

Medical History Report

Patient Name: John Doe

Date of Birth: January 1, 1980

Patient ID: 2024-XYZ-001

Primary Care Physician: Dr. Emily Johnson, M.D.

Date of Report: October 15, 2024

1. Medical History:

- **Chronic Conditions:**
 - Major Depressive Disorder (diagnosed in 2018)
 - Generalized Anxiety Disorder (diagnosed in 2019)
- **Previous Hospitalizations:**
 - **July 2021:** Inpatient psychiatric treatment for severe depressive episode. Required stabilization and medication adjustment.
 - **April 2023:** Emergency room visit due to an overdose on prescribed medications (non-fatal). Recommended outpatient therapy and medication review.

2. Medications:

- **Current Medications:**
 - **Sertraline (Zoloft):** 100 mg daily (prescribed for depression and anxiety)
 - **Alprazolam (Xanax):** 0.5 mg as needed (prescribed for anxiety)
- **Previous Medications:**
 - **Fluoxetine (Prozac):** Discontinued due to ineffectiveness and side effects.
 - **Escitalopram (Lexapro):** Discontinued in 2020 due to adverse reactions.

3. Mental Health History:

- **Diagnosis:** Major Depressive Disorder (recurrent, moderate to severe)
- **Therapeutic Interventions:**
 - Individual therapy sessions bi-weekly since 2018.
 - Group therapy participation from 2019 to 2021.
- **Risk Factors:**
 - Family history of depression and anxiety disorders.
 - Recent life stressors, including job loss (September 2024) and relationship difficulties.

4. Substance Use History:

- **Alcohol Use:**
 - Moderate alcohol consumption noted, with episodes of binge drinking reported (last noted: July 2023).
- **Drug Use:**

- No history of illicit drug use reported.

5. Social History:

- **Living Situation:** Resided alone in an apartment. No significant support network noted.
- **Employment:** Recently unemployed. Last worked as a software developer until September 2024.
- **Support Systems:** Limited engagement with family; estranged from parents. Friends report increasing social withdrawal over the past year.

6. Last Medical Appointment:

- **Date:** October 1, 2024
- **Provider:** Dr. Emily Johnson, M.D.
- **Notes:** Patient reported feeling overwhelmed, increased feelings of hopelessness, and a lack of interest in previously enjoyed activities. Adjustments made to medication dosages.

7. Summary:

The patient had a documented history of major depressive disorder and generalized anxiety disorder, with multiple interventions and medications attempted over the years. Recent stressors, including job loss and deteriorating social connections, may have contributed to the worsening mental health status leading to the tragic outcome.

Report Prepared By:

Dr. Emily Johnson, M.D.

Primary Care Physician

Date: October 15, 2024