

CGM ANALYSIS

Average Glucose Value: 103 mg/dL

Average Glucose Variability: 11.3 mg/dL

of spikes over 145 mg/dl: 5

Time in range: 99.09%

Nutritional Information:

Calories consumed per day: 2,342

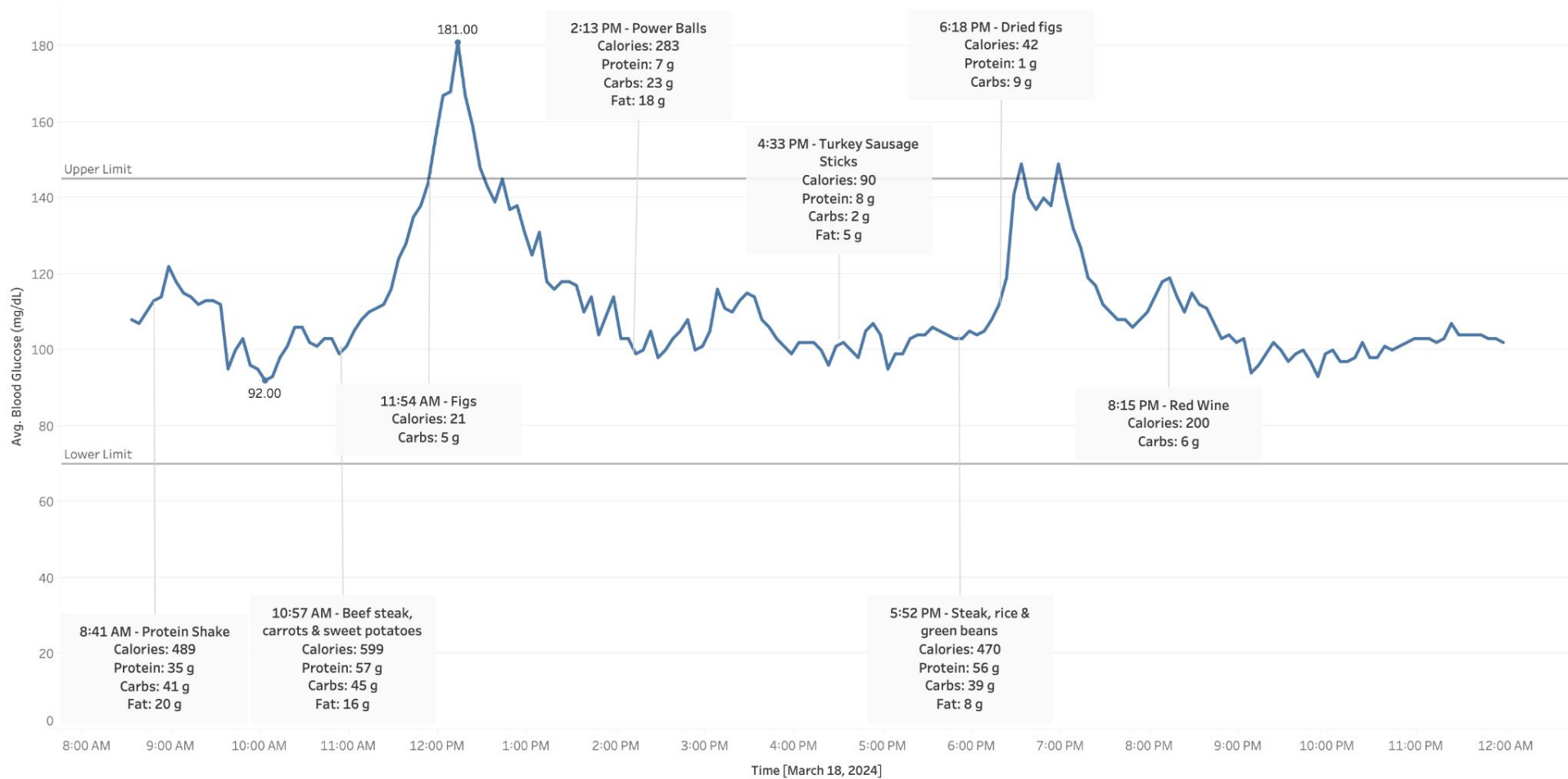
Protein consumed per day: 140 g

Carbohydrates consumed per day: 191 g

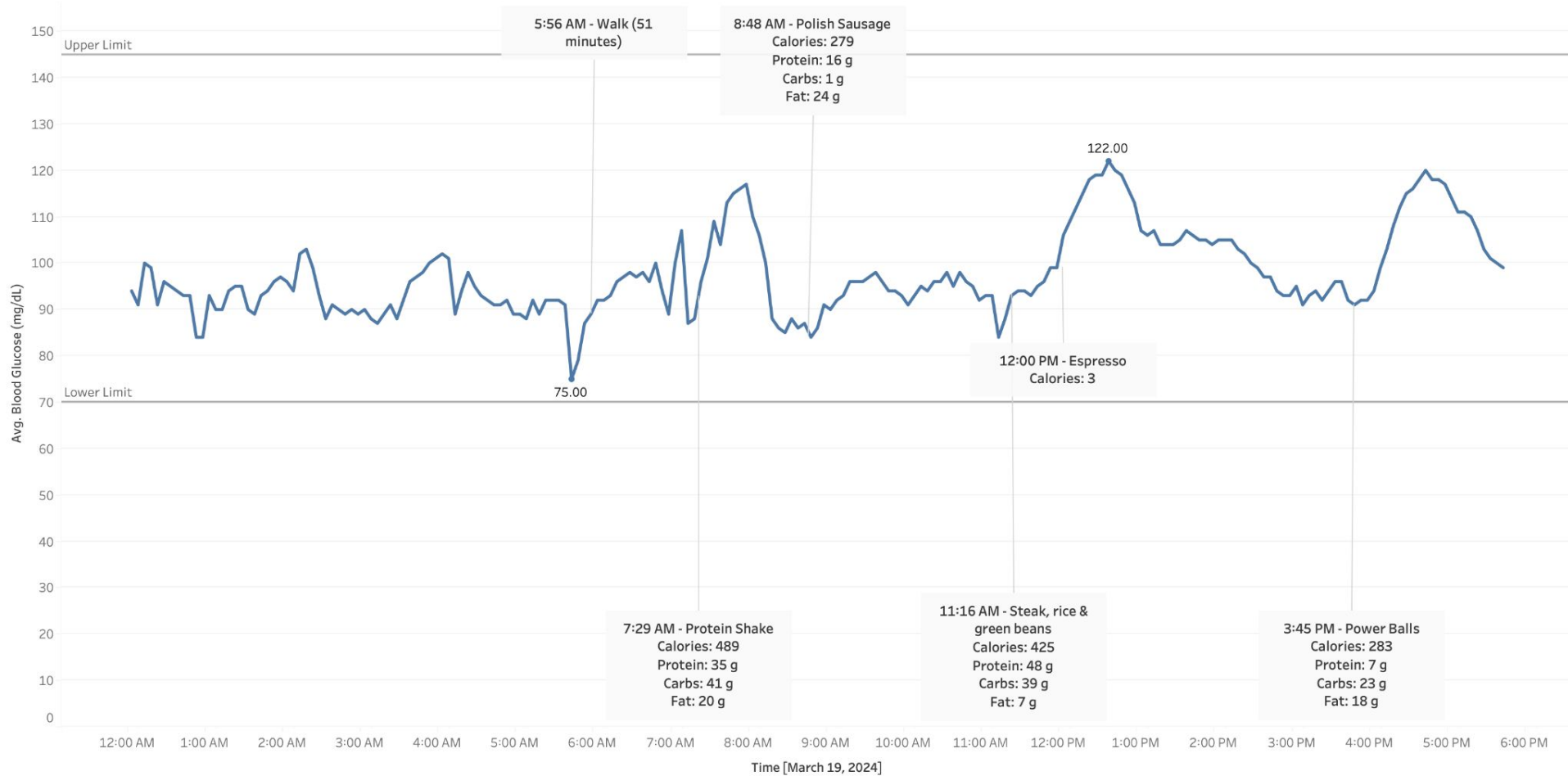
Fat consumed per day: 96 g



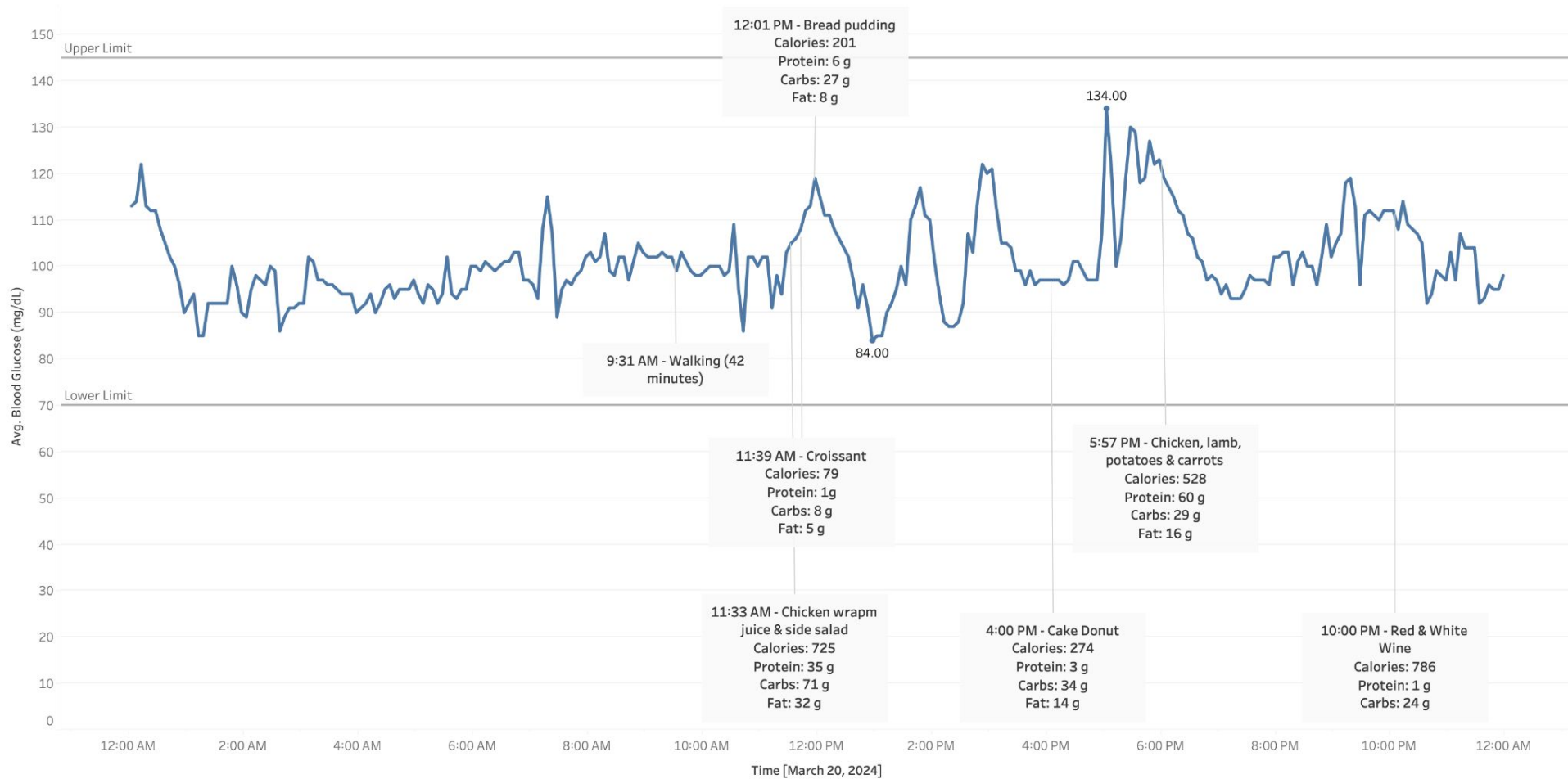
Day 1



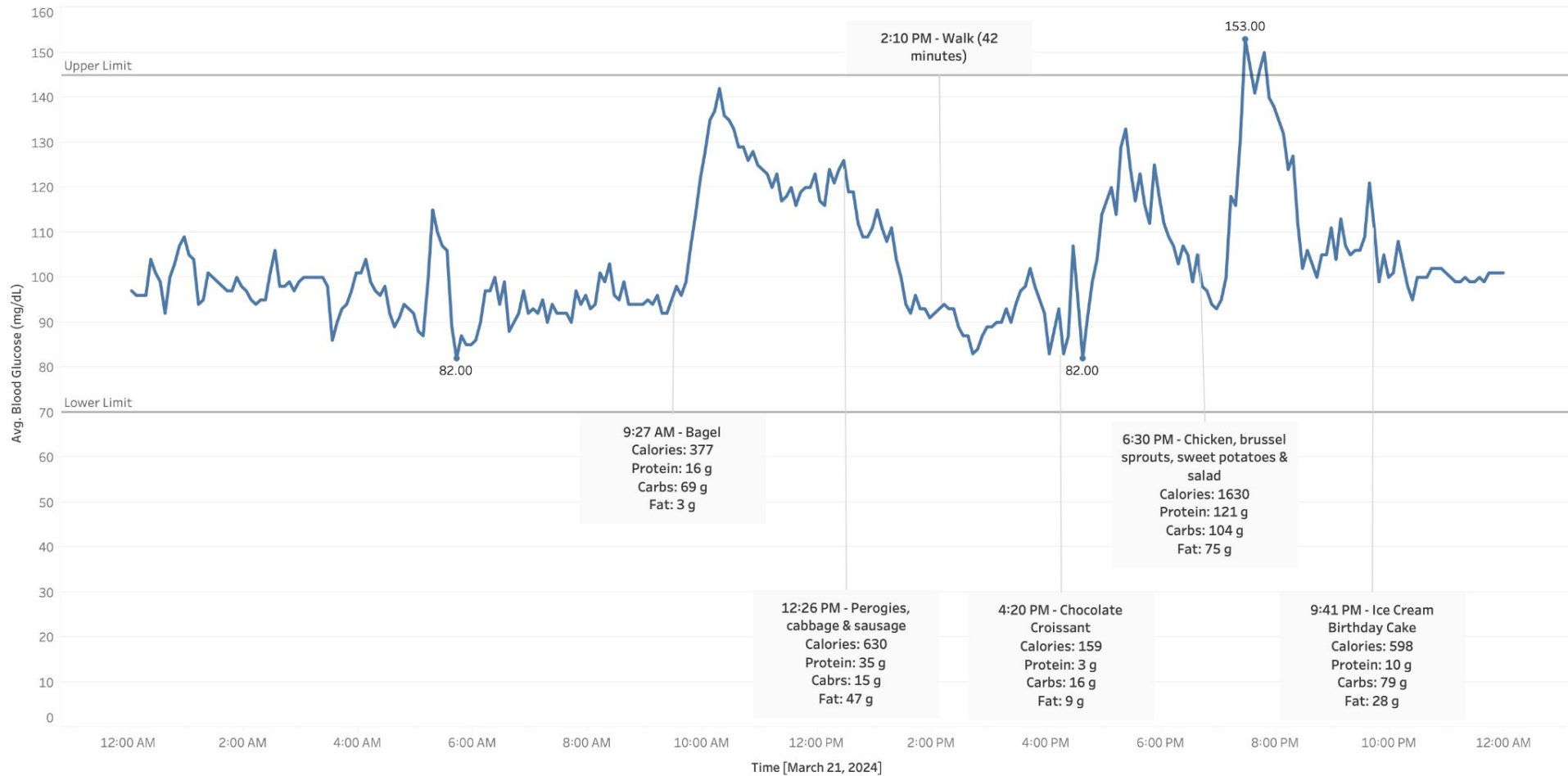
Day 2



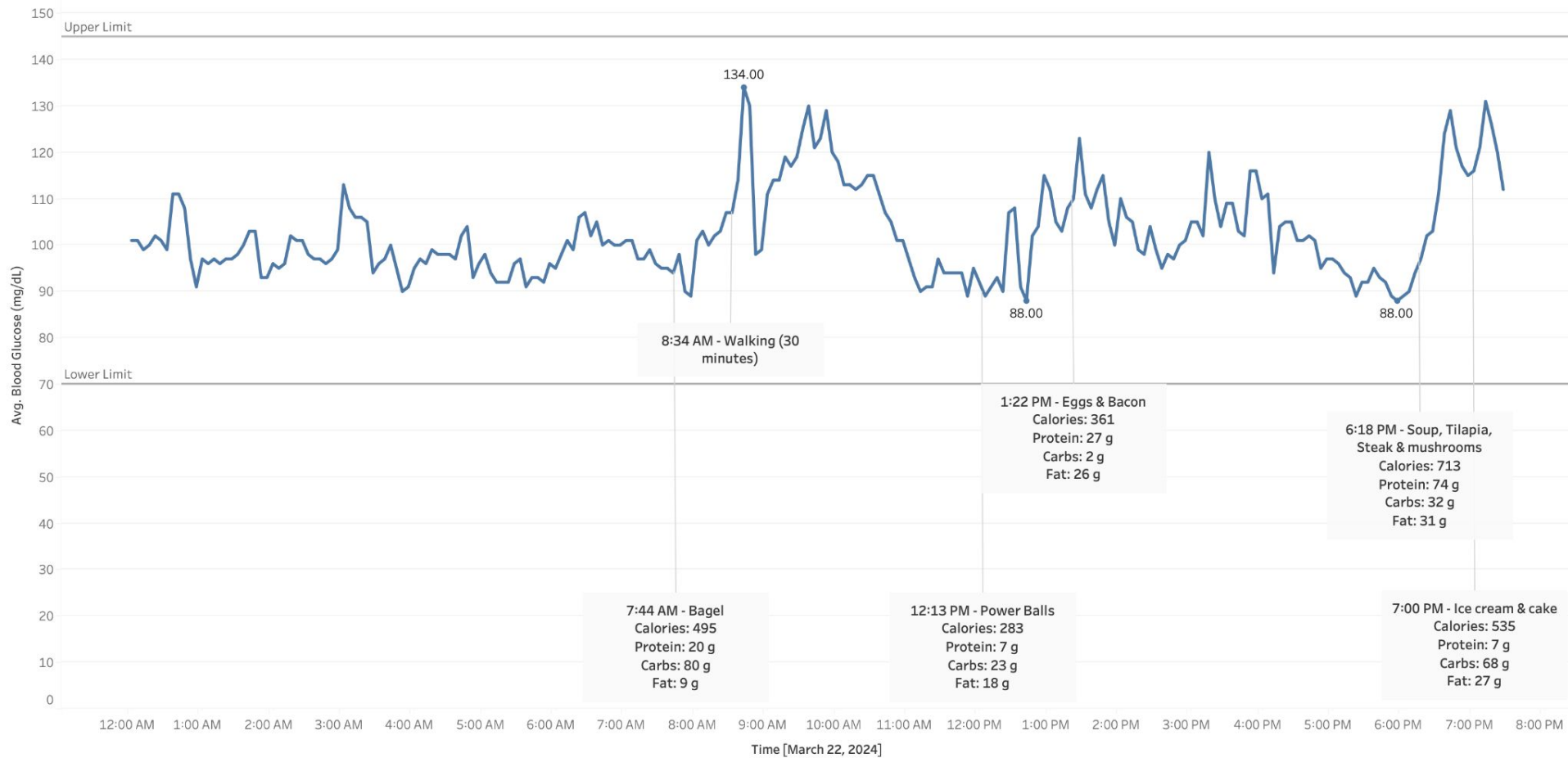
Day 3



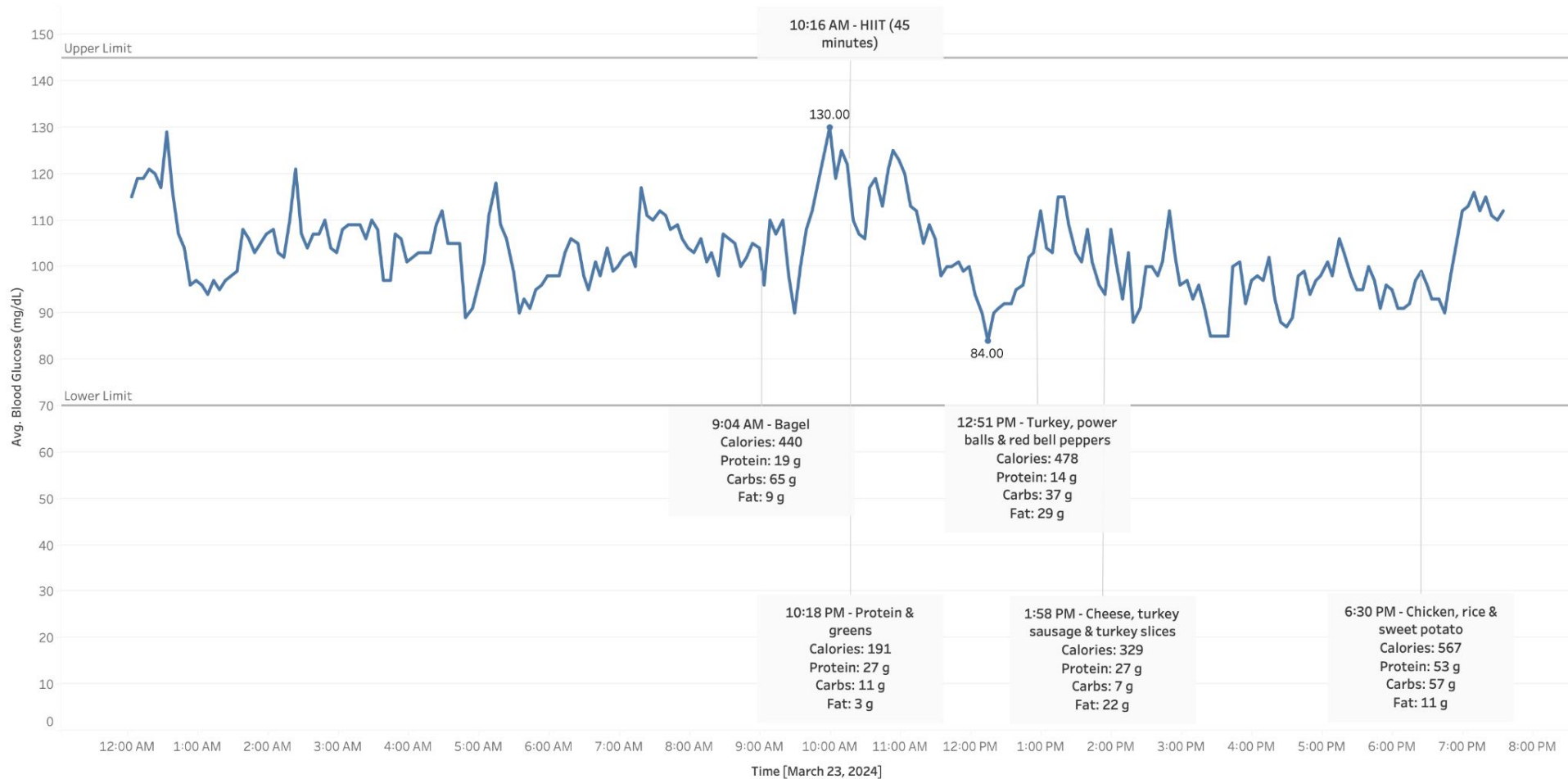
Day 4



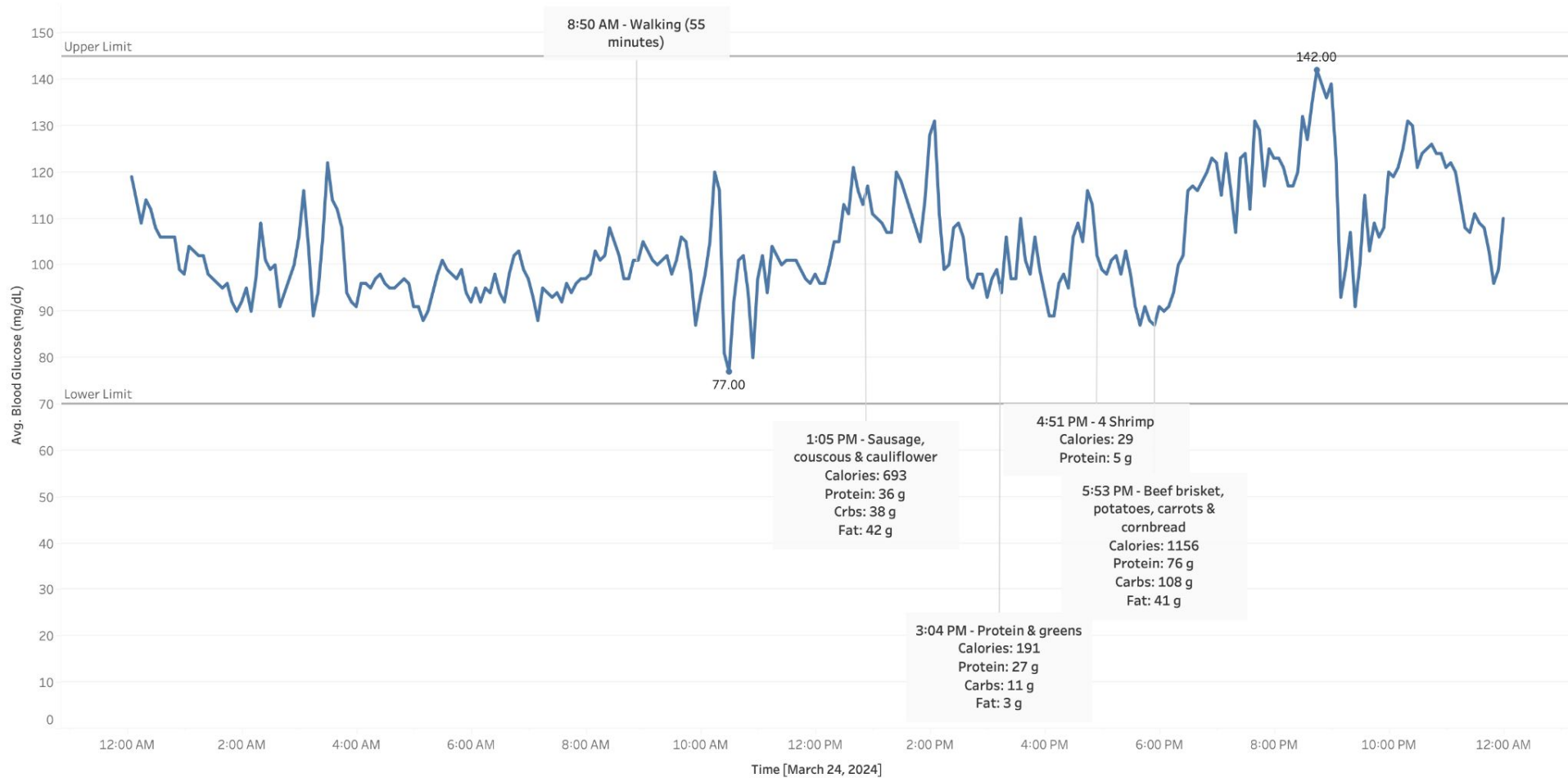
Day 5



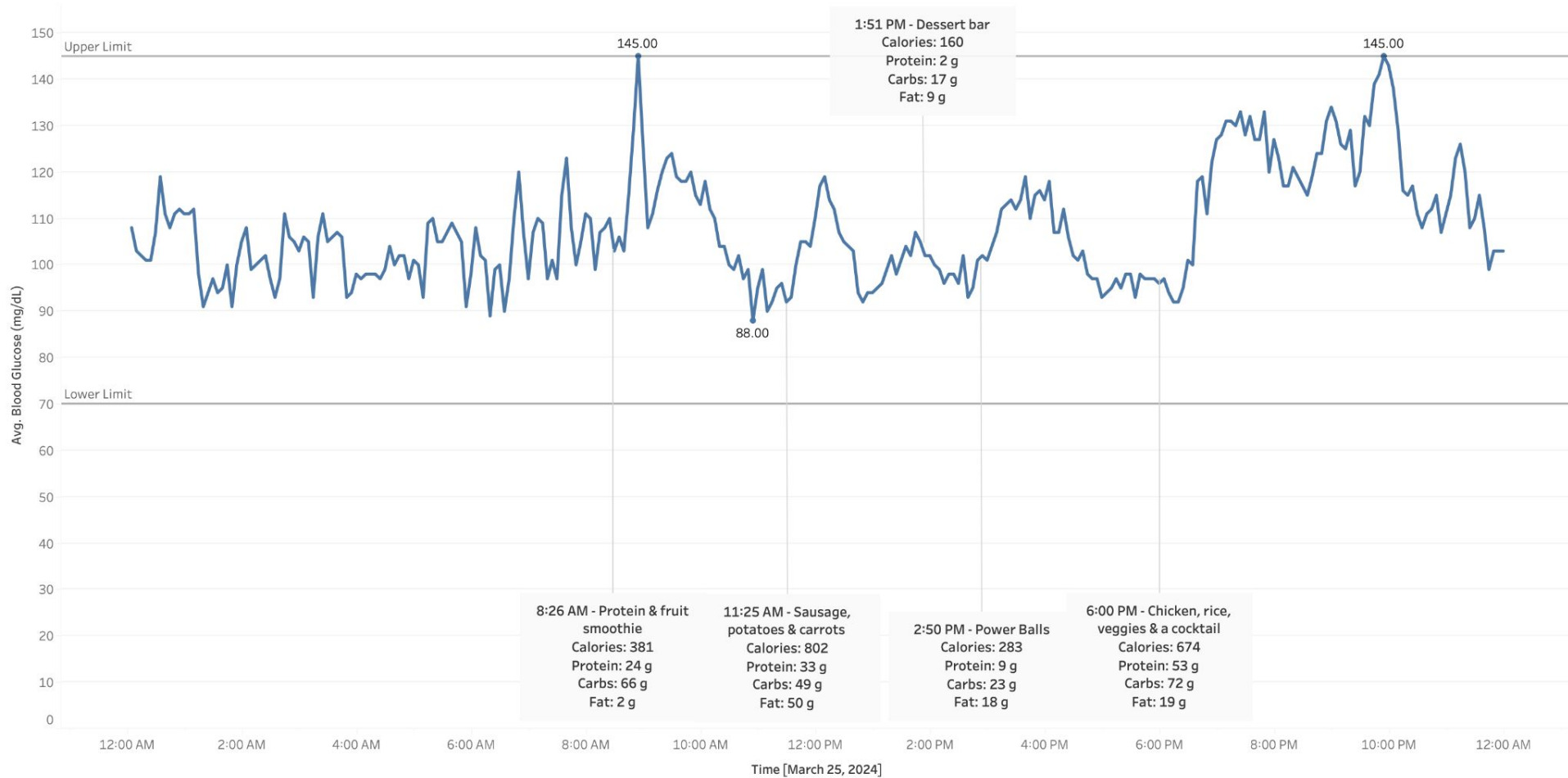
Day 6



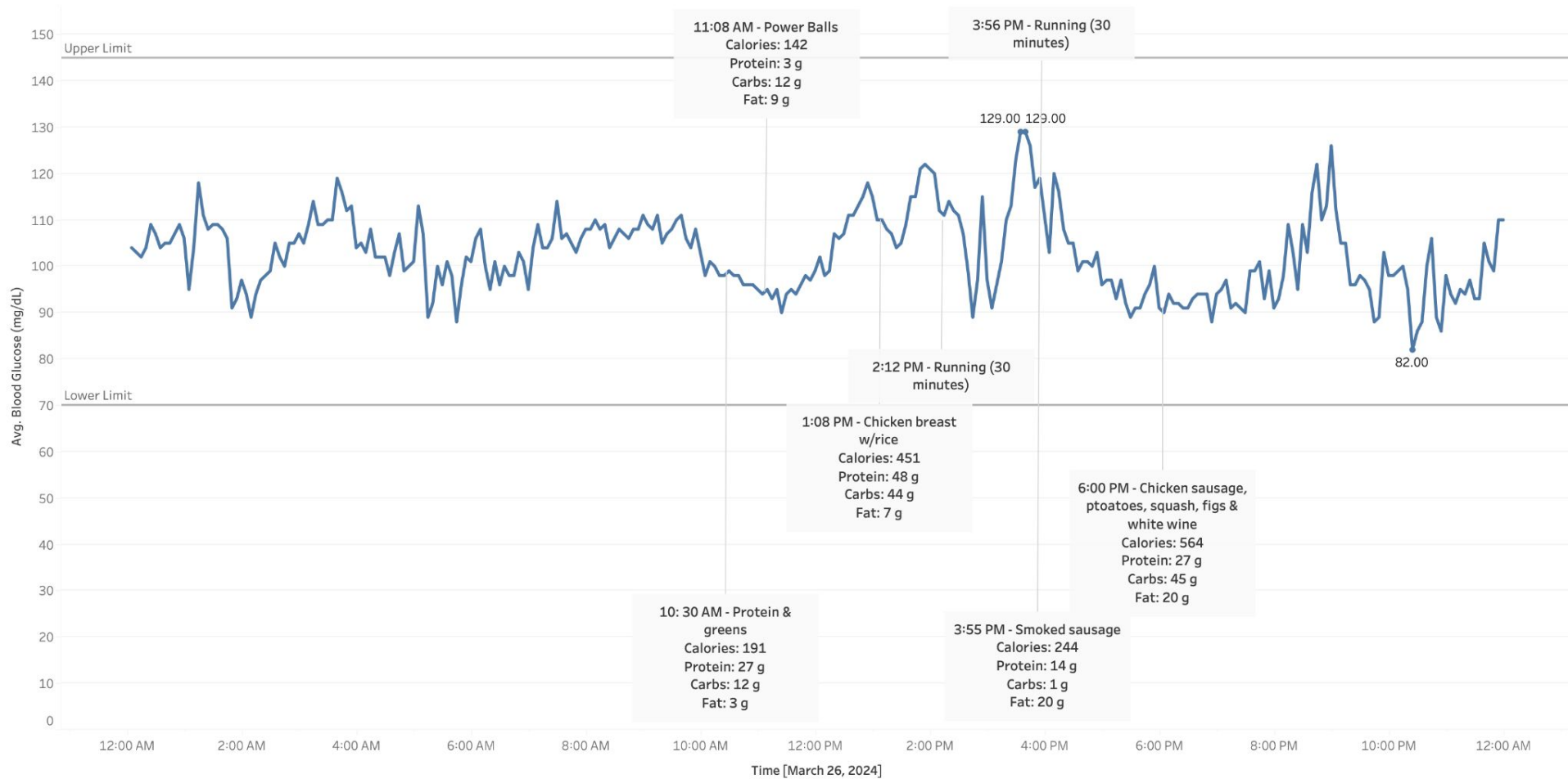
Day 7



Day 8



Day 9



Day 10

