About Us: Tab-U - Breaking Menstrual Taboos

At Tab-U, we are on a mission to break the silence surrounding menstrual taboos and empower individuals with knowledge, compassion, and awareness.

Menstruation is a natural, biological process that half of the world's population experiences, yet it remains shrouded in myths, misconceptions, and societal stigma. We believe it's time to change that narrative.

Our Vision:

Our vision is a world where menstruation is celebrated, understood, and accepted without shame or prejudice. We aim to dismantle the barriers created by menstrual taboos and foster a society that supports, respects, and promotes menstrual health and hygiene for all.

Contact:

Vinku2004@gmail.com

Ph: 8826029573

Head of Operation Vinayak Shukla