**Ancient Samurai Trick To Falling Asleep Fast**

Japanese Samurais were expert manipulators of pressure points

They used pressure points to destroy their enemies...

And as historians recently discovered:

They used them to **fall asleep instantly!**

One method they called “Anmien”...

Allowed them to fall asleep in seconds between battles…

And wake up feeling refreshed, ready to take on the world

We got in touch with the descendant of a powerful samurai

Who now uses her ancestor’s “Anmien” method every single night

In a recent interview, she revealed how we can all use it:

“At 62 years old, I feel more energetic than I did at 22”  
  
“With this method, I get better sleep than almost anyone I know”

“For centuries, my ancestors kept this secret from their enemies”

“But now, I am able to share it with the world”- Aiko Okinaga

She has an amazing story

At age 60, Aiko was under extreme stress

It made it almost impossible for her to fall asleep….

Most nights she would toss and turn in frustration

And when she did get sleep she’d wake up countless times throughout the night

The cycle of poor sleep increased her stress

And the daily fatigue made it even worse

Soon, this vicious poor sleep cycle affected her health:

Her weight, her memory, and worst of all her mood

Sleep experts gave her a few things to try:

Diet, physical therapy, massage therapy, aromatherapy…

None of it worked

They said if that didn’t work, she was out of luck

What they didn’t know, is that Aiko would find a way

Aiko kept searching on the internet, in libraries…

Still nothing was showing a glimpse of hope

Then, one day, she was digging through old family valuables

And she found her ancestor’s journal:

He was one of the most feared Samurai in Ancient Japan

From 1630 - 1648, he served as a personal assistant to Japanese Royalty

Inside the journal, she saw a page titled something in Japanese   
  
Translated to English it meant “Ainmen - The Sleep Method”

She read her ancestor’s writing:

“Use this at night to fall asleep. Wake up and win the day”

He had intricate drawings in the journal of how to locate pressure points

“Locate the “Ainmen” pressure point at the base of the skull”

“Apply steady but gentle pressure with index and middle fingers”  
  
“Very fast, you will asleep directly into restful asleep”

Aiko closed the journal, and in desperation tried it right then

Then and there, she fell asleep instantly…

She slept for a full 8 hours interrupted

And woke up feeling more refreshed than ever

Her ancestor saved her life

Without the drawings and instructions, she never would have been able to do it…

It requires precision, and just the right amount of pressure

When we asked her how it works, she explained:

It activates the pressure points in your neck that release tension and send “sleep signals” to your brain

Making your mind feel drowsy

And your body relaxed

Aiko was so excited she tried it on everyone in her village

From young children to middle-age parents to seniors, it worked on **everybody**

Born in 1956, Aiko couldn’t become a Samurai

But like a samurai, she feels it is her duty to share this with the world

Over the past year, she has worked closely with a manufacturer to produce…

A proprietary memory foam that triggers theses specific pressure points

It took a lot of hard work, but it’s finally ready for the public

And it’s making waves

Its called [Product Name]

It activates the specific pressure points in your neck that Aiko found...

So that you can fall into deep restful sleep, fast

It activates the pressure points safely…  
  
With just the right amount of pressure that her ancestor described

Experts are shocked at how well it works

“Every once in a while, ancient medicine resurfaces and throws us for a loop” - Dr. Stein, Sleep Expert, New York City

“This is one of those times. The results are unbelievable.” - Dr. Stein, Sleep Expert, New York City

“Clearly, Aiko’s ancestors knew something we didn’t” - Dr. Brown, Sleep Expert, Los Angeles

“This little pillow is making insomniacs sleep like they are kids again” Dr. Brown, Sleep Expert, Los Angeles

“It’s putting prescription drugs to shame” - Dr. Brown, Sleep Expert, Los Angeles

The hype has been crazy for the [Product Name]

But we never just believe the hype

So we tried it out ourselves

Our Senior Editor Eric has been suffering from Insomnia all his life

And has helplessly tried everything on the market

Eric shares his 7 day [Product Name] experience…

“The first night I used the pillow” - Eric, Senior Editor

“I couldn’t believe it”

“For the first time in probably years, I slept straight through the night”

“And when I woke up” - Eric, Senior Editor

“I felt like I already had two cups of coffee in me”

“By day 3 I was shocked at how much more productive I was…”

“I haven’t had this much motivation in over a decade”

“At Day 7, my wife asked me if I was taking a new drug or something”

“Nope, it’s just that I was finally getting the deep sleep I need”

“[Product Name] is the best purchase I’ve made in years”

“My insomnia disappeared and hasn’t come back” - Eric, Senior Editor

If you’re thinking about buying these pillows…

I have good news and bad news for you

The good news, we negotiated 50% discount for our viewers

The bad news is they’re selling like crazy…

And the manufacturers can’t handle all the demand

Last time we checked, they only have 197 left, and they’re going fast!

“I have dedicated the rest of my life to sharing my family’s secret” - Aiko Okinaga

“A night with [Product Name] is like nothing you’ve ever experienced” - Aiko Okinaga

“You must try it at least once” - Aiko Okinaga

Click on the link above to “Get Yours” and sleep like a baby again

God Bless