



**IT – 418**

## **Ux Design for Mobile Application**

**Task : HMW Questions**

### **Group Members**

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# **“How Might We” Questions**

## **1. For busy professionals trying to stay healthy:**

- How might we make health tracking fit easily into their busy day?
  - How might we send them health reminders that work with their schedule?
  - How might we give them quick tips to improve health during short breaks?
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## **2. For young mothers managing family and health:**

- How might we create one place to track health, appointments, and get advice?
  - How might we give them support and tips that match their life as busy moms?
  - How might we make health tracking simple and easy to understand?
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## **3. For seniors managing long-term health problems:**

- How might we design an app that's easy for seniors to use?
  - How might we remind them to take medicines and show their health progress in simple ways?
  - How might we add voice controls or big text to make the app easier to use?
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## **4. For fitness lovers wanting to stay motivated:**

- How might we turn fitness tracking into a fun game with rewards?
  - How might we create challenges and groups to keep them inspired?
  - How might we help them with custom workout plans to meet their goals?
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## **5. For students dealing with stress and mental health:**

- How might we make a private and safe space for students to track their mental health?
- How might we add simple mindfulness and stress relief exercises to their routine?
- How might we give them mental health tips based on how they're feeling?