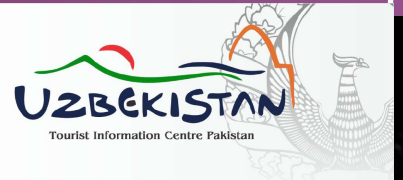


Newsletter.



H.E. SHAVKAT MIRZAEV
SPEECH AT SCO
CONFERENCE

ECONOMIC DIPLOMACY
H.E. FURKAT SIDIKOV

HISTORY OF
UZBEKISTAN

ZIARAT TOURISM TO
TASHKENT

PHARMACEUTICAL
INVESTMENT
OPPORTUNITY

WELCOME TO SILK
ROAD UNIVERSITY
SAMARKAND

Uzbekistan

Shining on International front



The growth of radicalism is becoming a dangerous trend. We consider it expedient to take a set of effective measures to prevent the involvement of youth in the extremist organisation's, to form a stable immunity to various destructive ideologies.

Speech of President of the Republic of Uzbekistan

Shavkat Mirziyoyev at the meeting of the Council of Heads of the Member-States of the Shanghai Cooperation Organization

I cordially welcome you to the meeting of the Council of Heads of State of the Shanghai Cooperation Organization.

I am glad to have the opportunity to personally receive in ancient and hospitable Samarkand the leaders of the SCO member-states, the observer countries, our honored guests and the representatives of international organizations.

This majestic city, located in the heart of the Great Silk Road, has served for millennia as the center of inter-civilizational dialogue, mutual cultural and spiritual enrichment, trade and scientific exchange.

It is wonderful that despite the pandemic and the difficult situation in the world, today Samarkand has once again united the leaders of the vast expanse of Eurasia and has become the center of international politics and economics.

I would like to sincerely welcome the leaders of the states participating in our event for the first time: Mr. Shahbaz Shareef, Prime Minister of the Islamic Republic of Pakistan, Mr. Recep Tayyip Erdogan, President of the Republic of Turkey, Mr. Ilham Aliyev, President of the Republic of Azerbaijan, Mr. Serdar Berdimuhamedov, President of Turkmenistan.

Welcome to Uzbekistan!

Distinguished participants of the meeting!

During our chairmanship in the SCO, we sought to intensify practical cooperation within our Organization, to increase its potential and international prestige.

Along with security issues, the priority was given to enhancing trade, economic and humanitarian cooperation.

Numerous initiatives have been implemented in all areas of the Organisation's activities. Despite the consequences of the pandemic and global upheavals, together we have managed to fully implement the Chairmanship Plan. More than 80 major events have been held. Our joint efforts are reflected in more than 40 documents, which will be adopted today.

Once again, I express gratitude to all the SCO States, as well as the Organisation's Secretariat and the Executive Committee of

needed to continue an open and constructive dialogue more than ever. The activity of our Organization demonstrates to the world that such a dialogue is possible.

Thanks to its firm commitment to the principles of openness and non-alignment, the SCO strengthens mutually beneficial relations among the participating countries and successfully deepens the international cooperation. The SCO membership is expanding, as well as our partnership is developing.



A Memorandum of Obligations of the Islamic Republic of Iran as a full member of the Organization is being signed today. I sincerely congratulate the President of Iran, Mr. Ebrahim Raisi and all our colleagues on this historic event.

We welcome the signing of memorandums on granting the status of dialogue partners to the Arab Republic of Egypt and the State of Qatar.

In addition, we are making the decisions to start

the Regional Anti-Terrorist Structure for their active assistance to our chairmanship.

Dear participants of the summit!

As the world faces a deficit of trust and mutual understanding, confrontations and conflicts have intensified numerous challenges to stability and security.

The following problems of our time pose the serious risks to sustainable development: climate change, lack of water and natural resources, social and economic consequences of the pandemic, energy and food security crisis.

The global demand for mutual trust, justice and solidarity is growing. In this regard, it is

procedures to grant the Republic of Belarus the status of a full member of the SCO, and the Kingdom of Bahrain, the State of Kuwait, the Republic of Maldives, the United Arab Emirates and the Republic of the Union of Myanmar – as dialogue partners.

The expansion of the geographical coverage of the SCO is another confirmation of the importance of our Organization, which demonstrates efficiency, mutual understanding and dynamism.

Distinguished Heads of delegations!

The SCO is entering a new, even more responsible stage of its development. We should solve many priority tasks of cooperation together.

In our opinion, first of all, it is important to continue to maintain the non-aligned status of the Organization and its openness.

We firmly adhere to the principle of the indivisibility of security. The SCO's activities should continue to be focused on broad partnership. We are also convinced that Central Asia should retain its status as the «geographical core» of the SCO.

Another key objective is to strengthen cohesion, mutual support and partnership based on the principles of «Shanghai spirit». Only in this way we can ensure peace, stability and prosperity in the SCO region.

I believe that, based on these principled approaches and taking into account the international situation, we can start preparing the SCO Development Strategy until 2040. This document should cover all areas of our multifaceted cooperation and determine the priorities for the long-term development of the SCO.

First of all, it is extremely important to improve the practical impact of cooperation in the fields of economy, trade and investment. This is one of the key conditions for ensuring stability in the region and improving the well-being of the population of our countries.

It is obvious that it is necessary to use the reliable models of regional interaction to achieve greater economic sustainability. It is important to move on to real actions to build the production chains among the SCO countries with a shorter «supply shoulder».

We are interested in maximising the existing potential, taking into account the advantages of the complementarity of the economies of the SCO countries. In this regard, we propose to start forming a common space for industrial and technological cooperation by launching a New SCO Economic Dialogue.

Its main task is to combine opportunities and activate all the mechanisms of trade and economic cooperation that we have created by eliminating trade and customs barriers, forming guaranteed and stable production and supply chains, stimulating joint programs on localization and import substitution, as well as by protecting and promoting mutual investments, primarily in the development of infrastructure, competitive industry and the services sector.

In order to ensure full-scale economic cooperation among our countries and get the concrete results of practical cooperation, we propose holding the Week of Business

Partnership of the SCO regions in Uzbekistan.

For the purpose of deepening the industrial cooperation and stimulate trade, we also advocate creating an Alliance of the SCO Special Economic Zones. We are ready to hold the first meeting of heads of administrations of special zones next year, here in Samarkand, in the premises of the «Uzbekistan–SCO» Industrial Zone.

As another measure, we propose holding a Grand SCO Trade Fair on an annual basis, with launching a single electronic platform on its basis.

This will also be facilitated by the Joint Action Plan for the Development of Intraregional Trade that we are adopting today.

I would like to draw your attention to one more important question.

We should admit that despite the fact that our countries are major producers, exporters and importers of agricultural and food products, we have not yet been able to establish serious cooperation on food security issues at the SCO platform.

WE URGE YOU TO SUPPORT ANOTHER STRATEGICALLY IMPORTANT PROJECT - THE CONSTRUCTION OF THE TERMEZ-MAZAR-I-SHARIF-KABUL-PESHAWAR RAILWAY CORRIDOR.

The potential of our states allows us to consistently provide the domestic markets with grain crops, livestock, fruit and vegetables, basic foodstuffs, as well as the necessary fertilizers. In addition, we must contribute to solving this issue at the global level.

In this regard, we consider it necessary to develop General Principles and Approaches to Food Security. It is important to provide the specific measures in this document to bring the regulatory framework, to conduct the joint research and to introduce innovations.

In addition, the most serious attention should be paid to programs for cultivation and processing agricultural crops, formation of coordinated schemes of direct mutual deliveries, organization of efficient logistics, «green» and express corridors for the delivery of high-quality and affordable food products.

In order to widely discuss these vital issues, we propose to hold the International Conference on Food Security next year.

Dear colleagues!

Today we are adopting the SCO Concept for strengthening Connectivity and Establishing Effective Transport Corridors.

In order to practically implement the main provisions of the Concept, we propose to establish an Interregional Center for Connectivity in the city of Tashkent, with the support of the United Nations.

We also consider signing of the trilateral Agreement on the construction of the China-Kyrgyzstan-Uzbekistan railway as a historic event as a part of the summit.

We urge you to support another strategically important project – the construction of the Termez-Mazar-i-Sharif-Kabul-Peshawar railway corridor.

Implementation of these two projects shall open up the broad opportunities for strengthening the connectivity, increasing the mutual trade and investment, and, in general, ensuring the sustainable economic growth in the space of our Organization.

We could discuss all promising projects in the field of transport and communications at the site of the first SCO Transport Forum next year in Uzbekistan.

The issues of the environmental agenda are particularly urgent.

Today, by adopting the joint Statement on Response to Climate Change, the SCO demonstrates solidarity in confronting these risks and challenges.

At the same time, we need the new mechanisms and formats for practical cooperation in this area, which is vital for all of us.

We propose creating an SCO Climate Council that would bring together our politicians and public figures, scientists and environmental experts, as well as the business representatives.

This format shall increase the effectiveness of cooperation in promoting the climate adaptation projects, combating desertification and land degradation, as well as introducing water– saving technologies.

It is especially needed in the context of overcoming the devastating consequences of the Aral Sea ecological catastrophe.

An important condition for the development of the SCO is effective cooperation in the security. In the new realities it is urgent to strengthen the coordination of the activities of law enforcement agencies and special services of our countries.

The issue of increasing the effectiveness of the SCO Regional Anti-Terrorist Structure on the basis of our agreements to improve its activities, including in matters of prevention and prompt response to security challenges and threats, has long been overdue.

It is important to establish the practice of annual field meetings of the Council of the SCO RATS to assess the situation in our countries and make the comprehensive decisions, taking into account today's realities.

THE GROWTH OF RADICALISM IS BECOMING A DANGEROUS TREND.

WE CONSIDER IT EXPEDIENT TO TAKE A SET OF EFFECTIVE MEASURES TO PREVENT THE INVOLVEMENT OF YOUTH IN THE EXTREMIST ORGANISATION'S, TO FORM A STABLE IMMUNITY TO VARIOUS DESTRUCTIVE IDEOLOGIES.

I would also like to draw your attention to the development of secure information and communication technologies, which already largely determine modern life.

Only by joining forces will we be able to take full advantage of digitalisation, while reducing threats in the information space.

The task of creating a joint platform for combating cybercrime is becoming increasingly urgent.

Strengthening the coordination in promoting peace and the socio-economic reconstruction of Afghanistan should remain among the SCO's key priorities.

I would like to especially thank my colleagues for their support of the recent Tashkent conference.

The participation of the Afghan delegation, the representatives of many states and international organisation's, including the SCO, confirms the desire of the world community to develop coordinated approaches to cooperation with this country.

Let me stress that the Afghan people need our good-neighbourly help more than ever. We must not repeat the mistakes of the past by leaving Afghanistan alone with its problems.

The tightening of sanctions and the further isolation of the current Afghan authorities will inevitably lead to increased radicalisation within the country and its transformation into a springboard for the terrorist organisation's.

In this regard, we stand for the development of constructive contacts with Kabul to fulfill the international obligations previously adopted by Afghanistan's Interim Authorities, including in the field of women's and children's rights.

In addition, we propose to jointly create a special Humanitarian Support Fund for Afghanistan in our border city of Termez, making use of the modern infrastructure of the international transport and logistics hub established there.

The funds shall be used to overcome the social crisis in this country, to implement the educational programs for youth and the projects in healthcare.

Distinguished summit participants!

Cultural and humanitarian ties traditionally form a solid foundation for our cooperation. Strong friendship and mutual understanding among our peoples are the key to peace and broad partnership in the SCO region.

The Comprehensive Plan for the Implementation of the Treaty on Long-term Good Neighbourliness, Friendship and Cooperation, which is being adopted today, is aimed precisely at these goals.

Based on the principle of respect for the diversity of cultures, our Organization opens up the new opportunities for intercultural communication and exchange to the millions of people.

I believe it necessary to establish the additional formats as a part of the SCO, such as the Forum of University Rectors, the Days of Culture and Tourism, joint sports events and Universiadg.

I would like to note that the modern technologies also allow us to launch digital platforms for intercultural dialogue. These are virtual museums and creative exhibitions, scientific videoconferences that will help to bring our peoples together, including through the active involvement of young people in such projects.

An increase in mutual tourist flows, the implementation of joint programs and projects in tourism shall be aimed at this.

In order to intensify our cooperation in this priority area, I propose declaring next year as the Year of Tourism Development in the SCO region.

I am confident that the Agreement on Cooperation in Tourism, which is being adopted today, shall create the necessary

legal basis for joint work.

Dear friends!

Since ancient times, Samarkand has been a centre of spiritual, economic, cultural and scientific exchange among the peoples living in the space from East Asia to North Africa, the Middle East and Europe. Over the centuries a special culture of fruitful communication between the representatives of different civilisations has been created here.

Samarkand is a living example of how the principles of tolerance and respect for the traditions and the values of different peoples, which we took as a basis when creating the SCO, have been put into practice for centuries.

Now such a dialogue, free from geopolitical rivalry, ideological contradictions and disputes, is extremely in demand.

Therefore, today Uzbekistan is pleased to offer the Samarkand Solidarity Initiative for Common Security and Prosperity to the partners.

Its goal is to involve in the global inter-civilisational dialogue all those who care about our common future, who are ready, regardless of differences, to seek agreed approaches and solutions, who share the principles of the «Samarkand spirit».

We propose to jointly consider the issues of practical implementation of this initiative at the international Samarkand forum next year with the participation of political leaders, the authoritative public figures, business, academic and expert circles.

The Forum's work shall be based on rich Program of Action, which we will soon present to all our partners. I look forward to your broad support and participation in promoting our initiative.

Dear participants of the meeting!

In conclusion of my speech, once again I express my sincere gratitude to all of you for your active assistance in achieving the goals of the Uzbekistan's chairmanship.

I am confident that the documents and decisions adopted today will be a worthy contribution to the further progressive development and enhancement of the authority of the Shanghai Cooperation Organization with the aim of ensuring regional and global security, in the name of progress and prosperity of our countries and peoples.

Thank you for your attention.

Economic diplomacy is an important tool to support the promotion of the potential of the textile industry in Uzbekistan. Furkat Sidikov



Furkat Sidikov
First Deputy Foreign Minister of Uzbekistan.

"Today, the textile and clothing industry is one of the leading and dynamically developing industries of New Uzbekistan," said the First Deputy Foreign Minister. - The annual increase in industrial production in recent years has exceeded an average of 20%. As a result of practical work to diversify the textile industry and stimulate the export of finished products, the country's potential in this area is increasing.



The dynamics of the development of the textile industry received a new impetus with the adoption in 2017 of the decree of the President of Uzbekistan "On measures to accelerate the development of the textile and clothing and knitwear industry." At the initiative of the head of our state, the cluster

system has been fully introduced in the industry. Over the past three years, more than 23 trillion soums of preferential resources have been allocated to cotton and textile clusters. Thanks to the measures taken, about 350 large factories were put into operation. The volume of production compared to 2016 increased 5 times, exports - 4 times, reaching almost 3 billion dollars.

Demand for Uzbek textile products abroad is steadily growing at a rapid pace. This is evidenced by the results of the participation of Uzbek textile workers in international industry exhibitions, as a result of which contracts are concluded for more than 100 million US dollars.

The popularity of Uzbek textiles is directly related to the improvement of its quality, as

economic diplomacy also plays an important role in increasing the awareness of the "Made in Uzbekistan" brand. About what measures are being taken in this direction, the Dunyo news agency correspondent talked with the First Deputy



Minister of Foreign Affairs of Uzbekistan Furkat Sidikov, who oversees this direction at the Ministry of Foreign Affairs.



well as its competitive cost. However,

Uzbekistan Shining on International Front



By
Chaudhry Hamid Mehmood
Director
**Uzbekistan Tourist
Information Center
Pakistan**

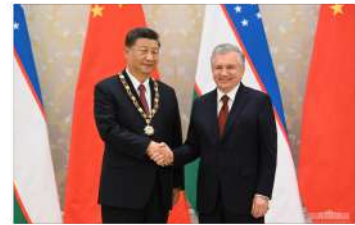
After Independence Uzbekistan had many challenges to face, but Uzbek Government remarkably overcame all these

Agriculture.

Tourism plays a vital role in the economy of any Country. Uzbekistan also focused on its tourism starting from the first day of Independence. They rebuilt the centuries old

attract millions of tourists from all over the world due to its **history, Culture, Traditions and Food**. The holy land of Uzbekistan also attract millions from Muslim world as this land belongs to **Imam Bukhari, Imam Termezi, Bahuddin Naqshbandi, and many other Muslim scholars, kings and Scientists.**

Beside focusing on country's economy Uzbekistan was also taking active part in international



challenges. Major focus was working for betterment of their people. At the independence country economy was based 75% on agriculture and 25% on Industry. Uzbek side decided to bring an industrial revolution in the country and in few years, they achieved the target by bringing Uzbek Economy to 75% on Industry and 25% on

cities of **Samarkand, Bukhara, Khiva** and also provided infrastructure for tourists including Hotels, Modern Transportation including bullet train and new restaurants. Building these cities on their old footsteps makes them Unique in the world. These cities

relation. Country's new President **H.E. Shavkat Mirziyoyev** started new relations with their neighbours. He invited international dignities to Uzbekistan. He took part in international events and give the message of peace to the world. Truly Uzbekistan is shining on International front nowadays.



History of Uzbekistan

The Uzbek ethnic group proved to be one of the oldest on our planet. The distinctive culture of Uzbekistan has begun to develop at the dawn of civilisations and has undergone significant changes over millennia. The territory of Uzbekistan is located in the centre of the Central Asia between the two rivers Syr Darya and Amu Darya. Unsurprisingly, an oasis in the middle of the desert has always attracted the brave and ambitious merchants, warriors, adventurers and travellers.

The Achaemenid Empire (the First Persian Empire) prospered here in the VI-IV centuries BC. The Empire dissolved, when Alexander the Great had invaded the territory. The Hellenistic era began. At that time, trade began to develop, large cities began to grow, and the Greco-Bactrian Kingdom began to rule. In the middle of the 2nd century BC the Greco-Bactrian Kingdom collapsed and a new part of history set in. The nomadic Kushan tribe founded the Kushan state. At this time, trade, movement of people and interethnic communication began to develop. Due to the advantageous territorial location of cities, the route of the Great Silk Road passed through the territory of modern Uzbekistan. Large trade cities such as

Andijan, Kokand, Rishtan, Samarkand, Bukhara, Khiva, and Tashkent appeared and grew along this route.

Then such countries as the Parthian Empire, Kangju, the Hephthalites Empire, and the Turkic Khaganate prospered and developed here. In the VII century AD the Arabs

came to power. Samarkand became the capital of the state, economic and cultural centre. After Samarkand was conquered by the nomadic tribes Dasht-i-Kipchak. The new state of the Shaybanids dynasty was founded. From the VI century and to the middle of the XIX century the Khiva, Kokand khanates and the Bukhara Emirate ruled on this territory.



After of the invasion of the Russian Empire in the 60s of the XIX century, the Governor-General of Turkestan was founded here. In 1924, Uzbekistan became the Soviet Republic. During the soviet period, there was a massive migration of various nationalities from numerous republics. On August 31, 1991, Uzbekistan gained its independence. The republic became a member of the UN, a democratic form of government and a market economy began to develop.

conquered the territory. The territory began to be called Mawarannahr.

In the XII century, Genghis Khan conquered this territory and founded the Chagatai ulus here. However, the heyday of this territory began in the XIV century, when Amir Temur

Due to its rich history, the movement of a large number of different nationalities across the territory, Uzbekistan combining eastern and western civilisations became a country with a rich culture and interethnic harmony.

Tourist route through the main pilgrimage objects of Tashkent.

Tashkent is getting prettier every day. But few people know that Tashkent is not only a modern metropolis, but also the oldest city in Central Asia with a deep history, with ancient centres of Islam, where you can take a ziyarat tour.

SUZUK-OTA COMPLEX

The Suzuk-Ota Ensemble is an architectural complex in Tashkent, dedicated to the noble mentor of all Suzuk-Ota artisans. This man was known throughout the entire district of

onslaught of the new government in Turkestan. The angry Governor-General ordered an artillery bombardment of the old city. The well-known religious and public figure Abulkasym-eshon, having learned about this, came to the Governor-General with a petition and convinced him that the

SHEIKHANTAUR COMPLEX

The Sheikhtaur Ensemble is a large architectural complex located in the old part of Tashkent, inside which the mausoleum of Sheikh Hovendi at-Tahur is located. Sheikh Hovendi at-Tahur was born in the XIII century. He was a Seyid, a descendant of the Prophet Muhammad. His father, Sheikh Omar, a direct descendant of Caliph Omar ibn al-Khatib, was an ordained Sufi, and arrived in Tashkent at the end of the XII century with the aim of spreading Islam in Central Asia.

According to legend, Sheikh at-Tahur traveled to the city of Turkestan (in present-day Kazakhstan), where he learned the basics of Ahmad Yassavi's philosophy. After a long journey, he returned and settled at the holy spring, with which another beautiful legend was associated. Once upon a time, the water of "eternal life" gushed from this spring, and on its shore, in the shade of trees, Iskander Zulkarnai himself, that is, Alexander the Great himself, rested. And before the arrival of the Arabs here, there was a temple of Fire and Water. Sheikh at-Tahur himself was buried at this place. A tree has been growing at his grave for many thousands of years. The trunk of this tree has been preserved to this day. The first building of the complex at the grave of Sheikh Hovendi was built in the Timurid era.



the city and even beyond its borders. Suzuk-Ota was famous for his talents, ability to rally the people, beneficent deeds, which caused great respect among the locals. The complex consists of a mosque and a mausoleum, built during the reign of Amir Temur in 1392. In 2019, a major reconstruction of this religious building took place.

ABULKASYM SHEIKH MADRASAH

The building in the style of the Eastern Renaissance - the madrasah of Abulkasym-sheikh was founded in the first half of the XIX century. It is located in one of the districts of old Tashkent. Many stories and legends are connected with the name of Abulkasym-sheikh. At the end of the XIX century, a plague epidemic raged in Tashkent. And in parallel, a mass uprising of local residents was being prepared in the city against the

rebellion was not the fault of the common people, after which the general canceled his order. Abulkasym himself later died of the plague.





KUKELDASH MADRASAH

One of the main architectural attractions of Tashkent - Kukeldash Madrasah was built in the XVI century and is located in one of the old parts of the city. This historical object got its name from the name of the chief vizier, who had the nickname "kukaldosh", which means "foster brother" in Turkic. He was a confidant of the Tashkent rulers Barak Khan and Dervish Khan. Many legends are associated with the activities of the madrasah. According to the long-livers of the district, public executions used to be carried out on the territory of the madrasah. Unfaithful wives were thrown from the highest minaret to teach a lesson and shame the local population. According to another legend, a sprawling pistachio tree once grew here, it was considered sacred, as it grew on one of the domes of the madrasah.

KHAZRATI IMAM COMPLEX



One of the spiritual monuments of Tashkent is the Khazrati-Imam ensemble, popularly called Khast-Imam. The square is located in the hinterland of the old city, which survived the strongest earthquake in 1966. The complex was built near the burial place of the first Tashkent imam - Kaffal ash Shoshi, who was a scientist and religious figure. The complex consists of Tillya Sheikh Mosque, Abu Bakr Kaffal Shashi Mausoleum, Barak Khan Madrasah and Imam al-Bukhari Islamic Institute.

MAUSOLEUM OF MUYI KHALFA BOBO

Muyi-buva (nicknamed Halfa) was originally from Samarkand, studied carpentry in Karshi. Arriving in Tashkent at the beginning of the XIX century, he built a tomb for himself.

According to historians, the construction of the mausoleum was completed in 1845. The mausoleum is a rectangular building with one square room – gurkhana, where the tombstones of Muyi Khalfa-bobo and his son – Umar Khan are located. In 2007, the building was renovated.

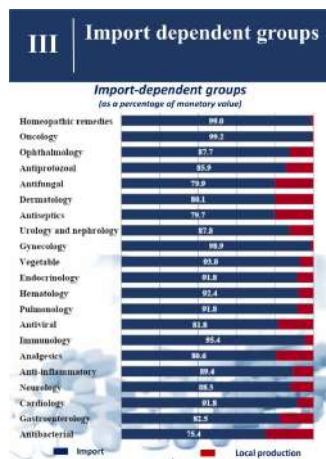
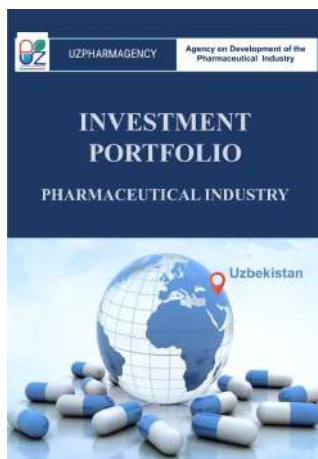
THE MAUSOLEUM OF SHEIKH ZAYNUDDIN-BOBO

Sheikh Zaynutdin Kuyi Orifon Al-Toshkandi was the son of the founder of the Sufi order of Suhrawardia – Sheikh Zianutdin Jahim Suhrawardi. It was the father who sent his son, Sheikh Zaynutdin, to Tashkent to preach the ideas of this Sufi order. Sheikh Zaynutdin himself is buried in the village of Orifon outside the gates of Kukcha.



The mausoleum is located in the area of Kukcha of Tashkent. The tomb of the sheikh and the followers of his school are located here. The mausoleum building was built several centuries after the death of Zaynutdin-bobo, in the XIV century by Amir Temur himself before his campaign in India. An interesting place in the mausoleum is the late-dark cell - chillahona, which previously served as an underground observatory, where Sheikh Zaynutdin conducted 40-day meditations. The building was reconstructed at the end of the XIX century.

Proposals of the Pharmaceutical Agency for the implementation of investment projects in Uzbekistan.



III Project proposal

Proposition 10. Basic data



15

III Project proposal

Proposition 11. Basic data



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III Project proposal

Proposition 12. Basic data



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III Project proposal

Proposition 13. Basic data



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III Project proposal

Proposition 14. Basic data



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Proposition 15. Basic data



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Proposition 16. Basic data



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Proposition 17. Basic data



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Proposition 18. Basic data



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Proposition 19. Basic data



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Proposition 20. Basic data



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III Project proposal

Proposition 21. Basic data



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Mutton is the basis of Uzbek cooking

In the process of human activity, the metabolism is constantly taking place in the body. It is associated with the construction of new cells and the replacement of old ones. A connection has been established between vitamins and



the processes of assimilation of nutrients, as well as the performance of their functions by the most important human organs. In other words, vitamins take an active part in the regulation of the most important functions of the body.

Vitamins of group B (B1, B2 and B6) contribute to the conversion of proteins into carbohydrates in the body, and carbohydrates into fats, have a beneficial effect on the secretory function of the stomach and circulatory organs. There are especially a lot of such vitamins in buckwheat, peas, coarse bread, and liver and, of course, in lamb meat.

Sheep meat is very tasty and healthy, and its chicken gives a lot of fat. The color of lamb is dark red, its fibers are thin and cook quickly. Mutton fat contains a large amount of marginal fatty acids with a higher melting point. Therefore, vegetables and meat are often fried on chicken fat, adding salt and a peeled onion. This helps to improve the taste and aroma, increase digestibility. Mutton is used to prepare both every day and festive dishes. For example, there are varieties of soups from the first courses: Kovurma shurva – fried soup, Kalla shurva – broth of lamb's head and legs, Kainatma shurva – meat broth with vegetables, Ok shurva – meat broth with onions, Mastava - rice soup.

From the second courses: Cauldron-kabob – stewed meat with potatoes and onions in

a cauldron, Dumba-zhigar kabob – shish kebab from liver and fat, Charvi kabob – shish kebab wrapped in a greasy film, Chuchvara – dumplings, Kartdumba manty – manty with the addition of fat. Mutton meat and dumba are also added to samsa, cold snacks and all possible variations of pilaf.

A well-cooked lamb broth or pilaf will help to quickly saturate the body and give it additional energy. After a hearty lunch, it is customary to drink hot green tea with lemon, which is ideal for easy assimilation of heavy food.



UZBEKISTAN

Tourist Information Centre Pakistan

Uzbekistan Tourist Information Center is official Representative office of Ministry of Tourism Uzbekistan in Pakistan. This office is being established to provide quality services to the travellers who wish to visit Uzbekistan.

We provide one window operation for all kind of tourism to Uzbekistan. Including **Ziyarat Tourism, Medical Tourism, Study Tourism, Business Tourism & Exhibitions and Youth Tourism**. We can organise business meetings/conferences with tours. We can provide state of the art services in Uzbekistan including **Visa, Accommodation, Transport domestic and International Air Tickets, Train and Buses Tickets within Uzbekistan, Guide, and Translation Services,**

We are closely working with Uzbekistan Embassy in Islamabad for the promotions of tourism to Uzbekistan. Businessmen who want to establish businesses or if you are looking for local partners in Uzbekistan this office can be the best place to get all information. This office can arrange online meetings with Uzbek Businessmen and also can arrange B2B meetings in Uzbekistan.

Tourist who are interested to visit Ziyarats in Uzbekistan for them we can organise a complete comprehensive tour covering all Ziyarats in different cities. Starting from Tashkent, Termez, Kitab, Samarkand, Bukhara and Khiva. We can also arrange tours according to your demand and price.

Having more than 20 years of experience working with Uzbekistan our office is highly recommended not only by

Uzbekistan Embassy in Islamabad but also high officials in Uzbekistan.

Our office represents Uzbekistan Ministry of Tourism, Uzbekistan Ministry of Health, Uzbekistan Islamic civilisation centre and Uzbekistan Ministry of Religious affairs.

We are having offices in different cities of Pakistan listed as under Uzbekistan Tourist Information Center

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We are working hard to serve you better and we are looking forward to see you in Uzbekistan. For any query or information plz call our office in your area. We will be happy to provide you all kind of help.

**WELCOME TO
UZBEKISTAN**







Samarkand Uzbekistan

SILK ROAD

INTERNATIONAL UNIVERSITY OF
TOURISM AND CULTURAL HERITAGE



UNIVERSITY IN THE TOURISM SPHERE IN OUR COUNTRY.

We are proud of the level of teaching at our university, which has no analogues in higher educational institutions of the Republic of Uzbekistan and neighbouring countries, especially since 30 percent of all teaching staff of the university are teachers of leading foreign higher educational institutions.

Our university employs experienced highly qualified lecturers and editors. The best specialists share their vast knowledge with our students.

We are also proud that our university provides students with the opportunity to study at leading foreign universities, improve their knowledge, skills, qualifications and gain experience.

A special flavour of our university is the fact that it is located in the cult city of Central Asia - Samarkand, which once occupied the same position in the scientific world as Oxford in the UK, known as the center of scientific thought of the East, with its own achievements and traditions.

You made the right choice by becoming a student of "Silk Road" International University of Tourism, because Oxford education is much closer than you think. Do not rest on your laurels, always go forward to your goals, dreams, take the high bar. The future of our Homeland, happiness, prosperity of hardworking people are in your hands.

Thank you for your attention!

RECTOR OF THE UNIVERSITY ABDUKHAKIMOV AZIZ ABDUKHAHOVICH

Dear friends!

Our gifted and talented youth are the creators of a bright and great future of our country!

Now you are experiencing the best and the most important stage of your life. Studentship is a time of daily discoveries, acquiring new knowledge, professional formation, strengthening of life positions. In addition to studying, you will find a lot of interesting events that allow you to prove yourself in the social, scientific and cultural life of the university.

Today, the world is rapidly moving forward and covered by the process of globalisation, and therefore, all the attention of the world community is focused on young people, our

Government is creating a strong and fair system of education and upbringing, which requires, first of all, uniting around a common goal and idea, a sense of duty and responsibility, the main role in which is given to creative, gifted and talented youth.

All conditions are being created in the country so that you could get qualitative education and a decent profession. All the doors are open before you. The world is changing, times are changing, world-class education is becoming more and more accessible.

**DESPITE THE FACT THAT
"SILK ROAD"
INTERNATIONAL UNIVERSITY
OF TOURISM WAS FOUNDED
ONLY LAST YEAR, TODAY IT
IS ALREADY ONE OF THE
MOST FAMOUS AND
PRESTIGIOUS HIGHER
EDUCATION INSTITUTIONS
AND THE VERY FIRST**

WELCOME TO Admission Open for 2023 OUR UNIVERSITY!

Call Us for more Info +92 300 9745458

«Silk Road» International University of Tourism is a leading educational and scientific center in the field of professional tourism education of international level.

Scholarships Available





SILK ROAD

INTERNATIONAL UNIVERSITY OF TOURISM AND CULTURAL HERITAGE



IRINA MUHAMEDNAZAROVA,
DEPARTMENT OF
INTERNATIONAL STUDENTS
AND TEACHERS AFFAIRS

Thanks for giving me a chance to introduce our university to Pakistani young students. The aim of the University is to train highly qualified personnel in the field of tourism and cultural heritage.

The "Silk Road" International Tourism and Cultural Heritage University is the first state university where education is fully conducted in English. Leading international professors and teachers are involved in training process, and the first practical HoReCa academy was created.

The University closely cooperates with leading universities in Asia, Europe, America and other countries in science, innovation and joint projects. Our University students' study in a "Smart campus" equipped according to the standards of prestigious higher educational institutions in the world. Special attention was given to the educational and production complex, which includes hotel rooms, a bar, a restaurant and conference hall for 250 people equipped with advanced technologies. A universal gym, a swimming pool, as well as digital library, decorated in a modern style and acting as a full-fledged high-tech center for tourism knowledge.

From 2021, the University started receiving state grants from the government of Uzbekistan for students of the SCO countries. This initiative aims to attract students and

organise close cooperation and educational collaboration in the field of tourism and cultural heritage between SCO countries.

Our university is offering following Programs:

The University closely cooperates with leading universities in Asia, Europe, America and other countries in science, innovation and joint projects.

Bachelor's degree (English language):

- ▶ Management;
- ▶ Organization of the hotel industry and management;
- ▶ Tourism (by field of activity);
- ▶ Museology;
- ▶ Archaeology;
- ▶ Tour guide and translation activities (English);
- ▶ Preservation of cultural heritage sites;
- ▶ Logistics (in tourism)

Master's degree (English language):

- ▶ Logistics (in tourism);
- ▶ Tourism (by field of activity);
- ▶ Museology, conservation, restoration;
- ▶ Preservation of cultural heritage objects;
- ▶ Management (in the field of cultural heritage);
- ▶ Creative industry;
- ▶ Archaeology.

By entering in our university, you will become a member of a vibrant student life:



- ▶ Unique smart Library;
- ▶ Qualified International Professors and Lecturers;
- ▶ Exchange programs;
- ▶ Practice at the University Hotel;
- ▶ International conferences;
- ▶ Scholarship/grants;
- ▶ Winter and summer school;
- ▶ Presidential Parliament;
- ▶ Start-up projects;
- ▶ Swimming pool.

For more information students can contact **Uzbekistan Tourist Information Center Pakistan Tel: +92 300 9745458.** (Mr. Hamid). I hope to welcome young girls and boys from our brotherly country



Pakistani to study in our university. Wishing you guys a very good luck for the future and prosperity for the two nations. In the end I also like to wish a **VERY HAPPY NEW YEAR to Pakistani families.**



"Fatiha-tui" - an old custom of engagement

There are a lot of interesting customs and rituals in Uzbek culture. Among them, "Fatiha-tui" is the day of engagement. According to tradition, the groom's family finds a bride for his son. First, everyone will find out about the bride in detail: where she grew up, who her parents are, whether she is decent. If the reputation of the chosen bride is good, then matchmakers from the groom's side go to visit the bride's parents to get acquainted. In the modern world, the bride and groom can get acquainted themselves before matchmaking. But the ceremony of "Fatiha-tui" must necessarily take place, and strictly after the approval of parents.



guests gather in the bride's house, namely the groom's family, some relatives, and there must be a representative of the mahalla or an elder - an honorary aksakal.

The groom's representatives explain the essence of the visit, and if they get consent for the engagement, then another important ceremony is held, called "Non sindirish" - "Breaking a cake". After the newly-made bride and groom break the cake in half, then they can be considered engaged. After the ceremony, the families exchange gifts and agree on a wedding celebration. So begins the birth of a new family!



When the day of "Fatiha-tui" comes,

Gastro-symbols of Chorsu Bazaar

Beauty on the shelves, abundance of goods, wide rows, friendly sellers - this bazaar can be attributed to the sights of Tashkent. Just a couple of minutes from the bazaar, you can walk to the ancient Kukeldash madrasah and the Friday mosque of Khoja Akhrar Vali.

Chorsu Bazaar In the heart of the Old Town or "Eski Shahar" is one of the main attractions of Tashkent - the huge Chorsu Bazaar, known since the Middle Ages. Once in this bazaar, you find yourself in an oriental fairy tale. Here is the whole history of Uzbekistan: ceramic products, skullcaps, national robes, oriental

merchants, caravan overpasses, shopkeepers, artisans, rich peasants and ordinary workers. For 1000 years of its

unthinkable to pass by rows with colorful dunes of spices. Uzbek dishes are a song of the East, but it is impossible to cook them without a traditional set of spices: **cinnamon, saffron, black and red pepper, nutmeg, cloves, cumin, coriander, cumin, turmeric, dried vegetables.**

Not far from the food pavilion there is a number of catering establishments where you can taste national Uzbek dishes. Approaching the counters, already from afar you can feel the indescribable aromas of pilaf, kebab, samsa. Even if you are full, you will not be able to resist Uzbek delicacies. Here you will see cold naryn noodles, kazy sausage, meat pies, gumma, homemade sausage khasyp, fried fish, hanem, manti, peas with lamb, lamb ribs. You can try the delights right in the cafe, or you can take them with you, always with fresh Uzbek flatbread. But in any case, the rows of catering on Chorsu



existence, Chorsu Bazaar, this mini-shopping city, has not changed in its color.

Chorsu bazaar Insidemarket consists of several pavilions under blue domes: a grocery pavilion, several clothing rows, a bazaar of carpets, blankets and mattresses, jewelry and handicraft rows.

Of particular interest is the food pavilion, which is located under a large blue dome, shaped like a circus. The products in it are divided by type. For example, dairy products separately, spices and dried fruits separately. The choice of dairy products is interesting, among which it is definitely worth trying katyk (sour milk), kurt (dry fermented milk product), suzma (fermented milk product).

The assortment of dried fruits and oriental sweets makes your eyes run away. The counters are strewn with kishmish, dried apricots, various nuts, salted apricot pits, peanuts in sugar and sesame. Among oriental sweets are navat, parvarda, pashmak, halva, kozinaki. It is



sweets, spices, fruits, vegetables, clay products, handmade souvenirs, books, gifts, shawls made of national fabrics and much more. You can list a variety of products endlessly.

The emergence of the largest bazaar in Uzbekistan is attributed, approximately, to the X century. It was formed at the intersection of four shopping streets, which at one time were an important center on the route of the Great Silk Road. Trade was conducted all year round and a variety of cultures intertwined here. On the trade roads, one could meet overseas



are a real flavor of Uzbek gastronomy, an adventure for real gourmets!

Chorsu Bazaar - this is where Uzbek culture begins, a piece of history through the millennium.

Happy New Year

2023



Pir Hassan Hasseb Ur Rehman
Ziyarat Ambassador of Uzbekistan

I would like to wish the President of Uzbekistan **H.E. Shavkat Mirziyoyev** any my brothers and Sister from Uzbekistan a very blessed new year. May ALLAH fulfil all your dreams. May this coming year bring a lot of happiness, wealth, prosperity and health to the People of Uzbekistan. The blessed land of Uzbekistan is very near to our hearts as our beloved **Imam Bukhari, Imam Termezi, Bahuddin Naqshband** and so many other Sufi's, Islamic Scholars and Muslim Scientists who brighten the world with their knowledge. We don't have words to thank Uzbekistan Government for taking care of all these mausoleums. May ALLAH shower his Rahmat on Uzbekistan and always protect this land.

Eidgah Sharif will always stand United with our Uzbek brothers for the

betterment of Muslim Ummah. There is a need to let the world know that Islam is a religion of peace and we respect all the religions. In the end I wish everyone a **blessed** new year. May ALLAH fulfil all your dreams in coming days.



Rohail Ikram
Brand Ambassador for tourism to Uzbekistan in Pakistan

yangi Yil muborak. A very happy new year to the world specially our Uzbek friends. May the closeness of your loved ones, family, and friends fill your heart with joy. As *Brad Paisley* said "Tomorrow, is the first blank page of a 365-page book. Write a good one." May ALLAH shower every family in Uzbekistan with love and happiness! Best wishes and season's greetings for the New Year.



Muhammad Naeem
Director Holiday Planners GSA
Uzbekistan Air ways Pakistan

yangi Yil muborak. Happy New Year to our Uzbek brothers! We know that this past year has been full of challenges, and we pray that the coming year brings brighter days. Sending all our love and good wishes. This New Year, may ALLAH answer your prayers and fulfil your heart's desires. I wish this coming year brings lots of happiness, prosperity to the people of Uzbekistan and give us a chance to bring the two brotherly countries closer to each other. In the end once again a very happy new year to every one and looking Forward that Uzbekistan Airways land in Pakistan and we could bring tourists a=from both side as this will give us chance to open our hearts for each other.



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Agha Iqrar Haroon.
Journalist / Editor Dispatch News Desk

Wishing our Uzbek brothers a very happy Happy New year. **yangi Yil muborak** we wish and hope that coming year will bring prosperity to the both nations and we will see Pakistan and Uzbekistan will grow more and more in the field of Economy, I pray to almighty ALLAH that coming days will bring happiness, health, Wealth and prosperity to families of both countries. I hope in 2023 we will be seeing more cooperation between two brotherly countries and world together for the betterment of both sides. Once again Happy new year to my friends in

Uzbekistan. Looking Forward to play our part to bring the two brotherly countries more closer to each other.



Kashan Farooq
Director Pakistan International Travel and Tours

Yangi Yil muborak. Wishing our Uzbek brothers a Happy New Year and blessed year ahead. May ALLAH light guide your way in 2023. We know this past year has had its fair share of ups and downs - but good or bad, these experiences have shaped who we are today and who we will be in the future. Onwards and upwards and I hope 2023 will be a lot

better than our previous year. May ALLAH brings happiness, prosperity and health to both sides and we are always ready to welcome our Uzbek Brothers to Pakistan.



Abdul Mannan.
Director Supreme Elevator

Yangi Yil muborak. Wishing our friends in Uzbekistan a very joyful New Year despite these difficult times. We really wish things were different and that we could visit Uzbekistan! I hope that the new year brings every one family much happiness and prosperity, and that in time the world will be a safe place again. Take care of yourselves and let's us work together for the betterment of our nations!



**Pakistan International
Travels & Tours (Pvt.) Ltd.**

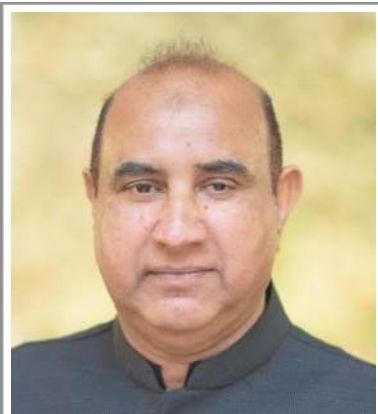
Welcome to Pakistan

28 WALI CENTER, BLUE AREA ISLAMABAD TEL: 051 2802138-9 E-MAIL: ISB@PAKITT.COM



Farkhoda Hashimova
Director Real Dreams Travels Tashkent.

On this coming year I would like to wish my friends from Pakistan a very happy new year. I pray that this year will bring happiness, prosperity health and wealth to the families of Uzbekistan and Pakistan. In coming year my company Real Dream will be waiting our brothers from Pakistan to visit the holy cities of Tashkent, Samarkand and Bukhara. We would like to invite our brothers to visit the holy shrines of Imam Bukharai, Imam Termezi, Qasam Ibn Abbas and Shah Naqashband Bahuddin Naqshband. Our company would like to arrange special tours for our Pakistani tourists. Once again Happy new year to every one and Welcome to Uzbekistan.



Chaudhry Naseer Hussain
CEO Multivision

I take this opportunity to wish my Uzbek brothers a very happy new year. Specially to the youth as Peggy Toney Horton said "As the year comes to a close, it is a time for reflection - a time to release old thoughts and beliefs and forgive old hurts. Whatever has happened in the past year, the New Year brings fresh beginnings. Exciting new experiences and relationships await. Let us be thankful for the blessings of the past and the promise of the future." — **Yangi Yil**

muborak.



Muhammad Ahmad
Vice Chairman MAPS

I been twice to Uzbekistan and the love and hospitality I had from Uzbekistan will always be in my heart. I wish my Uzbek friends a very happy New year. I pray to ALLAH the almighty that in coming new year the both nations will grow further together. The youth of both sides will work together for the betterment of their people. I wish prosperity, health, happiness to Uzbek and Pakistani Families. In the end I would like to wish the whole world a very happy new year and let us make this world a better world for every one. **Yangi Yil muborak.**



Ali Tahir
Berister / Advocate Supreme Court.

Happy new year to our brothers from Uzbekistan and people all over the world. May our nations have prosperity, health, wealth and happiness in coming year. "Year's end is neither an end nor a beginning but a going on, with all the wisdom that experience can instill in us. Cheers to a new year and another chance for us to get it right."

- Oprah Winfrey



Mian Tahir Nadeem
CEO Town International Developers.

Yangi Yil muborak. Wishing my Uzbek and Pakistani brothers a very happy new year. May Allah Bless all families with good health and lots of happiness. I wish coming year will bring prosperity to the both nations. Hope Pak Uzbek railway track will complete soon and they will join CPECK and export their products through GAWADAR port. Our company will provide all kind of facilities to Uzbek businessmen in GAWADAR. Once again happy new year to everyone around the world.



Samarkand



Happy New Year

OUR TEAM.

HAMID MAHMOOD
EDITOR

ABIHA HAMID
BUSINESS MANAGER

WAQAS KHAN
ASSISTANT MANAGER

MUHAMMAD HARIS
DESIGNER

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