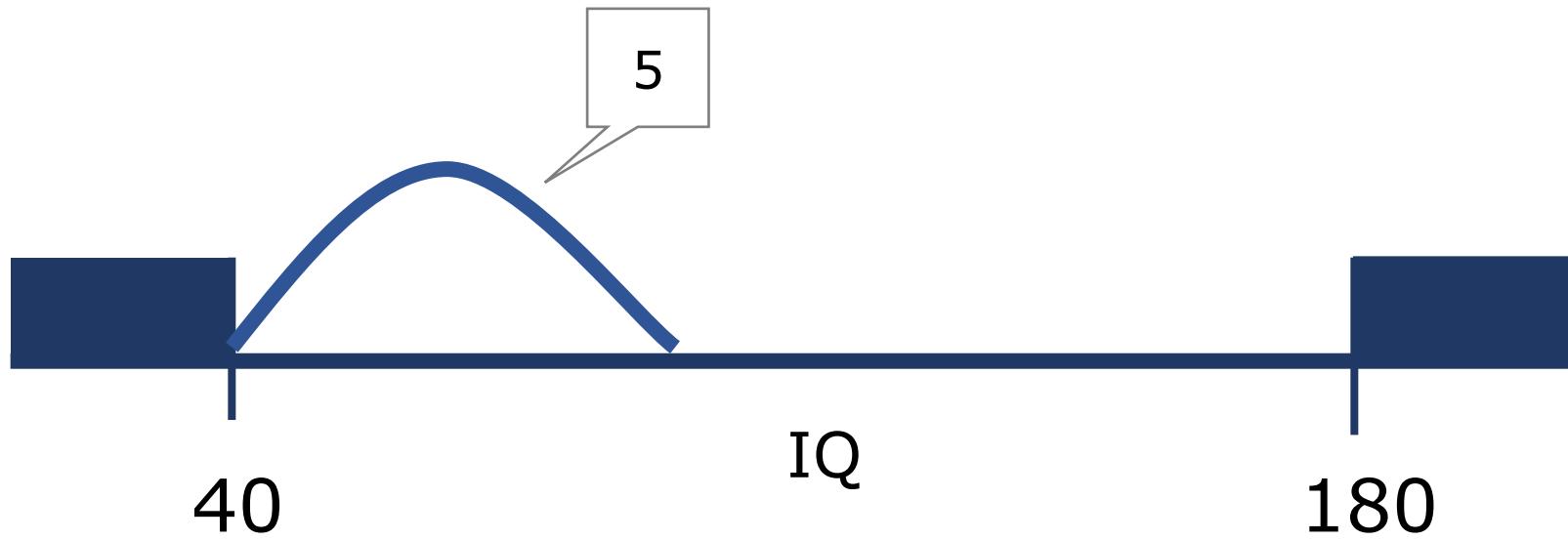
Estimating the average IQ: Prior knowledge



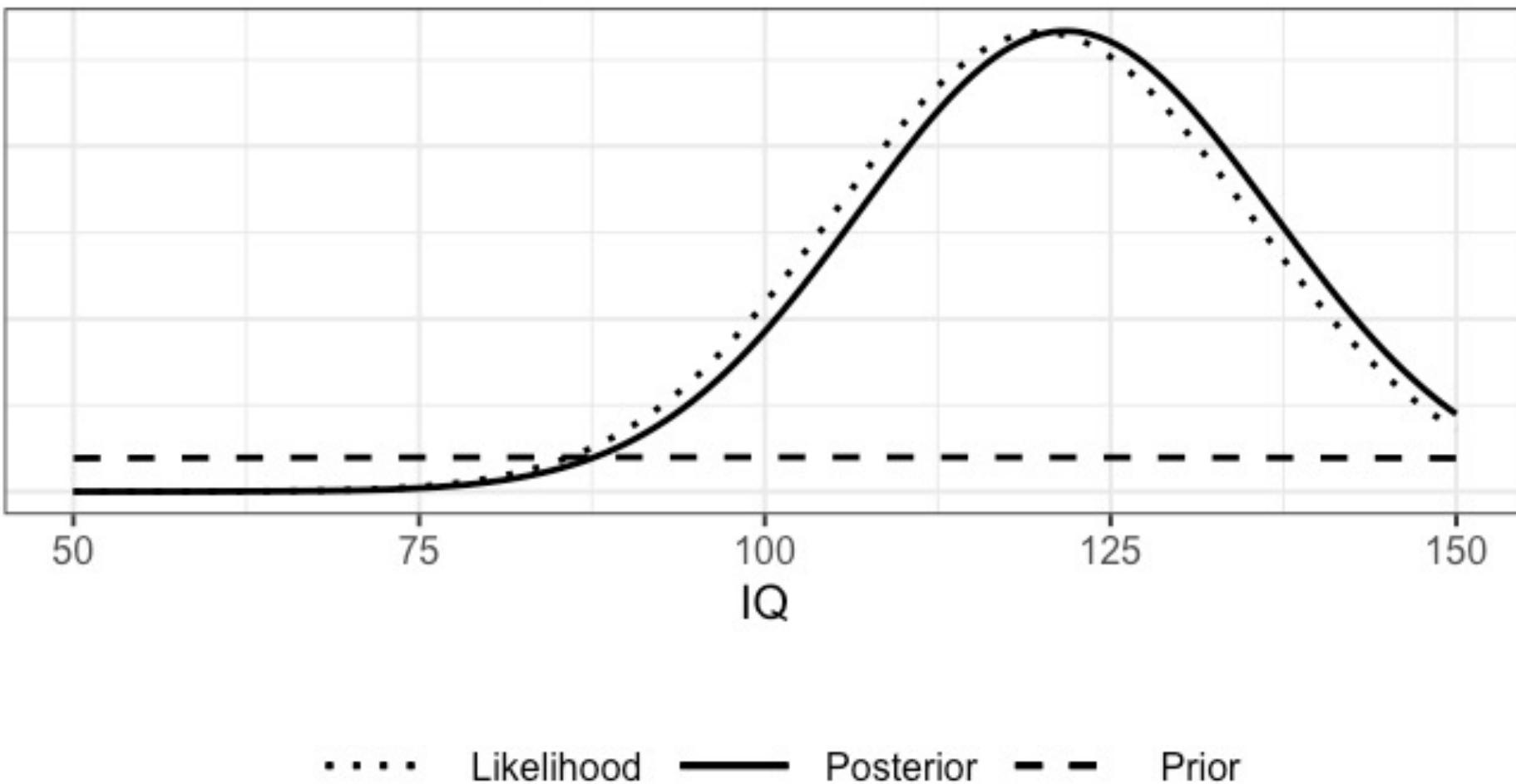
Estimating the average IQ: Prior knowledge



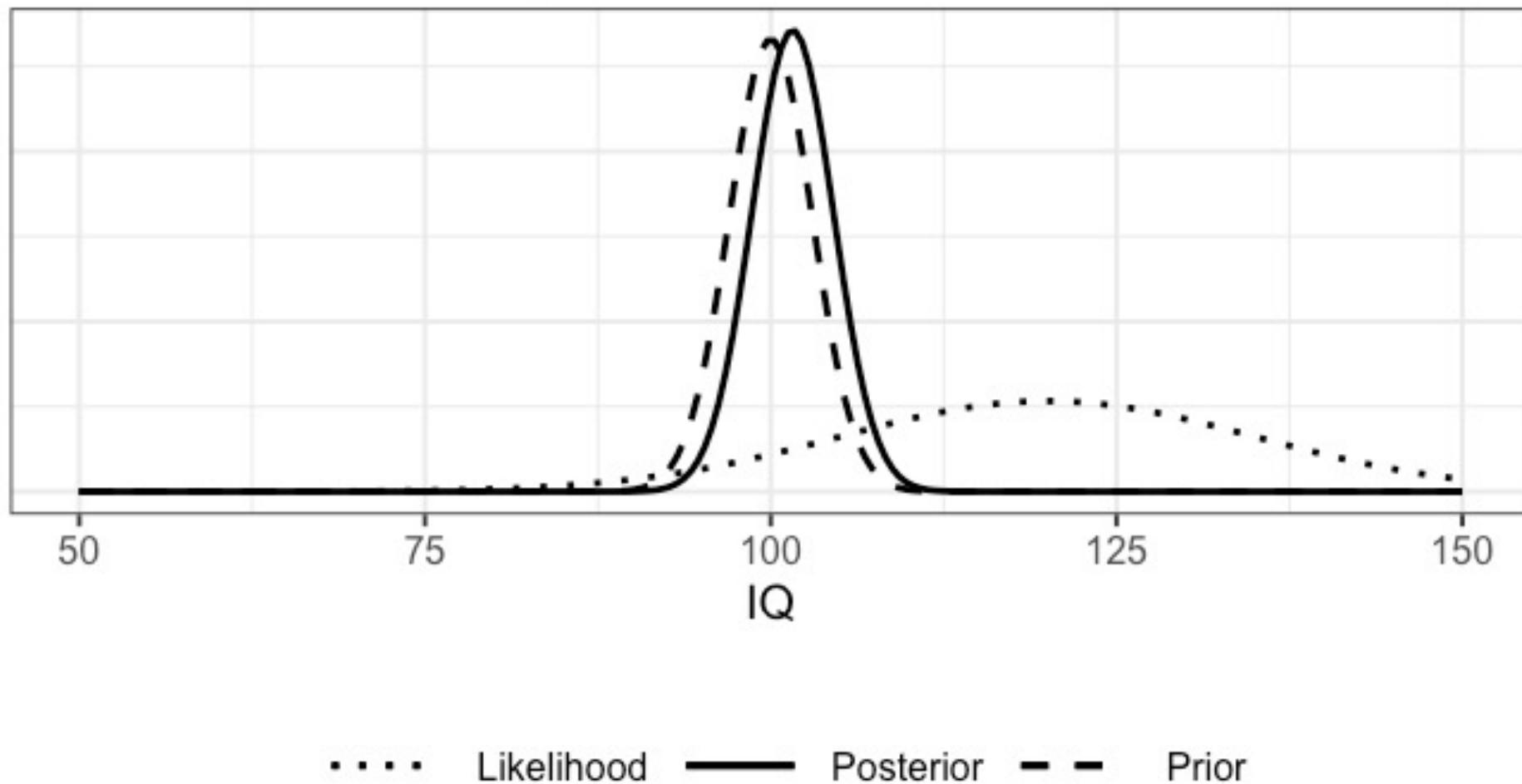
Estimating the average IQ: Prior knowledge



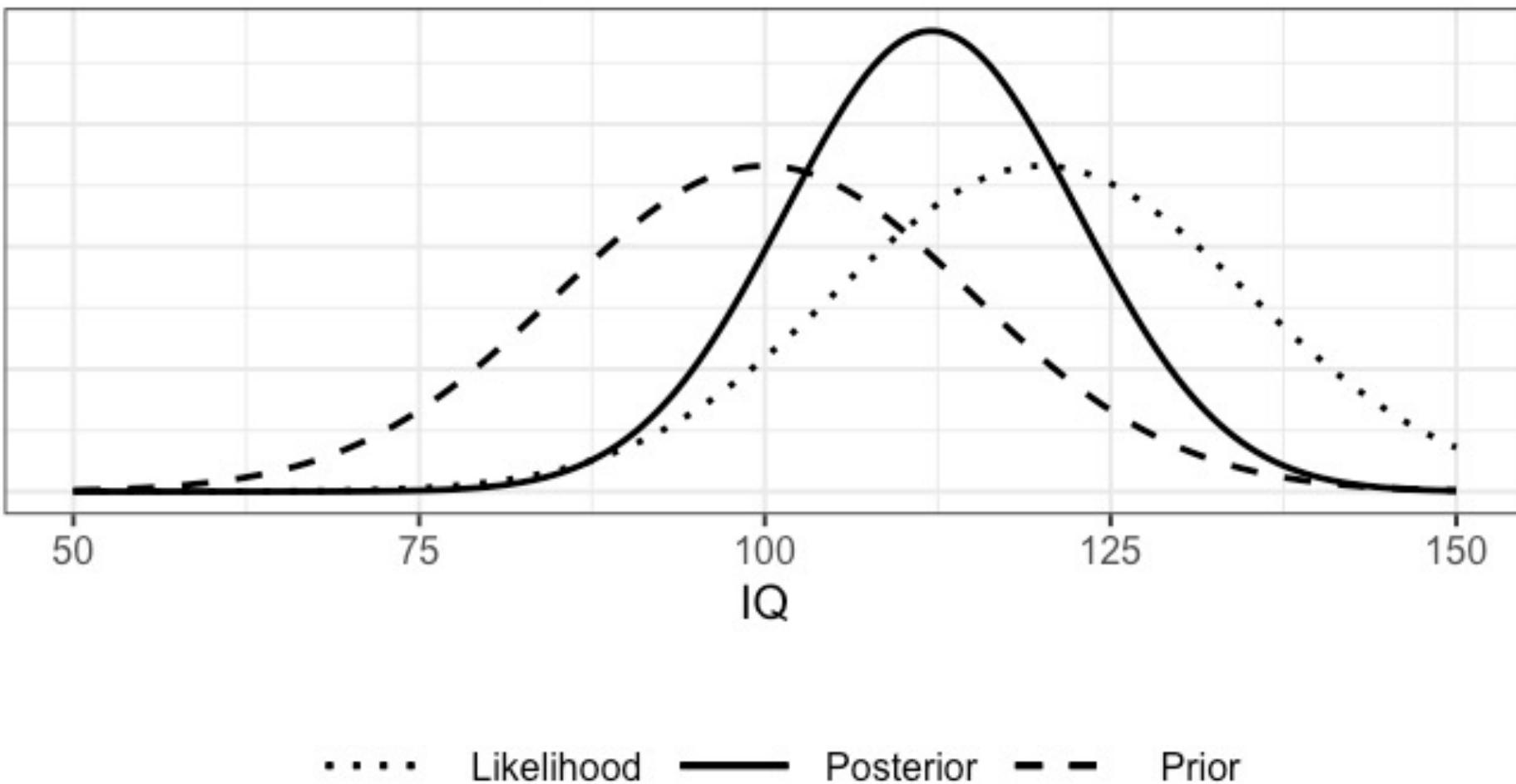
Prior, likelihood and posterior



Prior, likelihood and posterior



Prior, likelihood and posterior



Some notes about the prior distribution

- A distributional form is needed (e.g., normal, gamma, Wishart, binomial, uniform, beta, etc...)
- Hyperparameters need to be specified (e.g., the mean of the normal prior and its variance)
- These choices should result in a prior that accurately reflects the current state of knowledge about the problem
 - Is this even possible?
- The resulting prior can greatly influence the results of the analysis

How to obtain the posterior?

- In complex models, the posterior is often intractable (impossible to compute exactly)
- Solution: approximate posterior by simulation – generate many draws from posterior distribution
- Compute mode, median, mean, 95% interval, etc. from the simulated draws

Markov Chain Monte Carlo (MCMC) sampling

Markov chain: an iterative process in which the values at time $t + 1$ depend only on the values at time t .

Monte Carlo: an algorithm to approximate integrals using the simulation of random numbers.

A more in-depth explanation will be provided on day 3. For now, we illustrate one particular MCMC algorithm: *Gibbs sampling*.

Regression example: Model

Suppose we have a regression model with 3 predictors.

-> 3 unknown regression coefficients ($\beta_1, \beta_2, \beta_3$) and one common but unknown σ^2 .

Statistical model assuming centered data:

$$Y_i = \beta_1 X_1 + \beta_2 X_2 + \beta_3 X_3 + e_i$$

With $e_i \sim N(0, \sigma^2)$

Regression example: Priors

Specify prior: $P(\beta_1, \beta_2, \beta_3, \sigma^2)$

Conjugate: when the posterior is in the same distributional family as the prior

For illustration, we use ***conjugate*** priors here. Note that this is no longer needed in many software programs, including brms (and sometimes it might be better not to use the “default” conjugate priors, see day 4).

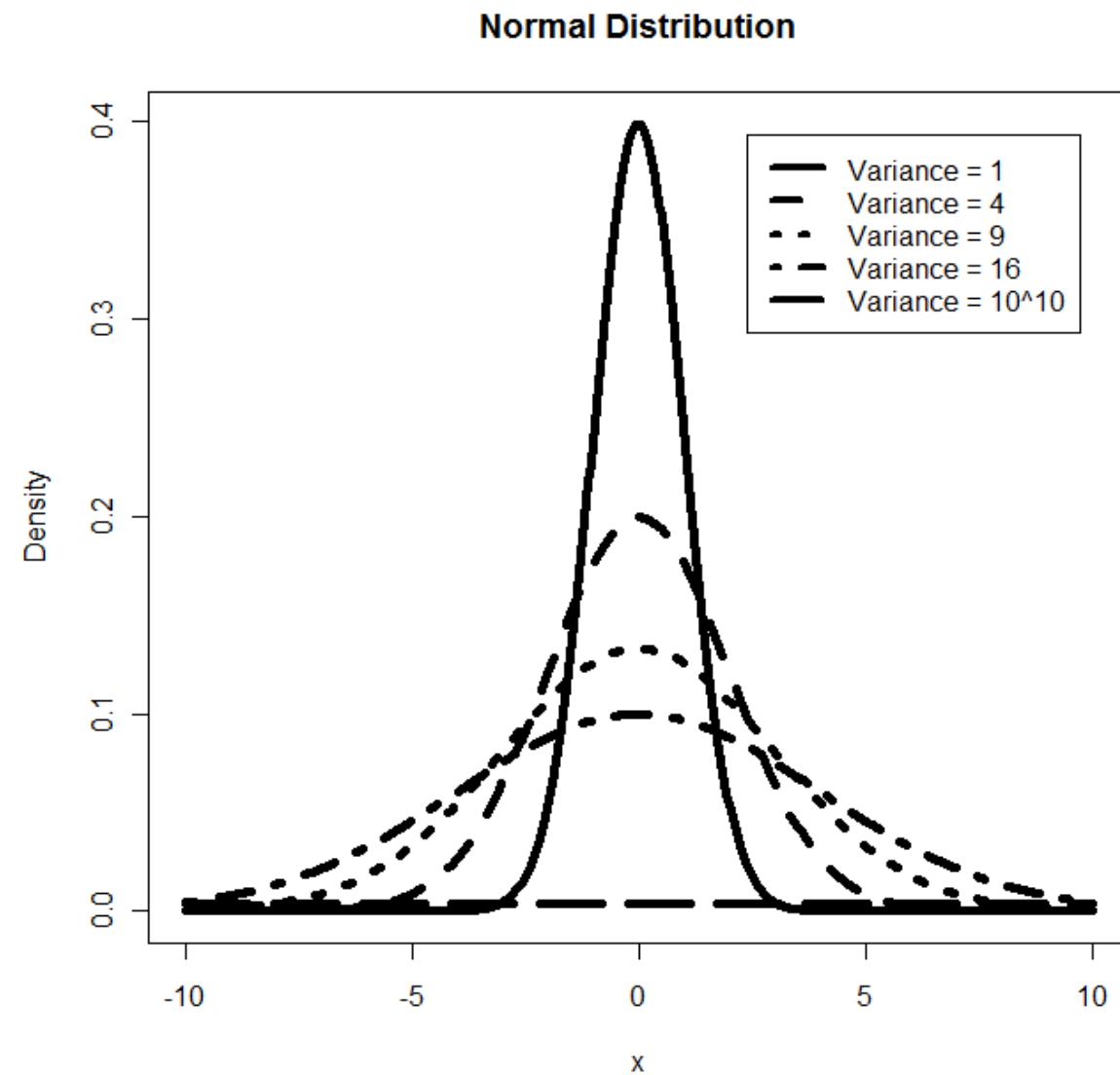
Regression example: Priors

Specify prior: $P(\beta_1, \beta_2, \beta_3, \sigma^2)$

- Prior $(\beta_j) \sim \text{Normal}(\mu_0, \text{var}_0)$
- Prior $(\beta_j) \sim \text{Normal}(0, 10000)$

Normal priors

Hyperparameters:
 μ (mean)
 σ^2 (variance) or σ (SD)



Regression example: Priors

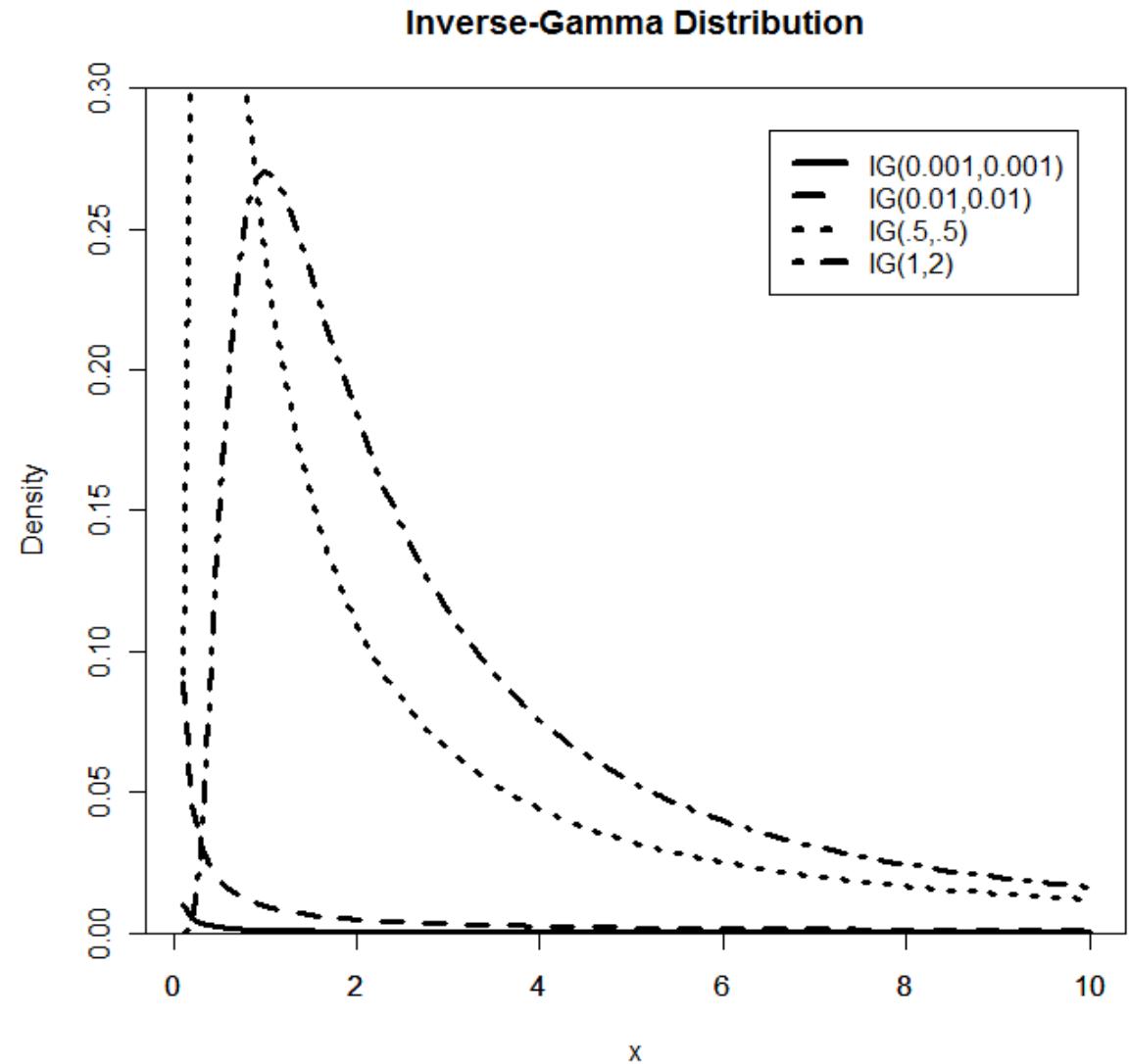
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- Prior $(\beta_j) \sim \text{Normal}(\mu_0, \text{var}_0)$
- Prior $(\beta_j) \sim \text{Normal}(0, 10000)$
- Prior $(\sigma^2) \sim \text{Inverse-gamma}(0.001, 0.001)$

Inverse gamma priors

Hyperparameters:
 α (shape), β (scale)

More on this prior on day 4!



Regression example: Posterior

Combining the prior with the likelihood gives the posterior:

$P(\beta_1, \beta_2, \beta_3, \sigma^2 | \text{data})$ -> this is a 4-dimensional distribution

Regression example: Gibbs sampling

Iterative evaluation via conditional distributions:

$$Post(\beta_1 | \beta_2, \beta_3, \sigma^2, data) \sim Prior(\beta_1) \times likelihood$$

$$Post(\beta_2 | \beta_1, \beta_3, \sigma^2, data) \sim Prior(\beta_2) \times likelihood$$

$$Post(\beta_3 | \beta_1, \beta_2, \sigma^2, data) \sim Prior(\beta_3) \times likelihood$$

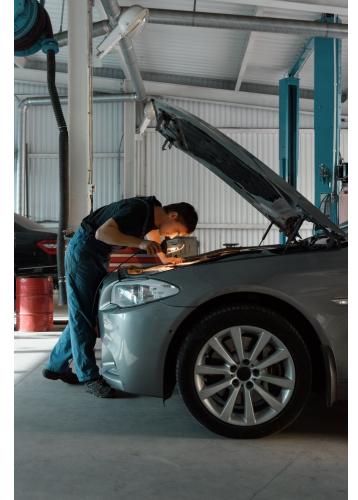
$$Post(\sigma^2 | \beta_1, \beta_2, \beta_3, data) \sim Prior(\sigma^2) \times likelihood$$

Regression example: Gibbs sampling

1. Assign starting values
2. Sample β_1 from conditional distribution
3. Sample β_2 from conditional distribution
4. Sample β_3 from conditional distribution
5. Sample σ^2 from conditional distribution
6. Go to step 2 and repeat

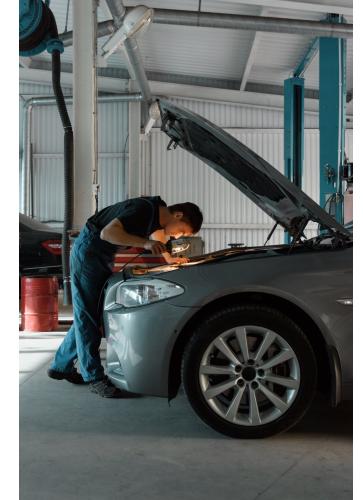
Gibbs sampling

$$Y_i = \beta_1 X_1 + \beta_2 X_2 + \beta_3 X_3 + e_i$$



Gibbs sampling: Step 1

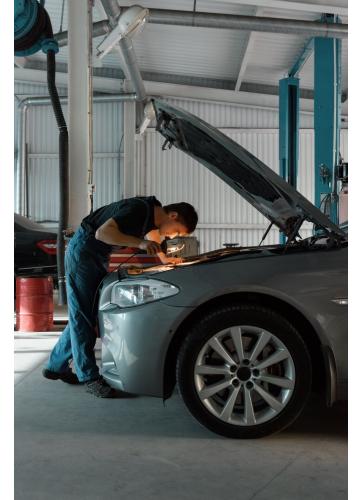
$$Y_i = \beta_1 X_1 + \beta_2 X_2 + \beta_3 X_3 + e_i$$



Step 1: $3 * X_1 + 5 * X_2 + 8 * X_3 + 10$

Gibbs sampling: Step 2

$$Y_i = \beta_1 X_1 + \beta_2 X_2 + \beta_3 X_3 + e_i$$

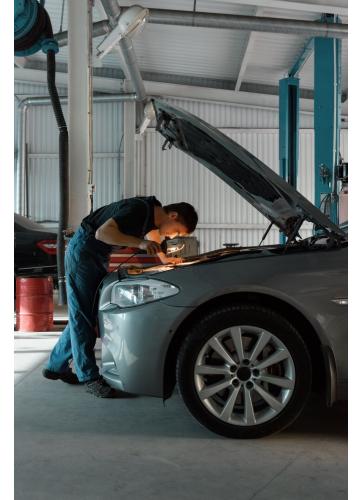


Step 1: $3 * X_1 + 5 * X_2 + 8 * X_3 + 10$

Step 2: $\beta_1 X_1 + 5 * X_2 + 8 * X_3 + 10$

Gibbs sampling: Step 3

$$Y_i = \beta_1 X_1 + \beta_2 X_2 + \beta_3 X_3 + e_i$$



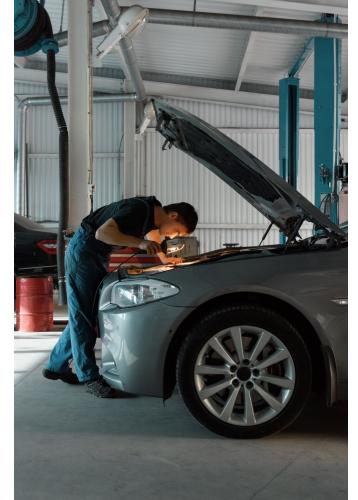
Step 1: $3 * X_1 + 5 * X_2 + 8 * X_3 + 10$

Step 2: $\beta_1 X_1 + 5 * X_2 + 8 * X_3 + 10$

Step 3: $\beta_1 X_1 + \beta_2 X_2 + 8 * X_3 + 10$

Gibbs sampling: Step 4

$$Y_i = \beta_1 X_1 + \beta_2 X_2 + \beta_3 X_3 + e_i$$



Step 1: $3 * X_1 + 5 * X_2 + 8 * X_3 + 10$

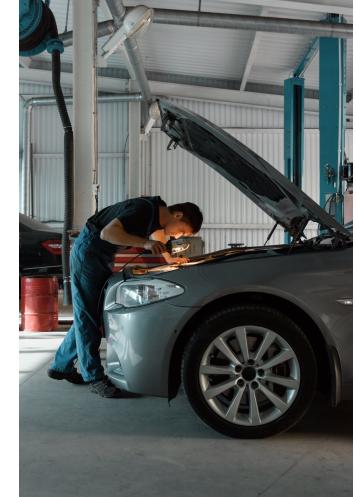
Step 2: $\beta_1 X_1 + 5 * X_2 + 8 * X_3 + 10$

Step 3: $\beta_1 X_1 + \beta_2 X_2 + 8 * X_3 + 10$

Step 4: $\beta_1 X_1 + \beta_2 X_2 + \beta_3 X_3 + 10$

Gibbs sampling: Step 5

$$Y_i = \beta_1 X_1 + \beta_2 X_2 + \beta_3 X_3 + e_i$$



Step 1: $3 * X_1 + 5 * X_2 + 8 * X_3 + 10$

Step 2: $\beta_1 X_1 + 5 * X_2 + 8 * X_3 + 10$

Step 3: $\beta_1 X_1 + \beta_2 X_2 + 8 * X_3 + 10$

Step 4: $\beta_1 X_1 + \beta_2 X_2 + \beta_3 X_3 + 10$

Step 5: $\beta_1 X_1 + \beta_2 X_2 + \beta_3 X_3 + e_i$

This concludes the first iteration.

Replace the initial starting values with the current draws and repeat.

Regression example: Gibbs sampling

| Iteration | β_1 | β_2 | β_3 | σ^2 |
|-----------|-----------|-----------|-----------|------------|
| 1 | 3.00 | 5.00 | 8.00 | 10 |
| 2 | 3.75 | 4.25 | 7.00 | 8 |
| 3 | 3.65 | 4.11 | 6.78 | 5 |
| . | . | . | . | . |
| 15 | 4.45 | 3.19 | 5.08 | 1.1 |
| . | . | . | . | . |
| . | . | . | . | . |
| 199 | 4.59 | 3.75 | 5.21 | 1.2 |
| 200 | 4.36 | 3.45 | 4.65 | 1.3 |

Regression example: Gibbs sampling

This is just one possible algorithm, we will review others on day 3.

Two important consequences:

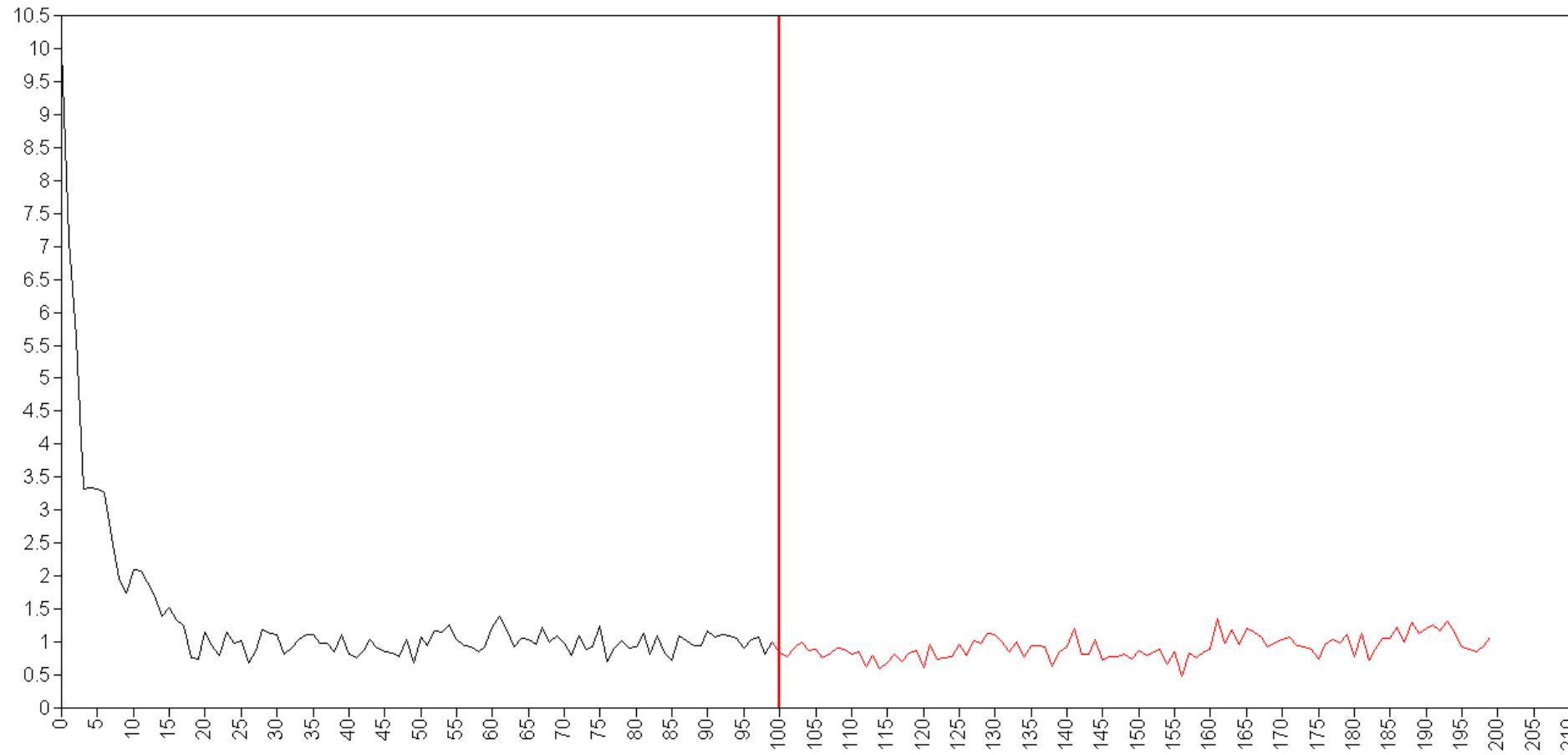
1. We obtain a distribution of samples as our result
2. We need to ensure convergence of the analysis

Interpreting the results of a Bayesian analysis

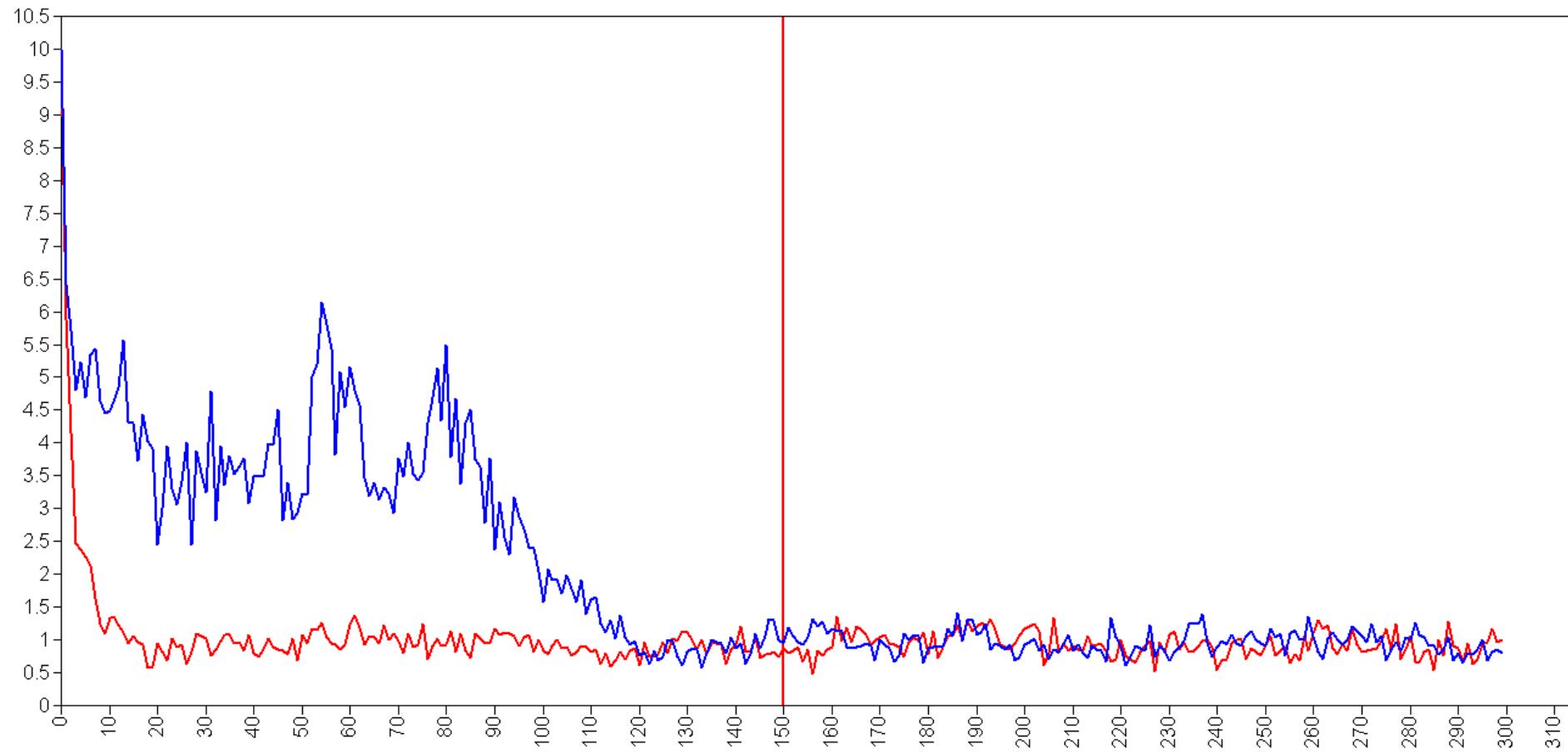
The first step is always to ensure convergence:

1. Visual assessment
2. Numerical diagnostics (and possibly warnings given by the software)

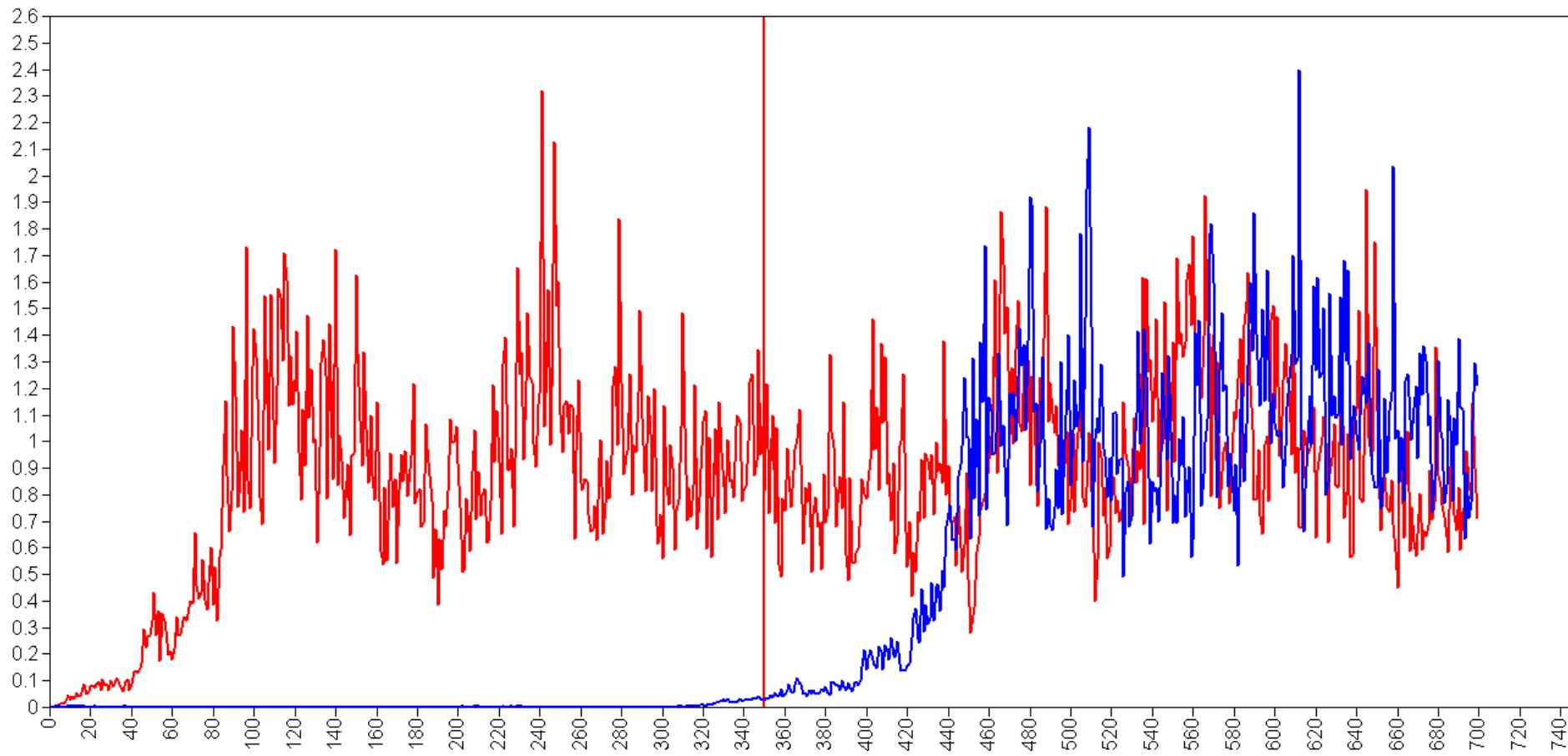
Assessing convergence: Trace plot



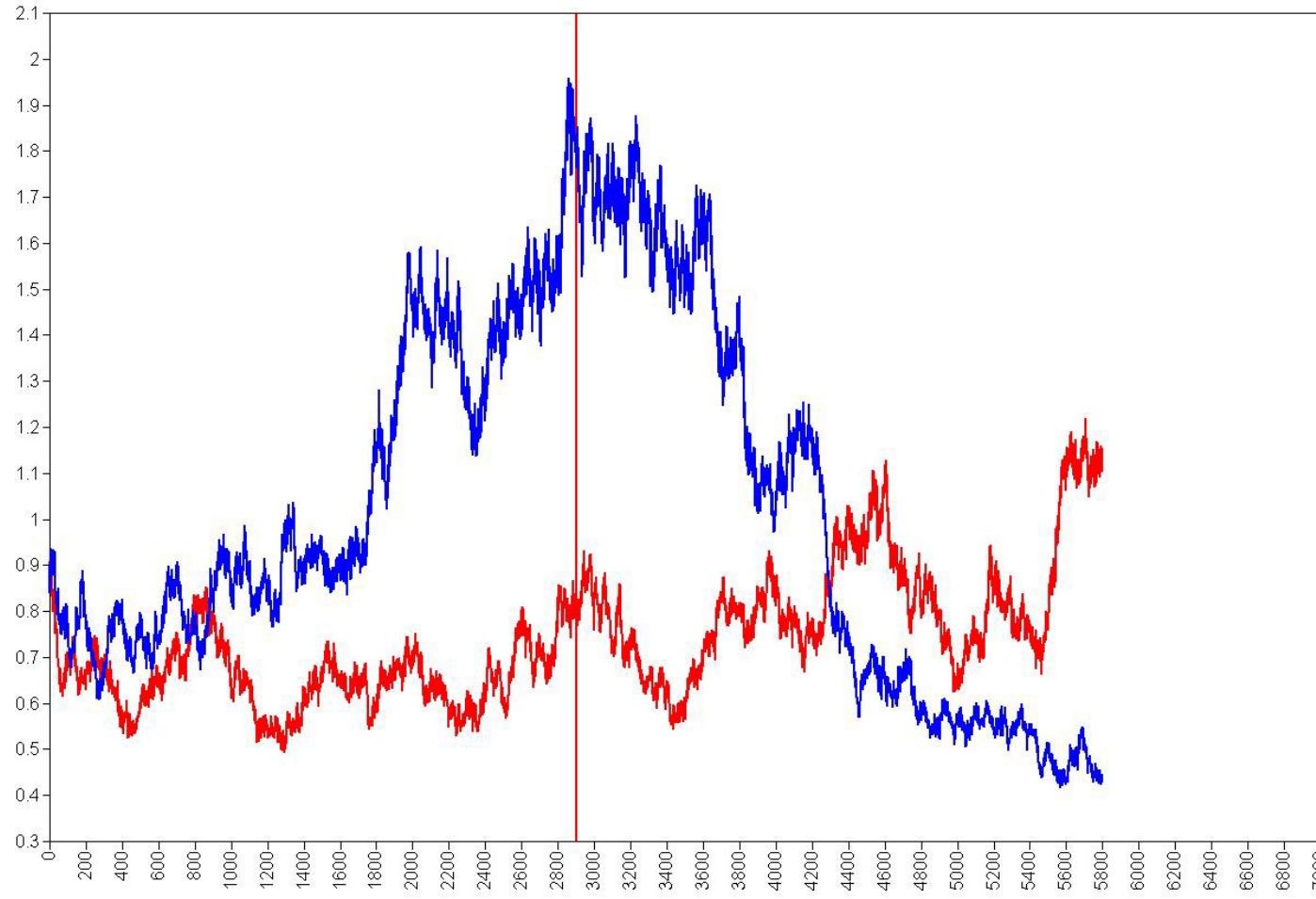
Assessing convergence: Trace plot



Assessing convergence: Trace plot



Assessing convergence: Trace plot



Assessing convergence

Sampler must run t iterations ‘burn-in or warm-up’ before we reach the target distribution (our posterior)

How many iterations are needed to converge on the target distribution?

- More iterations = more precision
- Run several chains in parallel
- Trace plot
- Numerical diagnostics

Assessing convergence: Numerical diagnostics

Warning messages:

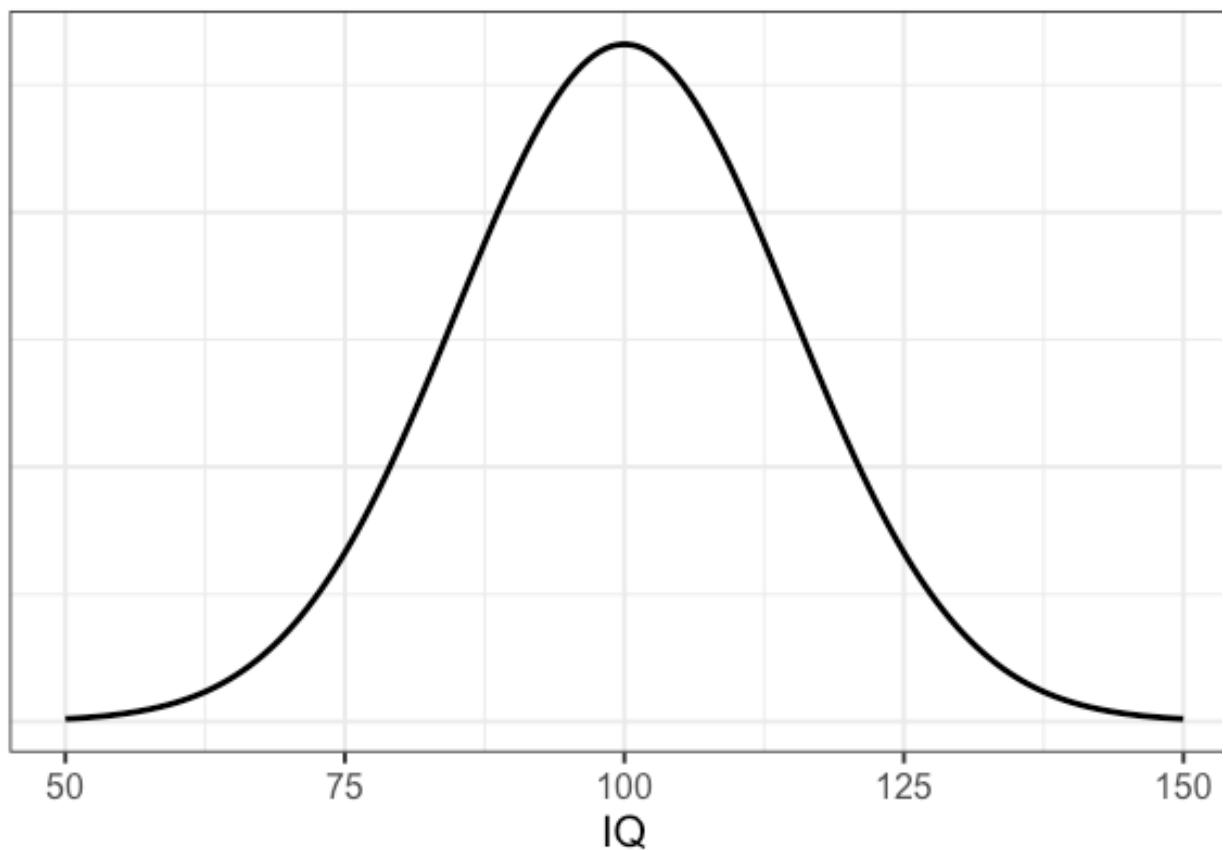
- 1: There were 300 divergent transitions after warmup. See <https://mc-stan.org/misc/warnings.html#divergent-transitions-after-warmup> to find out why this is a problem and how to eliminate them.
- 2: There were 243 transitions after warmup that exceeded the maximum treedepth. Increase max_treedepth above 10. See <https://mc-stan.org/misc/warnings.html#maximum-treedepth-exceeded>
- 3: There were 2 chains where the estimated Bayesian Fraction of Missing Information was low. See <https://mc-stan.org/misc/warnings.html#bfmi-low>
- 4: The largest R-hat is 2.62, indicating chains have not mixed. Running the chains for more iterations may help. See <https://mc-stan.org/misc/warnings.html#r-hat>
- 5: Bulk Effective Samples Size (ESS) is too low, indicating posterior means and medians may be unreliable. Running the chains for more iterations may help. See <https://mc-stan.org/misc/warnings.html#bulk-ess>
- 6: Tail Effective Samples Size (ESS) is too low, indicating posterior variances and tail quantiles may be unreliable. Running the chains for more iterations may help. See <https://mc-stan.org/misc/warnings.html#tail-ess>

Interpreting the results of a Bayesian analysis

The posterior samples provide us with all information.

We can:

- Plot the posterior
- Compute the mean, mode or median
- Compute the SD
- Compute a credible interval



Interpreting the results of a Bayesian analysis

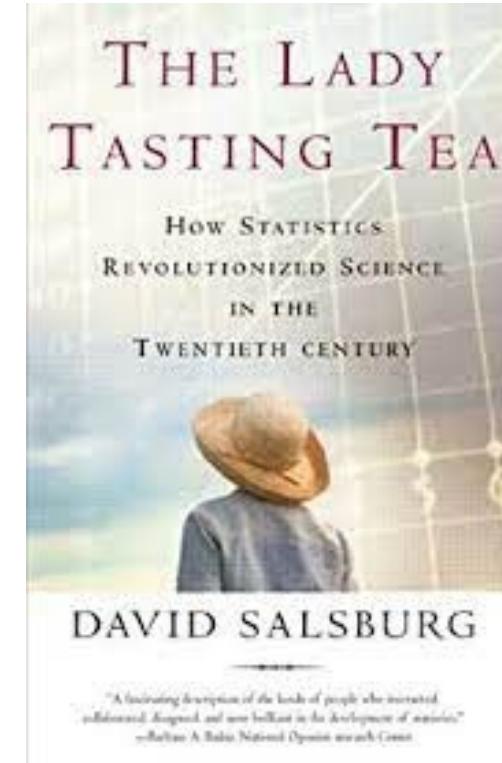
1. Assess convergence (see day 2 & 3)
2. Visualize and summarize the posterior
3. Robustness checks
 - prior sensitivity analysis (day 4)
 - posterior predictive checking (day 3)

A photograph of a clear glass teacup filled with dark tea, resting on a textured surface. A plume of steam rises from the cup against a solid black background.

The tea experiment

A famous anecdote

Experiment: H₀: the lady is guessing



A famous anecdote

Experiment: H₀: the lady is guessing

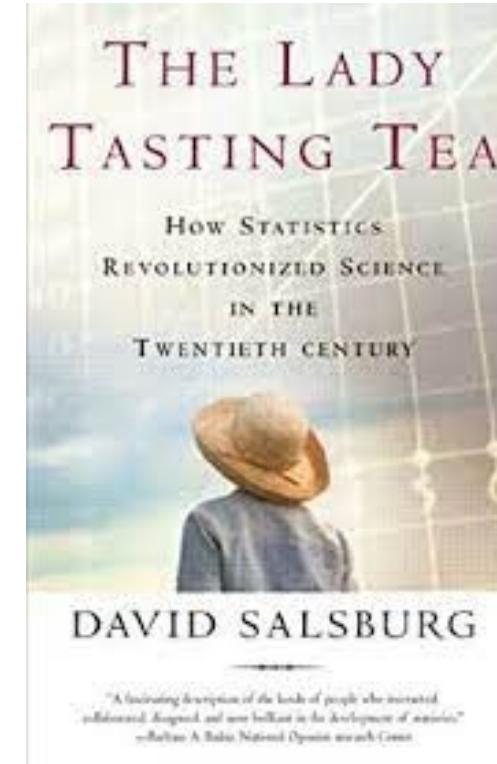


Result: 5 out of 6 correct.

Is this a matter of guessing/luck or evidence that the lady can taste the difference?

P-value = Prob(5 or more correct if H₀ is true)

Result: p = .109



A famous anecdote

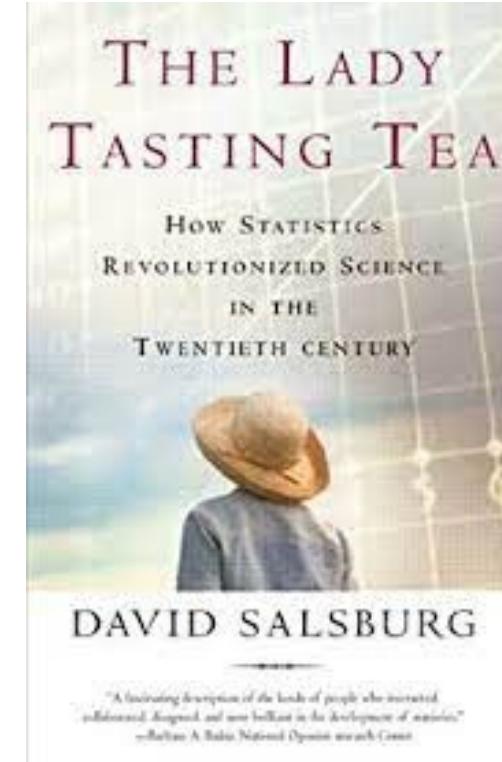
Experiment: H0: the lady is guessing



Suppose we use a different sampling plan and continue sampling until we have 5 correct cups

Result: 5 out of 6 correct.

What would we conclude now?



A famous anecdote

Experiment: H₀: the lady is guessing

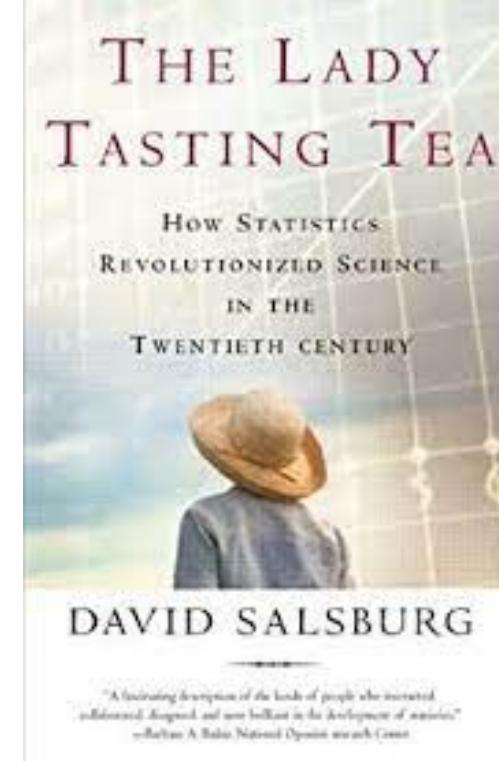


Result: 5 out of 6 correct.

But we use a different sampling plan and continue until 5 correct.

Result: p=.031

Thus: our results and conclusions depend on the sampling plan. In the frequentist framework, the same data can offer different conclusions!



Why to use Bayes?

- Frequentist methods based on p-values violate the likelihood principle
- Possibility of incorporating prior information and thus reducing the required sample size (see also day 5)
- Automatic uncertainty quantification (also of functions of parameters)
- Estimating more complex models
- More intuitive interpretation
- More on day 5

Interpretation frequentist vs. Bayesian

Frequentist

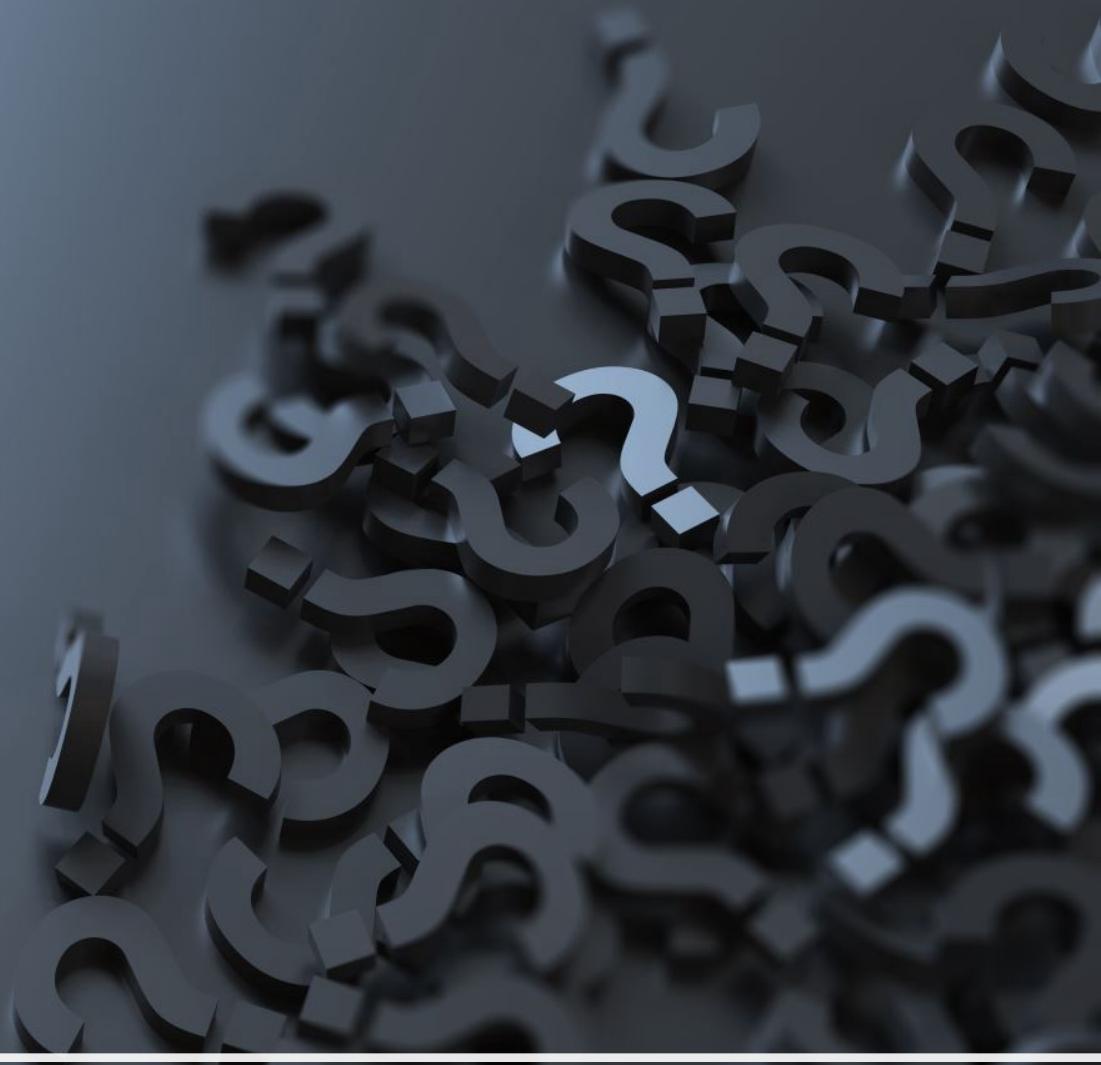
- Parameters are treated as *fixed*: there is only one true parameter value in the population
- Probability as a relative frequency
- *Confidence interval*: If I repeat this experiment infinitely many times, 95% of the computed CIs will contain the true value

Bayesian

- Parameters are treated as *random*: true value is unknown so specify a prior probability to capture our uncertainty or beliefs
- Probability as degree of belief
- *Credible interval*: There is a 95% probability that the true value will lie in the CI

Recap

- Introduction to the course
- A brief history of Bayesian statistics
- Bayes rule and the idea behind the prior
- How to obtain the posterior and what to do once you have it
- Why to use Bayes?



Questions?