# **IV-IO ACCESS**

### **ALL PROVIDERS/EMT**

- Focused history and physical exam
  - Vital sign assessment, blood glucose, oxygen and temperature assessment.
  - Consider IV/IO placement for fluid therapy or medications as needed.

### **ADULT**

## **AEMT**

### ■ IV – Peripheral

- Preferred site is usually the hand or forearm except in resuscitation when antecubital is preferred
- Place the largest gauge catheter possible
- If unsuccessful in the arm, consider veins in the feet or leas

#### □ IO - Interosseous

- If during the resuscitation of a critical patient you are unable to obtain an IV after 2 attempts or 90 seconds, then an IO is indicated
- Place the IO in an appropriate location consistent with the safety guidelines of the IO product vendor you are using.
- Avoid fractured bones, infection sites, excessive edema or excessive tissue over the site
- After IO placement, a pressure bag may be required for rapid infusion
- NOTE: in conscious patients 20-50mg of 2% Lidocaine should be given SLOWLY through the IO before a fluid bolus

### □ IV Fluid Therapy

- All IV's are set at KVO/TKO unless giving a bolus of fluid
- Bolus with NS or LR
- Refer to the Shock and Fluid Therapy Guideline for fluid management

## PEDIATRIC (<15 years of Age)

NOTE: Pediatric weight based dosing should not exceed Adult dosing.

### **AEMT**

## □ IV – Peripheral

- Preferred site is usually the hand or forearm except in resuscitation when antecubital is preferred
- Place the largest gauge catheter possible
- If unsuccessful in the arm, consider veins in the feet or legs

#### □ IO - Interosseous

- If during the resuscitation of a critical patient you are unable to obtain an IV after 2 attempts or 90 seconds, then an IO is indicated
- Insert the appropriate sized needle for age and weight
- Place the IO in an appropriate PEDIATRIC location consistent with the safety guidelines of the IO product vendor you are using.
- Avoid fractured bones, infection sites, excessive edema or excessive tissue over the site
- After IO placement, a pressure bag may be required for rapid infusion
- NOTE: in conscious patients 0.5ml/kg of 2% Lidocaine should be given SLOWLY through the IO before a fluid bolus

#### ☐ IV Fluid Therapy

- All IV's are set at KVO/TKO unless giving a bolus of fluid
- Bolus with NS or LR, 20mg/kg then reassess
- Refer to the Shock and Fluid Therapy Guideline for further fluid management

### **PARAMEDIC**

### **PARAMEDIC**